

Aishwarya Joshi, Ph.D. LPC, NCC

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208 Colchester Ave,
Burlington, VT, 05405
567-280-8520

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CURRICULUM VITAE

EDUCATION

- Idaho State University**, Meridian, Idaho August 2019-May 2022
Doctor of Philosophy in Counselor Education & Counseling
CACREP-accredited
Dissertation: *Transit & Transform: Exploring the Experiences of International Doctoral Students and Faculty Members in the US (A Grounded Theory Study)*
Defended September 29, 2021
Dissertation Chair: Dr. Randy Astramovich
- Heidelberg University**, Tiffin, Ohio May 2016-May 2019
Master of Arts in Clinical Mental Health Counseling
CACREP-accredited
- Tiffin University**, Tiffin, Ohio August 2013-December 2014
Masters of Science
Majors: Criminal Justice and Forensic Psychology
- Garden City College**, Bengaluru, Karnataka, India May 2010-May 2013
Bachelor of Arts,
Majors: Psychology, Journalism, and English Literature
Minor: Industrial Psychology & Economics

CERTIFICATIONS

- Licensed Professional Counselor (LPC) - State of Ohio #C. 1902031
- National Certified Counselor (NCC) - National Board for Certified Counselors and Affiliates, Inc. #1274544
- Counsellor Council of India - #CRN2819136

PROFESSIONAL EXPERIENCE

COURSES TAUGHT

The University of Vermont, Burlington, Vermont
Department of Counseling, Human Development & Family Sciences
Assistant Professor

- CNSL 6770A Diversity & Intersectionality Spring 2025
- CNSL 6990 Crisis & Trauma Winter 2024

- CNSL 6770A Diversity & Intersectionality Spring 2024
- CNSL 350 Professional Issues in Counseling Fall 2023
- CNSL 375 Laboratory Experience in Counseling Fall 2023
- CNSL 377 Diversity & Intersectionality Spring 2023
- CNSL 394 Z4 Human Sexuality Summer 2023
- CNSL 350 Professional Issues in Counseling Fall 2022
- CNSL 375 Laboratory Experience in Counseling Fall 2022

Idaho State University, Meridian, Idaho
Graduate Teaching Assistant/Co-Instructor

CACREP Core Areas

- COUN 6691 Professional Issues in Clinical Mental Health Counseling Spring 2022
Instructor of Record
- COUN 6696 Pre-Practicum Counseling Techniques Fall 2019 - Fall 2021
Co-Instructor
- COUN 6623 Lifestyle and Career Development Spring 2020
Co-Instructor
- COUN 6621 Professional Orientation & Ethics Fall 2020
Co-Instructor
- COUN 6624 Cultural Counseling Fall 2020
Co-Instructor

Additional Teaching Experience

- COUN 6659 Human Sexuality Spring 2021
Instructor of Record
- COUN 6625 Crisis Intervention & Trauma Counseling Fall 2019
Co-Instructor

The College of Idaho, Caldwell, Idaho Fall 2020
COUN 3300 Relationships and the Helping Professions
Instructor of Record

RESEARCH

The University of Vermont, Burlington, Vermont September 2022-Present
U.S.-born Counselor Educators Preparedness in working with International Students in Counseling and Counselor Education Programs: A Q-Sort Study

The University of Vermont, Burlington, Vermont July 2022-Present
The Niela Project - National Science Foundation (NSF)

Idaho State University, Meridian, Idaho August 2020-Present
International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry

Idaho State University, Meridian, Idaho June 2020-May 2021
Understanding the Embodiment of Microskills in Counselors in Training (CITs)

Huruma Rescue Mission, Inc., Embu, Kenya
 Officer for Multiculturalism and Diversity October 2018-Present
Needs Assessment for Mental Health Education in Embu, Kenya

The Council for Accreditation of Counseling and Related Educational Programs (CACREP)
CACREP Covid- 19 Special Report
 Data Analyst May 2021-July 2021

Idaho State University, Meridian, Idaho August 2020-November 2020
 Doctoral Student
Happiness and Coping in Counselor Education & Supervision

