WeeklyWire 05/09/2025

FOR ALL MEDICAL STUDENTS

Community Connections & Wellness

- **Spring Move Out Project:** 11AM-2PM . 5/15 Loomis, 5/22 Buell. If you are moving out of the area or staying and need household goods, the Spring Move Our Project events are for you! Here is all the information you will need to make your lives smoother.
- Hinesburg Fire Department Training Collaboration: The Hinesburg Fire Department is seeking medical school students to assist with our EMS training nights. This is a great opportunity for students to gain teaching experience while contributing to the ongoing education of our EMS providers. Students who volunteer will be asked to prepare and lead a lesson on the medical topic scheduled for the week they sign up. Topics will be provided in advance to allow time for preparation. To ensure alignment with local practices, students may collaborate with a member of the Hinesburg Fire Department to incorporate the district's EMS protocols into their lesson. We believe this partnership will enhance the quality of our training sessions and provide valuable experience for all involved. Interested students are encouraged to reach out for more information and to sign up for available dates. Thank you for your interest and support for our EMS program. If you have any questions, please feel free to reach out: jbeauchemin@hinesburg.org
- Important Safety Advice: Download the CatSafe App (powered by LiveSafe): A MUST HAVE safety tool that can be used on/off-campus; send messages and report incidents, connect with critical safety and emergency resources, use SafeWalk (peer2peer virtual escort). Visit this link for more information... For app questions, feedback, or tech help, email emergency@uvm.edu. When registering the app with UVM, please use your full UVM email address.
- Optional External Surveys for Medical Students: Survey is currently open. Optional external Drexel medical student survey on specialty choice: Dear UVM Medical Students, We are conducting a research survey titled "Analysis of the factors and timeline that contribute to a medical student's specialty choice." Your participation in this study will provide valuable insights into the activities that are important to medical students to help them find the right specialty. The survey will take approximately 5 minutes to complete, and your participation is entirely voluntary and anonymous. Regards, Diego Compte Cristina Martel Drexel University College of Medicine| MD Student | Class of 2028
- **Get your customized hanger here:** Want a personalized white coat hanger? Handcrafted Affairs is a one-of-a-kind online store that specializes in personalized hangers. They believe that every special occasion deserves a special hanger, and that's why they make every hanger exactly to your specifications. They use only the highest quality materials and craftsmanship, and they are committed to creating hangers that are both beautiful and functional. Whether you're celebrating a white coat ceremony, graduation, wedding or other special event, they have the perfect hanger to commemorate the occasion. Check them out at @handcraftedaffairs on Instagram or online
- Constellate to be discontinued July 1: Constellate, the text-analysis platform from ITHAKA, will be discontinued as of July 1. If you have datasets or notebooks saved in

- Constellate that you want to keep, you have until the end of June to download them. For more details <u>contact UVM Libraries</u>.
- The Endies 2025! Friday, May 16th, 7-11 pm at ECHO. Join us for a beautiful night of food, beverages, great music, and dancing as we celebrate the Class of 2025 as well as all your hard work and achievements this year! All LCOM students, faculty, staff and plus ones are welcome. Cocktail attire encouraged. Tickets are required for all attendees and advanced purchase is recommended. Visit the link for ticket pricing and additional information. For more details contact Angela Mueller, Student Council Chair of Communications co2028.
- Harm Reduction Kit Building Night: 5/12, 5-7pm, MedEd 100. Join the Harm Reduction SIG to put together safer use and wound care kits! Rachel Bolton, SSP Program Manager and educator with Vermont CARES, will join us to chat about syringe service programs in Vermont and lead kit assembly. Vermont CARES provides life-saving harm reduction services, education, and resources to Vermonters affected by HIV, Hepatitis C and substance use by increasing access to care, reducing social stigmas and building relationships. We will put together safer use and wound care kits for the organization to distribute to folks at their sites across the state. Food will be provided! For more details contact Isabel Kay.
- Dean Zehle Drop-In Meetings Sign Up: 5/13 12-1 PM, These drop-ins are provided for students to connect with the Senior Associate Dean for Medical Education. We protect student drop-in sessions to ensure our students are able to discuss any issues arising or concerns, and to ensure your dean is always accessible to you. Please contact Colleen Case, the Executive Assistant to the Senior Associate Dean for Medical Education, if you have any questions or concerns.
- Coffee/Tea with Dean Zehle: 5/16,7:30AM-8:15AM, Given Courtyard.
- Summer Parking at UVM-VT Campus: 5/19 8/15, 2025. Campus parking rules remain in effect. Restrictions may be modified, but all vehicles must be registered. Watch for signs throughout campus this summer indicating temporary lot closures due to maintenance/construction/events.
- Vermont City Marathon & Relay Registration: 5/25, 7:15AM; 20 Lake St, Burlington, VT 05401. Running SIG will be fully sponsoring three 5-person relay teams for the Vermont City Marathon on Sunday, May 25th. Reach out to Jenna Bourdeau or Matthew O'Mara if you have a team and want the chance to be sponsored! Running SIG will be fully sponsoring three, 5-person relay teams for Vermont City Marathon on Sunday, May 25th. Please reach out to Jenna Bourdeau or Matthew O'Mara ASAP if you have a team and want the chance to be sponsored or have any questions. We will be randomly selecting and registering prior to the price increase on MARCH 15th to give everyone plenty of time to register if not selected for funding. We will notify everyone interested, and if selected, have you completed a registration form. PLEASE ensure your team is committed to racing, it would be SO sad to have another team lose out on that funding! We really wish we could fund everyone, but if you aren't selected, Connor Nowak has also posted an excellent option to raise money for the Cancer Center, including a discount from Run VT. Details on VCM: VCM is one of the most hype sporting events that takes place in Vermont with a TON of community support along the entire beautiful route and is the largest marathon relay in the US. Our goal is to have as much Larner participation as possible, so we have made the decision to use ~all~ of our sig funds to support the largest possible (5-person) team size. The relay distances add up to a full marathon, so there are several different distances that can be run at any

