

CURRICULUM VITAE

JEAN R. HARVEY, PhD, RD

BUSINESS ADDRESS: University of Vermont
Department of Nutrition and Food Sciences
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EDUCATION

- 1991 Doctor of Philosophy in Epidemiology
University of Pittsburgh, Pittsburgh, PA
PhD Dissertation: A Comparison of Food Cravings and Macronutrient Intake Following a Very Low Calorie Diet vs. Moderate Calorie Restriction.
Advisor: Rena R. Wing, PhD
- 1984 Master of Science in Nutrition
The Pennsylvania State University, University Park, PA
Masters Thesis: The Factors That Influence Weight Change in College Students
Advisors: Penny Kris-Etherton, PhD, RD, Barbara Shannon, PhD, RD
- 1984 Adolescent Nutrition Fellowship
Child Development and Mental Retardation Center
University of Washington, Seattle, WA
Advisor: Jane M. Rees, MS, RD
- 1981 Bachelor of Science in Nutrition
The Pennsylvania State University, University Park, PA

POSITIONS

September 2011-

Special Assistant to the Dean
College of Agriculture and Life Sciences
University of Vermont

April 2004-

Professor
University of Vermont
Department of Nutrition and Food Sciences; Department of Medicine

August 2002 –

Chair
University of Vermont
Department of Nutrition and Food Sciences

April 2000-2004
Associate Professor
University of Vermont
Department of Medicine

April 1998 - 2004
Associate Professor
University of Vermont
Department of Nutrition and Food Sciences

September 1991-1998
Assistant Professor; Extension State Nutrition Specialist
University of Vermont
Department of Nutritional Sciences

May 1988-August 1991
Senior Research Associate
Western Psychiatric Institute and Clinic, Department of Behavioral Medicine
University of Pittsburgh, Pittsburgh, PA

May 1988-August 1991
Nutritionist Optifast Program
Harmarville Rehabilitation Center, Harmarville, PA

January 1985-August 1987
WIC Nutrition Education Coordinator
N.O.R.T.H., Inc. Philadelphia, PA

January 1987-August 1987
Nutrition Counselor
Franklin Maternity Hospital, Philadelphia, PA

March 1986-July 1986
Nutrition Consultant
National Child Nutrition Project, Philadelphia, PA

TEACHING EXPERIENCE

September 1996 -
University of Vermont, Department of Nutrition and Food Sciences, Burlington, VT
Community Nutrition Practicum 1996-2004

Community Nutrition 1999-2002; 2003
Nutrition in the Lifecycle. 1999, 2000
Coordinated seminar series with New England Culinary Institute faculty, 2000
Obesity, Weight Control and Fitness 2004-present
Obesity Field Research 2007-2008
Nutrition Journal Club 2008-present
Food, Culture and Health: The Case of Oaxaca 2010-2016
Nutrition Facts and Fictions - 2017

January 1991-May 1991

Community College of Allegheny County, Pittsburgh, PA
Community Nutrition and Nutrition Education; Supervised students in community nutrition practicum.

January 1991-May 1991

La Roche College, Pittsburgh, PA
Introductory and Applied Clinical Nutrition for nursing students.

May 1988-August 1989

Sewickly Valley Hospital School of Nursing, Sewickly, PA
Applied and Clinical Nutrition for nursing students

September 1982-August 1983

The Pennsylvania State University, Univ. Park, PA, Introductory Nutrition

AWARDS AND PROFESSIONAL ACTIVITIES

Editorial Board, Journal Human Nutrition and Dietetics 2016-
TecHealth SmartState Faculty Associate; University of South Carolina 2015-
Fulbright Senior Specialist Scholar Award (Australia) 2012
Board of Advisors, Survivorship NOW 2012-2013
Board of Advisors, Wellbalance Weight Management Program 2011-2015
University Scholar, University of Vermont 2011
American Heart Association, NPAM/EPI Behavior Change Committee, 2010-2013
American Heart Association, Cardiac Rehab Science Advisory Committee, 2010-2013
Board of Advisors, Fitsme 2009-2016
Vermont Cancer Center Member, 2009-
The Obesity Society, Education Committee, 2008-2011
H. W. Vogelmann Award for Excellence in Research and Scholarship, 2008
Vermont Dietetic Association Pyramid Award, 2008
Clinical Advisory Committee, Marathon Health, 2008-2012
NIH PRDP Study Section (formerly RPHB-2), 2002-2006
Fellow, Society of Behavioral Medicine, 2003-
Fellow, North American Association for the Study of Obesity, 1999-
Scientific Advisory Committee, *Eating Well Magazine*, 2006-2010

Bickford Keystone Award, 2003
National Dairy Council Speaker's Bureau, 2002-2004
Task Force on Obesity, American Dietetic Association, 2002-2003
Scientific Advisory Committee, National Dairy Council, 2002
UVM College of Agriculture Bickford Scholar, 2000
1998 UVM Research of Excellence Program
Vermont Association of Extension Professionals Team Initiative Award, 1996, 1997
Epsilon Sigma Phi Regional Distinguished Team Award, 1994
Vermont Coalition on Cancer Prevention and Control Certificate of Recognition, 1994, 1996
National Association of Extension Home Economists Certificate of Recognition, 1994
U.S. Public Health Traineeship 1987-1989

PEER REVIEWED PUBLICATIONS

- Pascale, R., Wing, R.R., Blair, E.H., & **Harvey, J.** Changes in waist-to-hip ratio among women with Type II diabetes in a weight loss program. International Journal of Obesity (1992), 16, 59-65.
- Harvey, J.**, Wing R.R., Mullen, M. Effects on food cravings of a very low calorie diet or a balanced, low calorie diet. Appetite (1993), 21, 105-115.
- Wing, R.R., Blair, E., Marcus, M., Epstein, L. & **Harvey, J.** Year-long weight loss treatment for obese patients with Type II diabetes: Does including an intermittent very-low-calorie diet improve outcome? American Journal of Medicine (1994), 97, 354-362.
- Jeffery, R.W., Wing, R.R., Thorsen, C., Burton, L.R., Raether, C., **Harvey, J.**, & Mullen, M. Strengthening behavioral interventions for weight loss: A randomized trial for food provision and monetary incentives. Journal of Consulting and Clinical Psychology (1993), 61, 1038-1045.
- Johnson, R.K., Johnson, D., & **Harvey-Berino, J.** Diet quality and the source of the noon-time meal among U.S. adolescents. Journal of School Food Service Research and Review (1994), 18(1), 2-7.
- Harvey-Berino, J.**, Lamoureux, C., & Johnson, R.K. (1994) Motivations for the use of dietary supplements in a college population. Medicine, Exercise, Nutrition and Health (1995), 4, 178-184.
- Ballor, D., **Harvey-Berino, J.**, Ades, P.A. A healthy lifestyle is the treatment of choice for obesity in CHD patients. Journal of Cardiopulmonary Rehabilitation (1995), 15:14-18.
- Soons, K.R., Little, D.N., **Harvey, J.** Cholesterol screening in the elderly: Changing attitudes. Gerontology (1995) 41, 57-62.
- Ballor, D.L., **Harvey-Berino, J.**, Ades, P.A., Cryan, J., Calles-Escadon, J. Contrasting effects of resistance and aerobic training on body composition and metabolism after diet-induced weight loss. Metabolism (1996) 45, 179-183.
- Ballor, D.L., **Harvey-Berino, J.**, Ades, P.A., Cryan, J., Calles-Escadon, J. Decrease in fat oxidation following a meal in weight-reduced individuals: a possible mechanism for weight recidivism. Metabolism (1996) 45, 174-178.
- Calles-Escadon, J., Ballor, D., **Harvey-Berino, J.**, Ades, P., Tracy, R., Sobel, B. Amelioration of the inhibition of fibrinolysis in obese elderly subjects by moderate calorie restriction. American Journal of Clinical Nutrition (1996) 64(1),7-11.

- Harvey-Berino, J.,** Hood, V., Rourke, J., Terrance, T., Dorwaldt, A., Secker-Walker, R. Food preferences predict eating behavior for very young Mohawk children. Journal of the American Dietetic Association (1997) 97 (7), 750-753.
- Harvey-Berino, J.,** Ewing, J., Flynn, B., Wick, J.R. Statewide dissemination of a nutrition program: Show the Way to 5-a-Day. The Journal of Nutrition Education (1998) 30, 29-36.
- Harvey-Berino, J.** The efficacy of fat vs. calorie restriction for weight loss. Obesity Research, (1998) 6(3), 202-207.
- Harvey-Berino, J.** Changing health behavior via telecommunications technology: Using interactive television to treat obesity. Behavior Therapy, (1998) 29, 505-519.
- Harvey-Berino, J.** Weight loss in the clinical setting: Applications for cardiac rehabilitation programs. Coronary Artery Disease, (1998) 9, 795-798.
- Harvey-Berino, J.** Calorie restriction is more effective for weight loss than dietary fat restriction. Annals of Behavioral Medicine, (1999) 21, 35-39.
- Harvey-Berino, J.,** Hood, V., Wellman, A., Rourke, J., Secker-Walker, R. Prevention of obesity in Native American children: Where to begin? Journal of the American Dietetic Association, (2000) 100, 564-566.
- Harvey-Berino J.,** Gold E.C., Smith, D.E., Shuldiner, A.R., Walston, J.D., Starling, R.D., Turner, A., Silver, K., Poehlman, E.T. Does genetic testing for obesity influence confidence in the ability to lose weight? Journal of the American Dietetic Association (2001) 101, 1351-1353.
- Harvey-Berino, J.,** Pintauro, S.J., Gold, B.C. The Feasibility of Using Internet Support for the Maintenance of Weight Loss. Behavior Modification (2002) 26, 103-116.
- Harvey-Berino, J.,** Pintauro, S., Buzzell, P., DiGiulio, M., Gold, E.C., Moldovan, C., Ramirez, E. Does using the Internet facilitate the maintenance of weight loss? International Journal of Obesity, (2002) 26, 1254-1260.
- Savage, P.D., Lee, M.L., **Harvey-Berino, J.,** Brochu, M., Ades, P.A. Weight reduction in the cardiac rehabilitation setting. Coronary Artery Disease (2002) 22, 154-160.
- McKenzie, D., Johnson, R.K., **Harvey-Berino, J.,** Gold, E.C. The impact of interviewer body mass index on underreporting of energy intake in overweight and obese women. Obesity Research (2002) 10, 471-477.
- Burdette, H.L., Whitaker, R.C., Kahn, R.S., **Harvey-Berino, J.** Television viewing in preschool children: Associations with maternal obesity and depression. Archives of Pediatric and Adolescent Medicine, (2003) 157, 894-899.
- Harvey-Berino, J.,** Rourke, J. Obesity prevention in Native American preschool children: Results of a pilot study using home-visiting. Obesity Research. (2002) 11(5), 606-611.
- Burdette, H.L., Whitaker, R.C., **Harvey-Berino, J.,** Kahn, R.S. Depressive Symptoms in Low-Income Mothers and Emotional and Social Functioning in their Preschool Children. Ambulatory Pediatrics (2003) 3, 288-294.
- Harvey-Berino, J.,** Pintauro, S., Buzzell, P., Gold, E.C. The effect of Internet support on the long-term maintenance of weight loss. Obesity Research (2004) 12(2), 320-329.
- Friedman, A.B., Johnson, R.K., **Harvey-Berino, J.,** Gold, B.C. Participation in a behavioral weight loss program worsens the severity and prevalence of underreporting among obese and overweight women. Journal of the American Dietetic Association, (2005) 105(12),1847-2030.

