## WeeklyWire 10/11/2024

## FOR ALL MEDICAL STUDENTS

#### Communications

- **Medical Student Events Calendar:** When planning events and/or your day, please use our UVM Larner Med Medical Student Activities Calendar. Check for conflicts when planning your event, and then be sure to post your event once your date, time, and location are locked in!
  - Post to the Calendar: Simply create your event on your personal calendar, and then invite the Activities Calendar to your event. You can find the contact in our Global Address Book, "COM Student Activities Calendar"
     (comstudent.activities.calendar@med.uvm.edu). Please be sure to include any event details in the meeting notes, with a primary contact for any questions, at a minimum.
  - You can view this calendar online here or, if you are in our community, you can view it on Outlook and even subscribe to it on your mobile device!
- WeeklyWire: Submission deadline is 3pm, Thursdays, unless advertised otherwise.
   Submissions will only be included when received via our online submission form. Please note the form has requirements/restrictions, and your submission will not go through unless it meets the form requirements (i.e. 240-character limit on the "hook sentence")

### **Community Connections**

- Volunteering Opportunities at Family Room: Now through December. The Family Room is seeking medical and graduate students to volunteer for their various programs. The Family Room is a local parent-child center that offers inclusive programming for all, including immigrant, refugee, and BIPOC families. They need volunteers for Supergroup, Supergroup Swim, Garden Days, and Family Supper. Please visit the signup genius for more info! Slots are open now through December. Please reach out to Claire Baptiste, SJC Co-leader, with any questions.
- Drop-In Hours with AHEC: 10/15, 11:30-1:30, Given Rolling Table/Counter (generally located in front of MedComm office space). These drop-in hours are provided for students and residents to connect with members of the AHEC team. Drop-in hours are offered regularly to ensure AHEC staff are available on-site to discuss our programs, including the AHEC Scholars Program, AHEC's incentive scholarships and educational loan repayment programs, Vermont physician job placement services, and more. Schedule a time to meet with a specific member of the AHEC team, or drop the Given Rolling Table/Counter (near the MedComm office) any Tuesday between 11:30-1:30 to visit with the AHEC team member on site. For more information, contact: Jennifer Gaudreau, CPRP, Physician Placement Professional and/or Patti Smith-Urie, MA, Outreach Professional.
- Indigenous Peoples' Day 2024 at UVM "Envisioning Decolonial Futures: Understanding Indigenous Models of Education": 10/15, 12-1pm, Hybrid John Dewey Lounge, Old Mill Building, LCOM-VT Campus / Virtually (go.uvm.edu/ipd). Robin Zape-tah-hol-ah Starr Minthorn, Ph.D., will give a talk focusing on understanding decolonizing and the benefits for all, Indigenous frameworks, and steps toward a more positive Indigenous experience of US education.
- Community Forums for UVM Presidential Search Professional Students Session: 10/15, 1:30-2:30pm, in Memorial Lounge (virtual option also provided). Meet with University

partners to provide input on UVM Presidential Search. These sessions are a crucial step in assessing the opportunities ahead for the university's continued success and the strengths we should seek in our next president. Please participate if you are able. Additionally, all community members are welcome and encouraged to use the input survey <u>available</u> <u>here</u> to share your perspective.

