# WeeklyWire 02/21/2025

# FOR ALL MEDICAL STUDENTS

### **Community Connections & Wellness**

- Advising Experiences of Underrepresented Students in Medicine: You are invited to participate in a research study about the recruitment and advising process for medical school students. Specifically, we are asking for people willing to share their experiences identifying as <u>underrepresented in medicine</u>. The objective of this study is to understand the nature of the advice that historically underrepresented medical students receive during their time of study as premedical and medical students. <u>Please read more here...</u> For more details, contact Dr. Leila Amiri, Dean for Admissions.
- Learning Environment Annual Report: Please read this message from Dr. Feldman and Dr. Hunt and this accompanying Learning Environment Annual Report. For more information, contact Dr. Nathalie Feldman or Dr. Liz Hunt.
- Take the Campus Climate Survey! The 2025 Campus Climate Survey is now open to all UVM students, staff, and faculty. Please go to the <u>Campus Climate Survey Access webpage</u> and complete the survey according to your primary affiliation with the university—either staff/faculty or undergraduate/graduate student. As a reminder, this survey is expected to take 10–15 minutes, and your responses will be collected and analyzed in accordance with the anonymity and privacy standards outlined on <u>this Campus Climate Survey webpage</u>. All survey respondents can enter to win Apple AirPods (3rd gen), UVM Bookstore gift cards, UVM swag, and more.
- Ramadan Fasting: Bridging Metabolism and Clinical Care: Monday, 2/24, from 12-1 PM in MedEd 200 Join us for an engaging discussion on Ramadan Fasting: Bridging Metabolism and Clinical Care with Dr. Abu Alfa! Learn about the physiological effects of fasting and key considerations for caring for Muslim patients during Ramadan. We will be serving food! Hlba Osmani, M1
- "Coffee and Bagel with Dean Page": Message from Dean Page: Dear Students, I would like to extend an invitation to you for another "Coffee and Bagels with Dean Page" event on Wednesday, 2/26/2025. These events are tremendously valuable to me, giving a chance for informal discussion of various issues that are on the mind of those in attendance, all the while providing an opportunity for all of us to get to know each other better. Since we start with introductions, it works best if you arrive before 8 am. My office is Given E126.If you are interested in attending, please respond using the link provided. If you cannot join us this time, or if we are unable to accommodate everyone, please note that there will be additional opportunities in the future. Please be sure to mark your calendars, as we will not be sending out calendar invites.
- Thank a Resident Day: 2/28 Led by the Gold Humanism Honor Society, "Thank a Resident Day" is a special day that takes place each year on the last Friday of February to collectively show gratitude and appreciation for resident physicians and fellows, and how integral they are to the healthcare team. Thank a Resident Day will take place on Friday, February 28, 2025. Residency is a key component of graduate medical training, offering an in-depth exposure to medical practice. It can often mean long working hours matched with many responsibilities. Residents serve as the hospital's "house staff" and are an integral part of the healthcare team. They often serve as indispensable resources for medical students, especially during a clinical clerkship. In 2018, the Gold Humanism Honor Society decided

