

The WeeklyWire - 06/20/2025

FOR ALL MEDICAL STUDENTS

Community Connections & Wellness

- **The WeeklyWire:**
 - [Submit a posting to the WeeklyWire](#) (submissions are due by 3:30pm, Thursdays, for the upcoming issue)...
 - To unsubscribe from future issues of [the WeeklyWire](#), please simply inform [Medical Student Services](#).
 - [Search past issues of the WeeklyWire...](#)
- **Medical Education Curriculum Retreat:** June 25 & 26, 8am-noon, in MedEd200. Student participation is welcomed and encouraged. Please save the date. Wednesday, June 25, 2025: 8am – 12pm and Thursday, June 26, 2021: 8am – 12pm In-Person with remote link upon request For more information contact The Office of Medical Education at 802-656-0722 or [email Colleen Case, Executive Assistant to the Senior Associate Dean of Medical Education](#).
- **Summer Parking at UVM-VT Campus:** 5/19 – 8/15, 2025. Campus parking rules remain in effect. Restrictions may be modified, but all vehicles must be registered, and be sure to [watch for signs throughout campus](#) this summer, indicating temporary lot closures due to maintenance, construction, and/or events. Please [reach out to UVM Transportation & Parking Services \(UVM TPS\)](#) with any questions.
- **Volunteer with Rally Cat's Cupboard:** Sundays from 9AM-12PM. Rally Cat's Cupboard is a food pantry for UVM students and community. They need volunteers on Sundays to help transport food donated from Hannaford's to the Cupboard! To sign up to volunteer, please [contact CJ Sands](#). Submitted by your [Medical Student Council](#) Chairs of Community Service.
- **Join the Larner COM Class of 2029 Facebook Group:** We're excited to invite you to the [Larner College of Medicine Class of 2029 Facebook group](#). To ensure this group remains exclusive to accepted and current students, so we appreciate your patience as join requests are reviewed.
- **DEADLINE APPROACHING! – REQUIRED – Complete Insurance Policy Decision/Waiver Form:** July 01. All UVM students are required to have health insurance. Every year by July 1, you MUST sign up for the coverage offered by UVM or supply the name of your current insurance provider. This can be done by visiting the [Insurance and Student Health Fee webpage](#) and completing the Insurance Policy Decision/Waiver Form. Students who fail to complete the annual online insurance decision/waiver by the deadline will be billed, the insurance premium will be added to their UVM student account, and a hold will be placed on their student account. Once a hold is placed on a student's account, they will not be able to register or make registration changes. For more information, please reference the [Medical Student Handbook](#). Questions should be directed to the [UVM Center for Health and Well-being](#).
- **Monthly Student Education Committee (SEC) Meeting:** 7/1, 5:30-7:30PM via zoom. The [Student Education Committee \(SEC\)](#) is comprised of students dedicated to and actively involved in the improvement of the medical school curriculum. Representatives from each class meet once a month with the Interim Senior Associate Dean of Medical Education, Dr. Christa Zehle, to discuss a variety of issues pertaining to the student experience within the

Vermont Integrated Curriculum (VIC). The group's responsibility is to act as a liaison with faculty to provide a unified student point of view, and to appropriately bring pertinent educational issues to the attention of faculty and course directors. SEC is charged with reviewing course evaluations written by students at the close of each Foundations course and presenting that data to the Foundations Committee, which oversees the pre-clinical portion of the curriculum.

- **UVM Offices Closed on July 04:** All UVM Offices, including the Office of Medical Student Education, are closed all day, Friday, July 04, 2025, in observance of Independence Day ([UVM Administrative Closures](#)). Offices will re-open at 8am, Monday, July 07. Please plan accordingly, and we apologize for any inconvenience.
- **Health Care Counselor:** 7/6-7/11, South Hero, VT. Come be a part of a fantastic opportunity to help type 1 diabetics have a safe and fun summer! All Counselors are provided with on camp housing and meals. [We are seeking compassionate and dedicated Healthcare Counselors to join our team for our resident summer camp programs at Clara Barton Camp in North Oxford, MA, Camp Joslin in Charlton, MA, a traveling day camp, and Vermont Overnight Camp...](#)