Heidelberg University, Tiffin, Ohio September 2017-May 2019
 Graduate Research Assistant
The Niela Project - National Science Foundation (NFS)

GRANTS/FUNDING

Funded

Joshi, A. & Welkowitz, J. (2024). *Trauma-Informed Training for PreK-12 Educators in Vermont*. Pilot Project Program funded by the Northern New England Translational and Clinical Research Network (NNE-CTR). National Institute of Health. (\$61,000)

Thacker-Darrow, N., **Joshi, A.P.**, Smith, L.C., & Welkowitz, J. (2023). *Development and Implementation of Protocols, Procedures, and Supporting Documents for the PhD Program in Counselor Education and Supervision*. Grant proposal funded by CESS Program Innovation Grant, University of Vermont. (\$7277.00)

Joshi., A. (2022). *U.S. born Counselor Educators Preparedness in working with International Students in Counseling and Counselor Education Programs: A Q-Sort Study*.

Grant proposal funded by the Office of Research; EXPRESS Grant. The University of Vermont. (\$3000.00)

Grant proposal funded by the Association of Counselor Education and Supervision (ACES) Research Grant. (\$3000.00)

Joshi., A. (2021). *Exploring the Experiences of International Doctoral Students and Faculties in the US*. Grant proposal funded by the Association for Adult Development and Aging Research Grant. (\$500.00)

Joshi., A. (2021). *Exploring the Experiences of International Doctoral Students and Faculties in the US*. Grant proposal funded by the Association for Humanistic Counseling Makes a Difference Grant. (\$750.00)

Joshi, A., Edelman, R., Nirk, T., Strong, E., & Robbins, C. (2020). *Rural Mental Health Community Outreach via TeleHealth: Inter-State Webinar Collaboration*. Grant proposal funded by the Chi Sigma Iota Statewide/Regional Networking Grant. (\$800.00)

Nelson, A., Arrington, S., **Joshi, A.**, Vik, L., & Sarasqueta-Allen, K. (2020). *Understanding the Embodiment of Microskills in Counselors in Training (CITs)*. Grant proposal funded by the Southern Association for Counselor Education and Supervision (SACES) Research Grant. (\$500.00)

Joshi, A., Arrington, S., & Zhou, Z. (2020). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry*. Multicultural Assessment and Research in Counseling Student Grant Proposal funded by the Association of Assessment and Research in Counseling (AARC). (\$500.00)

Joshi, A., Sasakawa, Y., & Njue, P. (2020). *Need for Mental Health Assessment and Education in Embu, Kenya* Grant proposal funded by the American Counseling Association Foundation Grant (ACAF). (\$500.00)

Joshi, A. (2019). *Afterschool Psycho-Education Program in Galion School District*. Grant proposal funded by the Family First Council of Crawford County Grant. (\$1000.00)

Joshi, A. (2018). *Afterschool Psycho-Education Program in Galion School District*. Grant proposal funded by the Family First Council of Crawford County Grant. (\$1000.00)

Unfunded

Joshi, A. & Thacker Darrow, N. (unfunded). *Counselor Educator Competencies to Address Inter-Cultural Conflicts while Teaching Anti-Racist and Anti-Oppressive Approaches to Counseling*. Sponsored Scholarship Program funded by the Association of Assessment and Research in Counseling (AARC). (\$4500.00)

Joshi, A. (unfunded). A Systemic Approach to Assess Mental and Behavioral Health Professionals' Efficacy Working with Immigrant/Non-Immigrant Individuals and Families in the US. Cigna Foundation. (\$200,000.00)

PUBLICATIONS

Peer-Reviewed Journal Articles

Published

Joshi, A. P., Shavers, M.C., Spencer, B. M., Artis, S., & LeSure, S. (2024). Exploring the Impact of "Onlyness" among Black Women Doctoral Students in STEM Fields of Computer Science and Engineering. *Journal of Diversity in Higher Education*.
<https://doi.org/10.1037/dhe0000583>

Joshi, A., Oliviera, J., & Graham, L. (2023). Creative Expressions: A Consideration for Multilingual International Faculty in Counselor Education. *Journal of Creativity in Counseling*.
<https://doi.org/10.1080/15401383.2023.2287645>

