

WeeklyWire 10/18/2024

FOR ALL MEDICAL STUDENTS

Community Connections

- **Feedback for Student Leadership Committees.** Do you have feedback for a Student Leadership Committee? The LCOM Medical Student Council wants to remind students we have a way for you [to provide anonymous feedback by filling out this form](#). This form will be monitored by the LCOM Medical Student Council so if you have any questions please don't hesitate to [reach out to us via email](#). Lajla Badnjevic, Medical Student, Class of 2027 Chair of Communication, Larner College of Medicine Medical Student Council
- **Volunteering Opportunity at Family Room** Now through December. The Family Room is seeking medical and graduate students to volunteer for their various programs. The Winter Wellness Fair is next Wednesday from 4:00-8:00pm. We are looking for volunteers to support various activities such as coat distribution, smoothie making, and interpreting health concerns. [Please sign up here](#) Thank you! [Claire Baptiste, SJC Co-leader, SJC](#)
- **Volunteering Opportunities at Family Room:** Now through December. Please [visit the signup genius for more info!](#) Slots are open now through December. Please [reach out to Claire Baptiste, SJC Co-leader](#), with any questions.
- **Medical Student Council Annual UVM Larner College of Medicine Apparel Sale:** 10/28 ordering deadline. The Annual Larner College Apparel Sale has launched! [This year, we were able to offer two local brands again, Thuja and Skida, in addition to LL Bean apparel...](#)
- **The Office of Medical Education presents our Annual Office Trick or Treating Event!** 10/31, 8am-4pm, Given Courtyard N100. Meet OME faculty & staff and wander our cubes and offices in Given Complex of HOOORRRROORRRR! [We know most have you have discovered the magic of our student snack bin, at this point, but here's your chance to load up on the "good stuff" \(as in the totally horrible, wonderful stuff\)...](#)
- **SSAMoSA Diwali Celebration** 11/4, 12-1pm, Med Ed 202. SAMoSA is celebrating Diwali in Med 202 on Monday, November 4th from 12-1pm. We'll have Jeopardy and South Asian snacks for food. All are welcome! [Harjas Sabharwal](#) SAMoSA.

Wellness

- **Student Flu & COVID Vaccine Clinics Available on UVM LCOM-VT Campus 10/30-10/31** 10am-4pm, LivingWell-Davis Center Wed 10/30 & Thu 10/31, 10am-4pm, LivingWell - Davis Center. Sign-up for an appointment (advised) or walk-in. Bring your insurance card. Student Vaccine Clinics are hosted by the Center for Health and Wellbeing, [offered by Shaw's Pharmacy](#). Kiersten Tavares, Medical Student Services Coordinator, on behalf of [the UVM Center on Health & Wellbeing](#). Sponsored by: [UVM Center on Health & Wellbeing](#))
- **Free Private Yoga Series at Sangha:** Saturdays 11/2-11/23 5:30-6:30pm at Sangha Studios. The Yoga SIG will be hosting a private 4-week yoga class series at Sangha Studios Saturdays 11/2-11/23 5:30-6:30pm. Classes will be an hour long each, taught by a Sangha yoga instructor, and all skill levels are welcome! There are 32 spots for each class, and you can sign up for all 4 classes. No worries if you can't make it to all the classes; [feel free to sign up for those you'll be able to attend](#). Please contact [Shannon Bennett](#) for more details.

Career Counseling Opportunities

- **Careers in Medicine Fall 2024 Specialty Panel Series - Pediatrics with Dr. Molly Rideout:** [10/29, 12-12:50pm, MedEd200.](#)
- **Vibe Check: Is Family Medicine Right for Me? An event for M1s/co2028, M2s/co2027, M3s/co2026** 10/28. This free, one-hour webinar for medical students is focused on helping you choose a meaningful career that matches your values and interests. [Read More...](#)
- **Pediatrics Grand Rounds - “The Pediatrician's Role to Promote Growth and Development of AI”:** [10/30, 8-9am, Hybrid Event - In person in Davis Auditorium \(UVMHC\) or Via Zoom \(passcode required\).](#)
- **Film Screening & Intergenerational Discussion:** Sunday, 11/3 at 1 PM, in the Livac Ballroom (Davis Center). Join the Center on Aging for a screening of two short films sharing stories of social connection, provided by The Foundation for Art & Healing and its Project UnLonely Films. Stick around after for pizza and a facilitated discussion about the importance of community building for health and well-being at all ages. [RSVPs appreciated at this link.](#) Please contact [Marissa Birne, Education Lead at the Center on Aging,](#) with any questions.