- to bring to light the importance of the residence staff and encourage medical students at chapters throughout the nation to show their gratitude and appreciation. Thank a Resident Day has since expanded to hundreds of programs around the country. Kiersten Tavares, Administrative Support to LCOM GHHS
- Dean Zehle Drop In Meetings Sign Up!: 2/28, 12-1PM These drop-ins are provided for students to connect with the Senior Associate Dean for Medical Education. We protect student drop-in sessions to ensure our students are able to discuss any arising issues or concerns, and to ensure your dean is always accessible to you. You can secure a 20-minute slot during the provided drop-in hours, using the Dean for Medical Education drop-ins sign-up. Please contact Colleen Case, the Executive Assistant to the Senior Associate Dean for Medical Education, if you have any questions or concerns.
- Celebration of Gender Equity: March 6, 12:00-1:30, MedEd 200 Sullivan Classroom. Join us to honor members of the LCOM community for their contributions to gender equity and for a keynote lecture with Charity Clark, Attorney General of Vermont. Olive Gallmeyer, Events & Programs Coordinator
- Bolton Valley Ski and Ride Night: Tuesday, March 11th 2025 4-10pm, Bolton Valley Resort. Come ski and ride with the Medical School at Bolton Valley! Beginner and experienced skiers welcome. Thank you to Student Council, The Office of Inclusive Excellence, and the Wellness Committee for helping to fund this initiative to get students on the slopes! We are offering to cover rental equipment for students and subsidized ticket prices! Pease RSVP using the form linked by March 4th to reserve your ticket!
- 2025 Dr. Hope Babette Tang Humanism in Healthcare Essay Contest is now open: 03/12 submission deadline. Monetary awards of up to \$1k. Medical and nursing students are invited to submit an essay that illustrates an experience of humanistic care to the 26th annual Dr. Hope Babette Tang Humanism in Healthcare Essay Contest...
- Dr. Moo and Dr. Moo Support Person Needed for Match Day: M1's, M2's and M3"s, Friday, March 21, 2025 11:00 A.M. 1:15 P.M. Help the Class of 2025 Celebrate Match Day as Dr. Moo! Two volunteers are needed to help the Class of 2025 celebrate Match Day on Friday, March 21. Dr. Moo is an important part of Match Day, helping to lead the Class of 2025 into the Hoehl Gallery and congratulating students after they announce their Match. Two volunteers are needed, one to don the Dr. Moo suit and one to guide Dr. Moo safely into Hoehl Gallery. Please contact Liz Dohrman if you are interested in volunteering to be Dr. Moo or Dr. Moo's support person. Please contact Liz Dohrman for more info.
- Save the date! UVM Larner Med EIGHTH Annual Community Clothing Swap: 04/21-04/23. As you start to scratch that "spring cleaning" itch, consider doing a sweep of your closet for items to donate to this year's swap. Clothes you are tired of, but not tired clothes, please! Also, you do not need to donate items to participate. The swap is open to everyone in the community! Flip your wardrobe during this fun, supportive, college-wide community event...
- Available Across Street from Davis Center! A 3-bedroom, 1-bath apartment in my house is available beginning June 1, 2025. You'd be living a chill, peaceful life in a cozy spot right across the street from the Davis Center. We are less than a five-minute walk from the bus stop and a ten-minute walk from the medical school and hospital. The main UVM campus is also therefore nearby, with bike paths, the large university green, undergrad libraries, student health, CAPS, the greenhouse, Interfaith Center, and many additional dining options. Rent and utilities will be \$2600/month, inclusive of water, gas, garbage, and recycling. Two pairs of washers and dryers are on the lower level (quarters required), and we

have ample heat in the winter. Tenants would have the entire second floor of a house divided into three units. I and two other women live on the ground floor, and there is one male in the attic, all quiet, friendly twenty-somethings. Parking is provided behind the building (away from the street), and the unit is accessible by both a common stairwell and a private entrance in the back. Please feel free to message or text/call me anytime at 216.218.1057 if you wish to touch base about the home before reaching out to the landlord. Per him, no smoking or pets are permitted. To proceed with your rental application, contact Brian French and/or 802-863-0125 ext 34, and please mention you saw this in the medical school newsletter.

### **Career Counseling Opportunities**

- New episode of Green Mountain Medicine Podcast: Click here to listen to Dr. Michelle
   Dorwart on this month's episode of Green Mountain Medicine Podcast. On this episode of
   GMM, we are joined by family medicine physician Dr. Michelle Dorwart. We discuss ideal
   Vermont adventures, favorite medical historical figures, and healthcare reform. Tune in for
   even more here.
- Application Deadline Global Surgery Student Alliance National Conference: Deadline 2/25, event 4/12, at Harvard Medical School. Interested in sharing your global health work with an expansive network of professional leaders in this space? We are excited to announce that the annual GSSA National Conference will be hosted at HMS this year on April 12th. This year's theme is, "Building Resilient Surgical Systems for Forcibly Displaced Populations." Read More here...
- Pediatrics Grand Rounds "From Rock n' Roll to Lullabies: Medical Music Therapy Supporting Whole-Person Care at UVM Children's Hospital": 2/26, 8-9 am ,Hybrid Event In person in Davis Auditorium (UVMMC) or <u>Via Zoom (passcode required)</u>PASSWORD: pedsgr. For more details contact <u>Penny Marchessault</u>
- Family Medicine Hybrid Grand Rounds: 3/24,8-9am, Davis Auditorium / Zoom. UVM Family Medicine is excited to share that Dr. Mariana Castells will be presenting at Grand Rounds on 3/24/25. Dr. Castells is a world-renowned expert in mast cell disorders, anaphylaxis, and drug hypersensitivity and has made significant contributions to allergy and immunology research. Read more here...