Joshi, A., Shaver's, M. C., & Milne, E., (2022). Inter-departmental Collaboration Model: A Support Strategy to Retain International Faculty in Counselor Education and Supervision. *International Journal for the Advancement of Counselling*. [10.1007/s10447-022-09495-9](https://doi.org/10.1007/s10447-022-09495-9)

Spencer B., Artis, S., Shavers, M., LeSure, S., & **Joshi, A.** (2022). To code-switch or not to code-switch: The psycho-social ramifications of being resilient black female engineering & computing doctoral students. *The Sociological Focus*.

Joshi, A., Arcot, R., & Harrichand, J. J. S. (2021). Mentoring & peer support: A strategy to retain BIPOC faculty in counselor education and supervision. *Chi Sigma Iota Exemplar*, 36(2), 35-40.
https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/Fall_2021_Exemplar.pdf

Joshi, A., Chan, C. D., & Graham, L. (2021). Convergences of oppression of international racially minoritized doctoral students. *Journal of Asia Pacific Counseling*, 11(2), 73-89. <https://doi.org/10.18401/2021.11.2.5>

Chan, C. D., Frank, C. D., DeMyer, M. L., **Joshi, A.**, Andrade, E., & Silverio, N. (2021). Counseling older LGBTQ+ adults of color: Relational-cultural theory in practice. *The Professional Counselor*.11(3), 370-382. <https://doi.org/10.15241/cdc.11.3.370>

Joshi, A., & Mangette, H. (2018). Unmasking of impostor syndrome. *Journal of Research, Assessment, and Practice in Higher Education*, 3(1),1-8. <https://ecommons.udayton.edu/jraphe/vol3/iss1/3>

Artis, S., Shavers, M.C., LeSure, S., Spencer, B.M., & **Joshi, A.** (2018). Re-framing and reimagining the doctoral student narrative: Black women's experiences in engineering and computer science. <https://peer.asee.org>

Peer-Reviewed Book Chapters

Gainer, S. R., **Joshi, A.P.**, & Nelson, A.R. (In Press). *Integrative Perspectives*. In *Counseling Athletes: Wellness Across the Lifespan*. Cognella, Inc.

Nelson, A. R., **Joshi, A. P.**, & Gainer, S. R. (2024). *Honoring the Impact of Racial Trauma and Marginalization Stress in Trauma-informed Ethical Decision-making*. In *Professionals' Guide to Trauma-Informed Decision-Making*. Springer Nature.

Gainer, S. R., **Joshi, A.P.**, & Nelson, A.R. (2024). *Clinical Techniques/Culturally Relevant Approaches*. In *Intersectional Counseling Skills: The Journey to Becoming a Culturally Inclusive Counselor*. Cognella, Inc.

Joshi, A., & Gainer, S. (2022). *Leadership in education for Black Americans in community colleges*. In *On Leadership: An Interdisciplinary Approach*. IAP. ISBN-13 979-8887300931

Under Review

Artis, S., Shavers, M.C., Hassell-Goodman, S., Spencer, B.M., & **Joshi, A.P.** (R& R Under Review). Disruptions in Higher Education: COVID-19, Racial Injustices, and Their Effects on Black Women's Graduate Experiences. *Journal of Diversity in Higher Education*.

Joshi, A.P., Gainer, S. R., & Nelson, A.R. (Under Review) Bridging the Gap: Trauma-Informed, Socially Just Practices in Counselor Education. *Journal of Trauma, Resilience in Counseling*.

Nelson, A. R., Hakenewerth, T. J., Stewart, L. A., & **Joshi, A. P.** (Under Review). Applying trauma-informed counselor education to a crisis and trauma course during a global pandemic. *Trauma Counseling and Resilience*.

Shavers, M.C., **Joshi, A.P.**, Nelson, A.R., McBride, M., & DuFresne, R. (Under Review). Toward Inclusivity in Counseling Research: Analyzing JCD's Discourse on Race and Ethnicity from 2007 - 2022. *Journal of Counseling Leadership and Advocacy*.

