The WeeklyWire - 08/01/2025

FOR ALL MEDICAL STUDENTS

Community Connections & Wellness

- The WeeklyWire: Stay tuned for a new look for The Weeklywire!!
- **ACTION NEEDED:** Contact Information. Please take a moment to <u>check that your contact</u> <u>information</u>, as well as lived names and pronouns are accurately listed in OASIS. If your contact information is incorrect, please update it through your <u>myUVM account</u>. Names and pronouns may be updated <u>via the UVM Directory</u>. For assistance navigating these interfaces, please contact <u>the UVM Registrar's Office</u>
- **JEFFREY SILVER HUMANISM IN HEALTHCARE RESEARCH ROUNDUP** The Importance of Trustworthiness: This is the second in a three-part series exploring the elements of humanism as defined by The Arnold P. Gold Foundation: clinically excellent care that is kind, safe, and trustworthy. Four publications are presented, and the reader will come away knowing what each article is about, why the research is important, and what the article may mean for them directly...
- Join the Larner COM Class of 2029 Facebook Group: August 1, 2025. We're excited to invite you to the Larner College of Medicine Class of 2029 Facebook group. To ensure this group remains exclusive to accepted and current students, it is only accessible by invitation. Please visit the following link for the invitation link.
- **LCOM Gym 8/4, 9-11am:** On Monday, Aug 4th, between 9-11am, new equipment will be delivered and installed in the LCOM gym. Due to popular demand, we are adding stair stepper and additional weights. The installation will not affect your ability to use the gym this is just a head's up that it is happening, and also an invitation to come to check out the new gear!
- Special Olympics Vermont will be hosting our 2025 Fall Games: September 14th at Collins Perley Sport & Fitness Center in St. Albans. During these games, we will be providing our athletes with FREE Health Promotion Screenings as part of our Healthy Athletes Program. Health Promotion Screenings provides health screenings for Blood Pressure, Bone Density, and Body Mass Index, along with education on sun safety, hydration, nutrition, bone health, physical activity, tobacco avoidance/cessation, and hand hygiene to our athletes and their caregivers/families. We are looking for volunteers who would like to help! So, if you or anyone you know, colleagues, friends, students, etc., are interested, please share this opportunity with them. View the event flier for more information...
- Monthly Student Education Committee (SEC) Meeting: 8/5, 5:30PM -7:30PM via zoom. The Student Education Committee is comprised of students dedicated to and actively involved in the improvement of the medical school curriculum. Representatives from each class meet once a month with the Interim Senior Associate Dean of Medical Education, Dr. Christa Zehle, to discuss a variety of issues pertaining to the student experience within the Vermont Integrated Curriculum (VIC). The group's responsibility is to act as a liaison with faculty to provide a unified student point of view, and to appropriately bring pertinent educational issues to the attention of faculty and course directors. SEC is charged with reviewing course evaluations written by students at the close of each Foundations course and presenting that data to the Foundations Committee, which oversees the pre-clinical

portion of the curriculum. If you have any questions or would like to provide feedback to this committee, please email the SEC representatives at sec@med.uvm.edu

- Class of 2029 Orientation Week Medical Student Leadership Welcome BBQ: 8/15,5-7PM, Oakledge Park- Lower Shelter, 11 Flynn Ave, Burlington, VT. Join us for an evening celebrating your first week of medical school at Oakledge Park! There will be lots of food and fun activities for you to get a chance to mingle with your classmates and upper-class students. We hope to see you there! All members of the Larner community and their family are welcome to attend. Questions? Contact your Medical Student Council.
- Free Group Fitness Classes! 08/25-08/31 is Free Week with Campus Rec. All group fitness classes are free...

Housing Opportunities

We are excited to offer a brand new Larner College of Medicine housing option.

Why this housing is ideal for you:

- Flexible lease options
- Fully furnished 2 bed / 2 bath units no need to buy or move furniture
- \$1600 per bedroom includes electricity, high-speed internet, and convenient laundry on the floor
- Units are leased per bedroom no need to find a roommate that process is coordinated for you if you want and will be a fellow Larner College of Medicine student
- Quiet and professional environment upper-floor units exclusively for medical students
- Convenient access to campus and amenities

Our staff toured the building, and we can confidently say it offers a quiet, comfortable, and supportive living environment—ideal for the demands of medical school.

To ensure this housing option remains viable for future students, we need to fill the available units as part of our agreement with the property management company. If you are still looking for housing, or want a reliable, student-friendly lease, we strongly encourage you to consider this opportunity.

Interested? Please contact <u>catamountrun@redstonevt.com</u> for more details or to reserve your spot.

We are excited to offer this opportunity, and we are here to help you succeed—both in the classroom and beyond.

Scholarship Opportunities

- AAMC FIRST Webinar: Navigating Student Loan & Repayment Changes Post Budget Reconciliation: 8/4 2-3pm. Registration Required. More Information here...
- **Health Professions Scholarship Program by Navy:** Full Tuition Scholarship, \$20,000 sign on bonus for 4 year commitment, \$2,870 monthly stipend. <u>Contact and more info here...</u>
- **Financial Assistance Program by Navy:** \$45,000 annual bonus, \$2,870 monthly stipend. Contact and more info here...

