



## Perennial Internship Program – Summer 2025

### Internship Position Description

Internship Title: Adaptive Sports Program Internship

Internship Site: Vermont Adaptive Ski & Sports (2 positions)

Description: Vermont Adaptive seeks energetic, dedicated individuals who have a passion for sports, working with athletes with disabilities, and non-profit management and who want to learn while sharing their passions with others. Interns help instruct and manage day to day programs for individuals of all ages and disabilities.

Duties: The Summer Perennial interns would be based out of Burlington and should expect to be active instructors on the bike path, Lake Champlain, as well as local mountain bike trails and rock-climbing gyms for individuals with all disabilities. Our main program areas consist of canoeing, kayaking, paddle boarding, bike path biking, mountain biking and rock climbing. As the interns have, interest there are opportunities for growth in areas such as non-profit management, community services, grant writing, etc.

The Intern will need transportation to and from the Burlington Waterfront. Vermont Adaptive provides carpool options for in-town travel.

Desired qualifications/skills/coursework:

Enrolled in or recently completed a college/university track related to outdoor programming, therapeutic recreation, adventure education, exercise science, kinesiology, special education, physical therapy, occupational therapy, or related field.

First aid and CPR certification required; Wilderness First Responder preferred.

Competency in computer programs: word, excel, and publisher.

Commitment to the entire summer season.

Strong cycling, climbing, and/or paddling experience, instruction experience preferred.

All interns must have a strong work ethic, flexibility, a love for the outdoors, an open mind and a love for

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working with people

Supervision: Northern Programs - Betsy Hoffmeister

Start and End Dates: (Mid-May to Mid-August 2025 – exact start/end dates are negotiable)

Total Hours: 20 hours/week for 12 weeks – schedule can be flexible

Compensation: \$16/hour

How to apply:

**Rubenstein students who will have completed their sophomore or junior year by summer 2025 are eligible to apply. Students graduating in May 2025 are not eligible to apply. Earning Independent Study or Internship credit through the Rubenstein Internship Program is required.**

1. Click the following link to view the Rubenstein Perennial Internship Descriptions in Handshake:

<https://uvm.joinhandshake.com/employers/226837>

- If asked to log in: click “UVM Net ID Login” & login.
- Click the Favorite button to enable easier searches in the future.

2. Click “View All Jobs” in Jobs at Rubenstein Perennial Internship Program box on right side of page.

3. You should now see the Perennial Internship opportunities! Click “View Details” to learn more about each position.

- Please do take the time to carefully read each individual description so that you don’t miss a great opportunity by judging an internship solely on its title.
- You may apply for up to **three** Perennial Internships.
- All applications are due by **11:59pm, on Friday, February 7th, 2025.**

4. You’ll need to upload both required documents in Handshake before you can apply for any Perennial Internship:

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- Click on your name at top right of screen in Handshake
- Select Documents.

5. Please upload all documents as PDFs. The following are the required documents:

- Resume
- Cover Letter
  - You should write and upload a unique cover letter for each position to which you are applying.
  - In your cover letter, provide the name & contact information for at least one professional reference. This could be someone who supervised you in a past work/internship/volunteer position, or a professor or teacher, etc. The person listed should not be the person who completes your recommendation form.

6. In addition to the documents listed above, a **recommendation form will need to be completed by a Rubenstein faculty, graduate student, or staff member of your choosing**. When you ask your recommender if they are willing to complete the form to support your application, please provide your recommender:

- This link: [RECOMMENDATION FORM](#)
- Only one recommendation form needs to be completed regardless of how many Perennial Internships you are applying for.
- Your recommender will complete & submit this form online and then your recommendation will be confidentially added to your application(s). This recommendation form needs to be submitted by the February 7th, deadline.

7. Make sure that your resume and cover letter(s) are as strong as they can be! Utilize the resources around you:

- Get your resume and cover letter reviewed by a Career Counselor at the Career Center. You can check the Career Center's drop-in hours [here](#). The Career Center also offers a guide on building your resume available [here](#).
- Set up an appointment with one of Rubenstein's Career Coaches - [Emily LeForce](#) or [Cathy Shiga-Gattullo](#) - or with PIP Coordinator, [Sarah Mell](#). Sarah Mell will also be available on Wednesdays from 1pm-3pm for PIP Drop-ins! Just swing by Aiken 220 to connect!

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8. If you are selected to interview for a Perennial Internship, you will be contacted by the site to set up an interview during late February to early March.

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