

The WeeklyWire – 07/03/2025

FOR ALL MEDICAL STUDENTS

Community Connections & Wellness

- **The WeeklyWire:**
 - [Submit a posting to the WeeklyWire](#) (submissions are due by 3:30pm, Thursdays, for the upcoming issue)...
 - To unsubscribe from future issues of [the WeeklyWire](#), please simply inform [Medical Student Services](#).
 - [Search past issues of the WeeklyWire...](#)
- **Shelf Resources:** A reminder that the Dana Library has some e-book and print books that may be helpful for shelf exams, test-taking and developing clinical knowledge: [The Subject Exam link](#) has supplemental resources for each clinical rotation (e.g., Case Files series, Step-up series); the [Step 2 Exam link](#) has an e-book "Test-taking Strategies for the USMLE Step 2". Do you want to learn more about strategically approaching NBME clinical knowledge questions? Take a look at the [Unlocking Assessments NBME Video Series...](#)
- **Volunteer with Rally Cat's Cupboard:** Sundays from 9AM-12PM. Rally Cat's Cupboard is a food pantry for UVM students and community. They need volunteers on Sundays to help transport food donated from Hannaford's to the Cupboard! To sign up to volunteer, please [contact CJ Sands](#). Submitted by your [Medical Student Council](#) Chairs of Community Service.
- **Join the Larner COM Class of 2029 Facebook Group:** We're excited to invite you to the [Larner College of Medicine Class of 2029 Facebook group](#). To ensure this group remains exclusive to accepted and current students, we appreciate your patience as join requests are reviewed.
- **Health Care Counselor:** 7/6-7/11, South Hero, VT. Come be a part of a fantastic opportunity to help type 1 diabetics have a safe and fun summer! All Counselors are provided with on-camp housing and meals. [We are seeking compassionate and dedicated Healthcare Counselors to join our team for our resident summer camp programs at Clara Barton Camp in North Oxford, MA, Camp Joslin in Charlton, MA, a traveling day camp, and Vermont Overnight Camp...](#)
- **Optional External Surveys for Medical Students:** Survey is currently open. Physician Infertility Awareness in Medical School Curriculum Survey. Dear Medical Students, We invite you to participate in a voluntary study assessing whether the current medical school curriculum includes discussions on physician infertility awareness or medical students' fertility and family planning. If you are a current medical student at an LCME- or COCA-accredited MD or DO program in the United States, we would love to hear your experience surrounding this topic. Survey duration: about 2-3 minutes Survey closes at 11:59 pm on July 18, 2025 If you agree to participate in this study, [please click the survey link](#). Your responses are anonymous and kept confidential. If you have any questions or concerns, feel free to reach me. Thank you so much for your time and contribution! Best, [Taylor Lan She/Her/Hers MD Class of 2026](#) Penn State College of Medicine.

Career Counseling Opportunities

- **Pediatrics Grand Rounds – “The Kids Sent Me: Highlights from a Year of Pediatric Advocacy”:** 7/9, 8-9 AM Hybrid Event Davis and Zoom. [Visit the Pediatrics Grand Rounds schedule for more information...](#)
- **6th Annual Otolaryngology Virtual Chautauqua:** Every Thursday from May 8, 2025 through July 10, 2025 from 7:30 to 9:00 PM EDT. The University of Buffalo will have [talks by otolaryngologists geared to prepare students for otolaryngology rotations and content...](#)

Housing Opportunities

- **Modern End Unit with Dedicated Office:** [Now Available – 2BR + Office Apartment](#) Ideal for Medical Professionals and Medical Students ♦ Modern End Unit with Dedicated Office Suite A features a stylish, modern layout with a private office—perfect for studying or remote work. Large windows fill the space with natural light, and the private balcony adds a touch of serenity for plant lovers. This end unit includes heat, hot water, water, rubbish removal, lawn care, and snow removal. Additional conveniences include locked entry with a virtual doorman, off-street parking with garage access, and a private indoor storage unit. Unit is equipped with central air conditioning. ♦ Walk to nearby shops, restaurants, and cafés ♦ 1 mile to the Burlington Bike Path, with stunning Adirondack views along the way ♦ Located just 2 miles from UVM and the UVM Medical Center. Enjoy a scenic bike commute by taking the wooded bike path, then follow Spear Street past the UVM farm and barn—you’ll arrive right on campus. ♦ Quick access to downtown, I-89, the airport, and train station ♦ One Burlington’s most convenient neighborhoods located on the Burlington/South Burlington city line. [For an in person tour](#) please contact : [Jill Diemer 802-9512457](#).

Scholarship Opportunities

- **American Journal of Medical Quality:** Deadline 9/15. The American Journal of Medical Quality (AJMQ) recognizes that opportunities to learn about the perspectives of professionals in training are limited. To address this, AJMQ launched a column dedicated to publishing student work on the topic of performance improvement. This year’s solicitation is now open. Articles accepted for the “Quality Training to Improve Performance” column will be published in issues of AJMQ in 2026. The column may be written by health students from any discipline (e.g., medicine, nursing, pharmacy, physical therapy, occupational therapy, allied health) and should highlight trainee-initiated improvement work and interprofessional collaborations. Both students and clinical trainees are eligible. The column must be no more than 750 words in length including references. Article submissions and any questions should be sent [to Mary Reich Cooper, MD, JD](#).

