



# Horizons A Model of Compassionate Dyadic Care

Hendrée E Jones, PhD

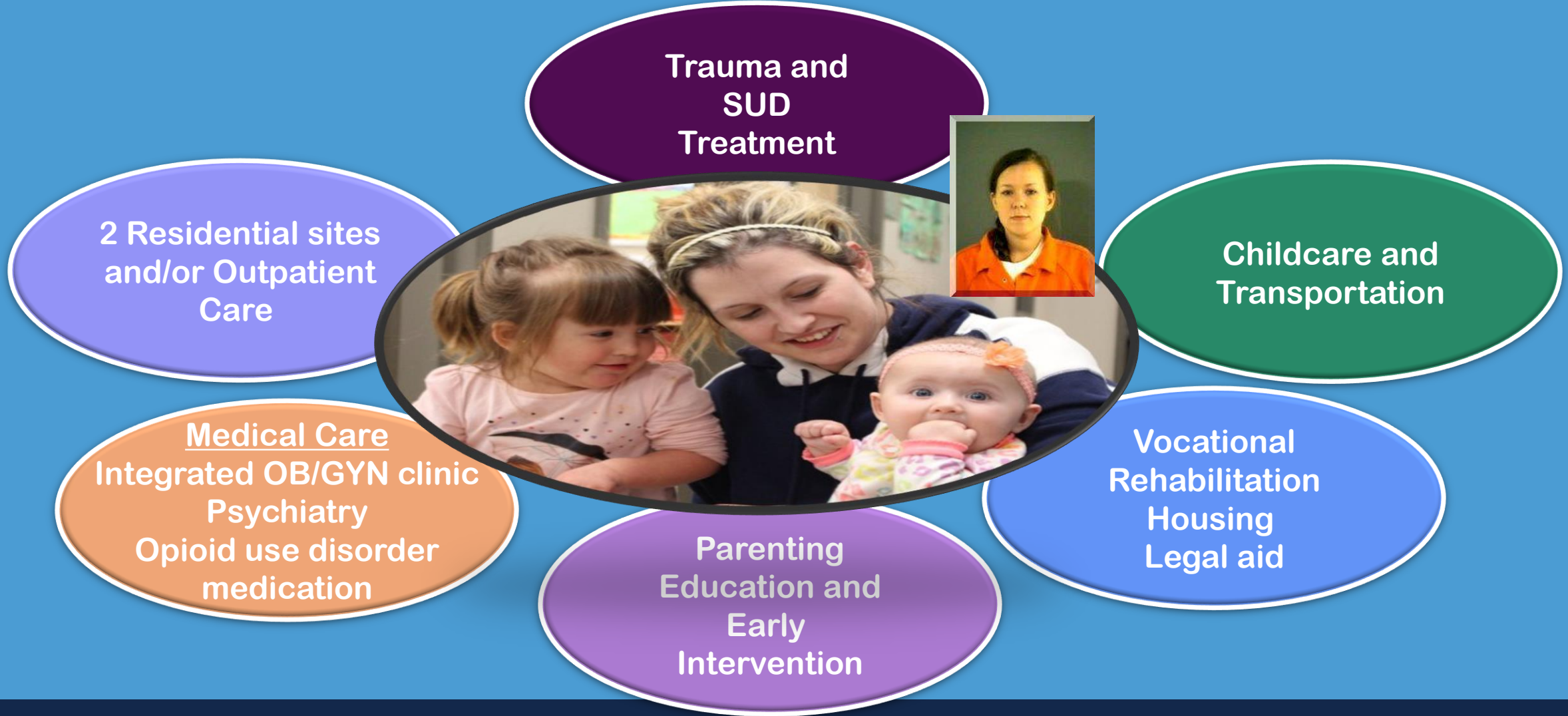
UNC Horizons, Dept. of Obstetrics & Gynecology,  
University of North Carolina, Chapel Hill

SCOPE

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# UNC Horizons: Internationally Recognized Model of Care for Women and Children