pace, aka ANYONE can participate. Should be a blast, we hope to see you on the course or cheering on the sidelines!! <u>3–5-person relay team details here</u>.

- UVM Offices Closed for Memorial Day: 5/26.
- Join the Larner COM Class of 2029 Facebook Group: August 1, 2025, We're excited to invite you to the Larner College of Medicine Class of 2029 Facebook group. To ensure this group remains exclusive to accepted and current students, it is only accessible by invitation. Please visit the link for the invitation link.

Career Counseling Opportunities

- **Hematology and Oncology Grand Rounds**: 5/20, 8-9 AM HSRF 200 Morbidity and Mortality Conference. The speaker is Dr. Jinah Kim, 2nd year fellow in Hematology Oncology, UVM For more information, email Whitney Feininger.
- Pediatrics Grand Rounds: "Needle Stick Procedures in Pediatric Patients: Don't Forget the Bubble Wand": 5/14, 8-9 AM Hybrid Event Davis and Zoom.
- Pediatrics Grand Rounds: "Department of Pediatrics Research Day": 5/21, 8-9 AM
 Hybrid Event Davis and Zoom.
- Pediatrics Grand Rounds "2024 Jerold and Ingela Lucey Early Career Investigator Prize for Innovations in Infant or Child Health: Awardee Presentations": 5/28, 8-9 AM Hybrid Event Davis and Zoom.
- 6th Annual Otolaryngology Virtual Chautauqua: M1's, M2's and M3's Every Thursday from May 8, 2025, through July 10, 2025, from 7:30 to 9:00 PM EDT. The University of Buffalo will sponsor talks by otolaryngologists geared to prepare students for otolaryngology rotations and content. There is a student-organized question bank, a research co-op, and a case report contest. Read More Here...

Housing Opportunities

- Winooski Apartment for Rent: 10 B Dion St, Winooski, VT 05404. Sharing the listing on behalf of my landlord have LOVED living here and highly recommend. Large 4 bedrooms, 2 Bath plus bonus room in a duplex for rent in Winooski. Five-minute drive to UVM Medical Center and one block from the bus line. Garage, driveway spot, fenced back yard. Washer/Dryer hookups (current residents have washer/dryer and furniture available for free if interested). Local, responsive landlords. No smoking. Prefers no pets. \$3300/mo (\$825 each for 4 people), heat and hot water included. Lease begins in early June, exact date is negotiable. Email Arica at for pictures and more information.
- Housing Opportunity: Starting May or June. Recently renovated 2 bedroom, 1 bath unit at RiverWatch Condominiums. 15-minute walk from the school and hospital campus. Unit amenities include dishwasher, in-unit washer/dryer, and a balcony. There is also a community pool. Water and gas, trash and compost are included; electricity and Wi-Fi are set up by tenants. Plenty of street/lot parking, including one garage space for the unit. Rent is \$1,850/month. Pets are allowed but require a separate application and a \$200 fee per year per pet. If you are interested in applying for the unit, please contact the landlord. Michael Harrington.