Co2028 Students

- **LCOM Connect ("Big/Little") Program:** 7/18/ 2025. LCOM Connect is a way to help incoming first-years find answers to questions, start school with a friend, and have someone on their team. Personal access links to the survey have been sent to your student email if you are interested in applying! For more info, [contact LCOM Student Council](#).
- **Important Message from Dean Karen George:** We hope you all have a great summer, recharging your batteries from the last 6 months of the Foundations curriculum. This is a quick reminder of the upcoming deadlines for [campus change requests](#) and

[exemptions](#) for the clerkship year. These are due through OASIS by **9/1**. If you are requesting either of these for medical or disability related needs, please note [this information](#) must be submitted with appropriate medical documentation [to Student Accessibility Services](#) by **08/01**. As always, please [reach out with any questions](#). We are looking forward to welcoming you back in August! And please note, we in OME are working through the summer; please do not hesitate to reach out to us with any questions, or if we can be of any assistance.

Co2027 Students:

- **AHEC Community Engagement and Service:** Rolling application. Longitudinal volunteer service opportunities with local community agencies. The broad goals of this AHEC Scholars activity are to support meaningful service to community agencies and to explore ways physicians can partner with others to address issues of availability, accessibility, and quality of health services in the community. As an AHEC Scholars eligible activity, students complete 40 training hours and at least 40 field/service hours. Course content includes exploration of Vermont systems and services related to promoting and maintaining health, and volunteer service activities that are directly or indirectly related to health and medicine. Through service, students will enhance partnerships with community agencies to further goals agreed upon by the community partner, AHEC, and the student volunteer. Larner medical students may participate in this AHEC Scholars pathway activity in their second, third or fourth year at LCOM. There is an application process, with a limited number of students selected based on the volunteer needs of the partnering community agencies, as well as program capacity and strength of the student application. [Read the program overview and description of current community partnerships](#). [Apply now](#). [Contact Patti Smith Urie](#) with questions about the AHEC Scholars program or this AHEC activity. If you would like to learn more, Patti can also connect you to the current fourth year Larner students who have helped to build this volunteer program.

Co2026 Students

- **Medicine Residency Letters of Recommendation:** July 18, 2025. All students interested in applying to Internal Medicine for residency (categorical only) and will need a Letter of Recommendation from the Department of Medicine/Chair, please [contact Gina Sears Contois](#), Inpatient Medicine & Acting Internship Coordinator.
- **ResidencyCAS Tokens: Important.** If you are applying in **Emergency Medicine or ObGyn** this cycle, please email Emma.Faustner@med.uvm.edu to request a ResidencyCAS token.
- **The ERAS application registration is now open:** You should have received a token inviting you to the system. If you didn't receive the token (make sure to check your spam/junk folders, just in case), please reach out to [Emma Faustner](#). **We encourage all students, regardless of specialty's application platform, to register [in the MyERAS® system](#) and begin working on your application.**
 - **AAMC and ERAS Application Resources**
 - [What You Need to Know About the 2026 ERAS Application Season](#)
 - [Program Signaling for the 2026 MyERAS Application Season](#)
 - [ERAS Tools and Worksheets for Residency Applicants](#)
 - [2026 MyERAS Applicant User Guide](#)

- **Specialty Requirements:** It's important to review requirements that residency specialties have issued for the 2026 season as you are working on your application. These requirements are listed on the [2026 ERAS Participating Specialties and Programs webpage](#). We encourage you to refer to this page throughout the season as it will be updated as additional specialty requirements are received. To access residency specialty requirements:
 - At the top of the page, locate the "Type" tab on the left-hand side.
 - Select "Residency" in the drop-down menu.
 - To the right, select "Specialties with Additional Information."
 - A listing of all residency specialties that have provided new requirements will display directly on the page.
 - **Note:** A comprehensive list of all specialties (residency and fellowship) that have issued requirements is also available via the [ERAS Specialty Information Report](#) at the top of the page.
- **What you can do now in the MyERAS application:**
 - Begin working on your MyERAS application using your updated CV.
 - Begin to wrap up your personal statement(s).
 - Send Letter Request Forms to the people who will write your Letters of Recommendation (LoRs).
 - Authorize the release of the USMLE transcripts.
 - Manage documents.
 - Some documents are assigned to selected programs by default, and others require you to manually make assignments to programs. The Assignments Checklist within the MyERAS portal illustrates which documents are automatically assigned to programs and which require applicant assignation.
- **ERAS Fee Assistance:** Eligible students have already been notified via email about their discount, and no additional action is required. Eligibility is displayed on the MyERAS dashboard, and the discount will be automatically applied at checkout.
- **Upload your photo** to ERAS, if you'd like a new photo you may have a portrait taken by the [Creative Services team](#). Drop-in studio portrait sessions take place on Mondays from noon to 1pm, and Wednesdays from 3 – 4pm. You may also take your own photos with a smart phone if you choose – professional attire, with or without your white coat (military applicants may choose to wear their dress uniform), full face and shoulders, against a plain background.
 - Photo specifications: JPG/JPEG or PNG file, max file size of 150KB, max dimensions 2.5 inches x 3.5 inches, max resolution 150 DPI.
- **Donate Messages of Insight and Support for Step 1 Prep** [in this Donation Box](#). The USMLE Step 1 preparation journey can, at times, feel daunting and isolating. Words of wisdom and support from fellow peers who have prepared for Step 1 have the power to inspire, guide, and motivate fellow peers at every prep stage, and for generations of future classes. Feel free to offer as many anonymous submissions as you'd like. Welcoming donations for USMLE Step 2 CK and NBME Shelf exams as well.
- **AHEC Community Engagement and Service:** Rolling application. Longitudinal volunteer service opportunities with local community agencies. The broad goals of AHEC Scholars activity are to support meaningful service to community agencies and to explore ways physicians can partner with others to address issues of availability, accessibility, and

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