- Harvey-Berino, J.**, Gold, E.C., Lauber, R., Starinski, A. The impact of dairy product consumption on weight loss. Obesity Research (2005)13(10),1720-1726.
- Krukowski, R., **Harvey-Berino, J.**, Kolodinsky, J., Narsana, R., DeSisto, T. Will Consumers Read Nutrition Labels On Restaurant Menus And Can They Interpret The Information? Journal of the American Dietetic Association, (2006)106, 917-920.
- Yon B., Johnson R.K., **Harvey-Berino J.**, Gold E.C. The use of a personal digital assistant (PDA) for dietary self-monitoring does not impact the validity of self-reports of energy intake. J Amer Diet Assoc (2006)106,1256-1259.
- Yon, B., Johnson, R.K., **Harvey-Berino, J.**, Gold, E.C. Use of a personal digital assistant for dietary self-monitoring during a weight loss program. Journal of Behavioral Medicine (2007) 30(2),165-75.
- Gold, EC., Burke, S., Buzzell, P., Pintauro, S., **Harvey-Berino, J.** Weight loss on the web: A pilot study comparing a commercial website to a structured online behavioral intervention. Obesity Research (2007)15(1),155-64.
- Micco, M., Gold, EC., Buzzell, P., Pintauro, S., **Harvey-Berino, J.** Internet weight loss: Stand-alone intervention or adjunct to traditional behavioral treatment? Annals of Behavioral Medicine (2007) 33, 49-56.
- Kolodinsky, J., Berlin, L., Reynolds, T., **Harvey-Berino, J.** Knowledge of current dietary guidelines and food choice of college students: Better eaters have higher knowledge of dietary guidance. Journal of the American Dietetic Association (2007) 107(8),1409-13.
- Krukowski, R.A., **Harvey-Berino, J.**, Ashikaga, T., Thomas, C. Internet-based weight control: The relationship between web features and weight loss. Telemed J E Health (2008) 14(8), 775-782.
- Jones, K.E., Johnson, R.K., **Harvey-Berino, J.** Is losing sleep making us obese? Nutrition Bulletin, (2008) 33(4), 272-276.
- Kolodinsky, J., Green, J., Michahelles, M., **Harvey-Berino, J.** The use of nutritional labels by college students in a food-court setting. J Am Coll Health. (2008) 57(3):297-302.
- Ades, P.A., Savage, P.D.,Toth, M.J., **Harvey-Berino, J.**,Schneider, D.J., Bunn, J.Y., Audelin, M.C., Ludlow, M. High-Caloric Expenditure Exercise for Overweight Cardiac Patients: A New Paradigm for Cardiac Rehabilitation. Circulation. (2009) 119(20):2671-8.
- Krukowski, RA, West, DS, & **Harvey-Berino, J.** Recent Advances in Internet-delivered, Evidence-based Weight Control Programs in Adults. Journal of Diabetes Science and Technology, (2008).3(1), 184-189.
- Funk, K., Stevens, V., Appel, L., Bauck, A., Brantley, P., Champagne, C., Coughlin, J. Dalcin, A. **Harvey-Berino, J.**, Hollis, J., Jerome, G., Kennedy, B., Lien, L., Myers, V., Samuel-Hodge, C., Svetkey, L. Vollmer, W. Associations of Internet Website Use with Weight Change in a Long-term Weight Loss Maintenance Program. J of Medical Internet Research, (2010) 12(3):e29.
- Krukowski, RA, West, DS, **Harvey-Berino, J.** & Prewitt, TE. Neighborhood Impact on Healthy Food Availability and Pricing in Food Stores. Journal of Community Health, (2010) 35:315-320.
- Otten, J., Littenberg, B., **Harvey-Berino, J.** Television Viewing Time by Self-Report and an Objective Measure: Do They Agree? Obesity Research, (2010) 18(6):1273-5.

- Shea, B., **Harvey-Berino, J.**, Johnson, R. Watching television: how does it influence the dietary quality of children? Nutrition Bulletin, (2010) 35(2): 165-171.
- Ades, P.A., Savage, P.D., **Harvey-Berino, J.** The treatment of obesity in cardiac rehabilitation. J of Cardiopulmonary Rehabilitation, (2010) 30(5):289-98.
- Jones, K.E., Johnson, R.K., Otten, J., **Harvey-Berino, J.** Removing the bedroom television set: A possible method for decreasing television viewing time in overweight and obese adults. Behavior Modification, (2010) 34 (4):290-298.
- Otten, J., Jones, K.E., Littenberg, B., Harvey-Berino, J. Effects of television viewing reduction on energy intake and expenditure in overweight and obese adults. Arch Intern Med (2009) 169 (22), 2109-2115.
- Harvey-Berino, J.**, West, D., Krukowski, R., Prewitt, E., VanBiervliet, A., Ashikaga, T., Skelly, J. Internet Delivered Behavioral Obesity Treatment. Preventive Medicine, (2010) 51, 123-128.
- Krukowski, R.A., West, D.S., **Harvey-Berino, J.** Differences in Home Food Availability of High- and Low-Fat Foods after a Behavioral Weight Control Program are Regional Not Racial. International Journal of Nutrition and Physical Activity Behavior, (2010) 7:69-75.
- West D.S., **Harvey-Berino J.**, Krukowski R.A., Skelly J. The Last Supper Effect in Obesity Treatment: Weight Gain While Waiting to Start Treatment is Associated with Treatment Outcomes. Obesity (2011) 19(9):1791-5.
- Krukowski RA, Tilford MJ, **Harvey-Berino J**, West DS. Incremental Cost-effectiveness of an Internet-based Relative to In-Person Group Behavioral Weight Loss Program. Obesity, (2011) 19(8):1629-35.
- Pope, L., **Harvey-Berino, J.**, Savage, P., Ades, PA. The impact of high-calorie-expenditure exercise and behavioral weight loss on quality of life and exercise enjoyment in older adults with Coronary Heart Disease. The Journal of Physical Activity and Aging, (2011) 19:99-116.
- Ades P, Savage P, Lischke S, Toth M, **Harvey-Berino J**, Bunn J, Ludlow M, Schneider D. The Effect of Weight Loss and Exercise Training on Flow-Mediated Vasodilatation in Coronary Heart Disease: A Randomized Trial. Chest, (2011) Dec;140(6):1420-72012
- Harvey-Berino J.**, Krukowski RA, Buzzell P., Ogden D., Skelly J., West DS. The accuracy of weight reported in a web based obesity treatment program. Telemedicine and e-Health, (2011)17(9):696-9. Epub 2011 Sep 1.2011.
- Audelin MC, Savage PD, Toth MJ, **Harvey-Berino J**, Schneider DJ, Bunn JY, Ludlow M, Ades PA.(In Press) Change of energy expenditure from physical activity is the most powerful determinant of improved insulin sensitivity in overweight patients with coronary artery disease participating in an intensive life style modification program. Metabolism. (2012) May;61(5):672-9.
- Pope E., Gold EC, Leonard H., Belliveau C., **Harvey-Berino J.** Undergrad and Overweight: Online Behavioral Weight Management for College Students. Journal of Nutrition Education and Behavior,(2012) 44(6):604-8.
- Krukowski, R. A., **Harvey-Berino, J.**, Bursac, Z., Ashikaga, T., & West, D. S. Patterns of Success: Online Self-Monitoring in a Web-Based Behavioral Weight Control Program. Health Psychology. (2013) 32(2):164-170.

