

October 2024

Observances

09/15-10/15 | Hispanic American Heritage Month

10/01-10/31 | Breast Cancer Awareness Month

10/01-10/31 | ADHD Awareness Month

10/02-10/04 | Rosh Hashanah

10/02-10/12 | Navaratri

10/11-10/12 | **Yom Kippur**

10/11 | National Coming Out Day

10/14 | Indigenous People's Day

10/16-10/23 | Sukkot

10/23-10/25 | Shemini Atzeret

10/24-10/25| Simchat Torah

10/26 | Intersex Awareness Day

10/31-11/01 | Samhain

Spotlight: Breast Cancer Awareness Month



In 2024, more than 360,000 people will be diagnosed with breast cancer. But there is hope. Advancements in early detection methods and support continue to increase the chances of survival. When caught in its earliest, localized stages, the 5-year relative survival rate of breast cancer is 99%.

Did you know...

• Black women have a <u>41 percent higher death rate</u>

from breast cancer compared to white women. For Black women under 50, the

- incidence of aggressive cancers such as triple-negative breast cancer (TNBC) is double that of young white women.
- Despite significantly lower incidence rates of the disease, American Indians and Native Alaskans are <u>eight percent more likely to die</u> from breast cancer than white women.
- A <u>study in the Journal of Clinical Oncology</u> in 2022 showed sexual and gender minority patients with breast cancer experienced delays to diagnosis and treatment, and also had a higher chance of cancer recurrence — around 31% as compared to 14% for non LGBTQ+ people.
- In 2023, <u>a vaccine</u> targeting triple-negative breast cancer began clinical trials.

Learn more about breast cancer awareness here.

Events

10/02 | New Faculty of Color Welcome – 3:30-5:30 pm, Allen House, RSVP Here 10/02 | Maimonides Society Rosh Hashanah Celebration – 6:00-7:30 pm, 25 Winooski Falls Way, Winooski

10/08 | **2024 Health Equity Summit** – *Building Solidarity: Sustainable Pathways towards Health Equity* – 8:00 am-5:00 pm, DoubleTree Hotel, <u>Register Here</u>
10/10 | **Teaching Academy IAMSE 2024 Fall Webinar Series** – *Stigma in Medicine: The Power of Language* – J. Corey Williams & Melissa Chen – 12:00-1:00 pm, <u>Email to Register</u>

10/10 | LMSA Hispanic-American Heritage Month Trivia Night – 6:00-7:00 pm, MedEd 300

10/24-10/26 | Look at Larner

10/28 | **Gender Equity Career Development Seminar** – *Building Career and Community in Academic Medicine* – 8:00 am-5:30 pm, DoubleTree Hotel

ODEI News

Larner Prayer and Meditation Space Opening

On September 9, the Larner College of Medicine and Office of Diversity, Equity, and Inclusion



officially opened the Prayer and Meditation Space. This space, located in Given D201A and accessible 24/7 by CatCard, will serve the holistic wellness of our faculty, staff and students and allow individuals to experience a place for peace, prayer, meditation, and quiet reflection throughout the day. This space also now hosts the ODEI Lending Library, which contains books and materials related to inclusive excellence, especially as it pertains to medical education.

Providing space for wellness, spiritual and religious activities is a vital form of support the College can offer members of our community.

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Announcements

2024 Health Equity Summit: Building Solidarity: Sustainable Pathways towards Health Equity



Monday, October 7, 4 - 6 pm Poster presentations and kickoff reception

Tuesday, October 8, 8 am - 5 pm Workshops and sessions

Presented by The University of Vermont Health Network, The University of Vermont Larner College of Medicine,

The University of Vermont College of Nursing and Health Sciences

It is undeniable that health disparities and inequities exist within our local and global Join a dedicated group focused on creating sustainable solutions and partnerships to advance health equity. Engage with subject experts and explore innovative ways to help make a difference in clinical, academic, community and leadership spaces.

