

There are no patients here,  
only people.



**GOULD FARM**  
HARVESTING HOPE · PROMOTING RECOVERY



## **Our Mission**

Gould Farm, founded in 1913, is the first residential therapeutic community in the nation dedicated to helping adults with mental health and related challenges move toward recovery and independence through community living, meaningful work, and clinical care.

## **Our Location**

We are located on a 700-acre working farm in western Massachusetts. We are about 2.5 hours north of New York City and west of Boston.





## Our Facilities

- 3 guest houses with private rooms and shared baths
- Individual houses for most staff and their families (90+ person community)
- Barns and outbuildings
- 10 miles of private hiking trails, including Diane's Trail, which is public
- A wood-fired sauna next to a brook for swimming





**About Gould Farm**

## Clinical Support

Clinical support is intentional and planned and also woven throughout many aspects of the program. Guests work closely with their social worker, residential advisor, work team leaders, transition counselor, consulting psychiatrist, and nursing office staff (available 24 hours a day, seven days a week).

- Clinically and wellness based groups take place weekly
- Two consulting psychiatrists
- Nursing staff and med management



## Life in Community

Guests are welcomed into a multigenerational community where staff and their families also live and work.

Meals, holiday celebrations, and special events are shared. Everyone participates, which strengthens interpersonal relationships and self-confidence.



# Morning meeting





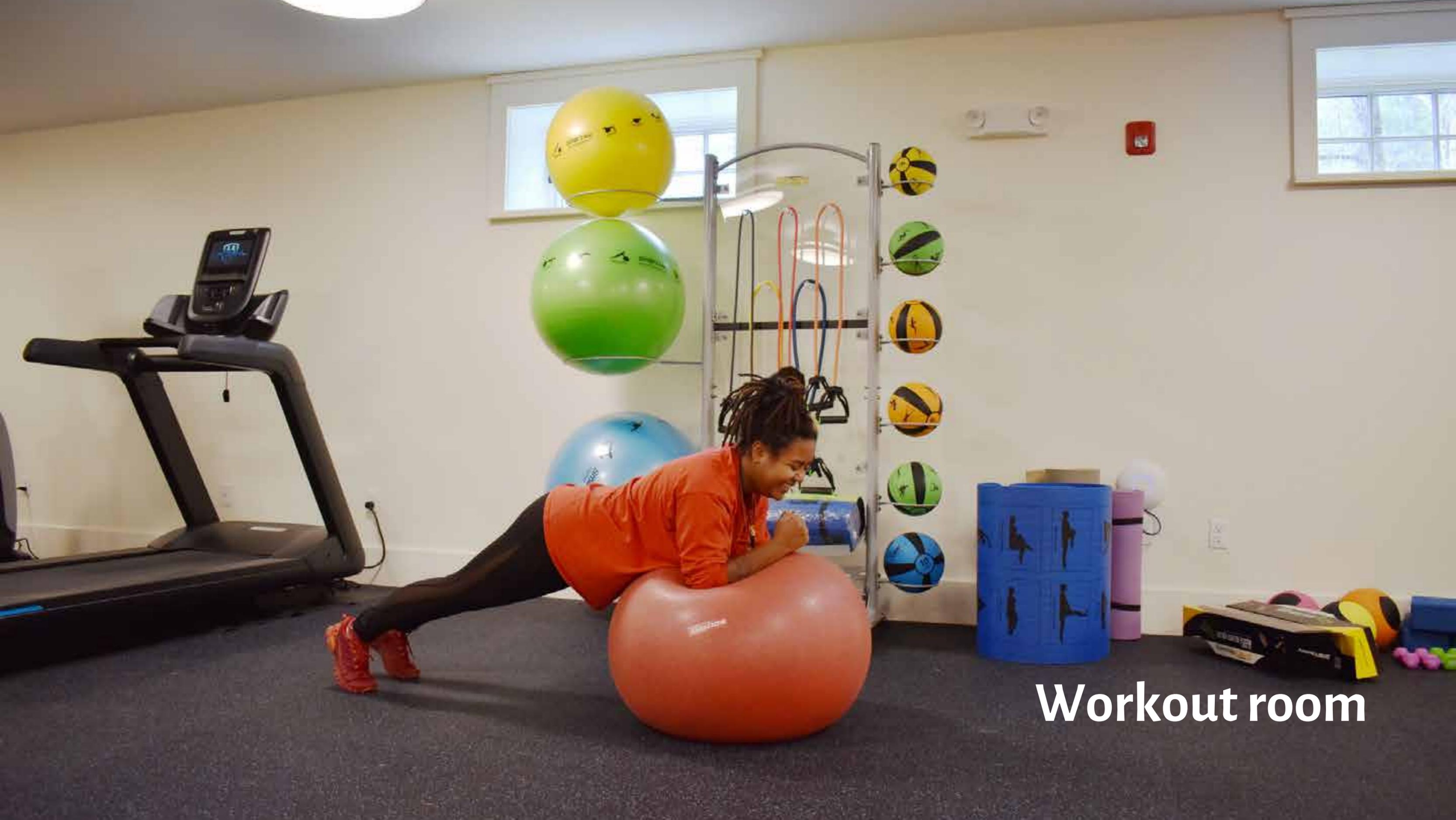
**Community meeting**

**Peaceful outdoor spaces**





**Basketball court**



**Workout room**

Art room



# Music and dance





## **Meaningful Work**

Guests participate in all aspects of the farm's daily work for about 28 hours per week. Tasks range from caring for animals, to tapping trees to make maple syrup, to baking bread and making cheese from fresh milk.

Some learn new skills, and others re-discover their strengths, building confidence and self-esteem. Together we sustain a healthy community in which everyone can thrive.



The kitchen

# The bakery





**Forestry & grounds**



Garden



Farm

















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