

# R. Chris Skinner, PhD

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## EDUCATION

- 2016-2019      **PhD, Animal and Food Science (emphasis: Human Nutrition)**  
West Virginia University, Morgantown WV  
Focus: Repurposing apple pomace as a novel treatment for NAFLD and NASH
- 2015-2016      **MS, Exercise Physiology**  
West Virginia University, Morgantown WV  
Focus: Utilizing aerobic exercise to treat the co morbid state of cardiovascular disease and anxiety
- 2010-2014      **BS, Exercise Science**  
West Virginia Wesleyan College, Buckhannon, WV  
Minors: Human Biology and Business

### *Certificates*

- 2016-2019      **University Teaching**  
West Virginia University, Morgantown WV  
15 Credits above and beyond doctoral coursework requirements
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## WORK EXPERIENCE

### *Current position*

08/2023-present      **Assistant Professor of Nutrition**      University of Vermont, Department of Nutrition and Food Sciences

### *Past positions*

- 10/2021-08/2023      **Research and Outreach Manager**      Food Systems Research Center  
University of Vermont, Burlington, VT
- 08/2022-present      **Adjunct Lecturer**      Department of Nutrition and Food Sciences  
University of Vermont, Burlington, VT
- 04/2021-present      **Adjunct Professor**      Division of Animal and Nutritional Sciences  
West Virginia University, Morgantown, WV
- 08/2022-12/2022      **Adjunct Professor**      Department of Biology  
Saint Michael's College, Colchester, Vermont
- 08/2021-12/2021      **Adjunct Professor**      Public Health Program  
Saint Michael's College, Colchester, Vermont

07/2019-07/2021	<b>Assistant Professor of Health Sciences</b>	Division of Natural Sciences and Mathematics University of the Ozarks, Clarksville, AR
04/2018-/05/2019	<b>Doctoral Candidate</b>	Division of Animal and Nutritional Sciences West Virginia University, Morgantown, WV
08/2016-04/2018	<b>Graduate Research Assistant</b>	Division of Animal and Nutritional Sciences West Virginia University, Morgantown, WV
06/2015-07/2016	<b>Graduate Assistant</b>	The Wellness Program WVU Medicine, Morgantown, WV
01/2015-08/2016	<b>Graduate Research Assistant</b>	Division of Exercise Physiology West Virginia University, Morgantown, WV
05/2013-08/2014	<b>Intern</b>	HealthWorks Rehab and Physical Therapy Buckhannon, WV
06/2010-08/2014	<b>Assistant Summer Camp Manager and Afterschool/Summer Counselor</b>	Stockert Youth Center Buckhannon, WV

## FUNDING

Total funding awarded: \$88,500

2020	Arkansas IDeA Networks of Biomedical Research Excellence (INBRE) Equipment Award	\$12,500
2017	Joel and Suellen Newman Dean's Opportunity Fund Award	\$5,000
2016-2019	WVU 3-Year Provost Fellowship	\$51,000
2015-2019	WVU Loyalty Permanent Endowment Fund Fellowship	\$20,000

## SCHOLARLY WORKS

[ORCID](#) | [Google Scholar](#) | [ResearchGate](#)

*Manuscripts (10):*

10. Warren, D., Benedito, V. A., **Skinner, R. C.**, Alawadi, A., Vendemiatti, E., Laub, D. J., Showman, C., Matak, K., & Tou, J. C. (2023). Low Protein Diets Comprised of Protein Recovered from Food Processing Supported Growth, but Induced Mild Hepatic Steatosis in Young Rats. *The Journal of Nutrition*.

9. Alawadi, A. A., Benedito, V. A., **Skinner, R. C.**, Warren, D. C., Showman, C., & Tou, J. C. (2022). RNA-sequencing revealed apple pomace ameliorates expression of genes in the hypothalamus associated

with neurodegeneration in female rats fed a Western diet during adolescence to adulthood. *Nutritional Neuroscience*, 1-13. doi: <https://doi.org/10.1080/1028415X.2022.2050008>

8. **Skinner, R.C.**, Hagaman, J.A. (2021). The interplay of Western diet and binge drinking on the onset, progression, and outlook of liver disease, *Nutrition Reviews*. doi: <https://doi.org/10.1093/nutrit/nuab031>