The Summit is open to everyone committed to advancing equity in health care - employees, community leaders, advocates, learners and patients.

Learn More→

AMA Foundation Physicians of Tomorrow Scholarships

The AMA Foundation has had a long-standing tradition of supporting medical students. With 12 scholarship categories and a variety of focus areas, including serving those underrepresented in medicine, the AMA Foundation works to recognize a diverse cohort of medical students each year. All students may apply for the Physicians of Tomorrow scholarships, regardless of AMA membership status. All scholarships are selected based on academic excellence and financial need. Applicants must be currently enrolled in an accredited U.S. allopathic or osteopathic medical school and must be entering their final year of medical school. Applications open on October 21, 2024, and close on February 28, 2025, at 11:59 p.m. CST.

Apply Here→

Join the Gender Equity Listserv

Want to keep up to date on Gender Equity events and initiatives? Join the **Gender Equity Listserv.**

Become a Faculty Mentor to a Medical Student



The LCOM Mentors program pairs medical students who are members of groups underrepresented in medicine with faculty members and/or residents who have common interests and goals. This relationship can support the medical student (the mentee) to become familiar with institutional expectations,

networks, and practices that are relevant to productivity and advancement at the Larner College of Medicine (LCOM). For more information contact <u>Eileen CichoskiKelly</u> or to sign up, please <u>fill out this short form</u>.

NEED ACADEMIC SUPPORT? Personalized Academic Support is Here for You

Medical Student Services and the Office of Diversity, Equity and Inclusion partner to offer year-round, academic achievement programming, resources and outreach to ensure academic success and learn enrichment for all levels of the curriculum.

Comprehensive services including individual sessions, personalized study plan development, peer tutoring, and referrals, test-taking strategies and schedules for courses, exams, Step and MCQ exams, and more. Contact <u>Tim Moynihan</u>, Director of Academic Achievement, to make an appointment.

From the AAMC

The past is never fully past: A case for DEI in medical education

New York Times best-selling author Damon Tweedy, MD, argues that curtailing training in diversity, equity, and inclusion risks ignoring the shadow of history that still haunts many Black patients.

Read More →

AAMC Research and Action Institute data snapshot highlights clinical benefits of not-for-profit health systems beyond charity care

A new data snapshot from the AAMC Research and Action Institute examines the differences in services offered across health systems and hospitals by profitability status, ownership, and teaching status to better illustrate their benefit provided to communities beyond charity care. The authors highlight the discrepancies in services offered across short-term general and critical-access hospitals and how these discrepancies relate to charity care and the policy implications of defining and interpreting charity care differently across institutions. The data show that not-for-profit hospitals — and particularly teaching hospitals — were more likely than for-profit hospitals and nonteaching hospitals to offer a comprehensive list of health care services, including unprofitable ones such as trauma and burn centers and psychiatric services.

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New AAMC resources to help mitigate health misinformation in medical education

The AAMC has developed a new resource collection to mitigate health misinformation in medical education. The collection provides tools and resources to help faculty, learners, and providers address the spread of false information and promote evidence-based health practices. Equipping health care providers with the necessary skills is critical to protecting public health and building trust in science and medicine.

Read More→

Register for the AAMC virtual town hall

Registered attendees for Learn Serve Lead 2024: The AAMC Annual Meeting are invited to attend the virtual town hall with AAMC President and CEO David J. Skorton, MD, and AAMC leadership. The town hall will be held virtually on Tuesday, Oct. 29 at 3 p.m. ET, and will give registered attendees the chance to engage with AAMC leadership around key issues facing academic medicine. There is no additional fee for this event, but registration (and a Learn Serve Lead registration confirmation code) is required.

Register Now→

New 'Academic Medicine Podcast' episode on perceptions of disability inclusion in medical education among students with disabilities

On a new episode of the "Academic Medicine Podcast," researchers discuss a recent Research in Medical Education study of the experiences of students with disabilities during medical school. The episode is available on Apple Podcasts, Spotify, and anywhere podcasts are available.

