Stan: A Probabilistic Programming Language for Bayesian Inference and Optimization

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Stan is a free and open-source C++ program that performs Bayesian inference or optimization for arbitrary user-specified models and can be called from the command line, R, Python, Matlab, or Julia and has great promise for fitting large and complex statistical models in many areas of application. We discuss Stan from users’ and developers’ perspectives and illustrate with a simple but nontrivial nonlinear regression example.

Keywords: Bayesian inference; hierarchical models; probabilistic programming; statistical computing

1. What Is Stan? Users’ Perspective

Stan, named after Stanislaw Ulam, a mathematician who was one of the developers of the Monte Carlo method in the 1940s (Metropolis & Ulam, 1949), is a C++ program to perform Bayesian inference. The code is open source and is available at http://mc-stan.org/ along with instructions and a 500-page user manual. Stan 1.0 was released in 2012 and, as of this writing, is currently in Version 2.6.

To use Stan, a user writes a Stan program that directly computes the log-posterior density. This code is then compiled and run along with the data. The result is a set of posterior simulations of the parameters in the model (or a point estimate, if Stan is set to optimize). Stan can be run from the command line, R, Python, Matlab, or Julia, and its output can be saved, printed, or graphed in R using shinyStan.

Stan can be thought of as similar to Bugs (Lunn, Thomas, Best, & Spiegelhalter, 2000) and Jags (Plummer, 2003) in that it allows a user to write a Bayesian model in a convenient language whose code looks like statistics notation. Or Stan can be thought of as an alternative to programming a sampler or optimizer.
oneself. Stan uses the no-U-turn sampler (Hoffman & Gelman, 2014), an adaptive variant of Hamiltonian Monte Carlo (Neal, 2011), which itself is a generalization of the familiar Metropolis algorithm, performing multiple steps per iteration to move more efficiently through the posterior distribution.

From the user’s perspective, the main limitation of Stan is that it does not allow inference for discrete parameters. Stan allows discrete data and discrete-data models such as logistic regressions, but it cannot perform inference for discrete unknowns. Many statistical applications with discrete parameters are mixture models and can be rewritten more efficiently in terms of continuous parameters as discussed in the chapter on latent discrete parameters in the Stan manual (Stan Development Team, 2015), but there are some examples where this sort of re-expression does not exist.

In addition, there are models that are slow to run or do not converge in Stan, a problem it shares with any statistical inference engine. It is well known that optimization and inference can never be performed in complete generality. There will always be optimization or inference problems that are beyond our current capacities. It is the goal of Stan to push these capacities forward.

2. Example: Fitting a Simple Nonlinear Model

We demonstrate Stan by fitting the model, \( y = a_1 e^{-b_1 x} + a_2 e^{-b_2 x} \), to simulated data. This sort of curve arises in the analysis of physical systems (e.g., a two-compartment model in pharmacology), and it is easy to write down and understand but can be difficult to fit when data are sparse or when the two coefficients \( b_1 \) and \( b_2 \) are close to each other.

Our first step is to formulate this as a stochastic rather than deterministic model. The simplest approach would be to add an independent error term, but in this sort of problem the data are typically restricted to be positive, so we shall use multiplicative errors with a nonnormal distribution, thus, \( y_i = (b_1 e^{-b_1 x_i} + b_2 e^{-b_2 x_i}) \cdot \varepsilon_i \), for \( i = 1, \ldots, n \), with \( \log \varepsilon_i \sim N(0, \sigma^2) \).

The model needs to be constrained to separately identify the two components. Here, we shall restrict \( b_1 \) to be less than \( b_2 \). The corresponding Stan model, starting with noninformative priors on the parameters \( a, b, \sigma \), looks like this:

```stan
data {
  int N;
  vector[N] x;
  vector[N] y;
}
parameters{
  vector[2] log_a;
  ordered[2] log_b;
  real<lower=0> sigma;
}
```
Gelman et al.

transformed parameters{
  vector<lower=0>[2] a;
  vector<lower=0>[2] b;
  a <- exp(log_a);
  b <- exp(log_b);
}

gmodel{
  vector[N] ypred;
  ypred <- a[1]*exp(-b[1]*x) + a[2]*exp(-b[2]*x);
  y ~ lognormal(log(ypred), sigma);
}

We explain this program, block by block:

- The data block declares the data that must be input into the Stan program. In this case, we will input the data via a call from R. This particular model requires an integer and two (real valued) vectors. Stan also supports matrices, ordered vectors, simplexes (a vector constrained to be nonnegative and sum to 1), covariance matrices, correlation matrices, and Cholesky factors. In addition, you can define arrays of arbitrary dimension of any of these objects; for example, matrix[N,K] z[J1,J2,J3]; would define a $J_1 \times J_2 \times J_3$ array of matrices, each of dimension $N \times K$. These sorts of arrays can be useful for multilevel modeling.

