

| PROVIDER                                       | CONTACT INFO  | AGES SERVED                  | LOCATION(S)   | ADDITIONAL NOTES   |
|--|---|------------------------------|---|--|
| <b>THERAPISTS</b>                              |   |                              |   |  |
| <b>Among The Trees Counseling and Wellness</b> | Kate Morris, LICSW<br><a href="mailto:kate@amongthetreescounseling.com">kate@amongthetreescounseling.com</a>  | 16+                          | Telehealth only, licensed in VT and SC              | Physically located in VT. Telehealth only. Out of network for insurance; will provide invoice for reimbursement. |
| <b>Amy Allison, LCMHC, MS</b>                  | 413-349-5518<br><a href="mailto:amy.brittany.allison@gmail.com">amy.brittany.allison@gmail.com</a><br><br><a href="https://www.psychologytoday.com/us/therapists/amy-allison-bennington-vt/466830">https://www.psychologytoday.com/us/therapists/amy-allison-bennington-vt/466830</a> | 12+                          | Telehealth only, licensed in VT and MA              | Physically located in VT. Telehealth only. Out of network for insurance; will provide invoice for reimbursement. |
| <b>Jenna Bisset, MEd, MS, NCC</b>              | 802-200-2344<br><br><a href="https://associatesatthegables.com/therapists/jenna-bisset-med-ms-ncc/">https://associatesatthegables.com/therapists/jenna-bisset-med-ms-ncc/</a>   | 6 – young adult              | Williston, VT and may offer telehealth case by case | Accepting referrals; keeps wait list if full.<br><br>Most major insurances including VT Medicaid; not Cigna      |
| <b>Katie Clover, LICSW</b>                     | <a href="mailto:services@katieclovertherapy.com">services@katieclovertherapy.com</a><br><br><a href="https://katieclovertherapy.com/pages/services">https://katieclovertherapy.com/pages/services</a>   | Older adolescents            | Telehealth and Manchester, VT                       | Wait list  |
| <b>Danielle D'Amico, PsyD</b>                  | <a href="https://www.drdaniellerdamico.com/">https://www.drdaniellerdamico.com/</a><br>802-681-9717   | Older adolescents and adults | Winooski, VT and telehealth to VT, NY, MA           | Self-pay, not on insurance panels  |
| <b>Sar Davis, MPS</b>                          | 215-932-9885<br><a href="https://www.rachemillnertherapy.com/sar">https://www.rachemillnertherapy.com/sar</a>   | Adolescents and adults       | Telehealth only, not fully licensed in any state    | Telehealth only. Out of network for insurance. \$150 per session.  |
| <b>Jacquelyn Duford, MA-LCMHC, ATR</b>         | <a href="#">Jacquelyn Duford - Art Therapy, Counseling (canvaspsychotherapy.com)</a>  | 13+                          | Telehealth only                                     | Licensed in NH and VT. Out of network for  |

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|                                 |  |                           |   | insurance; will provide invoice for reimbursement.  |
| <b>Eden Valley</b>              | <a href="https://www.edenvalleyvt.com/">https://www.edenvalleyvt.com/</a><br>Christina Ensalata has experience treating eating disorders. Several other clinicians have experience treating OCD and ARFID. | 4+                        | In-person and virtual                   | VT Medicaid and most commercial plans.  |
| <b>Equip</b>                    | Multidisciplinary team for outpatient and higher levels of care<br>855-387-4378<br><a href="https://equip.health/">https://equip.health/</a>   | 6+                        | Telehealth only                         | No VT Medicaid; no VT BCBS. Contract or single case agreement with some commercial plans    |
| <b>Cora Glazer, LICSW</b>       | (737) 204-9125<br><a href="mailto:cora@fourseasonscounseling.org">cora@fourseasonscounseling.org</a>   | 14+                       | Telehealth (licensed in NH, VT, MA, TX) | Many commercial plans; contact provider for details   |
| <b>Lauren Grant, MSW</b>        | (802) 448-2667<br><a href="mailto:Laurengrantcounseling@gmail.com">Laurengrantcounseling@gmail.com</a>   | Adolescents case by case  | Telehealth                              | Accepts VT Medicaid   |
| <b>Elizabeth Hammond, LICSW</b> | 401-636-8230<br><a href="https://www.ehcounselingllc.com/contact">https://www.ehcounselingllc.com/contact</a>  | 13+                       | Telehealth only                         | Licensed in RI, MA, VA and VT. Out of network for insurance.                                |
| <b>Gretchen Hoyum, LMFT</b>     | (802) 227-2560<br><a href="mailto:gretchen@hoyumcounseling.com">gretchen@hoyumcounseling.com</a>   | Adolescents               | Telehealth only                         | Aetna, Cigna, and Harvard pilgrim   |
| <b>Angela Kaloudis, LMHC</b>    | 617-764-9971<br><a href="mailto:angela@angelaktherapy.com">angela@angelaktherapy.com</a>   | 14+                       | Licensed in NY, MA, VT                  | VT – telehealth only. Out of network for insurance; will provide invoice for reimbursement. |
| <b>Maia Kiley, LMFT</b>         | 805-602-7075<br><a href="https://www.maiakiley.com/therapy">https://www.maiakiley.com/therapy</a>  | 16+, couples and families | Telehealth only,                        | VT – telehealth only. Out of network for insurance; will provide                            |