7. Warren, D., Soule, L., Taylor, K., **Skinner, R. C.**, Ku, K. M., Matak, K., Benedito, V.A., Tou, J. C. (2020). Protein quality and safety evaluation of sarcoplasmic protein derived from silver carp (*Hypophthalmichthys molitrix*) using a rat model. *Journal of Food Science*. doi: [10.1111/1750-3841.15321](https://doi.org/10.1111/1750-3841.15321)

6. **Skinner, R. C.**, Warren, D. C., Naveed, M., Agarwal, G., Benedito, V. A., & Tou, J. C. (2019). Apple pomace improves liver and adipose inflammatory and antioxidant status in young female rats consuming a Western diet. *Journal of Functional Foods*, 61, 103471. doi: [10.1016/j.jff.2019.103471](https://doi.org/10.1016/j.jff.2019.103471)

5. **Skinner, R. C.**, Gigliotti, J. C., Taylor, K. H., Warren, D. C., Benedito, V. A., & Tou, J. C. (2019). Caloric Substitution of Diets with Apple Pomace was Determined to be Safe for Renal and Bone Health Using a Growing Rat Model. *European Journal of Nutrition & Food Safety*, 248-259. doi: [10.9734/ejnf/2019/v9i330063](https://doi.org/10.9734/ejnf/2019/v9i330063)

4. **Skinner, R. C.**, Warren, D. C., Lateef, S. N., Benedito, V. A., & Tou, J. C. (2018). Apple pomace consumption favorably alters hepatic lipid metabolism in young female sprague-dawley rats fed a western diet. *Nutrients*, 10(12), 1882. doi:[10.3390/nu10121882](https://doi.org/10.3390/nu10121882)

3. **Skinner, R. C.**, Gigliotti, J. C., Ku, K. M., & Tou, J. C. (2018). A comprehensive analysis of the composition, health benefits, and safety of apple pomace. *Nutrition reviews*, 76(12), 893-909. doi: [10.1093/nutrit/nyy033](https://doi.org/10.1093/nutrit/nyy033)

2. Brnayan, K. W., DeVallance, E. R., Lemaster, K. A., **Skinner, R. C.**, Bryner, R., Olfert, I. M., ... & Chantler, P. D. (2018). Role of chronic stress and exercise on microvascular function in metabolic syndrome. *Medicine and science in sports and exercise*, 50(5), 957. doi: [10.1249/MSS.0000000000001531](https://doi.org/10.1249/MSS.0000000000001531)

1. Brooks, S., Brnayan, K. W., DeVallance, E., **Skinner, R.C.**, Lemaster, K., Sheets, J. W., ... & Frisbee, J. C. (2018). Psychological stress-induced cerebrovascular dysfunction: the role of metabolic syndrome and exercise. *Experimental physiology*, 103(5), 761-776. doi:[10.1113/EP086892](https://doi.org/10.1113/EP086892)

#### *Dissertations and theses*

2. **Skinner, R. C.** (2019). *Apple Pomace as a Novel Aid for Western Diet-Induced Nonalcoholic Fatty Liver Disease in Young Female Sprague Dawley Rats*. West Virginia University.

1. **Skinner, C.** (2016). *Exercise as a Treatment for Conduit Artery Dysfunction in a Comorbid State of Metabolic Syndrome and Depressive-like Symptoms*. West Virginia University.

#### *Conference Presentation (30)*

##### *Oral (3)*

3. Warren DC, Soule, LJ, Taylor, KH, **Skinner, RC**, Ku, KM, Matak, KE, Tou, JC. Processing, protein quality, and safety of a protein powder derived from silver carp (*Hypophthalmichthys molitrix*). Canadian Institute of Food Science and Technology, Halifax, NS 2019 (Opening Speaker)

2. **Skinner, RC**, Gigliotti, JC, Warren, DC, Taylor, KH, Benedito, VA, Tou, JC. Caloric substitution of diets with apple pomace was determined to be safe for renal and bone health using a growing rat model. Davis College Research Symposium, Morgantown, WV 2019

1. Warren, DC, **Skinner, RC**, Laub, DJ, Soule, L, Tou, JC. Protein quality and safety of protein powder derived from Silver Carp (*Hypophthalmichthys molitrix*). Davis College Research Symposium, Morgantown, WV 2019.