- The parameters block introduces all the unknown quantities that Stan will estimate. In this case, we have decided for convenience to parameterize the model coefficients $a$ and $b$ in terms of their logarithms. The parameter vector log_a is unrestricted, whereas log_b is constrained to be “ordered” (i.e., increasing) so that the two terms of the model can be identified. Finally, sigma, the scale of the error term, needs to be estimated, and it is constrained to be nonnegative. Stan also allows upper bounds; for example, real<lower=0,upper=1> c; would define a parameter constrained to be between 0 and 1.

- Transformed parameters are functions of data and parameters. In this example, we define $a$ and $b$ by exponentiating log_a and log_b. This allows the model to be written in a more readable way.

- The model block is where the log-posterior density is computed. In this particular example, we are using a flat prior (i.e., uniform on the four parameters, log_[1], log_[2], log_[3], and log_[4]), and so we just supply the likelihood. The last line of the model block is a vector calculation and has the effect of adding $N$ terms to the log likelihood, with each term being the log density of the lognormal distribution. We define the predicted value ypred in its own separate line of code to make the model more readable.

We can try out this program by simulating fake data in R and then fitting the Stan model. Here is the R code:
# Set up the true parameter values
a <- c(.8, 1)
b <- c(2, .1)
sigma <- .2

# Simulate data
x <- (1:1000)/100
N <- length(x)
ypred <- a[1]*exp(-b[1]*x) + a[2]*exp(-b[2]*x)
y <- ypred*exp(rnorm(N, 0, sigma))

# Fit the model
library("rstan")
fit<-stan("exponentials.stan",data=list(N=N,x=x,y=y),
           iter=1000, chains=4)
print(fit, pars=c("a", "b", "sigma"))

We have just run Stan for 4 chains of 1,000 iterations each. The computations are automatically performed in parallel on our laptop, which has four processors. In the call to print, we have specified that we want to see inferences for the parameters a, b, and sigma. The default would be to show all the parameters, but in this case, we have no particular interest in seeing log_a and log_b.

Here is the R output:

```
Inference for Stan model: exponentials.
4 chains, each with iter=1000; warmup=500; thin=1;
post-warmup draws per chain=500, total post-warmup draws=2000.

    mean se_mean  sd  2.5%   25%   50%   75%  97.5% n_eff Rhat
a[1]  1.00    0.00 0.03 0.95  1.00  1.00  1.05  1.09  494  1.0
a[2]  0.70    0.00 0.08 0.56  0.65  0.69  0.75  0.87  620  1.0
b[1]  0.10    0.00 0.09 0.09  0.10  0.10  0.11  0.12  532  1.0
b[2]  1.71    0.02 0.34 1.15  1.48  1.67  1.90  2.49  498  1.0
sigma 0.19    0.00 0.00 0.19  0.19  0.19  0.20  0.20  952  1.0
```

Samples were drawn using NUTS(diag_e) at Wed Mar 25 16:07:15 2015. For each parameter, n_eff is a crude measure of effective sample size, and Rhat is the potential scale reduction factor on split chains (at convergence, Rhat = 1).

We can quickly summarize the inference for any parameter by its posterior mean and standard deviation (not the column labeled se_mean which gives the Monte Carlo standard error of the mean), or else using the posterior quantiles. In any case, in this well-behaved example, Stan has recovered the true parameters to a precision given by their inferential uncertainty. The only change is that the labeling of the two terms
has switched but that is to be expected given that the model cannot tell them apart and we have arbitrarily constrained \( b_1 \) to be less than \( b_2 \).

### 3. Continuing the Example: Regularizing Using a Prior Distribution

The above example is simple, perhaps deceptively so. The sum-of-exponentials model is notoriously ill conditioned, and it is common for there to be no stable solution.