- Dunn-Carver M., Pope E., Dorwaldt A., Flynn B., Dana G., **Harvey-Berino J.** Maples: An Evaluation of a Preschool Physical Activity Curriculum. Open Journal of Preventive Medicine, 2013. DOI: 10.4236/ojpm.2013.31018, Feb 27, 2013, pp 141-147.
- Mosca L**, Hammond G, Mochari-Greenberger H, Towfighi A, Albert MA; American Heart Association Cardiovascular Disease and Stroke in Women and Special Populations Committee of the Council on Clinical Cardiology, Council on Epidemiology and Prevention (**J. Harvey-Berino** member), Council on Cardiovascular Nursing, Council on High Blood Pressure. Fifteen Year Trends in Awareness of Heart Disease in Women: Results of a 2012 American Heart Association National Survey. Circulation. 2013 Mar 19;127(11):1254-63, e1-29. doi: 10.1161/CIR.0b013e318287cf2f. Epub 2013 Feb 19.
- Pope EF, **Harvey-Berino J.** Burn and Earn: Incentivizing Exercise During Fall Semester For College First-Year Students. Preventive Medicine. 2013 Mar;56(3-4):197-201. doi: 10.1016/j.ypmed.2012.12.020. Epub 2013 Jan 4.
- Carson TL, Eddings KE, Krukowski RA, Love SA, **Harvey-Berino J**, and West DS. Examining Social Influence on Participation and Outcomes among a Network of Behavioral Weight-Loss Intervention Enrollees. Journal of Obesity Volume 2013, Article ID 480630 <http://dx.doi.org/10.1155/2013/480630>
- Keating FK, Schneider DJ, Savage PD, Bunn JY, **Harvey-Berino J**, Ludlow M, Toth MJ, Ades PA. Effect of Exercise Training and Weight Loss on Platelet Reactivity in Overweight Patients with Coronary Artery Disease J Cardiopulm Rehabil Prev. 2013 Nov-Dec;33(6):371-7. doi: 10.1097/HCR.000000000000015. PMID: 24126611
- Harvey J**, Ogden D. Obesity Treatment in Disadvantaged Population Groups: Where Do We Stand and What Can We Do? Prev Med. 2014 May 27. (14)00181-9. doi: 10.1016/j.ypmed.2014.05.015
- Pope, L., **Harvey, J.** The efficacy of incentives to motivate continued fitness-center attendance in college first-year students: A randomized controlled trial. Journal of American College Health (2014) 62(2):81-90.
- Rollo, M., Burrows, T., Hutchesson, M., Hoggie, L., Krukowski, R., **Harvey, J.**, Collins, C. Video consultations and virtual nutrition care for weight management. Journal of the Academy of Nutrition and Dietetics. 115 (2015), pp. 1213-1220 DOI information: 10.1016/j.jand.2015.03.016
- Hutchesson, MJ., Rollo, ME., Krukowski, R., Ells, L., **Harvey, J.**, Morgan, PJ., Callister, R., Plotnikoff, R., Collins, CE. eHealth interventions for the prevention and treatment of overweight and obesity in adults: a systematic review with meta-analysis. Obes Rev. 2015 Mar 5. doi: 10.1111/obr.12268. [Epub ahead of print]
- Ades, PA., Savage, PD., Marney, AM., **Harvey, J.**, Evans, K. Remission of Recently Diagnosed Type 2 Diabetes Mellitus with Weight Loss and Exercise. J Cardiopulm Rehabil Prev. 2015 Jan 29. [Epub ahead of print]
- Pope, L., **Harvey, J.** The Impact of Incentives on Intrinsic and Extrinsic Motives for Fitness-Center Attendance in College First-Year Students. Am J Health Promot. 2015 Jan-Feb;29(3):192-9. doi: 10.4278/ajhp.140408-QUAN-135. PMID: 25559252
- Krukowski RA, **Harvey J**, Ingle K, DiLillo V, & West DS. (2016). Design and Methods of an Online Motivational Interviewing Intervention for Weight Management. JMIR Research Protocols, 5(2), e69. DOI: [10.2196/resprot.5382](https://doi.org/10.2196/resprot.5382). PMID: In Progress.

- Rollo ME, Burrows, T., Spencer LJ, **Harvey, J**, Collins C, Hutchesson MJ. Cost evaluation of providing evidence-based dietetic services for weight management in adults: In-person vs. eHealth delivery. Nutrition and Dietetics. (In Press, 2017)
- West DS, **Harvey J**, Krukowski RA, Prewitt TE, Priest J, Ashikaga T. Do individual on-line motivational interviewing chat sessions enhance weight loss in a group-based online weight control program? Obesity Research. 2016 Nov;24(11):2334-2340. doi: 10.1002/oby.21645. PMID: 27616628
- Dittus KL, **Harvey, J** Bunn, JY, Kokinda ND, Wilson KM, Priest J, Pratley RE. Impact of a behaviourally based weight loss intervention on parameters of insulin resistance in breast cancer survivors. BMC Cancer (Under review, 2017)
- Wolfson JA, Bostic S, Lahne J, Morgan C, Henley S, **Harvey J**, Trubek A. A comprehensive approach to understanding cooking behavior: implications for research and practice. British Food Journal (In Press, 2017)
- Rounds T, Hines P, Bongard J, **Harvey J**. What Do Men Really Want?: A Crowdsourcing Approach to Understand Weight Loss in Men. J Med Intern Res (Under review, 2017)
- Pope L, Hansen D, **Harvey J**. Examining the weight trajectory of college students. JNEB (In press, 2017).
- Harvey J**, Dittus K, Mench E. E-health interventions for weight loss in female cancer survivors: A review. J of Women's Health (in Press, 2017)

BOOKS

Harvey-Berino J. and Hendley J. *The Eating Well Diet*. Countryman Press; Woodstock, VT, 2007. (Winner: **2008 James Beard Award**; Nominated: **2007 Cordon Blue Award**)

BOOK CHAPTERS

West D.S., **Harvey-Berino, J.**, Raczinski, J., Behavioral Aspects of Obesity, Dietary Intake and Chronic Disease. In: Raczinski J & Leviton L (eds). *Handbook of Clinical Health Psychology*. American Psychological Association:Washington, DC, 2004, pgs. 9-42.

Krukowski, R.A., **Harvey-Berino, J.**, & West, D.S. (2009). Using Internet Technology to Treat Obesity. In M. A. Cucciare & K. R. Weingardt (Eds.), *Using Technology to Support Evidence-Based Behavioral Health Practices: A Clinician's Guide*.

OTHER PROFESSIONAL PUBLICATIONS

Vermont Department of Health and Vermont Program for Quality in Health Care, Inc. Recommendations for Management of Diabetes in Vermont, 4th Edition, Montpelier, VT, 2002.

South Dakota Diabetes Prevention and Control Program, Recommendations for Management of Diabetes in South Dakota, Pierre, SD, 2004.

Krukowski, R.A. and **Harvey-Berino, J.** Letter to the editor. Journal of the American Dietetic Association (2007), 107:34.

PUBLISHED PEER REVIEWED ABSTRACTS

- Harvey-Berino, J.** The relationship of food preferences, likings and cravings to food consumption. Annals of Behavioral Medicine (1994), 16:S161.
- Harvey-Berino, J.,** Hood, V., Secker-Walker, R., Johnson, R., Kelly, B., Rourke, J., Terrance, T. Community interventions to prevent diabetes: Understanding the relationships between eating behavior, food preferences and nutrition knowledge in very young Mohawk children. Annals of Behavioral Medicine (1995) 17, S079.
- Harvey-Berino, J.** The consideration of dieting behaviors as predictors of food preferences and cravings. Annals of Behavioral Medicine (1995) 17, S106.
- Harvey-Berino, J.** The efficacy of fat vs. calorie restriction for weight loss. Annals of Behavioral Medicine (1997) 19, S82.
- Harvey-Berino, J.** Treating obesity with telecommunications technology. Annals of Behavioral Medicine (1998) 20, S61.
- Gold, E.C., **Harvey-Berino, J.**, Smith, D.E., Shuldiner, A.R., Walston, J.D., Starling, R., Turner, A., Silver, K., Poehlman, E.T. Does genetic testing for obesity influence confidence in the ability to lose weight? Obesity Research (1999) 7, 97s.
- Harvey-Berino, J.,** Pintauro, S., Gold, E.C. The efficacy of Internet support for the long-term maintenance of weight loss. Obesity Research (1999) 7, 19s.
- Kratt, P., Smith, D., **Harvey-Berino, J.,** Pintauro, S., Greene, P. Use of interactive computer applications among rural, low-income African Americans. Annals of Behavioral Medicine (2000) 22, S104.
- Pintauro, S.J., **Harvey-Berino, J.,** Gardner, A. Development of a multimedia, touch screen computer application for delivering tailored nutrition messages. FASEB J. (2000) 14(4), A307.
- Savage, P., Brochu, M., Lee, M., **Harvey-Berino, J.,** Ades, P. Weight Loss in the Cardiac Rehab Setting. Journal of Cardiopulmonary Rehabilitation. (2000) 20, 5.
- Harvey-Berino, J.,** Geller, B., Dorwaldt, A., Flynn, K., Walfield, L. A qualitative data analysis of parental attitudes towards preschool physical activity. Annals of Behavioral Medicine (2001) 23, 24S.
- Ramirez, E., **Harvey-Berino, J.** Prevalence of binge eating behavior in participants of an outpatient behavioral weight management program. Annals of Behavioral Medicine (2001) 23, 23S.
- Burdette, H.L., Whitaker, R.C., **Harvey-Berino, J.** Television viewing and outdoor time in low-income preschool children: Relationship to depression, perceived stress and BMI in their Mothers. Obesity Research (2001) 9, 59S.
- Harvey-Berino, J.,** Pintauro, S., Buzzell, P., DiGiulio, M., Gold, E.C., Moldovan, C., Ramirez, E. Does using the Internet facilitate the maintenance of weight loss? Obesity Research (2001) 9, 85S.
- Gentile, C., Gold, B.C., **Harvey-Berino, J.** Calcium intake may not be high enough in overweight and obese women to facilitate weight loss. Obesity Research (2001) 9, 183S.
- Burdette, H.L., **Harvey-Berino, J.,** Kahn, R.S., Whitaker, R.C. Maternal depression and obesity predict television viewing in low-income preschool children. (2002) Pediatric Res, 51, 203A.
- Burdette, H.L., Kahn, R.S., **Harvey-Berino, J.,** Whitaker, R.C. The relationship of well-being in low-income mothers to emotional and social functioning (PedsQL™) in their preschool

