

Partial Hospitalization Program (PHP)  
Intensive Outpatient Program (IOP)  
Eating Disorder Treatment Programs  
Updated October 2024 (AK)



Adolescent Medicine  
Eating Disorder Assessment Clinic  
802-847-4696

PROGRAM	CONTACT INFO	AGES SERVED	GENDERS SERVED	LEVELS OF CARE	LOCATION(S)	ADDITIONAL NOTES
<b>Cambridge Eating Disorders Center</b>	603-715-5150 <a href="https://www.eatingdisordercenter.org/new-hampshire-treatment-program/">https://www.eatingdisordercenter.org/new-hampshire-treatment-program/</a>	12+	All genders	IOP/PHP	Concord, NH and virtual	Most major insurances, including VT Medicaid
<b>Equip</b>	908-797-5167 <a href="http://www.equip.health">www.equip.health</a>	6-24	All genders	IOP/PHP	Fully virtual	Not contracted with any Medicaid plans
<b>HPA/LiveWELL</b>	518-218-1188 <a href="https://hpalivewell.com/">https://hpalivewell.com/</a>	12+	All genders	IOP	Albany, NY	
<b>Kahm Center for Eating Disorders</b>	802-200-2828 <a href="http://www.kahmcenter.com">www.kahmcenter.com</a>	16+	All genders	IOP/PHP	Burlington, VT	Most major insurances, including VT Medicaid
<b>Reflections Eating Disorder Center</b>	603-890-2724 <a href="https://parklandmedicalcenter.com/specialties/eating-disorders/">https://parklandmedicalcenter.com/specialties/eating-disorders/</a>	9+	All genders	PHP	Salem, NH	
<b>Renfew@Home</b>	1-800-RENFREW <a href="https://renfrewcenter.com/at-home/">https://renfrewcenter.com/at-home/</a> Call Serah about virtual program – 267-350-5346	12+	Female, trans female, non-binary	IOP/PHP	Virtual	Most major insurances; not contracted with any Medicaid plans
<b>Walden</b>	413-582-0100 (Amherst, MA) 781-899-2400 (Waltham, MA) 888-228-1253 (Walden and Clementine) <a href="http://www.waldeneatingdisorders.com">www.waldeneatingdisorders.com</a>	12-17 (ARFID group ages 10-18)	All genders	IOP/PHP	Waltham, MA and virtual	Most major insurances, including VT Medicaid
<b>WithinHealth</b>	786-239-6490 <a href="http://www.withinhealth.com">www.withinhealth.com</a>	13+	All Genders	IOP/PHP	Fully virtual	Not contracted with any Medicaid plans