Career Counseling Opportunities

- **Pediatrics Grand Rounds "TBD":** 8/6, 8-9 AM Hybrid Event Davis and Zoom. <u>Visit the Pediatrics Grand Rounds schedule for more information...</u>
- **Pediatrics Grand Rounds "TBD":** 8/13, 8-9 AM Hybrid Event Davis and Zoom. <u>Visit the Pediatrics Grand Rounds schedule for more information...</u>

Research Opportunities

- The 212th Annual Meeting of the Vermont Medical Society and collaborative meetings with the Vermont Academy of Family Physicians, American Academy of Pediatrics Vermont Chapter, and Vermont Psychiatric Association is taking place on Friday, November 7th and 8th at Topnotch Resort in Stowe, VT. You can visit the event page here to learn more. On Friday, November 7th, tentatively from 2:00 pm to 3:00 pm, there will be an opportunity for 5 medical students/residents to give an abstract or case presentation to the variety of attendees of the event (physicians from all specialties and geographic locations across Vermont). Please submit the information included in the abstract submission form here if you are interested in being considered to present your case OR share this opportunity widely! The abstract form due date is August 29, 2025. The time limit is 10 minutes, plus 2 minutes for questions, which is strictly enforced. This event is FREE for medical students and residents whether they choose to submit an abstract for consideration! Event registration will be coming soon. We hope you will join us and/or share this information widely with anyone you think might be interested in!
- National Institutes of Health (NIH)-funded researchers now required to make papers freely available: As of July 1, all NIH-funded researchers are required to make their scientific papers freely available through the NIH repository, PubMed Central. But don't worry - UVM Libraries are here to help. <u>Learn more about this new policy...</u> For more details, <u>contact Donna O'Malley</u>, UVM Libraries.
- Endocrinology research opportunities: September 2025. Exciting, cutting-edge research
 in osteoporosis, fracture prevention and bone assessment. Our Endocrinology division has
 several projects starting in the field of metabolic bone disorders, including the
 implementation of a fracture liaison service, and the assessment of a new bone density
 assessment called 3D Shaper. The possibilities are endless. Please reach out with any
 interest.

Co2029 Students

- Class of 2029 WELCOME TO THE WEEKLYWIRE! This newsletter is our primary official
 communication tool for all non-curriculum-related communications to the student
 community a one-stop-shop designed by and for med students to limit the number of
 emails you receive in your MED inboxes. Check out this video our former Digital Content
 Manager and your current Student Services Coordinator created to introduce our newest
 students to The WeeklyWire and other tools we use to connect with our students...
 - You Can Submit to the WeeklyWire, too! Have something you would like to advertise here? The Wire goes out to all students via email midday Sundays and anyone can submit a posting via our online submission form.
- "One Checklist to Rule Them All": We know you will continue to receive bits and pieces
 regarding your fall semester tasks and various deadlines. Your Orientation Planning Team
 compiled this reference document to include all established administrative tasks thus far

to help you successfully prepare to make Larner your home in the coming weeks (please be sure to empty your cached images and files to see the latest version of this "Master Checklist"):

- Consider obtaining Parking Permits (OPTIONAL): If you wish to have your car/park on campus, you must obtain a parking permit prior to arriving for in-person curriculum...
- Medical Student Activities Calendar: Did you know we have a student activities calendar, designed to host medical-student specific events and deadlines? You can view the activities calendar in Outlook (once you are set up with your MED accounts), online, or even subscribe to it on your smartphone...
- Seeking Housing/Renting in Vermont? Be informed! Our UVM Off-Campus Housing site has resources to support you as a VT Tenant, and housing resources are listed for our clinical level as well ("Larner College of Medicine Branch Campus"). The site also has a Roommates feature to help folks connect with roommates [and new friends] across all our various UVM disciplines...
- NOW AVAILABLE Mandatory Pre-Arrival Training "Sexual Assault Prevention for Graduate Students (SAPG)": On July 15, you should have received an email to your UVM account (@uvm.edu email address; may already be set up to forward to your MED email) from Vector with a personalized link to the training. You can find more information about this course and additional resources, in your Orientation Course materials, in the VIC Portal.
- Try on a White Coat: 8/4 8/8, 8:30 3:30, Week of 8/11 by appointment. All members of the Class of 2029 must try on a White Coat to select the style and size they'd like to receive. One of the many milestones you'll experience at UVM is the White Coat Ceremony, scheduled for Friday, October 10, where the Class of 2029 will receive their white coats. All students must try on select the style and size they would like to receive at the ceremony. There are two options for trying on a coat: Stop by the Office of Medical Communications in the Given Building the week of August 4 anytime Monday Friday between 8:30 a.m. 3:30 p.m. Appointments are not needed to try on a coat the week of August 4 and we encourage you to stop by when you come to pick up your laptop. There will be signs to help you find our office. If you will not arrive in Vermont until the weekend before orientation or you'd prefer to try on your coat during orientation week, please sign up for an appointment. When you try and select your coat, we will also take your photo which will be used for your UVM Medical Center ID badge and record you saying your name to ensure correct pronunciation at events. For details, contact Liz Dohrman, Medical Communications and OME.
- Join the Larner COM Class of 2029 Facebook Group: August 1, 2025. We're excited to invite you to the Larner College of Medicine Class of 2029 Facebook group. To ensure this group remains exclusive to accepted and current students, it is only accessible by invitation. Please visit the following Link for the invitation link.