- children. Pediatric Res. 2002; 51:197A
- Harvey-Berino, J.**, Gold, E.C., DiGiulio, M. Characteristics of individuals who achieve high levels of exercise during behavioral weight loss treatment. Annals of Behavioral Medicine (2002) 24, 47S.
- Harvey-Berino, J.**, Rourke, J. Obesity prevention in Native American preschool children: Results of a pilot study using home-visiting. Annals of Behavioral Medicine (2003) 25, 14S.
- Harvey-Berino, J.**, Pintauro S., Buzzell, P., Gold, B.C. The effect of Internet support on the long term maintenance of weight loss. Obesity Research (2003)11, A23.
- Harvey-Berino, J.**, Pintauro, S., Buzzell, P., DiGiulio, M., Gold, E.C., Moldovan, C., Ramirez, E. Does using the Internet facilitate the maintenance of weight loss? Journal of the American Medical Association (2003)289, 21.
- Harvey-Berino, J.**, Gold, EC., Lauber, L. The impact of dairy product consumption on weight loss. Obesity Research (2004)12, A23.
- Gold, EC., Burke, S., Buzzell, P., Pintauro, S., **Harvey-Berino, J.** Weight loss on the web: A pilot study comparing a commercial website to a structured online behavioral intervention. Obesity Research (2004)12, A24
- Micco, M., Gold, EC., Buzzell, P., Pintauro, S., **Harvey-Berino, J.** Internet weight loss: Stand-alone intervention or adjunct to traditional behavioral treatment? Obesity Research (2004)12, A24
- Krukowski, R., **Harvey-Berino, J.**, Kolodinsky, J., Narsana, R., DeSisto, T. Will consumers read nutrition labels on restaurant menus and can they interpret the information? Annals of Behavioral Medicine (2005)29, S70.
- Yon, B. **Harvey-Berino, J.**, Johnson, R.K., Gold, E. Using a personal digital assistant (PDA) for dietary self-monitoring as part of a weight loss program. Annals of Behavioral Medicine (2005)29, S84
- Krukowski, R., Gold, B.C, Stickle, T., **Harvey-Berino, J.** (October 2006) Physical and psychological factors influencing the effectiveness of exercise in the maintenance of weight loss. Obesity Research (2006)14, A240.
- Ades P.A., Savage P.D., Toth M.J., Schneider D.J., **Harvey-Berino J.**, Audelin M.C., Bunn J.Y., Ludlow M. High-Caloric Energy Expenditure in Cardiac Rehabilitation: A New Paradigm for Overweight Coronary Patients. Circulation (2007) 116,II_862.
- Harvey-Berino J.**, Ashikaga T., Micco N. Weight loss on the web: Which web site components predict weight loss? Obesity Research (2007) 15, A38.
- Audelin, M., Toth, M, Savage, P. Schneider, D. **Harvey-Berino, J.**, Ludlow, MA., Ades, P. Determinants of improved insulin sensitivity after an exercise and weight loss program in overweight male cardiac patients. Circulation (2008) In press.
- Harvey-Berino, J.**, West, D., Buzzell, P., Ogden, D. Weight reported on the web: Is it accurate? Obesity Research (2008) 16, S168.
- Otten, J., West, D., Krukowski, R., **Harvey-Berino, J.** Overweight subjects show greater preference for immediate rewards than obese subjects Obesity Research (2008) 16, S313.
- Krukowski, R., West, D., Eddings, K., **Harvey-Berino, J.** Associations between Grocery Store Food Environment, Race, Weight Status, and Individual Dietary Intake. Obesity Research (2008) 16, S168.

- Krukowski, R., West, D., Prewitt, E., **Harvey-Berino, J.** The Impact of Neighborhood Characteristics on the Availability and Pricing of Healthy Food Options Obesity Research (2008) 16, S319.
- Funk, K.L. and the Weight Loss Maintenance Writing Group. Website use and predictors of weight change in the interactive technology intervention of the weight loss maintenance trial. Obesity Research (2008) 16, S232.
- **Otten, J., Littenberg, B., Harvey-Berino, J.** Adult Television Viewing Time by Self-Report and an Objective Measure: Do They Agree? Annals of Behavioral Medicine (2009), 37, S66. [**** Winner Special Interest Group Student Paper; Society of Behavioral Medicine, Montreal, Quebec.**]
- Otten, J., Littenberg, B., **Harvey-Berino, J.** Can Reducing TV Viewing Decrease Energy Intake in Overweight and Obese Adults? A Randomized Controlled Trial. Annals of Behavioral Medicine (2009) 37, S205.
- Savage PD, Ludlow M, Toth MJ, Schneider DJ, **Harvey-Berino J**, Bunn JY, Audelin M, Lischke S, Ades PA Exercise and Weight Loss Improves Endothelial Dependant Vasodilatory Capacity in Overweight Individuals with Coronary Heart Disease. Journal of Cardiac Rehabilitation (2009).
- Harvey-Berino, J.,** West, D.S. Internet Delivered Behavioral Weight Control. Obesity Research, (2009) 17, S77.
- Otten, J., Jones, K., Littenberg, B. **Harvey-Berino, J.** Can reducing TV viewing increase energy expenditure in overweight and obese adults? A randomized controlled trial. Obesity Research (2009) 17, S272
- Krukowski, RA., **Harvey-Berino, J.** West DS. Perceived social support in Internet-delivered behavioral weight control. Obesity Research (2009) 17, S274.
- Jones, K., Otten, J., Johnson, R., **Harvey-Berino, J.** Removing the bedroom television set: A potential method for decreasing total TV viewing time in overweight and obese adults. Obesity Research (2009) 17, S277.
- Pope, L., **Harvey-Berino, J.,** Savage, P., Ades, PA. The impact of high-calorie-expenditure exercise and behavioral weight loss on quality of life and exercise enjoyment in older adults with Coronary Heart Disease. International Journal Behavioral Nutrition and Physical Activity (2010) 10, S145.
- Dunn-Carver, M, Otten J, Bunn J, Flynn, B, **Harvey-Berino J.** An evaluation of quantity and quality of preschool child physical activity in childcare centers. . International Journal Behavioral Nutrition and Physical Activity (2010) 10, S155.
- DeHaan C. **Harvey-Berino J,** West DS. The relationship of website utilization to weight loss success in an online behavioral obesity treatment program. International Journal Behavioral Nutrition and Physical Activity (2010) 10, S37.
- Krukowski RA, Tilford JM, **Harvey-Berino J,** West DS. Comparative Cost-effectiveness for In-person versus Online Behavioral Weight Loss Programs. Obesity Reviews, (2010) 11, S265.
- Krukowski RA, West DS, **Harvey-Berino J,** McSweeney J. Weight Loss Success among African American Women: Exploring Perspectives. Obesity Reviews, (2010) 11, S267.

- West DS, **Harvey-Berino J**, Krukowski RA. Weight Change While Waiting for Treatment to Start is Associated with 6-month Weight Loss Outcomes. Obesity Reviews, (2010) 11, S155.
- West DS, **Harvey-Berino J**, Krukowski RA. Preliminary Evidence that Online Individual Motivational Interviewing Sessions Enhance Behavioral Weight Control Program. Obesity Reviews, (2010) 11, S199.
- Krukowski R., West DS, **Harvey-Berino J**, Bursac Z., Ashikaga T. Patterns of Self-Monitoring Over Time Associated with Weight Loss Success in an Online Behavioral Weight Control Program. Obesity Research, (2011) 12, S162.
- Cox TL, Eddings K, Krukowski RA, Love SJ, **Harvey-Berino J**, West DS. Examining associations between treatment adherence and weight loss among natural social contacts in a behavioral weight loss intervention. *Obesity Research* (2012)
- Pope, E., **Harvey-Berino, J.** Burn and Earn: Incentivizing Exercise in First-Year College Students *Obesity Research* (2012)
- Pope, L., **Harvey-Berino, J.** (2013). The efficacy of incentives to motivate continued fitness-center attendance in college first-year students: A randomized controlled trial. *Obesity 2013, 31st Annual Scientific Meeting*.
- Pope, L., **Harvey-Berino, J.** (2013). Incentive provision and motives for exercise in college first-year students: A randomized controlled trial. *Obesity 2013, 31st Annual Scientific Meeting*.

PEER REVIEWED PAPERS PRESENTED

- Harvey, J.** (July 1984) The factors that influence weight change in college students. Paper presented at the Society for Nutrition Education Annual Meeting, Philadelphia, PA
- Harvey, J. & King, E.B.** (July 1986) Storefront education site for the Supplemental Food Program for Women, Infants, and Children. Poster presented at the Society for Nutrition Education Annual Meeting, Washington, DC
- Harvey, J., Wing, R.R., Blair, E.H., & Mullen, M.** (March 1991) Macronutrient intake following a VLCD vs. moderate calorie restriction. Paper presented at the Society of Behavioral Medicine Annual Meeting, Washington, DC
- Marcus, M.D., Wing, R.R., Blair, E.H., Guare, J., **Harvey, J.** & Jawad, A. (March 1991) Major depression in obese Type II diabetic patients. Paper presented at the Society of Behavioral Medicine Annual Meeting, Washington, DC
- Harvey, J. & Wing, R.R.** (July 1991) Sex differences in calorie and macronutrient intake following a behavioral weight control program. Paper presented at the Society of Nutrition Education Annual Meeting, Miami, FL
- Harvey, J. & Wing, R.R.** (March 1992) The effect of a VLCD vs. moderate calorie restriction on food preferences. Paper presented at the Society of Behavioral Medicine Annual Meeting, New York, NY
- Harvey, J., Smith, D.S., & Marcus, M.D.** (July 1992) The eating behavior of obese binge eaters vs. obese controls. Paper presented at the Society of Nutrition Education Annual Meeting, Washington, DC.
- Violette, C., Hedstrom, N., Sebelia, L., Patnoad, M., Cohen, N., Evans, D., **Harvey, J.**, Hall, K., &