Indeed, here is what happens when we rerun Stan with the identical code as above but change the true coefficients from \((2, 0.1)\) to \((0.2, 0.1)\) in the code used to simulate the data:

Bad news!

Actually, this is far from the worst possible outcome, as it is obvious from these results that the algorithm has not converged to a sensible solution: In this case, the coefficients \( \beta \) are estimated at infinity, which corresponds to a zero time scale. Running the chains for longer does not help, and running an optimizer to get a maximum likelihood estimate also fails catastrophically.

In problems like this where there is no stable solution, the Bayesian answer is to add prior information. In this case, we make the assumption that the parameters \( a \) and \( b \) are likely to be not far from a unit scale. We set this up as a regularization or soft constraint by adding the following two lines in the model block of the Stan program:

```stan
log_a ~ normal(0, 1); // If model is well scaled, these
log_b ~ normal(0, 1); // priors are weakly informative.
```

When we run this new program (using the same R script as before, just pointing to the file with the updated Stan code), the results are much cleaner:
Recall that the true parameter values in this simulation are \( a = (0.8, 1) \) and \( b = (2, 0.1) \), but the coefficients \( b \) have been constrained to be increasing, so the two terms have switched their labels.

A careful examination of the quantiles reveals that the posterior distribution for \( b_2 \) is highly skewed, implying that the data are consistent with high values of this parameter, or equivalently, a nearly zero time scale for this term of the model. The parameters in this model are only weakly identified, as we can see further from the scatterplots of posterior simulations in Figure 1.

In other simulations of this model, we have encountered much more skewed posteriors, even with the strong unit normal prior. It is generally good practice to simulate fake data multiple times and check that one’s statistical procedure reliably reconstructs the assumed parameter values.

The user can experiment with the prior distribution, just as he or she can experiment with any features of the model. For example, if we change the unit normal priors to unit \( t_4 \) distributions—these have wider tails and will thus admit more extreme parameter values if they are consistent with the data—the posteriors, unsurprisingly, become broader. In the simulation above, the 95\% posterior interval for \( b_2 \) changes from \([0.14, 7.3]\), as shown in the above output, to \([0.14, 122]\). Such a wide uncertainty reflects the weakness of these data to
estimate the parameters in this nonlinear model and motivates the use of a strong prior.

It is also easy to extend the model in Stan in other ways, for example, by constructing a hierarchical specification with data from multiple groups in which the parameters can vary by group.

4. How Does Stan Work? Developers’ Perspective

Stan has several components:

- A flexible modeling language where the role of a Stan program is to compute a log posterior density. Stan programs are translated to templated C++ for efficient computation.
- An inference engine that performs Hamiltonian Monte Carlo using the no-U-turn sampler (Hoffman & Gelman, 2014) to get approximate simulations from the posterior distribution, which is defined by the Stan program and by the data supplied to it from the calling program.
- In addition, an L-BFGS optimizer (Byrd, Lu, Nocedal, & Zhu, 1994) that iterates to find a (local) maximum of the objective function (in Bayesian terms, a posterior mode) and can also be used as a stand-alone optimizer.
- The sampler and the optimizer both require gradients. Stan computes gradients using reverse-mode automatic differentiation (Griewank & Walther, 2008), a procedure in which Stan’s compiler takes the function defined by the so-called Stan program and analytically computes its derivative using an efficient procedure which can be much faster than numerical differentiation, especially when the number of parameters is large.
- Routines to monitor the convergence of parallel chains and compute inferences and effective sample sizes (Gelman et al., 2013).
- Wrappers to call Stan from R, Python, Stata, Matlab, Julia, and the command line, and to graph the results. Where possible these calling functions automatically run Stan in parallel. For example, on a laptop with four processors, Stan can be set up to run one chain on each.
The users group is diverse, including researchers in astronomy, ecology, physics, medicine, political science, education, economics, epidemiology, population dynamics, pharmacokinetics, and many others.

The core team is actively involved in responding to user questions, partly because the ultimate goal of the project is to serve research, and partly because user problems typically represent gaps in performance or, at the very least, gaps in communication.

5. Comparison to Other Software

Stan was motivated by the desire to solve problems that could not be solved in a reasonable time (user programming time plus run time) using other packages. There are also problems where Stan does not work so well.