Research Opportunities

- **Optional External Surveys for Medical Students.** We are seeking information regarding exercise and mental health among medical students, if interested in participating in this study, [please click on the link](#) to complete the survey . Your completion of this survey serves as participation in this study. Survey is currently open. Please contact [Cara Simone, Evaluation and Research Specialist](#) Teaching Academy for details.
- **Research Opportunities for M2s/co2027 and M3s/co2026** 11/19 5:30 via [zoom](#) Join Dr. Renee Stapleton, Director of Medical Student Research, via Zoom for an informational session on one-year research opportunities, with time for Q&A. <https://uvmcom.zoom.us/j/97446502420> For more details contact [Justine King, Clinical Curriculum Manager](#)
- **Summer 2025 Cancer Research Opportunity** Deadline 2/1/25. Program participants will receive a \$600/week subsistence allowance. Fully furnished group housing will be provided at no cost for non-local participants. [Read More...](#)
- **Massachusetts General Hospital Research Trainee Program (SRTP)** Deadline 1/24/25. Program participants will receive funding including housing, a \$5,000 stipend, and travel grants based on need. [Read More...](#)
- **Register today for the Cardiovascular Research Institute of Vermont (CVRI-VT) 2nd Annual "Meet Your Mentor" Event:** [October 30th, Wednesday 12-1PM, MedEd 100 at the Larner College of Medicine Building.](#) **DEADLINE TO REGISTER via this link IS 10/29.**
- **The Coffin Award for funding a particular research project or initiative:** The deadline for applications is October 31, 2024. The Coffin Award was established to both commemorate Dr. Coffin's stellar career at UVMHC and to provide support for young investigators to pursue projects that otherwise might not be funded. The Award is for one year and the stipend is 5,000 dollars. Due to the hiatus, we will be able to support at least two and possibly three awards for this coming year. [Read more...](#)
- **Summer Oncology Research Fellowship (SORF):** Applications open: November 1, 2024. Early Application Deadline: December 9, 2024. Regular Application Deadline: January 6, 2025. The NIH-supported Summer Oncology Research Fellowship (SORF) Program for US medical students is a full time 8–12-week mentorship program in summer(s) between

school years in medical school (May to August), in Los Angeles. Students receive subsistence of \$600/week. Partial assistance with housing and travel to/from Los Angeles are provided to qualifying students. [Read more...](#)

- **NIH Research Year 2025-26:** [12/02/2024 application deadline](#).
- **The UNC-Chapel Hill Medical Students Training in Aging Research (MSTAR)) summer program is now accepting applications for Summer 2025.** [Applications due by January 20, 2025, 8:00 am EST](#). The UNC-CH MSTAR program provides medical students with an enriching experience in aging-related research and geriatrics. [Read more..](#)

M1 STUDENTS (co2028)

- **Multiple Mini Interviews (MMIs) Training:** 10/28, 4-6pm, MedEd100 (Larner Classroom). Light dinner and beverages provided. Are you interested in serving as an interviewer for upcoming Multiple Mini Interviews (MMIs)? Join us for a *mandatory training session* to learn the essential skills for evaluating candidates effectively. This training will equip you with the tools to ensure a fair and insightful interview experience for our candidates. [Register for the upcoming training...](#)
- **STUDENT LEADERSHIP OPPORTUNITY - CALL FOR NOMINATIONS (self-nominations warmly welcomed) – Technical Standards Annual Review:** 11/03 nomination deadline. LCOM completes and annual review of [Policy 300.00 - Technical Standards for Admission, Advancement and Graduation](#), and we are seeking student representative(s) to join this Committee. [Do you have ideas on how we might improve this policy or know someone who could provide incredible insights on this policy? Please submit a nomination, now...](#)
- Wellness Committee Fall Mental Health Panel 11/08 12-1 pm MedEd 300 Come hear from M2s share their mental health strategies and perspectives regarding summer, step studying, clerkships and beyond! Lunch provided! [Alison Chivers, Wellness Committee Representative](#), Class of 2027 Larner Wellness Committee
- Summer Research Opportunities Session Co 2028 11/15/2024 12pm-12:50pm Med Ed 200 Sullivan Please join Dr. Renee Stapleton (Director of Medical Student Research) and a panel of UVM faculty investigators for this informational session about M1/2 summer research and opportunities available for you next summer. Contact [Renee Stapleton, Director of Medical Student Research](#) Medical Student Research
- **Apply to be an Admissions Ambassadors:** [Apply no later than November 15th, 11:59 EST](#) Represent the school while sharing your unique experiences with prospective medical students. As an ambassador, you'll engage with applicants, offer insights into the medical school journey, and help create a welcoming environment for future students. For details, contact [Ayanna Linton, Admissions Coordinator](#).

