

In this workshop, participants will explore Brazilian culture through two main segments: learning and creation.
Higa will present her research on the polycentric body, influenced by Ariano Suassuna's concept of Movimento Armorial.
Together, participants will cultivate their creativity and curiosity while embarking on a transformative journey that is both physical and cultural.

THE BODY ON STAGE: DANCE

From Popular Cultures to Erudite Art: Movimento Armorial in Brazil's Contemporary Dance

A Workshop by **Paula Higa**Choreographer, and Professor of Dance
UVM School of the Arts

April 1st, 2025 Cohen Studio Room 110 @ 6:00 pm



Sponsored by the Spanish Program, School of World Languages & Cultures, and the Lattie F. Coor Programming Grant from the University of Vermont Humanities Center.





Paula Higa is a dance maker, filmmaker, and the artistic director of PH Dance. She has spent many years creating, teaching, and researching dance. Higa produces sophisticated and thought-provoking performances that blend dance with visual arts. Her work addresses social issues and amplifies underrepresented voices while exploring the relationship between the body, movement, and narrative