In comparing Stan to other software options, we consider several criteria:

1. Flexibility, that is, being able to fit the desired model;
2. Ease of use, and user programming time,
3. Run time; and
4. Scalability as data set and model grow larger.

We go through each of these criteria for the following software options.

Bugs and Jags

Bugs is an automatic Bayesian inference engine written in Component Pascal and developed largely from 1989 to 2004, which uses Gibbs sampling and other algorithms to draw posterior samples from arbitrary user-specified graphical models (Lunn, Spiegelhalter, Thomas, & Best, 2009). Jags is a variant of Bugs written in C++ and developed from 2007 to 2013 (Plummer, 2003).

Compared to Bugs and Jags, Stan is more flexible in that its modeling language is more general—with the major exception that those other packages can handle discrete parameters and Stan cannot, unless they can be averaged over as in certain finite mixture models. In addition, Bugs and Jags are based on graphical models, which is a more restricted class than the arbitrary objective functions that can be specified by Stan but which has certain advantages. For example, if a subset of modeled data is missing, a Bugs or Jags model can be rerun as written, whereas the Stan model needs to be altered to consider these missing values as parameters.

Missing data and discrete parameters aside, programming is about as easy in Bugs and Jags as in Stan. In some ways, Stan is simpler because its modeling language is imperative (i.e., each line of code has a particular effect), whereas Bugs and Jags use declarative languages. On the other hand, there is a learning curve for an existing user of Bugs or Jags to switch to Stan. To ameliorate this problem, the example models in the Jags manual have been translated and are available on the Stan webpage.
Stan is faster for complex models and scales better than Bugs or Jags for large data sets. This is a consequence partly of efficient implementation and use of memory management (Gay, 2005) and partly of Stan’s advanced algorithm. For example, Figure 2 shows a speed comparison for a hierarchical logistic regression as the problem scales up. Models with matrix parameters (e.g., multilevel models with multiple coefficients that vary by group) are particularly slow in Bugs and Jags—Gibbs sampling does not work well with covariance matrices. Stan is not lightning fast in such settings but, for problems of moderate size, it runs well enough to be practical. For example, the hierarchical time-series model in Gelman and Ghitza (Ghitza & Gelman, 2014) required several hours to run in Stan but would not have been fittable at all in other general-purpose Bayesian software.

Bugs and Jags are competitive with Stan on certain problems with conjugate models and low posterior correlation, so that Gibbs sampling is fast and efficient. In any case, none of this is meant as a criticism of Bugs and Jags, which were pathbreaking programs that inspired the development of Stan.

![Graph showing speed comparison for hierarchical logistic regression models](image)

**FIGURE 2.** (Top) With thousands of items, and millions of total ratings, Stan is able to generate samples from a hierarchical logistic regression model in seconds. With only a few hundred iterations needed for inference, this scaling admits practical implementation of such item-response theory models with large data sets. (Bottom) Stan is twice as fast (and also yields roughly 4 times as many effective samples) as the previous state of the art, Jags.

<table>
<thead>
<tr>
<th># items</th>
<th># raters</th>
<th># groups</th>
<th># data</th>
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<th>memory</th>
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<tr>
<td>80</td>
<td>32,000</td>
<td>400</td>
<td>2,560,000</td>
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<td>580MB</td>
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**Existing General-Purpose Optimizers**

Stan also contains an optimizer and so it can be compared to various optimizers that exist in various scientific software packages. We have not yet performed any speed comparisons, but we believe Stan should perform well because L-BFGS is known to be efficient, and Stan’s automatic differentiation is fast and is optimized for problems such as normal distributions and logistic models that are common in statistics. We are currently finishing implementing higher order automatic differentiation in Stan, at which point Stan’s optimizer will be able to immediately supply Hessians, which can be used to compute asymptotic variances.