*Posters (27)*

27. Honce, RH, Pagan Vazquez, A, Livingston, B, Hargest, V, Sharp, B, Roubidoux, E, Cherry, SD, **Skinner, RC**, Schultz-Cherry, SC. Distinct metabolic and immunological profiles in obese mice post-weight loss correspond with influenza vaccine efficacy. New England Immunology Conference. Woods Hole, MA 2021.

26. Warren DC, Soule, LJ, Taylor, KH, **Skinner, RC**, Matak, KE, Tou, JC. Evaluating protein quality and safety of protein powder derived from silver carp (*Hypophthalmichthys molitrix*) Institute of Food Technologists, New Orleans, LA 2019.

25. **Skinner, RC**, Warren, DC, Naveed, MN, Agarwal, GA, Benedito, VA, Tou, JC. Apple pomace downregulates liver-adipose inflammatory crosstalk in young, female rats consuming a Western diet. Experimental Biology, Orlando, FL 2019.

24. Warren, DC, **Skinner, RC**, Laub, DJ, Matak, KE, Tou, JC. Soluble protein powder derived from silver carp does not detriment growth or indices of liver health in growing female rats. Experimental Biology, Orlando, FL 2019.

23. Taylor, KH, **Skinner, RC**, Warren, DC, Tou, JC. Impact of fructose content in apple pomace on mineral balance, renal, and bone health. West Virginia University Undergraduate Research Symposium, Morgantown, WV 2019.

22. Naveed, M, **Skinner, RC**, Warren, DC, Agarwal, G, Benedito, VA, Tou, JC. Feeding rats diets with apple pomace altered lipid metabolism in non-alcoholic fatty liver disease. West Virginia University Undergraduate Research Symposium, Morgantown, WV 2019.

21. Soule, L, Warren, DC, **Skinner, RC**, Matak, KE, Tou, JC. Assessing protein quality and safety of silver carp-derived protein sources using a growing rat model. West Virginia University Undergraduate Research Symposium, Morgantown, WV 2019.

20. **Skinner, RC**, Warren, DC, Naveed, MN, Agarwal, GA, Benedito, VA, Tou, JC. Apple pomace Apple pomace positively influences liver-adipose fatty acid and inflammatory gene expression, and improves antioxidant status in rats consuming a Western diet. Van Liere Research Conference, Morgantown, WV 2019.

19. **Skinner, RC**, Warren, DC, Benedito, VA, Tou, JC. Western diets supplemented with apple pomace favorably alters inflammation and antioxidant status in growing Sprague-Dawley rats. Institute of Food Technologists. Chicago, IL 2018.

18. Lateef, SN, **Skinner, RC**, Benedito, VA, Tou, JC. Feeding apple pomace favorably alters lipid metabolism in young Sprague-Dawley rats. West Virginia University Undergraduate Research Symposium, Morgantown, WV 2018.

17. Taylor, KH, **Skinner, RC**, Warren, DC, Tou, JC. Apple pomace supplementation has no detrimental effects on bone indices in a rat model. West Virginia University Undergraduate Research Symposium, Morgantown, WV 2018.

16. **Skinner, RC**, Warren, DC, Lateef, SN, Benedito, VA, Tou, JC. Apple pomace supplementation favorably alters hepatic lipid metabolism in young female Sprague-Dawleys rats fed a Western diet. Experimental Biology, San Diego, CA 2018.