In-Progress Manuscripts

Gainer, S. R., **Joshi, A. P.**, & Nelson, A. R. (**Book** - In progress). *AI for Counselors: Transforming Counseling in the Age of Intelligent Machines*. American Counseling Association Publication.

Joshi, A., Gainer, S. R., Zhou, Z., & Nelson, A.R. (In Progress). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry*.

PRESENTATIONS

International

Joshi, A. P., & Welkowitz, J. (July 2025). *Building Inclusive Trauma-Informed Systems: Insights from a Rural-Urban Collaborative Pilot*. International Association for Counselling. Malta.

Joshi, A. P., Nelson, A. R., & Gainer, S. R. (January 2025). *Trauma-Informed Ethical Decision Making: A Teaching Andragogy in Counselor Education*. The Hawaii International Conference on Education. Honolulu, Hawaii.

****Shavers, M.C., Artis, S, & Joshi, A. P.** (January 2024). *Mitigating the Impact of Onlyness among Black Women Doctoral Students*. The Hawaii International Conference. Waikoloa, Hawaii.

Joshi, A., & Bahekar, P. (October, 2021). *LGBTQAI+ Communities and Mental Health Issues in India*. World Mental Health Day. Mental Health Action by People (INDIA). Virtual.

Joshi, A., & Zhou, Z. (December 2020). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry*. 10th International Conference on Education and Social Justice. Virtual.

Nelson, A.R & Joshi, A. (September 2020). *Understanding Cultural Trauma: Race-Based Trauma*. European Branch of the American Counseling Association. Virtual.

Joshi, A., & Sasakawa, Y. (2018, November). *Collectivism and Post-traumatic growth: Challenging perceptions* [Poster session]. International Society for Traumatic Stress Studies, Washington DC, Maryland.

National

Gainer, S. R., Joshi, A. P., McKibben, B., & McKibben, S. L. (June 2025). *AI and the Modern Counselor: Navigating Growth, Connection, and Ethics*. American Mental Health Counselors Association (AMHCA) Annual Conference. Las Vegas, Nevada

Welkowitz, J., Joshi, A. P., Taylor, K., Bedell, A., & Unrein, J. (April, 2025). *Please Not Another Trauma Training!...Creating Systemic and Sustainable Change to Support Trauma-Informed Care in Schools*. Counselors for Social Justice Conference. San Juan, Puerto Rico

Joshi, A.P., Gainer, S. R., & Nelson, A.R. (April 2025). *TISJ Ethical Decision Making Model: A Teaching Andragogy for Counselor Educators*. Counselors for Social Justice Conference. San Juan, Puerto Rico.

Gainer, S. R. & Joshi, A. P. (March 2025). *Unveiling Tomorrow's Tools: AI and VR Solutions for Career Counseling Professionals*. American Counseling Association National Conference. Orlando, Florida.

Joshi, A., Graham, L., & Oliviera, J. (October 2023). *Creative Expressions: A Consideration for Multilingual International Faculty in Counselor Education*. Association for Counselor Education and Supervision (ACES - Round Table). Denver, Colorado

Joshi, A., Oliviera, J., & Graham, L. (May 2023). *Creative Expressions: A Consideration for Multilingual International Faculty in Counselor Education*. Association for Humanistic Counseling. Denver, Colorado

Joshi, A., & Shavers, M.C.(September 2022). *Interdepartmental Collaboration: A Support Strategy to Retain International Faculty in CES*. Association for Assessment and Research in Counseling. St. Louis, Missouri

Joshi, A., Sarasqueta-Allen, K., Nelson, A.R., Arrington, S. R., & Vik, L. (October 2021). *Understanding the Embodiment of Micro-Skills in Counselors in Training (CITs)*. Association for Counselor Education and Supervision. Atlanta, Georgia.

Joshi, A.(July 2021). *Exploring and Navigating Impostorism among International Counselor Education Doctoral Students*. Association for Adult Development and Aging. Charlotte, North Carolina.

Nelson, A.R & **Joshi, A.** (November 2020). *Understanding Cultural Trauma: Race-Based Trauma*. Idaho Counseling Association. Virtual.

