WeeklyWire 11/08/2024

FOR ALL MEDICAL STUDENTS

Happy Friday!

Community Connections Wellness

- New episode of Green Mountain Medicine Podcast: Click here to listen to Dr. Wayne Warnken on this month's episode of Green Mountain Medicine Podcast. On this episode of GMM, we are joined by Dr. Wayne Warnken, family medicine physician, who shares his journey through medicine, tackling imposter syndrome, and the "dark side" of motivational interviewing. Hear his story of a lost wedding ring, the power of community, and what it really takes to thrive in healthcare. Tune in for more! For more details contact Haley Bayne
- New Off-Campus Housing Opportunity: From 11/1,339 Garden St. South Burlington,VT We're excited to share a new housing opportunity with you! Catamount Run, a vibrant off-campus housing community for UVM affiliates, is expanding with 339 Garden Street, set to open on 11/1, 339 Garden Street's two-bedroom units, in a small building, offer many great amenities such as 24/7 maintenance support, high-speed internet, on-site parking, in-unit air conditioning, premium appliances and finishes, and in-unit washer/dryer. All of this, plus easy access to UVM and local amenities such as Target and Trader Joe's, makes 339 Garden Street a fantastic option for your off campus living needs. Interested? Contact the on-site property manager, Redstone or 802-399-2586. Carolyn Moore, Residential Real Estate Coordinator
- Calling all M2, M3 and M4 Students! Need a New White Coat?: 11/11-11/20. The Larner College of Medicine has a supply of white coats with the previous university logo for those who need a replacement. Members of the Class of 2025, 2026 and 2027 can stop by the Office of Medical Communications, Given Courtyard, to try on and select a replacement white coat the week of 11/11, and 11/18 (pending coat availability), between 11 a.m. and 1 p.m. If you find a coat that fits, it's yours to take! Connecticut-based students may fill out a survey to request a replacement coat. If the requested size is available, coats will be shipped to the Connecticut campus the week of 11/25. Connecticut-based students should complete the survey no later than Friday, 11/15. If any student requires a new coat and the size is not available in the current supply, a replacement coat can be ordered at your expense. Replacement coats are between \$60 and \$70 depending on the style selected. A final order of coats will be placed on 11/22nd and the coats typically ship within three weeks. Please contact Liz Dohrman with questions.
- Gender Equity Education Series: 11/13, 12-1 pm, Zoom. Gender Equity Education Series.
 Working with 2STLGBQ+ People, Kell Arbor, Pride Center of Vermont. For more details contact Olive Gallmeyer, Administrative Assistant.
- UVM LCOM-VT Campus Parking Temp Holiday/Break Perks!: 11/25-11/29, 12/16-01/12 If you have a UVM Parking Pass, you can park in most lots regardless of pass type, during these dates. Please be sure to review the full announcement to avoid confusion (/tickets) ... UVM Transportation & Parking Services
- National Survey for Medical Student Parental Accommodations Deadline 11/27. We are two medical students from the Charles E. Schmidt College of Medicine at Florida Atlantic University. We are currently conducting an investigation of national trends in accommodations available to medical students who are parents. Read More here...\

Career Counseling Opportunities

- AHEC Spotlight Series: The Business of Primary Care: 11/20; 12:00-1:00 p.m.; MedEd 200. A panel discussion. Primary care practices offer many different styles to suit a wide variety of physicians. Our panelists will discuss their paths to these practice settings and the benefits of each model. Our panelists include Alicia Cunningham, MD (Direct Primary Care) Brian Bates, MD (Federally Qualified Health Center) Michael Johnson, MD (Private Practice) Charlie MacLean, MD (Academic Practice/Hospital Employed). For more details: contact Jennifer Gaudreau, CPRP, Physician Placement Professional
- VSLO Advisor Webinar, Preparing Students for the 2025 Application Season:

 11/12,11/19 7pm. As the students are considering specialties and planning to apply to away rotations for the 2025 application season, the AAMC is pleased to share valuable resources to help you guide students through the application process. The AAMC Visiting Student Learning Opportunities™ (VSLO®) program will host two webinars to kick off the upcoming away rotation season for the advising community * For MD advisors: Tuesday, Nov. 12 at 7 p.m. ET. For DO advisors: Tuesday, Nov. 19 at 7 p.m. ET. These 60-minute sessions will offer perspectives from advisors on their institutional approaches to advising students about away rotations and address other timely rotation-related information. Panelists will include MD/DO advisors and a VSLO program facilitator. Time will be included for questions following the panel discussion. We encourage you to join us for one of these webinars designed to help you support your students in developing effective away rotation application strategies. If you have any questions about these advisor webinars, please feel free to contact Adriane Lopez, AAMC senior outreach specialist.
- AAMC FIRST Webinar: Public Service Loan Forgiveness: 11/20, 2-3pm. Join us in welcoming Emma Crawford, Financial Planner, CFP, as she breaks down the details of Public Service Loan Forgiveness (PSLF) Ryan Gates, Assistant Director Medical Student Financial Services.

Research Opportunities

- Research Opportunities for M2s/co2027 and M3s/co2026 11/19 5:30 via zoom Join Dr. Renee Stapleton, Director of Medical Student Research, via Zoom for an informational session on one-year research opportunities, with time for Q&A. https://uvmcom.zoom.us/j/97446502420 For more details contact Justine King, Clinical Curriculum Manager
- Robert A. Winn Clinical Investigator Pathway Program (Winn CIPP) Applications Open: Winn CIPP is a program initiative of the Robert A. Winn Diversity in Clinical Trials Award Program, a \$122 million program funded by the Bristol Myers Squibb Foundation, Gilead Sciences, and Amgen. The goal of the Winn CIPP is to expose URiM and/or medical students from disadvantaged backgrounds to career pathways in clinical research, particularly community-oriented research that is focused on increasing inclusion, equity, and diversity in the conduct of clinical and translational research. 67 underrepresented in medicine (URiM) or medical students from disadvantaged backgrounds who are pursuing an MD, MD/PhD, DO, DO/PhD will be awarded a \$7,500 stipend to participate in a 6-week summer externship at community-based clinical research sites across the nation to gain exposure to

- clinical research, community engagement, and leadership development. Applications are due January 8. Apply Now->
- Dermatology Research Opportunity for M2s/2027 and M3s/2026: Rare Dermatology Research Opportunity deadline 12/15/2024. Department of Dermatology at Northwestern University would like to share with you a one-year research opportunity that may be of interest to 2nd or 3rd year medical students who are contemplating a career in dermatology. Read More Here...

M1 STUDENTS (co2028)

- Wellness Committee Fall Mental Health Panel: 11/11, 12-1 PM, MedEd200. Come hear M2s share their mental health strategies and perspectives regarding summer, step studying, clerkships and beyond! For More details contact <u>Ali Chivers, Wellness Committee</u> <u>Representative</u>.
- Summer Research Opportunities Session Co 2028 11/15/2024 12pm-12:50pm Med Ed 200 Sullivan Please join Dr. Renee Stapleton (Director of Medical Student Research) and a panel of UVM faculty investigators for this informational session about M1/2 summer research and opportunities available for you next summer. Pizza will be provided Contact Renee Stapleton, Director of Medical Student Research Medical Student Research.
- Global Health Elective Opportunities Deadline 11/17/24. Explore Summer Global Health Electives! Explore Summer Global Health Electives by watching the recorded session. Apply for GHE using the online form by 11/17/24. Learn more about GH Program If you have any questions, feel free to reach out to Dilyara Nurkhametova.
- Schweitzer Fellowship Information Session: 11/21, 12-1PM, MedEd 100. Pizza will be served (please sign up here if you plan to attend). The Schweitzer Fellowship is a year-long program for graduate students who are passionate about promoting health equity. As a fellow, either solo or with a partner, you'll collaborate with a local community organization to create and implement a project that addresses a social determinant of health in an under-resourced area. You'll connect with other students in the New Hampshire/ Vermont Schweitzer Fellows Program and across the U.S., working towards creating a world where all people are healthy and can thrive. After you complete your project, you become a Fellow for Life and a permanent member of this inspiring and supportive network. At the information session, you'll learn more about the fellowship, and the 2024-25 Schweitzer Fellows will present their projects and experiences. If you have any questions, feel free to contact Ali Chivers, Ben Koren, Claire Baptiste, Hamza Mirza, Cliff Bauman, Julia Hurley, Sulekha Kilas, Eunice Suberu, Greta Joos, Naomi Burhans.