- Indigenous Peoples' Day 2024 at UVM "Discovering and Honoring First Nations Indigenous People": 10/15, 4:30-6:30pm, Mosaic Center for Students of Color, 633 Main St, Burlington, VT 05405 (LCOM-VT Campus). A conversation and ceremony honoring Indigenous People's Day with Lushanya Echeverria, EdD (Lakota / Standing Rock Sioux).
- AHEC Spotlight Series: Community Engagement: Wednesday, October 16, 12-1pm, MedEd300 (Reardon Classroom). A discussion of a coordinated LCOM approach to community engagement including general college wide collaboration within the community and guidance for individual students interested in becoming involved with community agencies. Time will be available for Q&A. Please bring your lunch—we'll bring snacks to share. Contact Jennifer Gaudreau, CPRP, Physician Placement Professional Jennifer Gaudreau, CPRP, Office of Primary Care and AHEC Program, for more information.
- Celebrate Sukkot with UVM Hillel and the Interfaith Center: 10/16, 4-5:30pm, Interfaith Center Green Space, 400 South Prospect St., next to the Water Tank & Catholic Center, LCOM-VT Campus. Celebrate sukkot with the Hillel and the Interfaith Center! Join us for a meaningful celebration of Sukkot, the Jewish holiday that brings together themes of community, gratitude, and enjoying fall harvest foods. All are welcome to explore the traditions and significance of Sukkot through hands-on activities, discussions, and shared refreshments. All are welcome! RSVP kindly requested (go.uvm.edu/interfaithsukkot)...
- Fall Yoga Series: Thursdays, October 10th-31st from 5:45-6:45, MedEd 300 (exception: MedEd 302 & 303 on 10/10). Come join us for relaxing yoga classes suited to all levels complete with relaxing essential oils, fairy lighting, tea, chocolate, apple cider donuts, and apple cider. Yoga mats and props will be available. Please sign up <a href="here">here</a> there is one sign up for if you need a yoga mat, and one for if you will be bringing your own on the second page. LCOM faculty & staff are also welcome! Feel free to reach out if you have any questions: Shannon Bennett, M2
- Coffee/Tea with Dean Zehle: 10/18, 7:30-8:30am, Given Courtyard.
- Robert H. Moser Essay Award: 10/22 submission deadline. One award of \$4,500 for an essay highlighting the life of a physician who has enriched the world of medicine.
- **Drop-In Hours with AHEC:** 10/22, 11:30-1:30, Given Rolling Table/Counter (generally located in front of MedComm office space).
- **Dean Zehle Drop In Sessions:** 10/23, 12-1pm, in person/via zoom/via phone (sign-up required).
- Volunteer at a Bike Repair Workshop: Wednesday October 23, 5-7PM, Old Spokes Home. Join us for a fun evening repairing bicycles that will then be donated to members of the community! The event is at the Old Spokes Home Address: 331 N Winooski Ave, Burlington VT. Sign up here. Contact Molly Hurd, MS3 Community Service Chair for more information

#### **Career Counseling Opportunities**

- Careers in Medicine Fall 2024 Specialty Panel Series - Private Practice with Dr. Robert Emmons: 10/15, 12-12:50, MedEd200. The goal of this informal session will be to show how private practice fits into our medical ecosystem, and to answer all questions about the practical logistical considerations. Dr. Emmons and guests will be on hand to discuss the field in general and to describe the opportunities available. Please complete the Panel

- <u>Session evaluation</u>. Contact <u>Emma Faustner</u>, <u>Advising & Residency Placement Coordinator</u>, with any questions. <u>View the Fall Careers in Medicine Specialty Panels Schedule...</u>
- Pediatrics Grand Rounds "Social Media and Youth Wellbeing: Considerations for Clinicians": 10/16, 8:30-9:30am, via Zoom only.
- Careers in Medicine Fall 2024 Specialty Panel Series Plastic & Reconstructive Surgery with Dr. Andrew Tranmer: 10/17, 12-12:50, MedEd200.
- Careers in Medicine Fall 2024 Specialty Panel Series Careers in Research with Dr. Renee Stapleton: 10/22, 12-12:50, MedEd200. The goal of this informal session will be to answer any and all questions about Research Careers. Dr. Stapleton will be on hand to discuss research in general and to describe the opportunities available. Special attention will also be taken to explain the residency application process and offer specific guidance to best prepare you for navigating that process.
- Pediatrics Grand Rounds "Latest Updates to the NIH Asthma Care Guidelines with Practical Implications": 10/23, 8-9am, Hybrid Event In person in Davis Auditorium (UVMMC) or Via Zoom (passcode required).
- Careers in Medicine Fall 2024 Specialty Panel Series Radiology with Dr. Christopher Kanner: 11/24, 12-12:50pm, via Zoom.
- Film Screening & Intergenerational Discussion: Sunday, 11/3 at 1 PM, in the Livac Ballroom (Davis Center). Join the Center on Aging for a screening of two short films sharing stories of social connection, provided by The Foundation for Art & Healing and its Project UnLonely Films. Stick around after for pizza and a facilitated discussion about the importance of community building for health and well-being at all ages. RSVPs appreciated at this link. Please contact Marissa Birne, Education Lead at the Center on Aging, with any questions.