- Annliker, J. (July 1992) Video PSA's: A cooperative approach to food safety education. Paper presented at the Society of Nutrition Education Annual Meeting, Washington, DC.
- Harvey, J.**, Soons, K. & Little, D. (November 1992) A Dietary Intervention for Elderly Hypercholesterolemic Patients. Paper presented at the "Innovations and Research in Primary Care, VI" Conference, Essex, VT.
- Harvey-Berino, J.** (April 1994) The relationship between food preferences, likings and cravings and food consumption. Paper presented at The Society for Behavioral Medicine Annual Meeting, Boston MA.
- Ewing, J., Wick, J., Carney, J., Flynn, B., & **Harvey-Berino, J.** (October 1994) 5-A-Day: A unique partnership between education, business, and health. Paper presented at the American Public Health Association Meeting, Washington, DC.
- Harvey-Berino, J.** (March 1995) The consideration of dieting behaviors as predictors of food preferences and food cravings. Paper presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA.
- Harvey-Berino, J.**, Hood, V., Secker-Walker, R., Johnson, R., Kelly, B., Rourke, J., & Terrance, T. (March 1995) Community interventions to prevent diabetes: Understanding the relationships between eating behavior, food preferences, and nutrition knowledge in very young Mohawk children. Paper presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA.
- Hood, V., Dorwaldt, A., **Harvey-Berino, J.**, Ballor, D., Kelly, B., Rourke, J., Terrance, T., & Secker-Walker, R. (July 1995) Preventing diabetes: A Mohawk community initiative. Paper presented at the "Diabetes in Minority Populations" meeting of the NIDDK, Washington, DC.
- Harvey-Berino, J.**, Hood, V., Rourke, J., Terrance, T. (August 1996) Targeting interventions for diabetes prevention: The role of food preferences, nutrition knowledge and eating behavior of very young Mohawk children. Paper presented at the Indian Health Service Annual Research Conference, Albuquerque, NM.
- Terrance, T., Rourke, J., Hood, V., Secker-Walker, R., **Harvey-Berino, J.**, Dorwaldt, A. (August 1996) Tsitewatakari:tat (Let's Get Healthy): Making measurements work in a school and community setting. Paper presented at the Indian Health Service Annual Research Conference, Albuquerque, NM.
- Hood, V., Secker-Walker, R., **Harvey-Berino, J.**, Dorwaldt, A., Rourke, J., Terrance, T. (August 1996) Tsitewatakari:tat (Let's Get Healthy): Evaluating body composition and energy balance outcomes. Paper presented at the Indian Health Service Annual Research Conference, Albuquerque, NM.
- Secker-Walker, R., Hood, V., **Harvey-Berino, J.**, Dorwaldt, A., Rourke, J., Terrance, T. (August 1996) Tsitewatakari:tat (Let's Get Healthy): Parent's readiness to reduce dietary fat and increase regular exercise. Paper presented at the Indian Health Service Annual Research Conference, Albuquerque, NM.
- Harvey-Berino, J.** (April 1997) The efficacy of fat vs. calorie restriction for weight loss. Paper presented at the Society of Behavioral Medicine Meetings, San Francisco, CA.
- Harvey-Berino, J.**, Hood, V., Gregg, E., Secker-Walker, R., Dorwaldt, A., Rourke, J., Terrance, T. (April 1997) Dietary change in a community intervention targeted towards very young Mohawk children. Paper presented at the Indian Health Service Annual Research

Conference, Albuquerque, NM.

Harvey-Berino, J., Ewing, J. Flynn, B. Wick, J. (July 1997) Statewide dissemination of a nutrition program: Show the way to 5-a-day. Paper presented at the 1997 Society for Nutrition Education Meeting, Montreal, Canada.

Harvey-Berino, J., Gregg, E. Hood, V., Rourke, J. Terrance, T. (October 1997) The research and practice of eating and exercise behavior change. Workshop presented at the 4th International Conference on Diabetes and Indigenous Peoples, San Diego, CA.

Harvey-Berino, J. (March 1998) Treating obesity with telecommunications technology. Paper presented at the Society of Behavioral Medicine Meetings, New Orleans, LA.

Rourke, J.M., Hood, V., **Harvey-Berino, J.**, Secker-Walker, R., Dorwaldt, A., Terrance, T. (April 1998) Weaving research and intervention in a Mohawk community diabetes prevention initiative, 1993-1998. Paper presented at the Indian Health Service Research Conference, Albuquerque, NM.

Gold, E.C., **Harvey-Berino, J.**, Smith, D.E., Shuldiner, A.R., Walston, J.D., Starling, R.A., Turner, A., Silver, K., Poehlman, E.T. (November 1999) Does genetic testing for obesity influence confidence in the ability to lose weight? Paper presented at North American Association for the Study of Obesity Meetings, Charleston, SC

Harvey-Berino, J., Pintauro, S., Gold, E.C. (November 1999) The efficacy of Internet support for the long-term maintenance of weight loss. Paper presented at North American Association for the Study of Obesity Meetings, Charleston, SC

Harvey-Berino, J., Geller, B., Dorwaldt, A., Flynn, K., Walfield, L. (March 2001) A qualitative data analysis of parental attitudes towards preschool physical activity. Paper presented at the Society of Behavioral Medicine Meetings, Seattle, WA

Ramirez, E., **Harvey-Berino, J.** (March 2001) Prevalence of binge eating behavior in participants of an outpatient behavioral weight management program. Paper presented at the Society of Behavioral Medicine Meetings, Seattle, WA

Savage, P., James, S., Lee, M., **Harvey-Berino, J.**, Ades, P. (September 2001) Weight loss for high-risk individuals: The healthy heart weight loss program. Paper presented at the American Association for Cardiovascular and Pulmonary Rehabilitation, Tampa, FL

Burdette, H.L., Whitaker, R.C., **Harvey-Berino, J.** (October 2001) Television viewing and outdoor time in low-income preschool children: Relationship to depression, perceived stress and BMI in their mothers. Paper presented at the North American Association for the Study of Obesity in Quebec, Canada.

Harvey-Berino, J., Pintauro, S., Buzzell, P., DiGiulio, M., Gold, E.C., Moldovan, C., Ramirez, E. (October 2001) Does using the Internet facilitate the maintenance of weight loss? Paper presented at the North American Association for the Study of Obesity in Quebec, Canada.

Gentile, C., Gold, B.C., **Harvey-Berino, J.** (October 2001) Calcium intake may not be high enough in overweight and obese women to facilitate weight loss. Paper presented at the North American Association for the Study of Obesity in Quebec, Canada.

Harvey-Berino, J., Gold, B.C., DiGiulio M. (April 2002) Characteristics of individuals who achieve high levels of exercise during behavioral weight loss treatment. Paper presented at the Society of Behavioral Medicine Meetings, Washington, DC.

Burdette, H.L., **Harvey-Berino, J.**, Kahn, R.S., Whitaker, R.C. (May 2002) Television viewing in

- low-income preschool children and its relationship to maternal obesity and depression. Paper presented at the American Academy of Pediatric meeting, Baltimore, MD.
- Burdette, H.L., Kahn, R.S., **Harvey-Berino, J.**, Whitaker, R.C. (May 2002) The Relationship of Well-being in Low-income Mothers to Emotional and Social Functioning (PedsQL™) in their Preschool Children Paper presented at the American Academy of Pediatric meeting, Baltimore, MD.
- Harvey-Berino, J.**, Rourke, J. (March 2003) Obesity prevention in Native American children: Results of a pilot project using home visiting. Paper presented at the Society of Behavioral Medicine Meetings in Salt Lake City, UT.
- Harvey-Berino, J.**, Pintauro S., Buzzell, P., Gold, B.C. (October 2003) The effect of Internet support on the long term maintenance of weight loss. Paper presented at the North American Association for the Study of Obesity in Fort Lauderdale, FL.
- Harvey-Berino, J.**, Gold, EC., Lauber, L. (November 2004) The impact of dairy product consumption on weight loss. Paper presented at the North American Association for the Study of Obesity in Las Vegas, NV.
- Gold, EC., Burke, S., Buzzell, P., Pintauro, S., **Harvey-Berino, J.** (November 2004) Weight loss on the web: A pilot study comparing a commercial website to a structured online behavioral intervention. Paper presented at the North American Association for the Study of Obesity in Las Vegas, NV.
- Micco, M., Gold, EC., Buzzell, P., Pintauro, S., **Harvey-Berino, J.** (November 2004) Internet weight loss: Stand-alone intervention or adjunct to traditional behavioral treatment. Paper presented at the North American Association for the Study of Obesity in Las Vegas, NV
- Krukowski, R., Kolodinsky J., DeSisto T., **Harvey-Berino J.** (April 2005) Will consumers read nutrition labels on restaurant menus and can they interpret the information? Paper presented at the Society of Behavioral Medicine Annual Meeting in Boston, MA.
- Yon B., Johnson R., Gold B., **Harvey-Berino J.** (April 2005) Using a Personal Digital Assistant (PDA) for dietary self-monitoring as part of a weight loss Program. Paper presented at the Society of Behavioral Medicine Annual Meeting in Boston, MA.
- Krukowski, R., Gold, B.C, Stickle, T., **Harvey-Berino, J.** (October 2006) Physical and psychological factors influencing the effectiveness of exercise in the maintenance of weight loss. Paper presented at the Obesity Society Meeting in Boston, MA.
- West, D.S. and **Harvey-Berino, J.** (June 2007) Do 'motivations to eat' predict weight loss at six months in a behavioral weight loss program? Paper presented at the International Society of Behavioral Physical Activity and Nutrition in Oslo, Norway.
- Ades P.A., Savage P.D., Toth M.J., Schneider D.J., **Harvey-Berino J.**, Audelin M.C., Bunn J.Y., Ludlow M. High-Caloric Energy Expenditure in Cardiac Rehabilitation: A New Paradigm for Overweight Coronary Patients (October 2007) Paper presented at the American Heart Association Meeting, Orlando, FL.
- Harvey-Berino J.**, Ashikaga T., Micco N. Weight loss on the web: Which web site components predict weight loss? (October 2007) Paper presented at the Obesity Society Meeting, New Orleans, LA.