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|   |   |  | licensed in VT                         | invoice for reimbursement.   |
| <b>MindWell</b>                               | (802) 880-3001 (Burlington, VT)<br><a href="https://www.mindwellcenter.com/getstarted">https://www.mindwellcenter.com/getstarted</a><br>(also has New York locations) | Alyssa Basiliere, LICSW<br>Ages 10+                | VT (in-person and telehealth)          | Aetna, self-pay or out of network benefits   |
| <b>Elizabeth Lemaire, MS, LCMHC</b>           | 802-655-0585  | Adolescents  | Telehealth only                        | Most major insurances including VT Medicaid  |
| <b>Phoebe Manchester, MS, NCC, LCMHC</b>      | 603-276-0721<br><a href="https://treadwellcounseling.com/">https://treadwellcounseling.com/</a>   | Teens and adults<br>OCD and anxiety specialist     | Telehealth to VT                       | VT – telehealth only. Out of network for insurance; will provide invoice for reimbursement.            |
| <b>Rita Monroe, LICSW</b>                     | 360-661-7919  |  | Middlebury, VT                         |  |
| <b>Reclaim Therapy</b>                        | <a href="https://www.sarahherstichlcsw.com/">https://www.sarahherstichlcsw.com/</a>   | 13+  | Telehealth only                        | Telehealth only (located in PA). Out of network for insurance; will provide invoice for reimbursement. |
| <b>Haica Rosenfeld</b>                        | 305-401-2026<br><a href="mailto:haica@haicarosenfeld.com">haica@haicarosenfeld.com</a>  | Older teens and adults                             |  |  |
| <b>Annie Rosenthal, MA, MEd</b>               | 802-500-7053  |  | South Burlington, VT                   | Out of pocket; may offer sliding scale   |
| <b>Sarah Schantz at Nurtured Wellness LLC</b> | sarah@nurturedwellnessllc.com   | Adolescents (14+, younger case by case) and adults | South Burlington, VT                   | Most major insurances, including VT Medicaid. Wait list.   |
| <b>Kelley Scholfield, MA</b>                  | <a href="mailto:KSVTcounseling@gmail.com">KSVTcounseling@gmail.com</a><br>802-249-9903  | 14+  | Telehealth only                        | Medicaid, Medicare, BCBS, MVP, and Cigna   |
| <b>Madison Smith, PsyD</b>                    | 802-448-0336<br><a href="https://www.ittakesavillagevermont.com/ourteam">https://www.ittakesavillagevermont.com/ourteam</a>   | 6+   | Richmond, VT, in-person and telehealth | VT Medicaid and BlueCross BlueShield. Self-pay other plans   |