Lamprecht, L. & **Joshi, A.** (October 2020). *Faculty and Doctoral Student Supervision: Master's Students Experiences as Group Counselors*. Rocky Mountain Association of Counselor Education and Supervision. Virtual

Spencer, B., Artis, S., LeSure, S., Shavers, M., & **Joshi, A.** (June 2020). *Expectations vs. reality: ReImagining the engineering and computing doctoral experience for black women* [Paper presentation]. American Society for Engineering Education. Virtual.

Chan, C. D., Ngadjui, O. T., & **Joshi, A.** (2020, March). Sizeism: A perspective on biases, career inequities, and health disparities. Invited presentation for the Positive Body Image Symposium at Idaho State University, Pocatello, ID.

Joshi, A., Sasakawa, Y., & NJue, P. M. (2019, February). *Reframing & implementing mental health education in Embu, Kenya* [Conference session]. Society for Cross-cultural Research, Jacksonville, Florida.

Joshi, A., Shavers, M., Artis, S., LeSure, S., & Spencer, B. (2019, February). *Exploring mental health perceptions and prevalence among black women doctoral candidates in STEM fields of computer science and engineering* [Conference session]. Society for Cross-Cultural Research, Jacksonville, Florida.

Joshi, A., Sasakawa, Y., & NJue, P. M. (2019, February). *Reframing & implementing mental health education in Embu, Kenya* [Conference session]. National Cross-cultural Counseling Conference, Savannah, Georgia.

Joshi, A., Shavers, M., Artis, S., LeSure, S., & Spencer, B. (2019, February). *Exploring mental health perceptions and prevalence among black women doctoral candidates in STEM fields of computer science and engineering* [Conference session]. National Cross-Cultural Counseling Conference, Savannah, Georgia.

Shavers, M., Artis, S., LeSure, S., **Joshi, A.,** & Spencer, B. (2018, April). *The Niela Project: Identity, challenges, and strategies for success for black women pursuing doctoral and post-doctoral degrees in Computer Science and Engineering* [Paper presentation]. American Education Research Association, New York City, New York.

Joshi, A. (2018, January). *Presence of impostor syndrome on college campuses* [Conference session]. Ohio College Personnel Association Annual Conference, Columbus, Ohio.

Joshi, A., & Mangette, H. (2017, September). *The unmasking of impostor syndrome* [Conference session]. Tri-State Annual Conference, Plymouth, Ohio.

Invited Presentation/Addresses

Joshi, A.P., & Gainer, S.R. (January 2025). Invited Panelist. *AI in Mental Health*. T.H.I.N.K Conference by Philips. Stanford University, Palo Alto (In person).

Joshi, A. (April 2023). Invited Panelist. *Discussion for International Students in Counselor Education and Supervision*. Rocky Mountain Regional ACES Webinar. Virtual.

Joshi, A. (July 2022). *Multicultural Counselling Competencies: An Indian Perspective*. Department of Human Development & Gender Studies, Maharaja Sayajirao University, India. Virtual.

Joshi, A. (March 2022) *Human Sexuality: Working with Older Adult Population* (Guest Lecture). Ferkauf School of Psychology, Yeshiva University. Virtual.

Joshi, A. (February 2022) *Internationalism within the Profession of Counseling* (Guest Lecture). Ferkauf School of Psychology, Yeshiva University. Virtual.

Joshi, A. (July 2021) *Ethical Practices working with Families & Couples in rural settings*. (Guest Lecture). Department of Clinical Mental Health Counseling & Psychology, Southern Oregon University. Virtual.

Joshi, A. (June 2021) “Fostering better relationships with Teenagers” on *The Better Relationship Summit* hosted by Purvi Tania. Virtual.

Joshi, A. (April 2021). *International Female Faculty Experience: A Critical Narrative Inquiry*. International Counseling Web Conference. CSI Chapter Mu Chi Alpha. Messiah University. Virtual.

Joshi, A. (February 2021) Panelist for ULF Experience Webinar, Urban Leaders Fellowship. Virtual.