### Research Opportunities

- Random Chats about Data Statistical Output: <u>10/15, 11:30-12:30, Dana Library</u> Classroom (108).
- Random Chats about Data "Messy Data Clean Data": <u>10/25, 11:30-12:30, Howe Library Meeting Room (Howe 001B)</u>.
- Annual "Meet Your Mentor" Event: October 30th, Wednesday 12-1PM, MedEd 100 at the Larner College of Medicine Building. DEADLINE TO REGISTER via this link IS 10/29. Interested in research but unsure where to begin? Join us for our 2nd Annual "Meet Your Mentor" event—a speed-networking opportunity for early career student researchers to connect with mentors. Lunch provided! Register by 10/29. The "Meet Your Mentor" event will feature short, introductory talks from a pool of research mentors from UVM/LCOM/CVRI-VT seeking students to join their lab. This event is your opportunity to explore meaningful research mentorship possibilities. Following each mentor's Flash Talk on their lab's current work, as a mentee, you'll have the opportunity to join smaller breakout groups for brief Q&A sessions. This will enable you to introduce yourself, discuss your research interests, and gain insights into the mentor's expertise and experience. Rotate through these minimeetings and make meaningful connections that could shape your research career! Come prepared with questions, an open mind, and willingness to connect, and accelerate your academic journey! CVRI-VT@med.uvm.edu
- The Coffin Award for funding a particular research project or initiative: The deadline for applications is October 31, 2024. The Coffin Award was established to both commemorate

- Dr. Coffin's stellar career at UVMMC and to provide support for young investigators to pursue projects that otherwise might not be funded. The Award is for one year and the stipend is 5,000 dollars. Due to the hiatus, we will be able to support at least two and possibly three awards for this coming year. Read more...
- Summer Oncology Research Fellowship (SORF): Applications open: November 1, 2024. Early Application Deadline: December 9, 202. Regular Application Deadline: January 6, 2025. The NIH-supported Summer Oncology Research Fellowship (SORF) Program for US medical students is a full time 8–12-week mentorship program in summer(s) between school years in medical school (May to August), in Los Angeles. Students receive subsistence of \$600/week. Partial assistance with housing and travel to/from Los Angeles are provided to qualifying students. Read more...
- NIH Research Year 2025-26: 12/02/2024 application deadline. Applications to the prestigious NIH Medical Research Scholars Program (MRSP) are now open! MRSP is a 10.5-12 month fully funded research position at the National Institutes of Health (NIH), located in Bethesda, MD, just north of Washington DC. Medical students in their 2nd, 3rd, or 4th year of school are eligible to apply. Stipend coverage is approximately \$50,400 for the year with other additional benefits including health insurance, moving stipend, and affordable housing options are available. Application consists of a personal statement, CV, three letters of recommendation, and an unofficial medical school transcript. Note the earlier deadline this year of 12/02/2024 as opposed to prior years. If any questions, check the attached link or reach out to Richard Vuong, MS4

#### Financial Services

- NBME's Fee Assistance program for USMLE supports medical students with financial need: 10/16 application deadline. As a part of NBME's Community Collaborations and Contributions effort to assist medical students on their path to licensure, this program will provide aid to approximately 1300 medical students to support their fees for USMLE Step 1 or Step 2 Clinical Knowledge (CK) examinations. NBME Senior Vice President, General Counsel and Chief Diversity, Equity and Inclusion Officer Linda Gadsby, Esq. is excited about this next step in the organization's enhancement of its learner support programs.