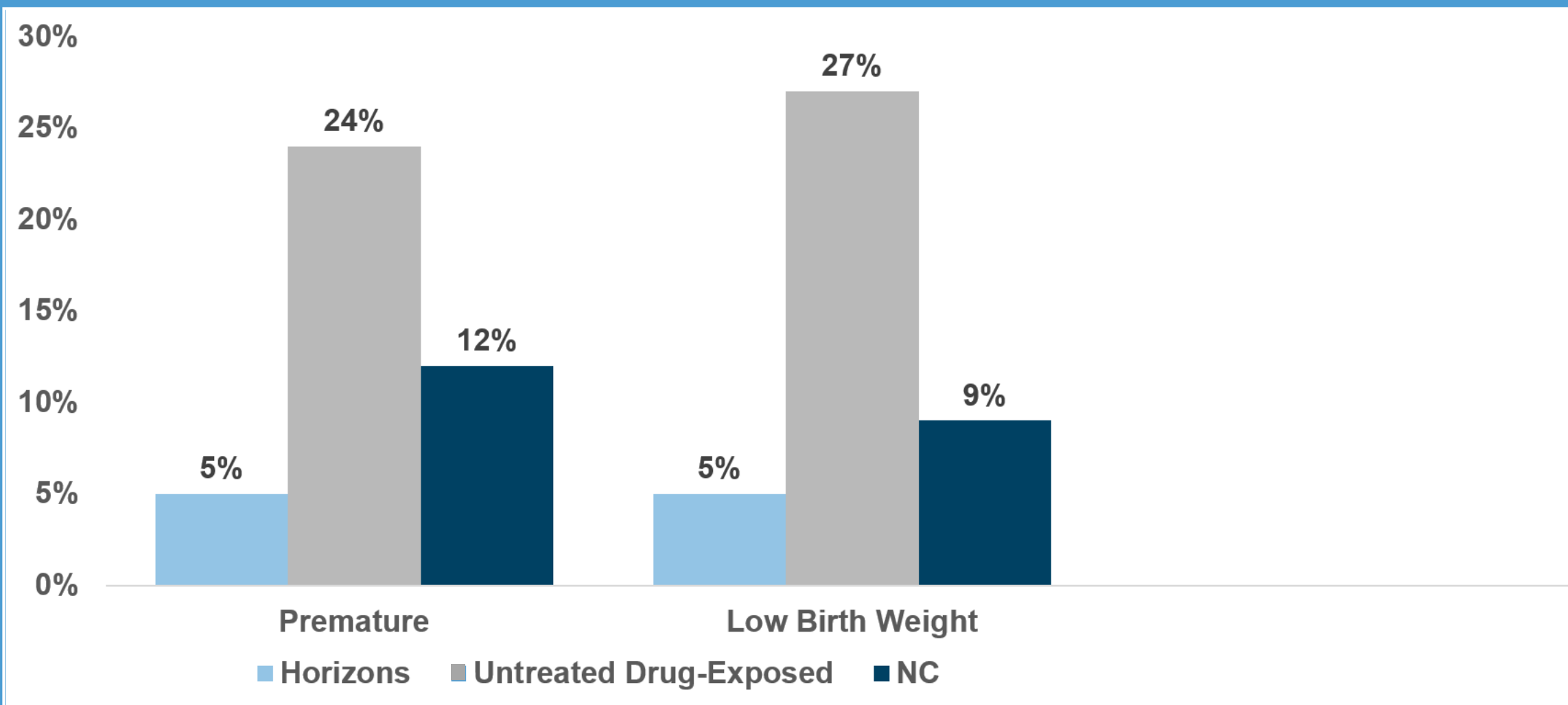
# Cross-Systems Collaboration

- Care Coordination for Children (CC4C)
- Compass Center for Women and Children
- Family Reading Partners
- Nurse home visiting
- Contracted Developmental services for the children
- Formerly Incarcerated Transition (FIT) Program
- Hope Renovations
- Legal Aid
- Orange County Community Initiative to End Homelessness (CIEH)/ Circles of Support
- Managed Care Organizations
- 80 Departments of Social Services
- NC Recovery Communities
- Family Drug Treatment Court
- Oxford Houses
- PORCH
- Project Enlightenment
- Project Homestart and CASA
- Recovery Communities of North Carolina
- 10 faith organizations
- Vocational Rehabilitation Services
- Technical/Trade Schools and Community College
- Wheels for Hope