Joshi, A., Sarasqueta-Allen, K., & Hines, B. (August, 2019). *Therapeutic Communication in Nursing*. School of Nursing. Idaho State University, Meridian, Idaho.

AWARDS /SCHOLARSHIPS/ FELLOWSHIPS

North Star Collective Faculty Fellowship New England Board of Higher Education Awarded: \$1500.00	December 2022-April 2023
Association for Counselor Education and Supervision Diversity Conference Scholarship Awarded: \$1000.00	September 2021
Chi Sigma Iota International Leadership, Fellowship & Internship Program Awarded: \$600.00	April 2021-April 2022
Urban Leadership Fellowship Leadership Fellow Awarded: \$2500.00	April 2020-July 2020
Tiffin University, Tiffin, Ohio	

Academic Excellence Scholarship
Awarded: \$10,000.00

August 2013-December 2014

SUPERVISION

The University of Vermont
Graduate Counseling Program
Lab Supervisor
CNSL 350 *Laboratory Experience in Counseling*

Fall 2022-2023

Idaho State University
Meridian Counseling Clinic
Doctoral Supervisor
COUN 6697 and 6698 *Practicum/Internship*
Individual Supervision

Fall 2019-Spring 2022

Fall 2019-Spring 2022

GRADUATE STUDENT ADVISING

The University of Vermont
Current Master Student Advisees: 11
Graduated Student Advisees: 4

Fall 2022-Present

College of Arts and Sciences - Department of Psychological Sciences
Completed Doctoral Committees - Clinical Psychology

Fall 2023

<u>Student</u>	<u>Role</u>
Wilson Captein	Dissertation Chair

CLINICAL EXPERIENCES

Ambitions of Idaho, Meridian, Idaho
Behavioral Health & Developmental Disability Services
Licensed Professional Counselor

April 2021-January 2023

INDEAR Foundation, Virtual
Licensed Professional Counselor

March 2020-February 2022

Community Counseling Services, Inc., Bucyrus, Ohio
Counselor Trainee

May 2018-April 2019

Family Life Counseling and Psychiatric Services, Norwalk, Ohio
Counselor Trainee

May 2018-April 2019

Wayne County Children Services, Wooster, Ohio
Crisis Case Manager

December 2014-March 2016

SERVICE

Association for Counselor Education and Supervision

ACES Leadership Academy

Associate Mentor

Spring 2025

Awards Committee Member

Spring 2024

North Atlantic Region Association for Counselor Education and Supervision

Spring 2024

Journal of Counselor Preparation and Supervision

- Editorial Board Member

The University of Vermont, College of Education and Social Sciences

Fall 2023

CEAD, *Committee Member*

Ohio Counseling Association

February 2023-Present

Journal of Counselor Practice

- Editorial Board Member

International Journal for the Advancement of Counseling

- Editorial Board Member

January 2023-Present

American Psychological Association

July 2021-Present

Journal of Diversity in Higher Education

- Ad Hoc Reviewer

Association for Adult Development and Aging

July 2020-July 2022

- Editorial Assistant,
Adultspan Journal

- Member, Newsletter Committee
- Member, Research Task Force

Association for Humanistic Counseling

Member, Awards Committee

August 2020-January 2023

Chi Sigma Iota International

- Member, Professional Advocacy Committee
 - Research Grants Reviewer
 - Bookshelf Reviewer
- Phi Omicron Chi, Chapter President
- Sigma Phi Beta, Chapter Secretary

April 2021-April 2022

April 2020-April 2021

April 2018-April 2019

Urban Leaders Fellowship

National Regional Ambassador

March 2021-April 2022

Rocky Mountain Association for Counselor Education and Supervision (RMACES)

Reviewer, RMACES 2020 Conference Proposal

OTHER RELEVANT TRAINING

- Idaho Child and Adolescent Needs & Strengths (ICAN) Training
- Kids Connection CBFT Training
- Adventure Therapy Training
- Suicide Prevention Training
- Trauma Informed Care Training

April 2021

October 2018

August 2018

March 2017

April 2017

- Psychological First Aid Training (School)
- Psychological First Aid Training (Clinical)
- Forensic Fluid Training

March 2017
August 2016
May 2015