Vermont Registered Dietitians with Eating Disorder Experience

Updated September 2025 (AK)



Adolescent Medicine Eating Disorder Assessment Clinic 802-847-4696

A Full Bite	Private	Britt	Montpelier,	Telemed	802-229-2704	www.afullbite.com
Nutrition	practice	Richardson, owner	VT	available		
Adams Center	Group	Molly Parker	South	Telemed	802-859-1577	www.theadamscenter.com/about
for Mind and	practice		Burlington, VT	available		
Body						
Amy Rice, RD,	Private	Amy Rice,	Vergennes, VT	Telemed	802-989-1942	amyrice.rd.ma@gmail.com
MA	practice	owner		available		
Clearmountain	Private	Emily Stone,	Richmond, VT	Telemed	802-318-3095	www.clearmountainvt.com
Integrative	practice	owner		available		
Nutrition						
Colbrook	Private	Bret	VT	Telemed only	802-222-6462	bret@colbrooknutrition.com
Nutrition	practice	Hermansky,				BCBS, VT Medicaid, Cigna and MVP
		owner				Generally ages 15+
Equip	Virtual	Multidisciplinary	All states	Telemed only	855-387-4378	https://equip.health/
	program	team				Outpatient and higher levels of care
Herrin	Private	Marcia Herrin,	Lebanon, NH	Telemed	603-643-7677	https://marciaherrin.com/
Nutrition	practice	owner		available		
Services						
Juniper	Private	Kelsey Rose,	Burlington, VT		n/a	https://www.juniper-ed.com/we-practice-
	practice	owner				what-we-preac
						Small caseload
Lauren	Private	Lauren	Vermont	Telemed	802-622-1734	www.laurenhaugheynutrition.com
Haughey	practice	Haughey, owner		available		Also licensed in other states, including NY (no
Nutrition						NY Medicaid)
Living Better	Private	Laura Biron,	Stowe, VT	Telemed	802-578-6191	www.livingbetternutrition.com
Nutrition	practice	owner		available		
No Diet	Large group	Many RDs	Williston, VT	In-person	802-222-6907	https://nodietdietitian.com/
Dietitian	practice			limited, mostly		VT Medicaid, most commercial insurance
				telemed		plans, Tricare
						Also licensed in other states, including NY (no
						NY Medicaid)

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The 21st	Private	Kelsey	Burke, VT	Telemed only	802-227-2585	https://21stcenturyrd.com/
Century RD	practice	McCullough,				Licensed in VT, MH, ME
		owner				Ages 16+
Sumra RD	Private	Sumra Harper-	Middlebury,	In-person,	802-222-0992	www.sumrardnutrition.com/
Nutrition	practice	Deas, owner	VT	limited		
				telemed		
ThrivInspired	Small group	Dana Notte,	South	Telemed	802-236-9516	www.thrivinspirednutrition.com/
Nutrition	practice	Molly	Burlington, VT	available		
		McKendry,				
		owners				
Whole Health	Large group	Abby	Multiple	Telemed	802-999-9207	www.wholehealthnutritionvt.com/
Nutrition	practice	Wadsworth &	Locations, VT	available		
		Leslie Langevin,				
		owners				