M2 STUDENTS (co2027)

- **Step 1 Question Skills Series:** There are currently two remote versions of Step 1 Question Skills Groups. This tutor facilitated Question Skills series offers attendees weekly foundational tips for approaching boards-style questions with an emphasis on applied practice. Facilitators will curate questions for each session for group practice and analysis. Please use the corresponding sign-up links below for specific details on each group:

- [In person Session - Question Skills w/ Rebecca Lapidès, in person,](#)
- [9 remote sessions - Question Skills w/ Elle Cunningham](#)
- 3 remote session - group cycles (coming soon)
- **New Step 1 Peer Support Group Series:** [11/05, 12/05, and 01/15, at 6pm, in MedED 300.](#) Prepare for Step 1 success with our three-part series designed to guide you through every phase of your study journey. Developed by MS3's Ava Siegel and John Rustad, this new three-part peer-facilitated support series option is designed to guide you through every phase of your study journey. From getting started and organizing your approach to maintaining strong study habits and achieving a healthy balance during dedicated study time, these in-person sessions will equip you with valuable tools, strategies, and insights. Whether you're just starting to think about Step 1 or already busy studying, this series is intended to help you feel prepared, confident, and supported — in community. [Sign up & Session details here.](#) This new series is sponsored by the Medical Student Services Team.

M3 STUDENTS (co2026)

- **Preparing for Advanced Integration Part 1: Please join Dean Dolbec and I on Monday 10/28/24 at 5PM to hear about:**
 - Requirements for graduation
 - Phases of the M4 year
 - Strategizing for the lotteries
 - 2-week prep for practice course at the end of clerkship

This session will be recorded.
- **Call for Step 1 Student Panelists / Peer Advice:** [Please sign up](#) to support 11/01, 12/04, and/or 01/09 sessions. MSST is looking for M3 and M4 volunteers to participate in some (or all three) upcoming M2 Step 1 support sessions. These annual noon-time sessions provide M2 attendees with valuable perspective, tips, wisdom, insight, and recommendations from fellow LCOM students who have taken Step 1. If you are interested in being a student panelist or info-fair table host, please [sign up via Sign-up Genius, which includes descriptions on the November 1 panel, December 4 Study Schedule Info Fair, and January 9 panel.](#) Please contact [Dr. Tim Moynihan, Director of Academic Achievement,](#) with any questions.
- **Surgery Senior Major Info Session:** Tuesday, November 12th, 4PM; MedEd Room 200. Learn about the requirements and the benefits of pursuing the Surgery Senior Major with a pizza dinner. Our faculty will be presenting with a Q&A to follow. Contact [Lisa Washburn](#) with questions. The event is intended to be in person, however if our Connecticut students are interested, [send an email to Lisa](#) for the Zoom link. As many of you know the first lottery is around the corner. We will hold an Information Session for those interested in learning more about applying for surgical residency and the Surgery Senior Major Program On Tuesday, November 12th at 4pm, in MedEd 200. Topics we will cover:
 - Competitiveness of general surgery
 - Crafting your 4th year schedule and the timeline for applications
 - Away electives
 - Choosing an advisor
- **Physicians of Tomorrow Scholarship:** Our Physicians of Tomorrow Scholarship program distributes \$10,000 in tuition assistance scholarships to medical students approaching their final year of school. Applications for the AMA Foundation's 2025 Physicians of

Tomorrow scholarship cycle will open on **Monday, October 21, 2024**. The deadline to apply and upload all associated materials is **Monday, February 17, 2025, at 11:59 p.m. CST**. [Read More...](#)

M4 STUDENTS (co2025)

- **Call for Step 1 Student Panelists / Peer Advice:** [Please sign up](#) to support 11/01, 12/04, and/or 01/09 sessions. MSST is looking for M3 and M4 volunteers to participate in some (or all three) upcoming M2 Step 1 support sessions. These annual noon-time sessions provide M2 attendees with valuable perspective, tips, wisdom, insight, and recommendations from fellow LCOM students who have taken Step 1. If you are interested in being a student panelist or info-fair table host, please [sign up via Sign-up Genius, which includes descriptions on the November 1 panel, December 4 Study Schedule Info Fair, and January 9 panel](#). Please contact [Dr. Tim Moynihan, Director of Academic Achievement](#), with any questions.
- **Residency Mock Interviews:** Dean Dolbec and I are available for mock interviews for students who don't have this opportunity within their chosen specialty. [Please contact Nausheen](#) to schedule.
- **Two-week residency preparation course opens to all class of 2025 04/7-04/14/2025**
Course time will consist of clinical time in the emergency department at UVMHC as well as simulated patient encounters with standardized patients and procedural training in our Clinical Skills Simulation Lab. For further information about the course, please contact: [Daniel Ackil, DO, FACEP, FAAEM Assistant Dean of Clinical Simulation Assistant Professor](#)
The Robert Larner, MD College of Medicine Department of Emergency Medicine The University of Vermont Health Network Contact [Debbie McDonald, Student Specialist](#), Department of Emergency Medicine.