

Career Advising Resources

Helpful Resources

- [VIC Diagram](#)
- [Foundations M1 Meeting form](#)
- [Foundations M2 Meeting form](#)
- [Careers in Medicine](#) website (*AAMC login required*)
- [CiM Specialty Panel Series](#)
- [Specialty Advising Directors](#)
- [Medical Alumni Directory](#)
- [UVMconnect](#)
- [Prep for Practice Video & Materials Library](#)

Residency Application Resources

- [Residency Application Guide](#)
- [Residency Explorer Tool](#) (*AAMC login required*)
- [The AMA's FREIDA System](#)
- [ERAS - the Electronic Residency Application Service](#)
- [NRMP - the National Resident Matching Program](#)
 - >> [Charting Outcomes Interactive Data Tools](#)
 - >> [Main Residency Match Data and Reports](#)
- [San Francisco Match](#) for Ophthalmology
- [Urology Match](#)
- [Military Medicine](#)
- ["Residency Letters of Recommendation: The Best for Success" PPT Presentation](#)
- The AAMC's [Interview Resources for Residency Applicants](#) page
 - >> [Virtual Interviews: Applicant Preparation Guide](#)

Larner College of Medicine Alumni Directory

We offer a searchable LCOM alumni directory, which is available to alumni and current students of The Larner College of Medicine. The LCOM alumni directory offers a convenient way to search for alumni based on geographic area, specialty, graduation year, and more. It is a great way to stay connected with classmates and old friends, as well as to network with Larner alumni worldwide.

To access the directory, you will need your 10-digit alumni ID. Alumni can get their ID by emailing our office at medalumni.relations@med.uvm.edu.

For current students, the ID is located in OASIS under Student Resources in the Academic History Tab.

[Access the LCOM Alumni Directory](#)

- [Update Your Contact Information](#)

[Larner College of Medicine Residency Match Lists](#)