

# 51<sup>st</sup> Annual Family Medicine Course

*All times below are EST*

## Monday, June 2, 2025 (Optional) Pre-Conference Workshop

**7:30AM** Continental Breakfast for Pre-Conference Attendees  
**8:00-4:30** Mastering Early Goals of Care Conversations (Lunch Included)  
Ben R. Clements, MD  
UVM Assistant Professor of Family Medicine  
  
Kacey Boyle, MSPC, RN, CHPN  
Associate Director of TalkVermont

## Tuesday, June 3, 2025

**11:45-1:00PM** REGISTRATION

**12:50-1:00** Opening Remarks  
Anya S. Streeter, MD, FAAFP, IBCLC  
UVM Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising

**1:00-1:45** Multiple Sclerosis  
Chantal Roy-Hewitson, MD  
UVM Assistant Professor of Neurology

**1:45-2:30** Osteopenia and Osteoporosis Management  
Jennifer Kelly, DO, FACE, CCD  
Endocrinologist  
Director of the Metabolic Bone Program at UVM

**2:30-2:45** BREAK

**2:45-3:30** Update on Contraception Management  
Lauren MacAfee, MD  
UVM Assistant Professor of Obstetrics and Gynecology

**3:30-4:15** Parkinson's Disease: An Update  
Lisa Deuel, MD  
UVM Assistant Professor of Neurological Sciences  
Movement Disorders Neurologist and Movement Disorders Fellowship Director

**4:15-5:00** Everything is Connected to Everything: Improving Healthcare for Autistic and ADHD Adults  
Mel Houser, MD  
Family Medicine Physician  
Executive Director, All Brains Belong VT  
UVM Assistant Clinical Professor of Family Medicine  
**\*\* THIS WILL BE CONDUCTED VIRTUALLY \*\***

**5:00** ADJOURN

## Wednesday, June 4, 2025

**7:30AM**      **CONTINENTAL BREAKFAST**

**8:00-8:45**      **Obstructive Sleep Apnea**  
Diana Wilson, MD, FAASM

**8:45 - 9:30**      **What Happens Next: Prognostication in Dementia**  
Clare O'Grady, DO, MPH

**9:30-10:15**      **Counseling Patients on Vaping and Other Non-Cigarette Nicotine Substances**  
Madelyn Sawyer, MD

**10:15-10:30**      **BREAK**

**10:30-11:15**      **Self-Managed Termination of Pregnancy**  
Clara Keegan, MD

**11:15-12:00**      **Tick Borne Illnesses**  
Jennifer Bamford, MD  
UVM Assistant Professor of Family Medicine  
Urgent Care Physician

**12:00-12:30**      **Advancing Excellence in CRC Screening: Defining Success and Challenging Assumptions (No Credit)**  
Peter Nowd, MD  
Exact Sciences

**12:00PM-1:30**      **LUNCH (on your own)**

**1:30-3:00**      **CONCURRENT SESSIONS I**

- a.      **IUD's**  
Clara Keegan, MD
- b.      **Alcohol and Substance Use Disorders: Best Practice and Case Reviews**  
Michelle Cangiano, MD  
UVM Associate Professor of Family Medicine
- c.      **Intro to POCUS (Cap at 16 Attendees)**  
Ben R. Clements, MD  
UVM Assistant Professor of Family Medicine  
Director of Point of Care Ultrasound

**3:00-3:30**      **BREAK**

**3:30-5:00**      **CONCURRENT SESSIONS II**

- a.      **Managing Obesity: Medications, Mindset & Vermont Resources**  
Whitney Calkins, MD
- b.      **Cardiology Cases**  
Robert Lobel, MD  
UVM Assistant Professor of Cardiovascular Medicine
- c.      **Abdomen, Kidneys, Gallbladder and Aorta POCUS (CAP AT 16 Attendees)**  
Ben R. Clements, MD

UVM Assistant Professor of Family Medicine  
Director of Point of Care Ultrasound

**5:00** **ADJOURN**

## **“Vermont Day” Joint Session with Vermont AFP at the Family Medicine Course**

### **Thursday, June 5, 2025**

<b>7:15AM</b>	<b>CONTINENTAL BREAKFAST</b>
<b>7:50</b>	<b>Introductory Remarks</b> – Anya S. Streeter, MD, FAAFP, IBCLC <b>Welcoming Remarks</b> – Anne Morris, MD, President, Vermont Academy of Family Physicians
<b>8:00-8:45</b>	<b>Atypical Diabetes</b> Matthew Gilbert, DO UVM Associate Professor of Endocrinology
<b>8:45-9:30</b>	<b>Planetary Health – What in the World Are We?</b> Megan Malgeri, MD UVM Clinical Associate Professor of Family Medicine
<b>9:30-10:00</b>	<b>BREAK &amp; EXHIBITS</b>
<b>10:00-10:45</b>	<b>Racism in Schools and the Impact on Child and Teen Health</b> Anthony Williams, MD UVM Primary Care Family Medicine Physician
<b>10:45-11:45</b>	<b>Long-Acting Opiate Agonists in the Treatment of OUD</b> <i>(This lecture will provide 1.0 MATE Act Credit)</i> Katie Marvin, MD Family Medicine Director at Lamoille Heath Partners  Kylie Pratt RN MAT nurse at Lamoille Heath Partners
<b>11:45</b>	<b>Family Medicine Department Awards</b>
<b>11:45-1:15PM</b>	<b>LUNCH</b>
<b>1:15-2:00</b>	<b>Anticipatory Guidance for Menopause</b> Kirsten Berggren PhD, APRN Urgent Care Family Medicine Berlin Family Medicine
<b>2:00-2:45</b>	<b>Primary Prevention of ASCVD</b> Friederike Keating, MD UVM Professor of Medicine Nuclear Cardiology Director
<b>2:45-3:45</b>	<b>Why You Should Be Doing Ultrasound in Your Practice</b> Ben R. Clements, MD UVM Assistant Professor of Family Medicine Director of Point of Care Ultrasound
<b>3:45-4:15</b>	<b>BREAK &amp; EXHIBITS</b>

- 4:15-5:30**      **Journal Club 2025**  
John G. King, MD, MPH  
UVM Professor of Family Medicine  
Associate Dean for Continuing Medical and Interprofessional Education
- 5:30**            **Adjourn**

## **Friday, June 6, 2025**

- 7:30AM**        **CONTINENTAL BREAKFAST**
- 8:00-8:45**      **CKD and Prevention of ESRD**  
Chidinma Enyinna, MD  
UVM Assistant Professor of Medicine  
Division of Nephrology
- 8:45-9:30**      **Prostate Cancer: An Update**  
Brian Irwin, MD
- 9:30-10:15**    **Benign Skin Tumors and Cysts**  
Mary Maloney, MD  
Clinical Professor of Medicine  
Division of Dermatology
- 10:15-10:30**   **BREAK**
- 10:30-11:15**   **Perinatal Mental Health in Primary Care: Pearls for Safe and Effective Medication Management**  
Jiayu Kate Tian, MD  
UVM Family Medicine Resident Physician
- 11:15-12:00**   **Food as Medicine**  
Jessica Faraci, MD  
Mid Coast Hospital, MaineHealth  
Clinical Instructor, Tufts Maine-Track
- 12:00PM**       **CONFERENCE ADJOURNS**