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| <b>Ami Sweet</b>                                       | 802-793-4715<br><a href="https://ami-lindemann.clientsecure.me/#home">https://ami-lindemann.clientsecure.me/#home</a>   |                                   | Telehealth and Montpelier, VT      | Most major insurances, including VT Medicaid   |
| <b>The Adams Center for Mind and Body</b>              | 802-859-1577<br><a href="http://www.theadamscenter.com">www.theadamscenter.com</a>  | Adolescents and adults            | South Burlington, VT               | Most major insurances, including VT Medicaid   |
| <b>Alexandra Thomsen, Ph.D., LLC</b>                   | 802-825-5239<br><a href="mailto:alexthomsenphd@gmail.com">alexthomsenphd@gmail.com</a>  | Older adolescents and young adult | Waterbury, VT and possibly virtual | Contact regarding availability and insurance   |
| <b>Vermont Center for Anxiety Care</b>                 | 802-865-3450<br><a href="http://www.vtcenterforanxietycare.com/">http://www.vtcenterforanxietycare.com/</a>   |                                   | Burlington, VT                     | Katie Gillespie ( <a href="mailto:katie.vcac@gmail.com">katie.vcac@gmail.com</a> )<br>May have other providers<br>Most major insurances, including VT Medicaid |
| <b>Vermont Psychological Services</b>                  | (802) 656-2661<br><a href="https://www.uvm.edu/cas/vermontpsych">https://www.uvm.edu/cas/vermontpsych</a>   |                                   | Burlington, VT                     | Most major insurances, including VT Medicaid   |
| <b>PSYCHIATRISTS</b>                                   |   |                                   |                                    |  |
| <b>Kate Amey</b>                                       | 802-225-1266  |                                   | Berlin, VT                         |  |
| <b>Dustin Dippen, MD</b>                               | 802-316-8693<br><a href="https://hummingbirdpsychiatry.com/">https://hummingbirdpsychiatry.com/</a>   |                                   | Telehealth only                    | Private pay, may offer sliding scale   |
| <b>Megan Foster, NDP</b>                               | (802)728-2445<br><a href="mailto:mfooster@giffordhealthcare.org">mfooster@giffordhealthcare.org</a>   |                                   | Randolph, VT                       |  |
| <b>Green State Psychiatry</b>                          | 802-489-5552<br><a href="https://greenstatepsych.com/">https://greenstatepsych.com/</a>   | All ages (depending on provider)  | South Burlington, VT               | Most major insurances, including VT Medicaid   |
| <b>Vermont Center for Children, Youth and Families</b> | (802) 847-4563<br><a href="https://www.uvmhealth.org/medcenter/location/vermont-center-children-youth-and-families">https://www.uvmhealth.org/medcenter/location/vermont-center-children-youth-and-families</a> | Child and adolescent              | Burlington, VT                     | Most major insurances, including VT Medicaid   |

| FAMILY THERAPISTS                          |  |                           |                                 |   |
|--|--|---------------------------|---------------------------------|---|
| <b>Leora Black</b>                         | 802-264-5333<br><a href="https://counselingconnectionvt.com/">https://counselingconnectionvt.com/</a>  |                           | Colchester, VT                  |   |
| <b>Maia Kiley, LMFT</b>                    | (805) 602-7075<br><a href="https://www.maiakiley.com/therapy">https://www.maiakiley.com/therapy</a>  | 16+, couples and families | Telehealth only, licensed in VT | VT – telehealth only. Out of network for insurance; will provide invoice for reimbursement.                           |
| <b>Sam Markewich, M.A., LMFT</b>           | 802-755-3500   | 12+ and families          | Montpelier, VT                  | Most major insurances, including VT Medicaid.   |
| <b>NFI Family Center</b>                   | 802-951-0450<br><a href="https://www.nfivt-familycenter.org/">https://www.nfivt-familycenter.org/</a>  |                           | South Burlington, VT            | Most major insurances, including VT Medicaid.   |
| GROUPS                                     |  |                           |                                 |   |
| <b>Aubrey Carpenter, PhD</b>               | 802-448-0336<br><a href="mailto:aubreycarpenterphd@gmail.com">aubreycarpenterphd@gmail.com</a><br><a href="http://www.ittakesavillagevermont.com">www.ittakesavillagevermont.com</a> | Parents/Caregivers        | Richmond, VT                    | Occasionally offers short-term parent support groups for parents of youth with eating disorders.                      |
| PARENT/CAREGIVER-ONLY CONSULTATION/SUPPORT |  |                           |                                 |   |
| <b>Aubrey Carpenter, PhD</b>               | 802-448-0336<br><a href="mailto:aubreycarpenterphd@gmail.com">aubreycarpenterphd@gmail.com</a><br><a href="http://www.ittakesavillagevermont.com">www.ittakesavillagevermont.com</a> | Parents/Caregivers        | Richmond, VT                    | Consultation and short-term support for caregivers who may be feeling stuck, overwhelmed, or not sure where to start. |

| ADULTS ONLY           |   |     |  |                        |
|-----------------------|---|-----|--|------------------------|
| <b>Delyn Hall, MA</b> | <a href="https://www.delynhall.com/">https://www.delynhall.com/</a><br>802-391-0176 or <a href="mailto:info@delynhall.com">info@delynhall.com</a> | 18+ | Telehealth, limited in-person in Williston, VT | BCBS, MVP, VT Medicaid |

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| <b>Maggie Montelli</b>     | <a href="mailto:Maggie@littlemountaincounseling.org">Maggie@littlemountaincounseling.org</a><br>802-857-8853   | Young adults/adults | Burlington,<br>VT, in-person<br>only            | Out of network; self-pay<br>only                     |
| <b>Rachel Natvig, Ph.D</b> | <a href="mailto:rachelnatvig@gmail.com">rachelnatvig@gmail.com</a><br>Otter Creek Associates<br>(802) 582-4446 | 21+                 | Shelburne,<br>VT – in-<br>person and<br>virtual | Multiple private<br>insurance panels; no<br>Medicaid |