# M1 STUDENTS (co2028)

- Join the Global Health Program Introductory Meeting: Monday, October 14, 12-1pm, MedEd 200. This session will provide an overview of Global Health at UVM, focusing on opportunities for M1 medical students. For more information about the program and Global Health sites, please visit our website. If you have any questions, feel free to reach out to Dilyara Nurkhametova via email. The application Deadline for the Global Health Elective is November 17, 2024. Applications for the Global Health elective can be submitted online...
- Multiple Mini Interviews (MMIs) Training: 10/28, 4-6pm, MedEd100 (Larner Classroom). Light dinner and beverages provided. Are you interested in serving as an interviewer for upcoming Multiple Mini Interviews (MMIs)? Join us for a mandatory training session to learn the essential skills for evaluating candidates effectively. This training will equip you with the tools to ensure a fair and insightful interview experience for our candidates. Register for the upcoming training...
- STUDENT LEADERSHIP OPPORTUNITY CALL FOR NOMINATIONS (self-nominations warmly welcomed) Technical Standards Annual Review: 11/03 nomination deadline.

LCOM completes and annual review of <u>Policy 300.00 - Technical Standards for Admission</u>, <u>Advancement and Graduation</u>, and we are seeking student representative(s) to join this Committee. <u>Do you have ideas on how we might improve this policy or know someone who could provide incredible insights on this policy? Please submit a nomination, now...</u>

### M2 STUDENTS (co2027)

- **DEADLINE THIS WEEK - Call for Panelists - Summer Opportunities Panel:** 10/20 application deadline. How did you spend the summer between M1 and M2? <u>Think an M1</u> would like to hear about it?...

### M3 STUDENTS (co2026)

- Call for Step 1 Student Panelists / Peer Advice: Please sign up to support 11/01, 12/04, and/or 01/09 sessions. MSST is looking for M3 and M4 volunteers to participate in some (or all three) upcoming M2 Step 1 support sessions. These annual noon-time sessions provide M2 attendees with valuable perspective, tips, wisdom, insight, and recommendations from fellow LCOM students who have taken Step 1. If you are interested in being a student panelist or info-fair table host, please sign up via Sign-up Genius, which includes descriptions on the November 1 panel, December 4 Study Schedule Info Fair, and January 9 panel. Please contact Dr. Tim Moynihan, Director of Academic Achievement, with any questions.
- Surgery Senior Major Info Session: Tuesday, November 12<sup>th</sup>, 4PM; MedEd Room 200. Learn about the requirements and the benefits of pursuing the Surgery Senior Major with a pizza dinner. Our faculty will be presenting with a Q&A to follow. Contact <u>Lisa</u> <u>Washburn</u> with questions. The event is intended to be in person, however if our Connecticut students are interested, send an email to Lisa for the Zoom link.
  - As many of you know the first lottery is around the corner. We will hold an
    Information Session for those interested in learning more about applying for surgical
    residency and the Surgery Senior Major Program On Tuesday, November 12th at
    4pm, in MedEd 200. Topics we will cover:
    - Competitiveness of general surgery
    - Crafting your 4th year schedule and the timeline for applications
    - Away electives
    - Choosing an advisor

## M4 STUDENTS (co2025)

- Optimizing Your Finances During Residency: 10/22 @2pm EST, via free webinar (registration required). Join Financial Advisor, Stephen Mark Cardinal, FSCP®, hosted by the AAMC FIRST Team for an informative webinar on navigating and optimizing your finances as you transition from Medical School to Residency and beyond.
- Call for Step 1 Student Panelists / Peer Advice: Please sign up to support 11/01, 12/04, and/or 01/09 sessions. MSST is looking for M3 and M4 volunteers to participate in some (or all three) upcoming M2 Step 1 support sessions. These annual noon-time sessions provide M2 attendees with valuable perspective, tips, wisdom, insight, and recommendations from fellow LCOM students who have taken Step 1. If you are interested in being a student panelist or info-fair table host, please sign up via Sign-up Genius, which includes descriptions on the November 1 panel, December 4 Study Schedule Info Fair, and January 9

<u>panel</u>. Please contact <u>Dr. Tim Moynihan</u>, <u>Director of Academic Achievement</u>, with any questions.

- **Residency Applications:** Congratulations on getting your applications submitted!! Take a few deep breaths and then start thinking about your interviews.
  - o Dean Dolbec and I will host an interview prep session on 10/10 at 5:30PM.
  - We will also offer mock interviews for students who don't have this opportunity within their chosen specialty. Please contact Nausheen nausheen.azhar@med.uvm.edu to schedule.