- Harvey-Berino, J.**, West, D. Weight reported on the web: Is it accurate? (October 2008) Paper presented at The Obesity Society Meeting, Phoenix, AZ.
- Otten, J., West, D., Krukowski, R., **Harvey-Berino, J.** Overweight subjects show greater preference for immediate rewards than obese subjects (October 2008) Paper presented at The Obesity Society Meeting, Phoenix, AZ.
- Krukowski, R., West, D., Eddings, K., **Harvey-Berino, J.** Associations between Grocery Store Food Environment, Race, Weight Status, and Individual Dietary Intake. (October 2008) Paper presented at The Obesity Society Meeting, Phoenix, AZ.
- Krukowski, R., West, D., Prewitt, E., **Harvey-Berino, J.** The Impact of Neighborhood Characteristics on the Availability and Pricing of Healthy Food Options (October 2008) Paper presented at the Obesity Society Meeting, Phoenix, AZ.
- Krukowski, R., **Harvey-Berino, J.**, West, D. Changes in Home Food Environment in a Behavioral Weight Control Program: Food Availability and Storage. International Society for Behavioral Nutrition and Physical Activity (June 2009) Lisbon, Portugal..
- Harvey-Berino, J.**, West, D.S. Internet Delivered Behavioral Weight Control. (October 2009) Paper presented at The Obesity Society Meeting, Washington, DC.
- Otten, J., Jones, K., Littenberg, B. **Harvey-Berino, J.** Can reducing TV viewing increase energy expenditure in overweight and obese adults? A randomized controlled trial. (October 2009) Paper presented at The Obesity Society Meeting, Washington, DC.
- Krukowski, RA., **Harvey-Berino, J.** West DS. Perceived social support in Internet-delivered behavioral weight control. (October 2009) Paper presented at The Obesity Society Meeting, Washington, DC.
- Jones, K., Otten, J., Johnson, R., **Harvey-Berino, J.** Removing the bedroom television set: A potential method for decreasing total TV viewing time in overweight and obese adults. (October 2009) Paper presented at The Obesity Society Meeting, Washington, DC.
- Pope, L., **Harvey-Berino, J.**, Savage, P., Ades, PA. The impact of high-calorie-expenditure exercise and behavioral weight loss on quality of life and exercise enjoyment in older adults with Coronary Heart Disease. (July 2010). Paper presented at the International Behavioral Nutrition and Physical Activity Society, Minneapolis, MN.
- Dunn-Carver, M, Otten J, Bunn J, Flynn, B, **Harvey-Berino J.** An evaluation of quantity and quality of preschool child physical activity in childcare centers. (July 2010). Paper presented at the International Behavioral Nutrition and Physical Activity Society, Minneapolis, MN.
- DeHaan C. **Harvey-Berino J.**, West DS. The relationship of website utilization to weight loss success in an online behavioral obesity treatment program. (July 2010). Paper presented at the International Behavioral Nutrition and Physical Activity Society, Minneapolis, MN.
- Krukowski RA, Tilford JM, **Harvey-Berino J.**, West DS. (July 2010). Comparative Cost-effectiveness for In-person versus Online Behavioral Weight Loss Programs. International Congress on Obesity, Stockholm, Sweden.

- Krukowski RA, West DS, **Harvey-Berino J**, McSweeney J. (July 2010). Weight Loss Success among African American Women: Exploring Perspectives. International Congress on Obesity, Stockholm, Sweden.
- West DS, **Harvey-Berino J**, Krukowski RA. (July 2010). Weight Change While Waiting for Treatment to Start is Associated with 6-month Weight Loss Outcomes. International Congress on Obesity, Stockholm, Sweden.
- West DS, **Harvey-Berino J**, Krukowski RA. (July 2010). Preliminary Evidence that Online Individual Motivational Interviewing Sessions Enhance Behavioral Weight Control Program. International Congress on Obesity, Stockholm, Sweden.
- Krukowski RA, **Harvey-Berino J**, Bursac Z, Ashikaga T, West D. (June 2011). Patterns of Self-Monitoring Associated with Weight Loss Success in Internet-Delivered Behavioral Weight Control Program. International Society for Behavioral Nutrition and Physical Activity, Melbourne, Australia.
- Krukowski RA, **Harvey-Berino J**, Skelly J, West D. (June 2011). Predictors Associated with Long-Term Weight Loss in Online Compared with In-Person Behavioral Obesity Treatment Programs. International Society for Behavioral Nutrition and Physical Activity, Melbourne, Australia.
- Krukowski R., West DS, **Harvey-Berino J**, Bursac Z., Ashikaga T. (October 2011) Patterns of Self-Monitoring Over Time Associated with Weight Loss Success in an Online Behavioral Weight Control Program. The Obesity Society, Orlando, FL.
- Harvey-Berino, J.**, Dunn-Carver, M., Flynn, B. (May 2012) Does teacher training increase preschool physical activity levels? International Society for Behavioral Nutrition and Physical Activity, Austin, TX.
- Pope, E., **Harvey-Berino, J.** (May 2012) The association between delayed discounting and exercise goal achievement in first year college students. International Society for Behavioral Nutrition and Physical Activity, Austin, TX.
- Cox TL, Eddings K, Krukowski RA, Love SJ, **Harvey-Berino J**, West DS. (September 2012) Examining associations between treatment adherence and weight loss among natural social contacts in a behavioral weight loss intervention. The Obesity Society Annual Meeting, San Antonio, TX
- Pope, E., **Harvey-Berino, J.** (September 2012) Burn and Earn: Incentivizing Exercise in First-Year College Students The Obesity Society Annual Meeting, San Antonio, TX
- Pope, L., **Harvey-Berino, J.** (2013). The efficacy of incentives to motivate continued fitness-center attendance in college first-year students: A randomized controlled trial. The Obesity Society Annual Meeting, Atlanta, GA.
- Pope, L., **Harvey-Berino, J.** (2013). Incentive provision and motives for exercise in college first-year students: A randomized controlled trial. The Obesity Society Annual Meeting, Atlanta, GA .
- Krukowski, R., West, DS., **Harvey, J.** (2014) The Impact of the Interventionist-Participant Relationship in an Online Group Behavioral Weight Loss Program on Weight Loss and Treatment Adherence. Medicine 2.0, Maui, HI.
- West, DS., **Harvey, J.**, Krukowski, R. (2014) What Are the Weight Loss Outcomes among African American Women in Online Behavioral Weight Control Programs? Medicine 2.0, Maui, HI

- Collins, C., Callister, R., Morgan, P., Rollo, R., **Harvey, J.**, Krukowski, RA., Plotnikoff, R.(2015) Are weight loss interventions delivered using eHealth technologies effective? A systematic review with meta-analysis. ISBNPA, Edinburgh, Scotland.
- Pope, EF, Hansen, D, **Harvey, J.** Fatter After Four Years: Examining The Weight Trajectory of College Students.(2015) The Obesity Society, Los Angeles, CA.
- Rounds, R., **Harvey, J.** What do men really want: A crowdsourcing approach to understand weight loss in men. (2015) The Obesity Society, Los Angeles, CA
- West, DS, **Harvey, J.**, Krukowski R. (2015) Does the Addition of Online Individual Motivational Interviewing Chat Sessions Enhance Weight Loss Outcomes in a Group-Based Online Weight Control Program? The Obesity Society, Los Angeles, CA
- Ogden D, Harvey J. (2016) Behavioral Weight Loss Treatment Enhanced with Working Memory Training: a Randomized Feasibility Study. The Obesity Society, New Orleans, LA

GRANTS and CONTRACTS

- Principal Investigator: American Heart Association-Vermont Affiliate. The efficacy of behavioral weight control for postpartum women. 1992-1993 \$12,037
- Co-Investigator: The UVM Medical School. Cholesterol screening in the elderly. 1992 \$5,000 (PI: Soons, K)
- Principal Investigator: The University Committee on Research and Scholarship. The Relationship of Food Preferences to Food Consumption. 1993 \$1800
- Co-Investigator and Project Manager: National Institutes of Health. Preventing Diabetes: A Mohawk Community Initiative. 1993-1998 \$842,064 (PI: Hood, V)
- Principal Investigator: USDA Hatch Project. The efficacy of fat vs calorie restriction. 1994 -1996 \$24,000
- Principal Investigator: The Vermont Department of Health. Show the Way to 5-a-Day: A curriculum evaluation project. 1994 \$1000
- Co-Investigator: NIH/The Sims Obesity/Nutrition Research Center, Pilot and Feasibility Project. The effect of exercise training on weight recidivism. 1994 \$25,000 (PI: Ballor, D)
- Principal Investigator: NIH/ The Sims Obesity/Nutrition Research Center, Pilot and Feasibility Project. The efficacy of fat vs. calorie restriction. 1994 \$16,294
- Principal Investigator: USDA Hatch Project. Vermont Interactive Television: A model for changing health behavior via telecommunications technology. 1996-1999 \$28,000
- Principal Investigator: NIH (NIDDK: R29 DK51517), The role of exercise in the maintenance of weight loss. 1997-2003 \$325,936
- Principal Investigator: Fletcher Allen Health Care; Patient Oriented Research Project. Effectiveness of Internet support on the long-term management of obesity. 1997-1998 \$15,000
- Principal Investigator: USDA Hatch Project. The effectiveness of Internet support for the maintenance of weight loss. 1998-2002. \$120,000
- Principal Investigator: The Vermont Department of Health. Computer-assisted nutrition education. 1998-2000 \$34,000
- Principal Investigator: NIH (NIDDK: R29 DK51517), Negative body image and exercise avoidance. Minority post-doctoral fellowship supplement for Dr. Elena Ramirez. 1999-2001 \$80,000
- Principal Investigator: NIH (NIDDK: R03 DK56290) Prevention of obesity in Native American

children. 1999-2001 \$100,000

Principal Investigator: NIH (NIDDK: R01 DK56746) The effectiveness of Internet support for the maintenance of weight loss. 1999-2003. \$1,132,879