Co2028 Students

- Call for Orientation Volunteers!: Tuesday 8/12/2025 11:30-1, Thursday 8/14/2025 11:30-1. Looking for a new way to be involved in orientation and connect with the class of 2029? SJC is seeking student facilitators for orientation week community circles! This is a new session this year and we'd love your help to make it a success. Having previously attended the community circle is a bonus but not a necessity, and you do not have to commit to both

- days to participate. Lunch will be provided! If you're interested, please <u>fill out the linked form.</u> Feel free to reach out to any of <u>the class of 2028 SJC organizers</u> with questions. Thanks in advance!
- Important Message from Dean Karen George: We hope you are having a great summer. This is a quick reminder of the upcoming deadlines for <u>campus change requests</u> and <u>site exemptions</u> for the clerkship year. These are due through OASIS by **9/1**. As always, please <u>reach out with any questions</u>. We are looking forward to welcoming you back in August! And please note, we in OME are working through the summer; please do not hesitate to reach out to us with any questions, or if we can be of any assistance.

Co2027 Students:

Call for Orientation Volunteers!: Tuesday 8/12/2025 11:30-1, Thursday 8/14/2025 11:30-1. Looking for a new way to be involved in orientation and connect with the class of 2029? SJC is seeking student facilitators for orientation week community circles! This is a new session this year and we'd love your help to make it a success. Having previously attended the community circle is a bonus but not a necessity, and you do not have to commit to both days to participate. Lunch will be provided! If you're interested, please <u>fill out the linked form.</u> Feel free to reach out to any of <u>the class of 2028 SJC organizers</u> with questions. Thanks in advance!

Co2026 Students

- ERAS Application Informational Meeting: Tuesday, August 12 at 5:30pm, via Zoom Let's talk about the residency application process! Your Deans for Students will be holding an informational meeting about the ERAS application on Tuesday, August 12 at 5:30 pm via Zoom to cover the common questions about the ERAS application process. This meeting will be recorded for those of you who are unable to attend. Zoom link here... For more details contact Emma Faustner.
- Review your MSPE sections!: Have you completed or updated your MSPE Intro and Noteworthy Characteristics? We ask all M4s to compose the Introductory Information and Noteworthy Characteristics of the MSPE in the online MSPE portal. If you haven't completed these sections, please do so ASAP! Instructions and examples are available. If it's been a while since you completed them and haven't taken a look at them, now is a good time to review them and make any updates or corrections in the MSPE Portal. We will be sending you a draft pdf of your MSPE for review this month. Please look for it and get it back to us by 9/7
- Call for Orientation Volunteers!: Tuesday 8/12/2025 11:30-1, Thursday 8/14/2025 11:30-1. Looking for a new way to be involved in orientation and connect with the class of 2029? SJC is seeking student facilitators for orientation week community circles! This is a new session this year and we'd love your help to make it a success. Having previously attended the community circle is a bonus but not a necessity, and you do not have to commit to both days to participate. Lunch will be provided! If you're interested, please fill out the linked form. Feel free to reach out to any of the class of 2028 SJC organizers with questions. Thanks in advance!

- Virtual Open House for Anesthesia Residency: Presented by the Zucker School of Medicine at Hofstra/Northwell University Hospital. 8/13 at 5PM. Registration Required. Please see flyer here...
- Specialty Spotlight Webinar Recordings: Now. Check out these specialty-specific residency application recordings! The AAMC has collected the recordings of their Specialty Spotlight Webinars on their Vimeo and YouTube pages. Recordings are currently available for: Adult Neurology Anesthesiology Child Neurology Dermatology Family Medicine General Surgery Integrated Plastic Surgery Internal Medicine Neurological Surgery Pathology Pediatrics Psychiatry Visit the recording collection at Vimeo or Youtube.
- ResidencyCAS Tokens: Important. If you are applying in Emergency Medicine or ObGyn this cycle, please email Emma.Faustner@med.uvm.edu to request a ResidencyCAS token.
- The ERAS application registration is now open: You should have received a token inviting you to the system. If you didn't receive the token (make sure to check your spam/junk folders, just in case), please reach out to Emma Faustner. We encourage all students, regardless of specialty's application platform, to register in the MyERAS" system and begin working on your application. If you have not already done so, please invite your letter writers to submit their letter into your application portal (either through ERAS or Residency CAS).
 - AAMC and ERAS Application Resources
 - o What You Need to Know About the 2026 ERAS Application Season
 - o Program Signaling for the 2026 MyERAS Application Season
 - o <u>ERAS Tools and Worksheets for Residency Applicants</u>
 - o 2026 MyERAS Applicant User Guide