Career Counseling Opportunities

- **Pediatrics Grand Rounds – “The 2025 Arnold H. Colodny Lectureship in Pediatric Surgery”:** 6/25, 8-9 AM Hybrid Event Davis and Zoom. [Visit the Pediatrics Grand Rounds schedule for more information...](#)
- **6th Annual Otolaryngology Virtual Chautauqua:** Every Thursday from May 8, 2025 through July 10, 2025 from 7:30 to 9:00 PM EDT. The University of Buffalo will have [talks by otolaryngologists geared to prepare students for otolaryngology rotations and content...](#)

Scholarship Opportunities

- **AMA Research Challenge:** Deadline 7/16. The winner will receive \$10,000!. [The American Medical Association is accepting abstracts for the 2025 AMA Research Challenge](#)—the largest national, multi-specialty research event for medical students, residents, and international medical graduates—and the winner will receive a \$10,000 grand prize! \$10,000 grand prize at largest research event for medical students, residents, and IMGs Submit an abstract to the AMA Research Challenge - the largest research event of its kind - for the opportunity to showcase your research, enhance your CV, and win a \$10,000 grand prize presented by Laurel Road. Submission is free for AMA members. Deadline is July 16.
- **WCI Medical School Scholarship: DEADLINE 8/31.** The White Coat Investor Medical School Scholarship is a way for the entire WCI community to “pay it forward.” [Accepting applications 6/1-8/31...](#)

Co2028 Students

- **Important Message from Dean Karen George:** Congratulations on wrapping up MedNeuro! We hope you all have a great summer, recharging your batteries from the last 6 months of the Foundations curriculum. This is a quick reminder of the upcoming deadlines for [campus change requests](#) and [site exemptions](#) for the clerkship year. These are due through OASIS by **9/1**. If you are requesting either of these for medical or disability related needs, please note [this information](#) must be submitted with appropriate medical documentation to [Student Accessibility Services](#) by **08/01**. As always, please [reach out with any questions](#). We are looking forward to welcoming you back in August! And please note, we in OME are

working through the summer; please do not hesitate to reach out to us with any questions, or if we can be of any assistance.

- **Orient yourself to Step 1** starting with this [one-page guide to planning](#). The document has a link to a Step 1 planning Checklist applicable to all stages of the preparation process. Please do not hesitate to [reach out to Dr. Tim Moynihan, Director of Academic Achievement](#), with any questions.

Co2027 Students

- **Donate Messages of Insight and Support for Step 1 Prep in this Donation Box.** The USMLE Step 1 preparation journey can, at times, feel daunting and isolating. Words of wisdom and support from fellow peers who have prepared for Step 1 have the power to inspire, guide, and motivate fellow peers at every prep stage, and for generations of future classes. Feel free to offer as many anonymous submissions as you'd like. Welcoming donations for USMLE Step 2 CK and NBME Shelf exams as well.
- **Shelf Exam Success Recommendation Checklist:** A compiled Academic Achievement list of tips, strategies, and considerations for co2027 shelf exam preparation planning: [Link to Checklist](#). This checklist can also be found along with other resources in the [Clerkship Academic Success Planning page of the Academic Achievement Commons](#). The checklist covers all things clerkship shelf: question bank, voucher requests, timing of self-assessments, supplemental resources.
- **Shelf Resources:** A reminder that the Dana Library has some e-book and print books that may be helpful for shelf exams, test-taking and developing clinical knowledge: [The Subject Exam link](#) has supplemental resources for each clinical rotation (e.g., Case Files series, Step-up series); the [Step 2 Exam link](#) has an e-book "Test-taking Strategies for the USMLE Step 2". Do you want to learn more about strategically approaching NBME clinical knowledge questions? Take a look at the [Unlocking Assessments NBME Video Series...](#)