Co-Investigator: USDA/FNS Preventing childhood obesity: Fit WIC Project. 1999-2002. \$265,000 (PI: Flynn, K)

Principal Investigator: Dairy Management Incorporated. Can dairy product consumption enhance weight loss? 2002-2003. \$147,000

Principal Investigator: Northeast Dairy Foods Research Center. Can dairy product consumption enhance weight loss? 2002-2003. \$39,000

Co-Investigator: NIH (R01 AG015114) Exercise and weight loss in obese coronary patients. 2002-2005. \$1,513,750 (PI: Ades, P)

Principal Investigator: USDA Hatch Act Funds. Internet weight loss: stand-alone intervention or adjunct to traditional behavioral treatment? 2002-2005. \$57,500

Principal Investigator: USDA Special Research Grant. Vermont Obesity Project. 2003-2006. \$139,000; 2004-2006 \$124,000; 2005-2006 \$177,000; 2006-2007 \$185,000; 2008-2009 \$112,209; 2009-2010 \$247,346

External Scientific Advisory Board: National Health Foundation of Canada. Montreal-Ottawa New Emerging Team: MONET (Obesity Prevention Project). 2003-2006. (PI: Poehlman, ET)

Co-Investigator: American Heart Association. Effect of soy phytoestrogens on glucose metabolism. 2003-2005. (PI: Sites, C.)

Principal Investigator: Northeast Dairy Foods Research Center. The factors that influence beverage choice in young children. 2004-2006 \$50,000.

Co-Investigator: USDA NRI. Calorie Labeling 2004-2006 \$250,000

Principal Investigator: NIH (NIDDK: 4 R01 DK056746) Internet Assisted Obesity Treatment. 2005-2010. \$3,513,943

Principal Investigator: USDA Hatch Act Funds. Effects of reducing TV Viewing time on energy balance in obese and overweight adults. 2007-2009. \$23,374.

Principal Investigator: NIH (NIDDK 9 R01 DK 056746): Internet Assisted Obesity Treatment: Enhanced by Motivational Interviewing? 2010-2015. \$4,526,578

Co-Investigator: Lake Champlain Regional Cancer Center: Impact of Resistance Training Added to a Weight Loss Intervention for Overweight Breast Cancer Survivors. 2009-2012. \$50,000. (PI: Dittus, K.)

Principal Investigator: USDA Hatch Act Funds. Burn and Earn: Incentivizing Exercise in Young Adults 2009-2014 \$39,000

Co-Investigator: UMass/Dartmouth/Vermont Cancer Centers Collaborative Research Program Grant. An Internet-based Weight Loss and Exercise Intervention for Breast Cancer Survivors (PI: Dittus, K) 2011-2013 \$120,000

Co-Investigator: USDA/FNS WIC Special Project Grant. An Internet-Based Weight Management Program for Pregnant and Postpartum WIC Participants. (PI: Frary, C.) 2011-2012 \$25,000

Senior Scientist/Co-Investigator: CoBRE. Neurobiology, Health and Behavior. (PIs: Steve Higgins, Phil Ades) 2013-2018

Principal Investigator: NIH (NIDDK R01 DK 056746): Internet Assisted Obesity Treatment (Co-PI:

Delia West, University of South Carolina) Competing Continuation; 2015-2020;
\$3,500,000

Principal Investigator: USDA Hatch Act Funds. What Do Men Really Want?: A Crowdsourcing Approach to Understand Weight Loss Behavior in Men. 2014-2017, \$45,000

Co-Investigator: NIH. Fit for delivery (Subcontract from University of Tennessee at Memphis; PI: R. Krukowski). 2015-2020.

Co-Investigator: NIH/NHLBI. Pilot of Lifestyle in Asthma Intervention (PLAN). (PI: Anne Dixon, MD University of Vermont) 2017-2020., \$450,000

Co-Investigator: Biomedical Engineering Pilot Project Award; UVM College of Medicine. Cyber-physical system innovations to monitor and improve compliance with at-home neuromuscular rehabilitation (PI: M Toth) 2017-2018 \$40,000

Co-Investigator: NIH/NICHD Weight Change in Obese Pregnant Women (PI: Philips, J) 2017-2022 (Under Review)

INVITED PRESENTATIONS

The American Diabetes Association Annual Meeting, San Antonio, TX (June 1992).

Multidisciplinary approaches to prevent relapse following rapid weight loss.

The Vermont Dietetic Association, Burlington, VT (April 1992). Special Techniques for providing nutrition education to low-income families in Vermont.

The Champlain Valley Dental Association, Burlington, VT (September 1992). Dietary Policy: The New Food Guide Pyramid.

The Vermont Home Economics Teachers Association, Middlebury, VT (October 1992). The Scientific Basis for the Food Guide Pyramid.

The Vermont Dietetic Association, Woodstock, VT (May 1993). The Nutrition Labeling and Education Act.

The Connecticut Nutrition Council, Waterbury, CT (October 1993). From the Basic Four to the Food Guide Pyramid: US Dietary Policy.

The University of New Hampshire, Portsmouth, NH (March 1994). Cultural Background for Ethnic Food Choices and Consumption Patterns.

Federal Office of Rural Health Policy/Northeast Regional Center for Rural Development, Burlington, VT (May 1994). Building Partnerships for Rural Health.

The Vermont Dietetic Association, Burlington, VT (November 1994). Nutrition Research in Vermont: Who's doing it? Why? Where?

Northeast 4-H Leader's Forum, Burlington, VT (October 1996). Fun (& Healthy) Nutrition Activities for Kids.

Akwesasne Diabetes Conference, St. Regis Mohawk Reservation, Hogansburg, NY (May 1997). Healthy Eating and Energy Balance.

The Vermont Dietetic Association, Quechee, VT (May 1997). The Efficacy of Fat vs. Calorie Restriction for Weight Loss.

The Vermont Department of Health, Randolph, VT (May 1997) Low Fat Eating and Energy Balance.

Vermont Family and Community Leadership Conference, Burlington, VT (May 1997) Team Nutrition.

Cardiac Risk Factor Update: Focus on Aging Conference, Burlington, VT (October 1997) Weight

loss in a clinical setting.

Safe Food Processing Conference, Saratoga, NY (October 1997) How Processing Affects Food Nutritional Quality and Safety

Green Mountain at Fox Run Alumni Weekend, Ludlow, VT (March 1998) Weight Loss Maintenance: What Works and Why?

Vermont Department of Health Annual Physical Activity Conference, Montpelier, VT (September 1998) The relationship between nutrition and physical activity.

Vermont Department of Health WIC Conference, Burlington, VT (September 1999) Fit or Fat: Can you be both or do you have to choose?

Vermont Department of Education, Burlington, VT (December 1999) Childhood Obesity.

UVM College of Agriculture and Life Sciences Research and Scholarship Seminar Series (December 1999) Oprah's Obstacles: The Quest for Permanent Weight Management.

Lipid Nurse Task Force, Washington, DC (September 2000) Obesity in children and families: Behavioral and pharmacological approaches.

American Association of Cardiovascular and Pulmonary Rehabilitation, Tampa, FL (September 2000) Weight Cycling: Oprah's Odyssey; Weight loss in the cardiac rehabilitation setting.

Nurse Practitioners Association, Boston, MA (November 2000) Oprah's obstacles: The quest for permanent weight management.

National Association of WIC Directors, Myrtle Beach, SC. (May 2000) Parental attitudes toward preschool physical activity.

VT Family and Consumer Sciences Teachers Annual Meeting, Manchester, VT (October 2001) Oprah's obstacles: The quest for permanent weight management.

Nutrition 2002. Dartmouth-Hitchcock Medical Center, Lebanon, NH (March 2002) Innovations in the lifestyle modification for the prevention and treatment of obesity.

Rhode Island Association of Physical Education, Recreation and Dance, Providence, RI (September 2002). Childhood Obesity: What can the schools do?

VT WIC Program, Montpelier, VT (October 2002) Childhood obesity: How did we get here?

Blue Cross/Blue Shield, Montpelier, VT (November 2002) Overview: Evolving research into treatment and prevention of obesity.

North Carolina Cardiac Rehabilitation Conference, Greensboro, NC (February 2003) Setting up weight loss in a cardiac rehab setting.

Family Practice Grand Rounds, Fletcher Allen Health Care, Burlington, VT (March 2003) Obesity: The 500 pound gorilla in clinical practice

VT Association of Nurse Practitioners, Burlington, VT (March 2003) Innovations in the lifestyle modification for the prevention and treatment of obesity.

Rhode Island Dietetic Association, Warwick, RI (May 2003) Innovations in the lifestyle modification for the prevention and treatment of obesity.

Kaiser Permanente, Portland, OR (September 2003) Lifestyle change.com: Can you jog along the information superhighway?

The Stowe Conference on Digestive Diseases, Stowe, VT (March 2004) Non-surgical treatment of obesity.

Preventive Cardiology Nurses Association, Orlando, FL (April 2004) Weight loss for high-risk patients.

New Hampshire Dietetic Association, Keene, NH (May 2004) Obesity treatment and prevention:

From cradle to grave.

American Association of Cardiovascular and Pulmonary Rehabilitation. Long Beach, CA (October 2004) Implementing a weight loss program for high risk patients.