<u>Listen Now→</u>

AAMC webinar series on allyship begins Sept. 24

The AAMC will host a three-part webinar series this fall, "Allyship In Action: A series on allyship skills, lessons, and institutional programs," on the skills and practices needed to be an effective and authentic ally and to share examples of promising institutional programs to firmly establish a culture of allyship and accountability. The first webinar, "Engaging Allyship: Foundational Equity Practice Skills," on Sept. 24 at 1 p.m. ET, will cover core equity practices and skills that everyone can apply within their respective institutional roles. The second webinar, "Allyship in Practice: Leadership Panel on Learning to be an Ally," on Oct. 24 at 2 p.m. ET, will feature a panel of leaders in academic medicine who share their journeys and lessons of being an ally. The third webinar, "Allyship Showcase: Institutional Programs to Support Allyship" (date to be announced soon) will showcase institutional programs that are showing progress in creating a culture of allyship.

Learn More→

AAMC Webinar on Breaking Barriers: Fostering a Culture of Inclusion and Accessibility

This 90-minute webinar will take place Tues, October 8 at 12:30 pm and is part of a two-part series, hosted by the Group on Information Resources, that will explore the responsibility we all have to provide an appropriate education to all students, and not just typical learners. In the first part of this series, we will begin with a student sharing their experiences in medical education, highlighting the accessibility challenges that impeded their learning journey. We will then look at accessibility measures we can take in the physical classroom space. Finally, we will begin discussion on how to advocate for learners' needs within your institution.

Register Now→

GDI-GFA Webinar on The DEI Productivity Calculator: Generating a DEI Activity Impact Score

On behalf of the Group on Diversity and Inclusion (GDI) and the Group on Faculty Affairs (GFA), we invite you to an informative webinar titled, "The DEI Productivity Calculator: Generating a

DEI Activity Impact Score to Enhance Academic Promotion Evaluations by Integrating DEI-Related Metrics" taking place on October 28 at 1:30-2:30 pm. Join us for an insightful overview of the disparities URIM faculty face in academic promotion, particularly due to disproportionate involvement in DEI-related activities. This session will feature Dr. Benjamin Mba, MBBS, Professor of Medicine at Yale, and his team, who have developed the Diversity Productivity Calculator. This innovative tool is designed to quantify DEI-related contributions in education, research, clinical care, and leadership, offering a more inclusive framework for academic promotions.

Register Now→

AAMC GDI Community Conversation

On behalf of the Association of American Medical Colleges (AAMC) Group on Diversity and Inclusion (GDI) Steering Committee, we invite you to join us for our next community conversation on October 17, 2:00-3:00 pm. This session serves as a continuation and follow-up to our recent virtual conversation in August. This session aims to continue fostering a space for meaningful exchanges and continued support in our collective mission to promote health equity for all. This open forum will offer the GDI community an opportunity to further explore the pressing issues that "keep them up at night", while also offering a reflective space to address current challenges, share experiences, and foster community support. We encourage you to actively participate to gain insights, ask questions, and engage in deep discussions with colleagues.

Register Now→

Articles of Interest

How a New FDA Requirement Could Help Identify More Breast Cancer Cases

About 1 in 8 women will be diagnosed with breast cancer in her lifetime. That's one reason doctors recommend women get yearly mammograms beginning at age 45, but for some women, mammograms won't detect their cancer. A new FDA requirement could lead to more breast cancer cases being identified, saving lives.

Read More→

Why ADHD in Women is Routinely Dismissed, Misdiagnosed, and Treated Inadequately

ADHD is not a male disorder, but men and boys are diagnosed far more commonly than women and girls. Why? Lingering stereotypes, referral bias, internalized symptoms, gender role expectations, comorbidities, and hormonal fluctuations all complicate the ADHD presentation

in women. Here, learn about common signs and symptoms of ADHD in women, plus roadblocks to a thorough evaluation and effective treatment.

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