15. Warren, DC, **Skinner RC**, Soule, L, Matak, KE, Tou, JC. Evaluating protein quality and safety of a soluble protein powder derived from silver carp (*Hypophthalmichthys molitrix*). Davis College Research Symposium, Morgantown, WV 2018.
14. **Skinner, RC**, Warren, DC, Lateef, SN, Benedito, VA, Tou, JC. Western diet with apple pomace favorably alters hepatic lipid metabolism in young female Sprague-Dawley Rats. Van Liere Research Conference, Morgantown, WV 2018.
13. **Skinner, RC**, Warren, DC, Benedito, VA, Tou, JC. Apple pomace consumption favorable alters oxidative stress and antioxidant status in growing female Sprague-Dawley rats. Davis College Research Symposium, Morgantown, WV 2018.
12. Lateef, SN, **Skinner, RC**, Benedito, VA, Tou, JC. Liver lipid metabolism changes from feeding apple pomace to female Sprague Dawley rats. SURE Undergraduate Research Symposium, Morgantown, WV 2017.
11. **Skinner, RC**, Ku, KM, Tou, JC. A comparison of the nutrient composition of apple pomace and whole apples. Davis College Research Symposium, Morgantown, WV 2017.
10. **Skinner, RC**, DeVallance, E, Branyan, KW, Lemaster, KA, Brooks, SD, Olfert, IM, Bryner, RB, Frisbee, JC, Chantler, PD. Exercise as a treatment for conduit artery dysfunction caused by metabolic syndrome and depression. Van Liere Research Conference, Morgantown, WV 2016.
9. Goudy G, Olfert IM, Frisbee JC, Hoskinson H, Chantler PD, Branyan KW, **Skinner RC**, Alway SE, Bryner RW. Effects of chronic stress on pancreatic beta cell density in obese and lean Zucker rats. ACSM, Boston, MA 2016.
8. Branyan, KW, DeVallance, E, Lemaster, KA, **Skinner, RC**, Brooks, SD, Asano, S, Bryner, R, Olfert, IM, Frisbee, JC, Chantler, PD. Decreased large conduit artery nitric oxide bioavailability in metabolic syndrome affects peripheral microvessel reactivity. Experimental Biology, San Diego, CA 2016.
7. DeVallance, E, Branyan, KW, Lemaster, KA, **Skinner, RC**, Brooks, S, Frisbee, JC, Chantler, PD. Exercise training in the metabolic syndrome improves perivascular adipose gene expression. Experimental Biology, San Diego, CA 2016.
6. DeVallance, E, Branyan, KW, Lemaster, KA, **Skinner, RC**, Brooks, S, Frisbee, JC, Chantler, PD. Perivascular adipose tissue derived TNF- $\alpha$  neutralization recovers aortic function in metabolic syndrome. Experimental Biology San Diego, CA 2016.
5. DeVallance, E, Lemaster KA, Branyan KW, **Skinner RC**, Brooks S, Brook RW, Frisbee JC, Chantler PD. Metabolic syndrome perivascular adipose tissue impairment of aortic reactivity post stroke, improved by NOX2 inhibition. Experimental Biology San Diego, CA 2016.
4. Lemaster, KA, DeVallance, E, Branyan, KW, **Skinner, RC**, Brooks, SD, Asano, S, Olfert, IM, Bryner, R, Frisbee, JC, Chantler, PD. Reversing the effects of chronic stress on the aorta with exercise training. Experimental Biology, San Diego, CA 2016.
3. Lemaster, KA, DeVallance, E, Branyan, KW, **Skinner, RC**, Brooks, SD, Asano, S, Olfert, IM, Bryner, R, Frisbee, JC, Chantler, PD. Aerobic exercise improves nitric oxide bioavailability and endothelium-dependent vasorelaxation in aortic rings of obese Zucker rats. Experimental Biology, San Diego, CA 2016.
2. **Skinner, RC**, Branyan, KW, Brooks, SD, Asano, S, Frisbee, JC, Chantler, PD. Exercise as a treatment for vascular dysfunction caused by metabolic syndrome and depression. Mid-Atlantic regional ACSM Harrisburg, PA 2015.

1. DeVallance, E, Branyan, KW, Seldomridge, A, Lemaster, KA, **Skinner, RC**, Asano, S, Setola, V, Frisbee, JC, Chantler, PD. Perivascular adipose tissue diminishes nitric oxide bioavailability in metabolic syndrome. Mid-Atlantic Regional ACSM Harrisburg, PA 2015.