Co2026 Students

- **Applying into OB/Gyn or Emergency Medicine?** The [Residency CAS application is now open for these specialties](#). If you have not already done so, please reach out to [Emma](#) to register.
- **The ERAS application registration is now open:** You should have received a token inviting you to the system. If you didn't receive the token (make sure to check your spam/junk folders, just in case), please reach out to [Emma Faustner](#). **We encourage all students, regardless of specialty's application platform,** to register [in the MyERAS® system](#) and begin working on your application.
 - **AAMC and ERAS Application Resources**
The transition to residency is a critical part of your journey to becoming a physician. To support you during this phase, the AAMC has developed several resources to help you prepare your MyERAS application:
 - [What You Need to Know About the 2026 ERAS Application Season](#)
 - [Program Signaling for the 2026 MyERAS Application Season](#)
 - [ERAS Tools and Worksheets for Residency Applicants](#)
 - [2026 MyERAS Applicant User Guide](#)
 - **Register Now: Specialty Spotlight Webinar Series Features Strategies to Help Advisors and Applicants:** The AAMC ERAS team is hosting a series of webinars

featuring specialty-specific guidance for medical school advisors and 2026 residency applicants. Each webinar includes a program director and an advisor who share best practices in preparation for the 2026 ERAS application season. All the webinars are recorded for [later viewing and are available on our website](#). See below for details and registration links for these Specialty Spotlight webinars:

- [Adult Neurology](#), Thursday, June 26, 1 p.m. ET
 - [Psychiatry](#), Tuesday, July 1, 1 p.m. ET
 - [Family Medicine](#), Tuesday, July 8, 1 p.m. ET
 - [General Surgery](#), Thursday, July 10, 1 p.m. ET
- **Specialty Requirements:** It's important to review requirements that residency specialties have issued for the 2026 season as you are working on your application. These requirements are listed on the [2026 ERAS Participating Specialties and Programs webpage](#). We encourage you to refer to this page throughout the season as it will be updated as additional specialty requirements are received. To access residency specialty requirements:
 - At the top of the page, locate the "Type" tab on the left-hand side.
 - Select "Residency" in the drop-down menu.
 - To the right, select "Specialties with Additional Information."
 - A listing of all residency specialties that have provided new requirements will display directly on the page.
 - **Note:** A comprehensive list of all specialties (residency and fellowship) that have issued requirements is also available via the [ERAS Specialty Information Report](#) at the top of the page.
- **What you can do now in the MyERAS application:**
 - Begin working on your MyERAS application.
 - Create a personal statement(s).
 - Send Letter Request Forms to the people who will write your Letters of Recommendation (LoRs).
 - Authorize the release of the COMLEX-USA and/or USMLE transcripts.
 - Manage documents.
 - Import ERAS resume information and LoRs from your most recently submitted application (for the previous seven ERAS seasons) under the History tab. Imported resume information may be edited.
 - Some documents are assigned to selected programs by default, and others require you to manually make assignments to programs. The Assignments Checklist within the MyERAS portal illustrates which documents are automatically assigned to programs and which require applicant assignment.
- **ERAS Fee Assistance:** The AAMC has expanded its Fee Assistance Program to include the ERAS application. This program provides an automatic discount for students who previously qualified for fee assistance when they applied to medical school. **As a medical student, you are not eligible to apply for the AAMC Fee Assistance Program as it is only available during the premedical application phase.** Eligible students have already been notified via email about their discount, and no additional action is required. Eligibility is displayed on the MyERAS dashboard, and the discount will be automatically applied at checkout.
- You will be responsible for uploading your **photo** to ERAS, if you'd like a new photo you may have a portrait taken by the [Creative Services team](#). Drop-in studio

portrait sessions take place on Mondays from noon to 1pm, and Wednesdays from 3 – 4pm. You may also take your own photos with a smart phone if you choose – professional attire, with or without your white coat (military applicants may choose to wear their dress uniform), full face and shoulders, against a plain background.

- Photo specifications: JPG/JPEG or PNG file, max file size of 150KB, max dimensions 2.5 inches x 3.5 inches, max resolution 150 DPI.
- **Donate Messages of Insight and Support for Step 1 Prep [in this Donation Box](#).** The USMLE Step 1 preparation journey can, at times, feel daunting and isolating. Words of wisdom and support from fellow peers who have prepared for Step 1 have the power to inspire, guide, and motivate fellow peers at every prep stage, and for generations of future classes. Feel free to offer as many anonymous submissions as you'd like. Welcoming donations for USMLE Step 2 CK and NBME Shelf exams as well.