**Allergy Shots at Student Health Services (SHS)**

* Allergy Tests and Prescriptions: We do not offer allergy tests or prescribe allergy shots at SHS, but we can administer your ongoing allergy shots.

**How to Begin**

1. Complete the Checklist below: Have your home allergist complete the attached checklist and fax it to us at 802-656-8178. We need this checklist before you arrive on campus.
2. Approval for Allergy Injections: SHS must approve you for allergy injections before starting your regimen. Once reviewed, we'll contact you through our portal at [mywellbeing.uvm.edu](https://chat.openai.com/c/mywellbeing.uvm.edu) for any additional information or to schedule an appointment.
3. Send or Bring Serum and Paperwork:
   * Bringing Items: If you're bringing your serum and paperwork, please store the serum as instructed by your allergist and drop it off on move-in day or the day you arrive on campus.
   * Mailing Items: If your allergist is mailing your serum and paperwork, please use this address:

UVM Student Health Services Allergy Clinic  
425 Pearl Street  
Burlington, VT 05401

1. Processing Time: It takes at least two business days to review your information. If your information isn't complete by your appointment time, we may need to reschedule.

**What to Expect During Visits**

1. Time at SHS: Please plan to spend at least 50 minutes at SHS per visit, which includes a 30-minute observation period after your allergy shot.
2. Health Review: We will review your health status and any pre-medication requirements. If you need an EpiPen and don't bring it, or other requirements are not met, we may need to reschedule your appointment.
3. Waiting Period: After your allergy shot, you must wait 30 minutes at SHS. Our trained staff are here to assist you in case of any emergency reactions. If epinephrine is administered, 911 will be called, and you'll be transported to the UVMMC Emergency Department by ambulance.

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Contact Information for Home Allergy Office:**

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Initiating Allergist’s Name and Credentials Practice Name

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Street Address City State

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Phone Fax Inside Phone Line/Contact Name

**Checklist of Required Documents:**

Documentation of patient’s initial allergy injections by an allergist  
 Well-Defined Dosing Regimen  
 Late Protocol – please specify from date of last injection or due date  
 Patient specific protocol for local reactions/systemic reactions. Please note that we do not check peak flows and we don’t have IVF, IV meds, Glucagon, Solumedrol, Tagamet, Xopenex, Ranitidine, airways. We do have Epinephrine, IM Benadryl, oral Famotidine, oral Prednisone, oxygen, oral Zyrtec, Albuterol Nebulizer. If Epi is administered, we call 911 to go to ED.

**Patient specific requirements:**

If an MD/DO is not available at time of allergy shot, can we   
administer shots if an NP/PA is onsite?  Yes  No  
Can first injections from new vials be administered by us?  Yes  No  
Antihistamine on the day of injection?  Yes  No  
Antihistamine the day prior to injection?  Yes  No  
Needs to bring an EpiPen to allergy shot appointments?  Yes  No  
Can vaccines be administered on day of shots after 30-minute wait?  Yes  No  
If not, please specify details for waiting period:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
If we do not have the same emergency equipment for systemic reactions as the patient's allergist, can we still see the patient?  Yes  No

**Serum vials must include the following information:**

Patient’s Name/DOB  
  Name of Antigen  
  Dilution  
  Expiration Date