*Preprints, under review, and in preparation:*

5. Honce, R, Vazquez-Pagan, A, Livingston, B, Cherry, S, Hargest, V, Sharp, B, Van de Velde, L, **Skinner, RC**, Thomas, P, & Schultz-Cherry, S. (2022). Improved metabolic syndrome and timing of weight loss is crucial for influenza vaccine-induced immunity in obese mice. *bioRxiv*. (in revision at *Nature Microbiology*)

4. Warren, DC, Laub, DJ, **Skinner, RC**, Benedito, VA, Tou, JC. Silver Carp (*Hypophthalmichthys molitrix*) Protein Favorably Alters Lipid Metabolism in Young Female Sprague-Dawley rats Fed a Low Protein Diet. (under review)

3. Alawadi, AA, Warren, DC, Ktil, NA, **Skinner, RC**, Benedito, VA, Tou, JC. Apple Pomace Favorably Alters Brain Fatty Acid Composition and Gene Expression in the Hypothalamus of Growing Female Sprague-Dawley Rats Fed a Western Diet. (in preparation)

2. Alawadi, AA, **Skinner, RC**, Benedito, VA, Jacynzski, J, Tou, JC. The role of poor dietary habits in the development of neurodegenerative diseases. (in preparation)

1. Warren, DC, **Skinner, RC**, Benedito, VA, Tou, JC. Distinct Liver Transcriptome Responses to Purified Carp (*Hypophthalmichthys molitrix*), Casein, and Whey Protein Diets in Young Rats. (in preparation)

## NON-SCHOLARLY WORKS

7. **Skinner, RC**, ASPIRES: a new program for community-led food systems: ASPIRES stands for Alternative System Pathways for Interconnected Resilience, Equity, and Sustainability and represents a multi-year commitment from the FSRC, UVM News, 2022.

6. **Skinner, RC**, Announcing the winners of the sustainability metrics planning grants: These 10 teams will apply for long-term funding from the Food Systems Research Center in the winter of 2023 focused on assessing sustainability of food systems in Vermont and the Northeast, UVM News, 2022

5. **Skinner, RC**, UVM FSRC announces winners of GEM RFP call: In the summer of 2022, the FSRC called for projects observing gene by environment by management (GEM) practices. We are excited to announce the funded proposals, UVM News, 2022.

4. **Skinner, RC**, Using regenerative agriculture to combat climate change: New research from FSRC scientists shows the potential of regenerative agriculture to increase soil carbon sequestration and aid in reducing the impacts of climate change in Vermont, UVM News, 2022.

3. **Skinner, RC**, FSRC shared equipment award winners: The FSRC made a call for shared equipment grants in the spring of 2022. We are excited to announce our winners, UVM News, 2022

2. **Skinner, RC**, Strengthening seed systems amid COVID-19: A Food Systems Research Center grant is helping UVM researchers explore how the pandemic altered seed systems in Vermont, UVM News, 2022.

1. **Skinner, RC**, Food Systems Scientist of the Month series: a monthly series from the FSRC, UVM News, 2022. (this series occurs monthly and has many articles)

## TEACHING AND INVITED LECTURES

Full teaching evaluations are available upon request.

### *Teaching*

<i>Term</i>	<i>Institution</i>	<i>Title</i>	<i>Course</i>	<i>Enrollment</i>	<i>Credits</i>
Spring 2023	University of Vermont	Human Health in the Food System	NFS 114	65	3
Fall 2022, Fall 2023	University of Vermont	Fundamentals of Nutrition	NFS 043	85-100	3
Fall 2022	Saint Michael's College	Advanced Topics: Exercise Physiology	BI 335	9	4
Fall 2021	Saint Michael's College	Introduction to Public Health	PB 101	31	4
Fall 2019, Spring 2020, Fall 2020	University of the Ozarks	Medical Terminology	HSC 1031	30-50	1
Fall 2020, Spring 2021, Summer 2021	University of the Ozarks	Personal Health and Safety	HSC 1023	10-30	3
Spring 2020, Fall 2020	University of the Ozarks	Drug Education	HSC 2053	25-30	3
Fall 2019 (x2), Spring 2020, Fall 2020, Spring 2021, Summer 2021	University of the Ozarks	Nutrition	HSC 3003	10-35	3
Fall 2020, Summer 2020	University of the Ozarks	Principles of Epidemiology	HSC 3013	15-25	3
Fall 2020	University of the Ozarks	Kinesiology	HSC 3123	30	3
Spring 2020, Fall 2020, Spring 2021	University of the Ozarks	Exercise Physiology	HSC 4103	25-30	3
Spring 2020, Summer 2020, Spring 2021	University of the Ozarks	Capstone	HSC 4113	15-20	3
Spring 2021	University of the Ozarks	Pathophysiology	HSC 4233	10	3