AHEC Summer Projects Orientation: 5/27, MedEd 100 5:30-7:00PM. For the students accepted to the Research/QI track AHEC Summer Projects. AHEC Summer Projects inperson kick-off meeting. AHEC Contact: Patti S. Urie

Scholarship Opportunities

- Application Deadline- Dr. U.R. Plante Medical Scholarship (\$10,000): 5/15, Read All About it Here...

Co2028 Students

Orient yourself to Step 1 starting with this one-page guide to planning. The document has a link to a Step 1 planning Checklist applicable to all stages of the preparation process. Stay tuned for an M1 pre-summer Step 1 and Year 2 planning session from Foundations and the Medical Student Services Team in June.

- Call for M1 Tutors Open: OME is currently accepting <u>Tutor Interest Form</u> submissions until 10am on May 30th to identify a balanced cohort of co2028 active peer tutor candidates, covering a comprehensive set of pre-clinical services and content specialties. Note: The peer tutoring program has a limited number of active spaces to fill for an August 2025 start (n=11). For more information, please refer to the introduction of the Tutor Interest Form.
- **OME Summer Internship Opportunities:** Summer, 2025. Various teams are looking for students to apply for this paid internship. This summer there are opportunities to work with the Foundations, Admissions, Student Services, and the Learning Environment teams in the Office of Medical Education. For more information, please see the attached advertisement.

Co2027 Students

- Exciting Opportunity! NBME is recruiting students to participate in pilot study of a new patient-centered communication learning tool being developed for medical students. They are specifically looking for students who are getting ready to start their clerkships or have just started their clerkship rotations. Study Details: Students are eligible if they are getting ready to start their clerkship or have just started their first clerkship before August 2025. Participation: Two 20–30-minute sessions, 1-2 weeks apart, followed by a 5–10-minute survey. The first session begins in mid-April. Incentive: Each student will receive a \$75 gift card as a token of appreciation. For more information email Dr. Elise Everett, Assistant Dean of Clerkship Curriculum and Professor ObGyn.
- Shelf Exam Success Recommendation Checklist: A compiled Academic Achievement list of tips, strategies, and considerations for co2027 shelf exam preparation planning: Link to Checklist. This checklist can also be found along with other resources in the Clerkship Academic Success Planning page of the Academic Achievement Commons. The checklist covers all things clerkship shelf: question bank, voucher requests, timing of self-assessments, supplemental resources.
- **Shelf Resources:** A reminder that the Dana Library has some e-book and print books that may be helpful for shelf exams, test-taking and developing clinical knowledge: <u>The Subject Exam link</u> has supplemental resources for each clinical rotation (e.g., Case Files series,

Step-up series); the <u>Step 2 Exam link</u> has an e-book "Test-taking Strategies for the USMLE Step 2". Want to learn more about strategically approaching NBME clinical knowledge questions? Take a look at the <u>Unlocking Assessments NBME Video Series</u>.

Co2026 Students

- Residency Application Discussion sign-up!: Sign up for your required RAD meeting! Please be sure to secure a spot for your Residency Application Discussion (RAD) meeting ASAP! VT Campus students sign up at: https://www.signupgenius.com/go/RAD. CT Campus students sign up at: https://www.signupgenius.com/go/9040F49A8A62FA31-55907508-ctcampus.
- Step 2 CK Vouchers: Advanced Integration level students can request an OME purchased NBME Step 2 CK Self-Assessment (CCSSA) voucher by emailing studentcomservices@med.uvm.edu. Once redeemed, students can request a follow-up voucher (maximum 2).

Co2025 Students

- Residency Relocation Loans: Doc2Doc is a lending solution built by doctors, for doctors. We get the financial hurdles you face from Match Day to residency and beyond. Whether it's moving costs, debt consolidation, or unexpected expenses, our tailored loans can help! Doc2Doc is a lending solution built by doctors, for doctors. We get the financial hurdles you face from Match Day to residency and beyond. Whether it's moving costs, debt consolidation, or unexpected expenses, our tailored loans like Match Day Relocation, In Training Loans, and Practicing Loans are here to help. With a quick 5-minute application, no prepayment penalties, and easy funding, Doc2Doc has your back. Visit the website to learn more. For more information, contact Shubhankar Joshi.
- Honors Night for the Class of 2025: Tuesday, 5/13, 4:00 PM, Grand Maple Ballroom, Davis Center. All members of the Class of 2025 are invited to celebrate your time at the Larner College of Medicine. Read More Here...