Dartmouth-Hitchcock Medical Center, Montpelier, VT (December 2004) Causes, consequences and cures: Obesity in children and adolescents.

Diabetes Summit II, St. Johnsbury VT (April 2005) Weight Management on the Web

NRI (USDA) Human Nutrition and Obesity Investigators Meeting, Orlando, FL (July 2005)
Childhood Obesity Prevention

Pennington Biomedical Research Center Scientific Symposium on the Prevention of Weight Gain and Regain, Baton Rouge, LA (December 2005) Internet based weight regain prevention.

Consorzio Ricerca Filiera Lattiero Casearia (CoRFiLaC), CheeseArt 2006. Ragusa, Sicily, Italy (June 2006) Can artisan cheese solve the obesity epidemic?

Obesity Conference, University of Kansas, Kansas City, MO (September 2006) Using technology to deliver behavioral interventions.

American College of Sports Medicine Roundtable on Strategies to Promote the Adoption and Maintenance of Weight Loss Related Behaviors, Kansas City, MO (September 2006)
Technology.

The Stowe Conference on Digestive Diseases, Stowe, VT (March 2007) Motivating Patients to Lose Weight.

Community Medical School, University of Vermont (April 2008) Keeping it off: The myths and realities of weight loss maintenance.

Vascular Medicine Lecture Series, University of Vermont (September 2008) Lifestyle interventions for obesity management.

Vermont Cancer Center, Breast Cancer Conference, Burlington, VT (October 2008, 2009, 2011, 2012, 2013, 2014). Breast cancer and weight gain: An inevitable or preventable partnership?

Grand Rounds, Fletcher Allen Health Care Endocrinology Practice (December 2008) Lifestyle interventions for obesity management.

Tufts University, Medford, MA (December 2008). Weight loss on the web: Is it a virtual reality?

New England Federal Credit Union, Williston, VT (January 2009). Vtrim® Weight Management Program

Massachusetts Dietetics Association, Norwood, MA (March 2009) Weight loss on the web: Is it a virtual reality?

Vermont Nurse Practitioners Conference, Stowe, VT (March 2009) Vtrim® Weight Management Program

American Diabetes Association. New Orleans, LA (June 2009) Using technology to implement and sustain weight loss in the 21st century.

University of Kansas, Kansas City, MO (November 2009) On-line weight loss

University of Nebraska, Omaha, NE (February 2011) Disseminating behavioral weight loss interventions: Reaching out to rural populations.

Fletcher Allen Health Care, Burlington, VT (September 2011) Grand Rounds Obstetrics and Gynecology; Obesity: Who, what, when, where, why and what do we do about it?

Fletcher Allen Health Care, Burlington, VT (March 2012) What happens when caveman genes meet coca-cola?

Stowe Weekend of Hope, Stowe VT (May 2012) Breast cancer and weight gain.
Monash University, Melbourne Australia (August 2012) What is the future of nutrition counseling for dietitians?
Monash University, Melbourne Australia (August 2012) Web-based research.
Monash University, Melbourne Australia (August 2012) Behavioral treatment for obesity.
Newcastle ICD Satellite Session, Newcastle Australia (August 2012) Evaluating what people in web-based weight loss studies really eat.
University of Newcastle, Newcastle Australia (August 2012) Delivery of weight loss on the web: Are face to face programs ancient history?
University of Newcastle, Newcastle Australia (August 2012) Taking a university based weight loss program to commercialization
University of Newcastle, Newcastle Australia (August 2012) Using the Internet for intervention delivery and data collection in research.
International Congress on Dietetics, Sydney Australia (September 2012) Strategies for improving client weight loss outcomes using on-line programs – what works?
UVM Community Medical School.(October 2012) Gut instincts: Food, facts and fiction in irritable bowel disease. With Gary Mawe, PhD and Peter Moses, MD
American Heart Association Meeting, Los Angeles California (November 2012) On becoming biggest losers: Mobile and web-based applications and the Pounds Lost Trial.
Vermont Cancer Center Conference, Burlington, VT (November 2012) Benefits and challenges of behavioral weight loss interventions for cancer survivors
Grand Rounds, Fletcher Allen Health Care Endocrinology Practice (January 2014) Lifestyle interventions for obesity management.
Neurosciences, Health and Behavior Center Conference, Burlington, VT (September 2013) Internet based weight loss interventions.
Fletcher Allen Mammography Technician Inservice, Burlington, VT (January 2014) Breast cancer treatment and weight change.
Women in Science, University of Vermont, Burlington, VT (September 2014) What is science?
Stowe Weekend of Hope (May 2014) Pink Ribbon Cooking Boot Camp with Kim Dittus, PhD, MD and Patty O'Brien, MD
Grand Rounds, University of Vermont Medical Center Pediatrics (November 2014) Childhood Obesity: Who, Why and What Can be Done?
Grand Rounds, University of Vermont Medical Center Family Practice (November 2014) Childhood Obesity: Who, Why and What Can be Done?
University of Vermont Medical Center (June 2016) Men's Health: Nutrition, Exercise and Cancer

MANUSCRIPT REVIEW

Obesity Reviews

American Journal of Clinical Nutrition

American Journal of Health Promotion

Preventive Medicine

Journal of Consulting and Clinical Psychology

Telemedicine and eHealth

Women's Health

Obesity Research
International Journal of Obesity and Related Metabolic Disorders
American Journal of Public Health
Health Psychology
Annals of Behavioral Medicine
Journal of the American College of Nutrition
The Journal of the American Dietetic Association
The Journal of Nutrition Education and Behavior
The Journal of Rural Health
European Journal of Clinical Nutrition
Abstract Review:
Society of Behavioral Medicine Annual Meeting 1993, 1995
Program Track Co-Chair, Society of Behavioral Medicine Annual Meeting, 1998
Society for Nutrition Education Annual Meeting, 1995

GRANT REVIEW

NIH/NIDDK (RFA-DK-008) July 2000
NIH/NIDDK (RFA-DK-011) August 2001
USDA NRI Ad Hoc review (Improving Nutrition for Optimal Health Program) February 2001, 2002
NIH Ad Hoc Reviewer (RPHB-2) June 2002
NIH/NIDDK RFA (RFA-DK-02-021) August 2002
Dairy Management Inc., October 2002
NIH/NIDDK R03 Review December 2002, 2003, 2004
NIH PRDP (formerly RPHB-2); Standing Member, October 2002-2006
NIH CLTR, February 2007
Department of Veterans Affairs; Rehabilitation Research and Development Service (March 2007)
Centers for Disease Control and Prevention: Review of 2008-R-26: Economic Incentives for Weight Loss in the Work Place: A Pilot Study (May 2008)
NIH Risk, Prevention, & Health Behavior Integrated Review Group; F3/F32 Review (June 2008)
USDA, ARS. Office of Scientific Quality Review, National Program 107 Human Nutrition (November 2008)
NIH/NHLBI-HL-08-007 Targeted Approaches to Weight Control for Young Adults (U01) (April 2009)
NIH Risk, Prevention, & Health Behavior Integrated Review Group; F3/F32 Review (February 2010)
NIH SBIR Virtual Reality Grant Review (November 2011)
NIH SBIR Virtual Reality Grant Review, Panel Chair (November 2012)
NIH NIDCR; ZDE1 VHZZ (November 2013)
NIH NIDDK; ZRG1 HDM-Q (September 2013)
NIH NIDDK; ZRG1 HDM-V (December 2013)
USDA/ARS NP 107 Panel 2: Obesity Interventions (March 2014)
NIH; RPHB-W Member Conflict Review (May 2016)
NIH; PRDP (October 2016; January 2017; September 2017)

PROFESSIONAL AFFILIATIONS AND LEADERSHIP POSITIONS

Registered Dietitian – Academy of Nutrition and Dietetics #R699630
Vermont Public Health Association, 2010-
American College of Nutrition, 2000-2010
American College of Sports Medicine, 2002-2009
NFS Department Chair, 2002-
UVM College of Agriculture and Life Sciences Special Assistant to the Dean, 2011-
Search Committee, Exercise and Movement Science Faculty Search 2006-2007
Chair, Search for Chair of UVM Animal Science Department, 2004-2005; 2007-2008; 2008-2009.
Cooperative State Research, Education and Extension System Review Panel Member, University
of Connecticut Site Review, 2003
UVM Athletic Council – 2001 to 2003
Aiken Lecture Series Planning Committee – 2002-2003
Chair, UVM Community Development and Applied Economics Department Chair Search
Committee – 2001/2002
Champlain Valley Area Health Education Center - 1999-2001.
College of Agriculture and Life Sciences Faculty Standards Committee – 2000-2002
College of Agriculture and Life Sciences Hatch Review Committee - 1998-2000.
UVM General Clinical Research Center Scientific Advisory Committee - 1995-2000.
The Society of Behavioral Medicine - 1989 to 2010.
American Dietetic Association - 1996 to present.
The American Public Health Association - 1984-85, 1997- 2001
North American Association for the Study of Obesity (Now, The Obesity Society) - 1997 - present
The Society of Nutrition Education - 1985 to 1998.
University of Vermont Research and Scholarship Committee - 1993 to 1999
Vermont Coalition on Cancer Prevention and Control - Executive Board Member 1993 to 1998
Vermont Nutrition Network - Steering Committee Chair -1995-1996
Director's Executive Committee, UVM Extension - 1995 to 1997
Vermont Healthy Vermonters 2000 Nutrition Coalition - Co-Chair 1993 to 1997
Vermont Association of Extension Professionals - Board Member 1993-1995
Vermont Nutrition Education and Training Coalition - 1991 to 1994
Society of Nutrition Education, Delaware Valley Chapter - Legislative Chair 1985-1986
Pennsylvania Healthy Mothers/Healthy Babies Coalition - Board Member 1985-1987