Summer 2020, Fall 2020	University of the Ozarks	Research/Internship	HSC 4991	1-5	1-3
Spring 2019	West Virginia University	Scholarly Teaching	GRAD 790	12	3
Summer 2018	West Virginia University	Fundamentals of Nutrition (online)	HNF 271	20	3

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***Invited Lectures, Interviews, and Outreach***

Year	Institution	Audience	Topic
2023	University of Vermont	Department of Nutrition and Food Sciences	Wasted: Finding Creative Solutions for Craft Beverage Refuse and Metabolic Diseases
2023	University of Vermont	Vermont Center for Immunology and Infectious Diseases trainees and fellows	Developing your teaching personality
	University of Vermont Science on Tap	Burlington community members	Getting a taste for craft brewing waste
2021	Meredith College	FN 227: Introductory Nutrition	Basic Concepts in Sport Nutrition and Exercise
	<i>St. Jude Children's Research Hospital</i>	Dr. Stacey Schultz-Cherry's Laboratory	Comparing translational models of exercise training in rodents, Summer 2021
	<i>University of Vermont</i>	Vermont Lung Center	Utility of repurposed agricultural waste products on mitigating molecular markers of metabolic diseases
	<i>Colorado State University</i>	Sleep and Metabolism Lab (PI: Dr. Josiane Broussard)	Presentation of Research on Apple Pomace and Metabolic Physiology
	<i>West Virginia Wesleyan College</i>	EXSC 388: Clinical Insights in Exercise and Healthcare Professions	Conducting Translational Research and Graduate School Insights
	Meredith College	FNG 637: Nutritional Epidemiology	Anthropomorphic Measures, Physical Activity Assessments, and Biomarkers in Nutritional Epidemiology

	Saint Michael's College	Department of Biology	Current and Future Research on Nutritional Aids for NAFLD and ALD
2020	West Virginia University	HIED 759: Assessment in Higher Education Research	The role of alcohol and exercise on motivation and health
	University of Tennessee Health Sciences Center	Graduate Student Executive Council Continuing in Academia Professional Development Webinar	Teaching-focused careers in academics
2019	College of Charleston	EXSC 340: Exercise Physiology	Carbohydrate Metabolism and Exercise
	Rocky Mountain College	Department of Health and Human Performance	Glycolysis Basics
	University of the Ozarks	Division of Natural Sciences and Mathematics	Zika Virus: Biological Mechanism, Transmission, and Surveillance
2018	West Virginia Wesleyan College	EXSC 420: Research Methods	Study Design, Statistics, and the Research Process
	West Virginia Wesleyan College	School of Exercise Science and Athletic Training	Research Tales and Graduate School Tips: Applying to and Succeeding in Graduate School
	West Virginia University	HNF 271: Fundamentals of Nutrition	Dietary Fiber, Carbohydrate Digestion and Absorption, and Diabetes Pathology and Management
	West Virginia University	HNF 614: Nutrition and Disease Prevention	The Effect of the Thanksgiving Holiday on Weight Gain

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## MENTORSHIP

### Student Research and Internships

Years	Student name	Type of mentorship	Institution	Where are they now?
2022-present	Nick Gayton	Internship Supervisor	University of Vermont	Current Intern
2021-2022	Ayad Alawadi	MS Committee	West Virginia	Nutritionist, Kuwait

		Member	University	
2020-2021	Crystal Oudomvilay	Student Research Experience Mentor	University of the Ozarks	PhD student in Exercise Physiology, West Virginia University
2020-2021	Edwin Rivera	Student Research Experience Mentor	University of the Ozarks	Visual arts freelancer
2020-2021	Chava Roberts	Student Research Experience Mentor	University of the Ozarks	Contract Biologist, NIH  Graduated from MS in Biochemistry, Johns Hopkins
2020-2021	Viven Wambugu	Student Research Experience Mentor	University of the Ozarks	MS student in Global Health, Duke University
2017-2019	Garima Agarwal	Research Supervisor	West Virginia University	Medical student, Marshall University
2017-2019	Minahal Naveed	Research Supervisor	West Virginia University	Medical student, West Virginia University
2017-2019	Katy Taylor	Research Supervisor	West Virginia University	Medical student, Marshall University
2016-2019	Soofia Lateef	Research Supervisor	West Virginia University	PhD student in Philosophy, UC Riverside
2016	Colten Allen	Research Supervisor	West Virginia University	Dental resident, East Carolina University
2016	Maria Auber	Research Supervisor	West Virginia University	Fashion professional, West Virginia
2015-2016	Ikttesh Chahal	Research Supervisor	West Virginia University	Medical resident, North Dakota State University
2015-2016	Christopher Pitzer	Research Supervisor	West Virginia University	PhD Candidate in Biomedical Sciences, University of Tennessee Health Sciences Center
2015-2016	Hannah Poole	Research Supervisor	West Virginia University	Physician Assistant, West Virginia
2015-2016	Ashelle Seldomridge	Research Supervisor	West Virginia University	Medical resident, Boston University
2015-2016	Whitney Sheets	Research Supervisor	West Virginia	Medical resident,