#### Research Opportunities

- CVRI\_ Call for Applications: Early Career Advisory Committee: Application deadline 3/31. The CVRI Board of Directors is requesting applications for new members for its Early Career Advisory Committee, which is tasked with identifying and addressing the needs of our Early Career scientists and involving them in CVRI's cardiovascular-related activities. Read More Here...
- The Lucey Prize: Deadline 4/4. The "Jerold and Ingela Lucey Early Career Investigator Prize for Innovations in Infant or Child Health." This is a prize to be awarded for completed or near-completed work within the past three years and not to fund a research proposal. The prize will be a monetary award, paid directly to the recipients, along with an award plaque. The recipients shall be selected based on merit for their work exploring new horizons in neonatology and/or other areas of pediatrics. The prize awarded includes \$1500 to each

level awardee or their team and will be distributed at a Pediatric Grand Rounds May 28, 2025.. Read More Here...

## M1 STUDENTS (co2028)

- Application Deadline- AHEC Summer Projects 2025: Applications due February 21, 2025. Students in the class of 2028 are invited to apply. Projects are typically 100 hours and pay a stipend of \$1,500. AHEC Summer Projects fall into one of two tracks: Research/Quality Improvement or Education/Mentoring. Projects are typically 100 hours (40 didactic hours and 60 field-based/project-specific hours). A program overview, description of each project, and the application can be found on the AHEC website. All projects relate to AHEC Scholars priority areas such as social determinants of health. Applications from LCOM class of 2028 will be accepted until February 21, 2025. Certain projects require some in-person time in Vermont, other projects may be completed via hybrid or fully remote participation. Students who are not yet enrolled in the AHEC Scholars program will need to enroll to participate in the summer program. Questions about AHEC Scholars or the AHEC summer program can be directed to Patti Smith Urie.
- Exercise as Medicine 2025: First session: 2/26/25, 3:00-5:45PM Please consider signing up for Exercise as Medicine! This four-session extracurricular is designed to complement the NMGI curriculum and highlight the tremendous health benefits of exercise. Each session will include didactic teaching from some all-star staff and a group workout! We hope to get your brain and your body moving! Sessions will run on Wednesday afternoons/evenings and will NEVER fall on an exam week! Please use the attached signup genius to join our lottery, see specific dates/times, and find more details on our program! Let's get to work!
- Application Deadline- Summer Emergency Medicine Fellowship: 3/1. Please apply to be a part of the four-week Emergency Medicine Fellowship this summer. The UVM Department of Emergency Medicine is pleased to sponsor the Emergency Medicine (EM) Summer Medical Student Fellowship for the upcoming 2025 year, designed for LCOM students to complete in the summer between their M1 and M2 years. 1st year medical students with a budding interest in emergency medicine are encouraged to apply. The goal of this preclerkship clinical summer fellowship is to provide the student with early exposure to the complex, fast-paced, and high-volume nature of emergency medicine as it applies to the Emergency Medicine Physician. This will provide rising M2 LCOM students with the opportunity to gain early exposure to the rigors of a clinical rotation in emergency medicine, providing valuable experience to bring to their 4th year core and extramural rotations in Emergency Medicine and ultimately improving students' success on residency applications. Please email Michael.Greenberg@med.uvm.edu, Shannon.Wasley@med.uvm.edu, Oliver.Koch@med.uvm.edu, and Anastasia.arvin-diblasio@med.uvm.edu with the following information to apply: - Current CV - 1-2 paragraphs explaining your interest in the fellowship (Letter of Intent) Deadline for the first round of applications is March 1st and deadline for the second and final round of applications is March 31st.
- **ATTENTION REQUIRED**: Before starting your DIV clinical sessions the week of 3/3/25, you are responsible for ensuring that you are up to date with <u>immunization requirements</u>. Please visit your CastleBranch portal to check your compliance status and review any action items that need your attention. Students who are not in compliance will receive a follow-up

