

51st Annual Family Medicine Course

All times below are EST

Monday, June 2, 2025 (Optional) Pre-Conference Workshop

7:30AM Continental Breakfast for Pre-Conference Attendees
8:00-4:30 Mastering Early Goals of Care Conversations (Lunch Included)
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine

Kacey Boyle, MSPC, RN, CHPN
Associate Director of TalkVermont

Tuesday, June 3, 2025

11:45-1:00PM REGISTRATION

12:50-1:00 Opening Remarks
Anya S. Streeter, MD, FAAFP, IBCLC
UVM Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising

1:00-1:45 Multiple Sclerosis
Chantal Roy-Hewitson, MD
UVM Assistant Professor of Neurology

1:45-2:30 Osteopenia and Osteoporosis Management
Jennifer Kelly, DO, FACE, CCD
Endocrinologist
Director of the Metabolic Bone Program at UVM

2:30-2:45 BREAK

2:45-3:30 Update on Contraception Management
Lauren MacAfee, MD
UVM Assistant Professor of Obstetrics and Gynecology

3:30-4:15 Parkinson's Disease: An Update
Lisa Deuel, MD
UVM Assistant Professor of Neurological Sciences
Movement Disorders Neurologist and Movement Disorders Fellowship Director

4:15-5:00 Everything is Connected to Everything: Improving Healthcare for Autistic and ADHD Adults
Mel Houser, MD
Family Medicine Physician
Executive Director, All Brains Belong VT
UVM Assistant Clinical Professor of Family Medicine
**** THIS WILL BE CONDUCTED VIRTUALLY ****

5:00 ADJOURN

Wednesday, June 4, 2025

7:30AM **CONTINENTAL BREAKFAST**

8:00-8:45 **Obstructive Sleep Apnea**
Diana Wilson, MD, FAASM

8:45 - 9:30 **What Happens Next: Prognostication in Dementia**
Clare O'Grady, DO, MPH

9:30-10:15 **Counseling Patients on Vaping and Other Non-Cigarette Nicotine Substances**
Madelyn Sawyer, MD

10:15-10:30 **BREAK**

10:30-11:15 **Self-Managed Termination of Pregnancy**
Clara Keegan, MD

11:15-12:00 **Tick Borne Illnesses**
Jennifer Bamford, MD
UVM Assistant Professor of Family Medicine
Urgent Care Physician

12:00-12:30 **Advancing Excellence in CRC Screening: Defining Success and Challenging Assumptions (No Credit)**
Peter Dowd, MD
Exact Sciences

12:00PM-1:30 **LUNCH (on your own)**

1:30-3:00 **CONCURRENT SESSIONS I**

- a. **IUD's**
Clara Keegan, MD
- b. **Alcohol and Substance Use Disorders: Best Practice and Case Reviews**
Michelle Cangiano, MD
UVM Associate Professor of Family Medicine
- c. **Intro to POCUS (Cap at 16 Attendees)**
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine
Director of Point of Care Ultrasound

3:00-3:30 **BREAK**

3:30-5:00 **CONCURRENT SESSIONS II**

- a. **Managing Obesity: Medications, Mindset & Vermont Resources**
Whitney Calkins, MD
- b. **Cardiology Cases**
Robert Lobel, MD
UVM Assistant Professor of Cardiovascular Medicine
- c. **Abdomen, Kidneys, Gallbladder and Aorta POCUS (CAP AT 16 Attendees)**
Ben R. Clements, MD

UVM Assistant Professor of Family Medicine
Director of Point of Care Ultrasound

5:00 **ADJOURN**

“Vermont Day” Joint Session with Vermont AFP at the Family Medicine Course

Thursday, June 5, 2025

7:15AM	CONTINENTAL BREAKFAST
7:50	Introductory Remarks – Anya S. Streeter, MD, FAAFP, IBCLC Welcoming Remarks – Anne Morris, MD, President, Vermont Academy of Family Physicians
8:00-8:45	Atypical Diabetes Matthew Gilbert, DO UVM Associate Professor of Endocrinology
8:45-9:30	Planetary Health – What in the World Are We? Megan Malgeri, MD UVM Clinical Associate Professor of Family Medicine
9:30-10:00	BREAK & EXHIBITS
10:00-10:45	Racism in Schools and the Impact on Child and Teen Health Anthony Williams, MD UVM Primary Care Family Medicine Physician
10:45-11:45	Long-Acting Opiate Agonists in the Treatment of OUD <i>(This lecture will provide 1.0 MATE Act Credit)</i> Katie Marvin, MD Family Medicine Director at Lamoille Heath Partners Kylie Pratt RN MAT nurse at Lamoille Heath Partners
11:45	Family Medicine Department Awards
11:45-1:15PM	LUNCH
1:15-2:00	Anticipatory Guidance for Menopause Kirsten Berggren PhD, APRN Urgent Care Family Medicine Berlin Family Medicine
2:00-2:45	Primary Prevention of ASCVD Friederike Keating, MD UVM Professor of Medicine Nuclear Cardiology Director
2:45-3:45	Why You Should Be Doing Ultrasound in Your Practice Ben R. Clements, MD UVM Assistant Professor of Family Medicine Director of Point of Care Ultrasound
3:45-4:15	BREAK & EXHIBITS

- 4:15-5:30** **Journal Club 2025**
John G. King, MD, MPH
UVM Professor of Family Medicine
Associate Dean for Continuing Medical and Interprofessional Education
- 5:30** **Adjourn**

Friday, June 6, 2025

- 7:30AM** **CONTINENTAL BREAKFAST**
- 8:00-8:45** **CKD and Prevention of ESRD**
Chidinma Enyinna, MD
UVM Assistant Professor of Medicine
Division of Nephrology
- 8:45-9:30** **Prostate Cancer: An Update**
Brian Irwin, MD
- 9:30-10:15** **Benign Skin Tumors and Cysts**
Mary Maloney, MD
Clinical Professor of Medicine
Division of Dermatology
- 10:15-10:30** **BREAK**
- 10:30-11:15** **Perinatal Mental Health in Primary Care: Pearls for Safe and Effective Medication Management**
Jiayu Kate Tian, MD
UVM Family Medicine Resident Physician
- 11:15-12:00** **Food as Medicine**
Jessica Faraci, MD
Mid Coast Hospital, MaineHealth
Clinical Instructor, Tufts Maine-Track
- 12:00PM** **CONFERENCE ADJOURNS**