## Trauma Overview Resources for Providers

## **Screening Tools**

Title	Source	Explanation
The Safe Environment for Every Kid (SEEK) Parent Questionnaire	University of Maryland School of Medicine	Provider trauma screen, 16 yes/no questions taking 2-3 minutes. Used to screen risk factors for child maltreatment
CYW Adverse Childhood Experiences Questionnaire (ACE-Q) Child	Center for Youth Wellness	Provider trauma screen, 17 item questionnaire taking 2-5 minutes to complete.
NCTSN Screening Checklist: Identifying Children at Risk	National Child Traumatic Stress Network	Provider trauma screen for identifying risk factors associated with traumatic stress.

## Trauma Information

Trauma miormation		
Title	Source	Explanation
TED Talk: How Childhood Trauma Affects Health Across A Lifetime	TED – Nadine Burke Harris	Pediatrician Nadine Burke Harris explains that the repeated stress of abuse, neglect and parents struggling with mental health or substance abuse issues has real, tangible effects on the development of the brain.
Trauma Toolbox for Primary Care	American Academy of Pediatrics	Resources through AAP on understanding trauma, and the process of asking families about exposure to ACEs.
Conversations About Historical Trauma Part 1 - American Indian	National Child Traumatic Stress Network	Outlining the impact of historical trauma on American Indian children and families and how they access services.



Title	Cource	Explanation
	Source	Explanation
Conversations About	National	Out lining the impact of
Historical Trauma Part	Child	historical trauma on African
<u>2 – African Americans</u>	Traumatic	American children and families
	Stress	and how they access services.
	Network	
FREE Trauma	Online	On this website you will be able
Informed Schools and	trauma blog	to access online learning
Parenting Modules	UVM	modules related to trauma
		informed, resilience-building,
		and inter-professional
		approaches to working with
		children, youth, and families.
<u>Great Videos,</u>	Harvard	The Center on the Developing
Resources, Research	Center On	Child's R&D (research and
Information About	The	development)
Impact Of Adversity	Developing	platform, <u>Frontiers of</u>
On Child Development	Child	Innovation (FOI), supports
		scientific research that can
		inform the testing,
		implementation, and refinement
		of strategies designed to
		achieve significantly better life
		outcomes for children facing
		adversity.
Resource Parent	VT Child	RPC+ is a 10-week long
<u>Curriculum + TIPS</u>	Welfare	workshop that educates foster,
(Trauma Informed	Training	adoptive and kin caregivers
Parenting Skills)	Partnership	about the impact of trauma on
		the development, attachment,
		emotions, and behaviors of the
		children in their care. Check out
		the link for more information, to
		sign up for the e-newsletter or
		for registration information for
		upcoming classes.