communication. You must be in compliance in order to start your DIV preceptor sessions. Thank you for your attention to this important requirement.

### M2 STUDENTS (co2027)

As a reminder, support during Step 1 dedicated study is available...Whether on campus or remote, the Medical Student Services Team wants you to know that we are here to help and advice during the dedicated weeks of Step 1 study. Please reach out to (or grab a dropin with) Drs Moynihan, Rosen, George, Dolbec, and Holterman if you're encountering any barriers to daily progress, uncertainty about your plan, or struggle navigating setbacks. While there are many ways forward, we strongly encourage you to include ongoing engagement with a question bank (sets > review of sets), daily structure, barrier identification/removal, and — above all — self-care and belief in your ability to find progress in the weeks ahead.

## M3 STUDENTS (co2026)

- Entering Advanced Integration Checklist: Please complete now! Please log into OASIS and complete the Entering Advanced Integration Checklist. We have deployed a requirement checklist for your class to complete prior to entering Advanced Integration. Please attend to these items by March 18. If you have questions, or any issues while completing the checklist, please let us know.

# M4 STUDENTS (co2025)

- If you missed the GQ Launch, please watch the recording (Passcode: \*hha3?SD).

  Complete the survey and forward a copy of your confirmation email to

  StudentCOMServices@med.uvm.edu or drop it in the box in OME to be entered into

  drawings for fun prizes! We've already awarded several awesome prizes and will continue

  with the Weekly prize drawings and Monthly Mega Drawings through the close of the survey
  in June. Complete your survey and send in your entry early for the most chances to win!
- Match Rank List: For those applying in the main match, you have until 3/5/25 to finalize your rank list in NRMP. Don't forget to make sure that you are certified by 3/5/25.
- **WE WANT YOU!** Commencement Student Keynote Speaker: 03/10 submission deadline. Submit your drafted speech to be considered for the Commencement Student Keynote Speaker...Submit you drafted speech, now, for consideration... Please contact Medical Student Services with any questions.
- Save-the-Date for Match Day!: Friday, March 21, 2025, 11:45 A.M. This year's Match Day will be held in-person in the Hoehl Gallery at Larner College of Medicine with a Hollywood, "Lights, Camera Match!" theme. Many of you have begun making plans for family and friends to join you for this important milestone in your medical school career. Tickets will not be required for guests but please be aware that there is limited capacity in the Hoehl Gallery. Overflow seating with livestream viewing will be available in HSRF 200, HSRF 300 and the Sullivan Classroom. Match Day will be recorded. The link to the livestream will be shared with the Class of 2025 as Match Day approaches. If you or a guest attending Match

Day needs an ASL interpreter or other accommodations, including accessible parking, please contact Liz Dohrman by February 28 with the specific services you or your guest need. Class of 2025 students participating in Match Day should arrive at the lobby outside the Sullivan Classroom at 11:00 A.M. on March 21. The class will process from the lobby, through Given, into the Hoehl Gallery. Match Day will begin with brief remarks shortly after 11:45, with names being called for envelope distribution beginning at 12pm. With many members of the class participating in Match Day, we ask thar those announcing on stage limit remarks to include your name, who is on stage with you, what specialty you applied to and where you matched.

 Howe Award for Excellence in Surgery: DEADLINE 3/31 Howe Award for Excellence in Surgery Co2025. Established Harry Howe, MD '52, this award (\$1000) will recognize a student for excellence in the field. To be considered submit an essay (<1000 words) on "The Attributes of an Outstanding Physician" along with a brief personal statement. Submit to Lisa Washburn