## Keys to Success

- Designed liaisons who provide clear and regular communication before there are issues- relationships are essential
- Explain our confidentiality rules and our Release of Information
- Be willing to take the time to work through issues and hand-hold the patient and the other system's liaison through the process
- In person is best, phone is next, text and email are the last resort





# Comparing Outcomes with North Carolina

# UNC Horizons Improves Lives

- 100% are drug free
- 95% have reunified with their children and have child protective service cases closed
- 77% of women are employed



# Model for Prenatal Care

## Structure

Clinic is dedicated to substance use disorders (SUD)

Integrated team approach:

**Nurse practitioner (NP)** - provides medical care and manages medication assisted treatment

**Therapist** - provides support and

**Peer support specialist/case manager (CM)**  
- support, assistance and access to community resources and services

## Environment

Outpatient clinic setting

Team educated regarding risk factors for SUD and understand the need for understanding and compassion

Trauma-responsive environment

More time is allocated for each prenatal visit

No strict policy for late arrivals

Clinical visits are more frequent than routine prenatal care

Consistent provider dedicates necessary time to each patient



# Estimated Cost Savings



# Horizons Around the World



5 NIH R01s

2 International contracts

1 NC Governor's Crime Commission

2 Technical Assistance contracts

2 Foundation Evaluation projects

12 Projects      \$3,336,702.50

North Carolina adopted and disseminated our novel intervention from our randomized clinical trial aimed to help women with OUD with reproductive life planning

# What is on the Horizon?

- Implementing transitional housing program
- Publishing our work with the prisons/jails
  - reducing overdose deaths
  - improving maternal and child outcomes
- Partnering with Wake Co. for housing
- Completing the systematic evaluation of maternal and child outcomes





[Hendree\\_Jones@med.unc.edu](mailto:Hendree_Jones@med.unc.edu)

Direct Line: 1-919-445-0501

Main Office: 1-919-966-9803

Fax: 1-919-966-9169

**Instructions to guide your discussion in completing the idea implementation form**  
**Notify meeting organizers when your group is done. Be prepared to brief main group in 10 minutes**

**QUESTION 1: IDEA TO IMPLEMENT (10 min)**

***Based on recovery gaps you are aware of and/or what we have discussed so far, describe one practical idea you/your team wants to implement:***

1. Identify a recorder + a spokesperson.
2. Document your idea and verify group members' email addresses in the Q1 space on your form.
3. Be prepared to describe your idea in 1-2 min

**QUESTION 2: IDENTIFY COLLABORATORS (10 min)**

***What collaborators are critical to engage in order to implement your idea? Consider new partners at this meeting as collaborators***

1. Document collaborator(s) in Q#2 section.
2. What help is needed to convene with each?
3. Plan to allot 1-2 min to explain your collaborators.

**QUESTION 3: IDENTIFY RESOURCES (10 min)**

***Consider government and other funding and resources***

1. Document what resources under your control you will leverage to implement your idea?
2. What resources NOT under your control will you explore to implement your idea?
3. Does your team need help with identification of resources, overcoming barriers to resources?
4. Plan 1-2 min to explain your resource options.

**QUESTION #4: IDENTIFY TIMELINE (10 min)**

***What is your timeline for implementation?  
What next step will occur within 2 weeks? (Who? When? How?)***

1. Document the timeline and the action steps for implementing your idea.
2. Include help you may need with convening or follow up.
3. Plan about 1-2 min to explain your timeline and wrap up during your report out to the main session.