**SERVICE***Academic*

2022-2023	Search committee member, ARS Strategic Communications Manager	University of Vermont
2022-present	CALS Scientific Communications Team Member	University of Vermont
2021-2022	Search Coordinator, Director of the UVM Food Systems Research Center	University of Vermont
2021-2022	Search committee member, ARS Budget Operations Specialist	University of the Ozarks
2021	New faculty advising trainer	University of the Ozarks
2020-2021	Academic advisor to 60 students	University of the Ozarks
2020-2021	Student internship advisor	University of the Ozarks
2020-2021	New faculty mentor	University of the Ozarks
2020-2021	Academic Affairs Division of Natural Sciences and Mathematics Representative	University of the Ozarks
2020	Board of Trustees assistant faculty representative	University of the Ozarks
2020	Search committee member, Assistant Professor of Physical Education	University of the Ozarks
2020	Search committee member, Assistant Professor of Health Sciences	University of the Ozarks
2020	Health Sciences curriculum redesign leader	University of the Ozarks
2019-2021	Health Sciences program assessment leader	University of the Ozarks
2015-2016	Mock interviewer, Biology Capstone	University of the Ozarks
2019	Three Minute Thesis (3MT) committee member and student representative	West Virginia University
2019	Student representative, Teaching Assistant Professor of Nutrition and Dietetics search	West Virginia University
2016-2019	LeadWELL mentor	West Virginia University
2013-2014	Secretary, Society for Health Professions	West Virginia Wesleyan College
2013	Assistant New Member Educator	Theta Chi Fraternity, Delta Gamma Chapter, West Virginia Wesleyan College

2013	Alumni Relations Director	Theta Chi Fraternity, Delta Gamma Chapter, West Virginia Wesleyan College
2012	Philanthropy Chair	Theta Chi Fraternity, Delta Gamma Chapter, West Virginia Wesleyan College
2011	Student leader, BOOTCamp	West Virginia Wesleyan College
<i>Field</i>		
2021	Reviewer	<i>Biomedicines</i>
2020-present	Reviewer	<i>Sports Sciences for Health</i>
2020	Reviewer	<i>Children</i>
2020	Reviewer	<i>Nutrients</i>
2019	Reviewer	<i>Phytotherapy Research</i>
<i>Community</i>		
2016-2019	Volunteer	Monongalia County Recycling Program
2016-2019	Volunteer	WVU Core Arboretum
2015-2018	Volunteer	Morgantown Marathon
2015-2018	Volunteer	Old Hemlock Grove

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## PROFESSIONAL AND ACADEMIC HONORS

2019	1st place, IFT Aquatic Food Products Graduate Student Poster Competition (presented by Derek Warren)	New Orleans, LA
	2nd place, Davis College Creative Scholarship Oral Competition	Morgantown, WV
2018	2nd place, IFT Phi Tau Sigma Nutrition Division Poster Competition	Chicago, IL
	WVU SURE Poster Competition (presented by Katy Taylor)	Morgantown, WV
	WVU Undergraduate Research Symposium Poster Competition (presented by Katy Taylor)	Morgantown, WV

	Davis College Creative Scholarship Poster Competition	Morgantown, WV
2013	Omicron Delta Kappa	Buckhannon, WV

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## **SOCIETY MEMBERSHIPS**

2020-present	American Society for Nutrition	Member
2016-present	American Physiological Society	Member
2016-2019	Institute of Food Technologists	Student member
2015-2015	American College of Sports Medicine	Student member