

Plan Provider Contact Information

PLAN TYPE	PROVIDER & WEBSITE	PHONE
EMPLOYEE MEDICAL INSURANCE	BlueCross and BlueShield of Vermont	1-888-222-7886
EMPLOYEE TELEMEDICINE	BCBSVT Telemedicine Services	1-844-733-3627
EMPLOYEE PRESCRIPTION DRUGS	Vermont Blue Rx/Optum Rx	1-877-493-1950
RETIREE MEDICAL	Cigna Medicare Advantage Customer Service	1-888-281-7867 (TTY 711)
RETIREE MEDICAL	EyeMed	1-888-886-1995
RETIREE MEDICAL	Hearing Care Solutions	1-866-872-1001
RETIREE PRESCRIPTION DRUGS	Express Scripts® Pharmacy	1-877-860-0982 (TTY 711)
RETIREE TELEHEALTH	MDLive Telehealth	1-866-918-7836
DENTAL INSURANCE	Delta Dental	1-800-832-5700
VISION INSURANCE	Voluntary Vision Service Plan	1-800-877-7195
VISION DISCOUNT	Delta Dental Vision Discount Program (PDF)	1-800-832-5700
RETIREMENT SAVINGS PLAN	Fidelity Investments	1-800-343-0860
RETIREMENT SAVINGS PLAN	TIAA	1-800-842-2776
FLEX SPENDING	EBPA	1-888-678-3457
SOCIAL SECURITY	Social Security Administration	1-800-772-1213
LIFE & LONGTERM DISABILITY INSURANCES	The Standard	1-800-247-6888