M2 STUDENTS (co2027)

- New Step 1 Peer Support Group Series: 11/05, 12/05, and 01/15, at 6pm, in MedED 300. Prepare for Step 1 success with our three-part series designed to guide you through every phase of your study journey. Developed by MS3's Ava Siegel and John Rustad, this new three-part peer-facilitated support series option is designed to guide you through every phase of your study journey. From getting started and organizing your approach to

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- maintaining strong study habits and achieving a healthy balance during dedicated study time, these in-person sessions will equip you with valuable tools, strategies, and insights. Whether you're just starting to think about Step 1 or already busy studying, this series is intended to help you feel prepared, confident, and supported in community. Sign up & Session details here. This new series is sponsored by the Medical Student Services Team.
- A CBT Approach through Step 1: 11/12, 12-1PM, Med Ed 300. ...a noontime session: Dr. Lee Rosen offers a valuable framework informed by Cognitive Behavioral Therapy (CBT) for approaching Step 1 with wellness planning in mind. This conversation helps put Step 1 stress and anxiety into a larger evolutionary context, and helps attendees deconstruct and challenge common assumptions that can amplify Step stress and anxiety. For more details contact Dr. Tim Moynihan.
- Anatomy of the MSPE with Dean Karen George: 11/14, 12PM at MedEd 200. Enjoy pizza and learn about an important piece of your residency application the MSPE! Dr. Karen George, Associate Dean for Students, will introduce the M2 class to the Medical Student Performance Evaluation (MSPE) which is created for every M4 medical student as part of the residency application package. Learn about the purpose of the MSPE, what is included, what you will contribute, and what to keep in mind as you continue through the curriculum. Pizza will be provided, RSVP is required. Please RSVP by November 12 at 3pm. For more details contact Emma Faustner, Student Services Specialist.

M3 STUDENTS (co2026)

- Step 2 CK planning checklist now available in the Academic Achievement Commons. This live checklist includes core and optional M3/M4 Step 2 CK planning items along with hyperlinks to critical resources, all in one place.
- Surgery Senior Major Info Session: 11/12,4 PM, Med Ed 200. Learn about the requirements and the benefits of pursuing the Surgery Senior Major with a pizza dinner. Our faculty will be presenting with a Q&A to follow. Contact Lisa Washburn with questions. The event is intended to be in person, however if our Connecticut students are interested, send an email to Lisa for the Zoom link. As many of you know the first lottery is around the corner. We will hold an Information Session for those interested in learning more about applying for surgical residency and the Surgery Senior Major Program on Tuesday, 11/12th at 4pm, in MedEd 200. Topics we will cover: Competitiveness of general surgery, Crafting your 4th year schedule and the timeline for applications, Away electives, Choosing an advisor. For more details contact Lisa Washburn, Surgery Student Coordinator.

M4 STUDENTS (co2025)

Teaching in Medicine Elective 1/6-1/17/25. Join us to learn about teaching in medicine! We combine readings, evidence-based teaching methods, and interactive discussions for a comprehensive approach to information about careers in MedEd as you embark on the transition to residency. <u>Deirdre O'Reilly, Associate Professor of Pediatrics, Neonatal-Perinatal Medicine</u>