**Preprogrammed Approximations to Bayesian Inference for Specific Model Classes**

Bayesian inference or approximate Bayesian inference (e.g., hierarchical models using marginal posterior modes) has been implemented for various classes of models with applied importance, including:

1. Multilevel linear and logistic regressions such as lme4 in R (Bates, Maechler, Bolker, & Walker, 2014), gllamm in Stata (Rabe-Hesketh, Skrondal, & Pickles, 2005), HLM (Raudenbush, Bryk, & Congdon, 2004), and Mplus (Muthe´n & Muthe ´n, 1998–2011);
2. Item-response and ideal-point models (mcmcpack in R; Martin, Quinn, & Park, 2011);
3. Differential equation models in pharmacology with parameters that vary by person (Nonmem; Beal, Sheiner, Boeckmann, & Bauer, 1989–2009); and
4. Gaussian process regression (GPstuff in Matlab; Vanhatalo et al., 2013).

Stan competes with these programs in different ways. Multilevel regressions, item-response, and ideal-point models can already be fit in Stan, although there remain certain problems of moderate size where approximate methods can give reasonable answers in less time.

Stan can fit hierarchical differential equation models, allowing users more flexibility and a more full accounting for uncertainty, as compared to Nonmem, which uses point estimation for hyperparameters. In such problems, we have found Stan’s full Bayes approach to be more computationally stable, especially in the presence of reasonably informative prior distributions. But there remain many practical examples where Stan remains quite a bit slower than Nonmem, and for these examples it makes sense to have access to both systems.

Gaussian processes are currently more challenging. When the number of elements of the process is large (1,000 or more, say), full Bayesian inference for Gaussian processes using Stan can become not just slow but effectively impossible for models such as logistic regressions where there is no analytic solution. In contrast, GPstuff uses an implementation of expectation propagation...
(Vanhatalo et al., 2013), which is fast enough to work for problems that are too large for Stan to tackle (and much too large for Bugs or Jags).

**Programming Bayesian Inference Directly**

A final option, indeed until recently the first option for Bayesian statisticians, is to program one’s model and inference directly in C, R, or Python or using some set of tools such as PyMC (Patil, Huard, & Fonnesbeck, 2010). Such programs have two parts: the specification of the model and the algorithm used to perform the sampler. Stan makes most such efforts obsolete because it is laborious to handwrite code to compute a log probability density and its gradient, and in many cases the Stan implementation will be faster.

One area where direct coding may still be necessary is when model predictions come from a complex “black box,” which cannot easily be translated into Stan. In such cases, it can be easier to build a sampler around the black box rather than to take the code apart and put it inside Stan. There are also certain difficult problems, such as inference for models with unknown normalizing constants, where the form of the model itself must be approximated so that no general-purpose algorithm can work.

**6. Other Features and Future Developments**

Stan has many capacities not discussed in the present article, including a large library of distributions and mathematical functions, random number generation, and the ability for users to write their own functions that can be called in R or by other Stan programs.

The current highest priority of work in Stan is in three directions: more sophisticated algorithms such as Riemannian HMC (Betancourt, 2013) for hard problems; approximate algorithms including variational inference (Kucukelbir, Ranganath, Gelman, & Blei, 2015), expectation propagation (Gelman et al., 2014), and marginal maximum likelihood for big models fit to big data; and user-friendly implementations of workhorse models such as hierarchical regressions and Gaussian processes. Under the hood, important steps in making these algorithms run fast include higher order autodiff and more efficient implementations of matrix operations. In addition, we are working to make Stan faster, one model at a time, working with colleagues in various applied fields including ecology, pharmacology, astronomy, political science, and education research. For that last project, we are developing efficient and user-friendly implementations of linear regression, generalized linear models, hierarchical models, and item-response models.

These implementations offer several advantages beyond what was previously available in R, Stata, and other statistics packages: the Stan implementations should be more stable and scale better for large data sets and large models, include more general model classes (e.g., combining hierarchical
modeling with ordered multinomial regression, a family that is not, strictly speaking, a generalized linear model but can be implemented easily enough in Stan), and easily allow prior distributions, which can make a big difference for regularization when parameters are only weakly identified. We also would like to extend Stan to allow discrete parameters. The larger goal is to relax the constraints that researchers often face, having to choose among a limited menu of models because of computational restrictions.

Acknowledgments
We thank the Institute for Education Sciences, the National Science Foundation, the Sloan Foundation, and the Office of Naval Research for partial support of this work.

Declaration of Conflicting Interests
The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding
The author(s) received no financial support for the research, authorship, and/or publication of this article.

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Manuscript received May 28, 2015
Revision received July 15, 2015
Accepted August 6, 2015