

# LUNG CANCER Screening

Lung cancer is the #1 cause of cancer death in Vermont and New York, but getting screened can save your life. Lung cancer screening can find cancer early, when it's easier to treat.

Talk with your doctor about lung cancer screening if:

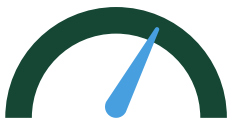
- 1 You are 50-80 years old.
- 2 You smoke cigarettes or quit in the last 15 years.
- 3 You have smoked at least 20 pack-years.

PACK YEARS = AVERAGE # OF PACKS SMOKED PER DAY  $\times$  AVERAGE # OF YEARS YOU'VE SMOKED

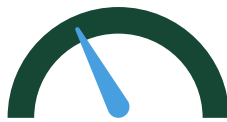


Lung cancer screening looks for lung cancer before you have symptoms. It involves a quick and painless **CT scan** that takes multiple pictures of your lungs.

## Get checked. It can save your life.



When caught at a **localized** stage, the 5-year **survival rate** of lung cancer is **64%**.



When caught at a **regional** stage, the 5-year **survival rate** of lung cancer is **36%**.



When caught at a **distant** stage, the 5-year **survival rate** of lung cancer is **9%**.

**Localized:** There is no sign that the cancer has spread outside of the lung.

**Regional:** The cancer has spread outside the lung to nearby structures or lymph nodes.

**Distant:** The cancer has spread to distant parts of the body, such as the brain, bones, liver, or the other lung.

Learn more about lung cancer screening at [vtaac.org/lung-cancer-screening/](https://vtaac.org/lung-cancer-screening/)

Sources: American Cancer Society, 2025 & VTAAC, 2025