SCHOOL ON ALCOHOLISM
AND OTHER DRUG DEPENDENCIES

63rd ANNUAL SESSION
June 15–20, 2014

The School, which is recognized internationally, has continually expanded its scope to keep pace with increased awareness of the health and social problems of alcoholism and other drug dependencies. All areas of these problems are presented in training sessions for professional and lay personnel. The School provides students with the latest methods and techniques for working effectively in their respective disciplines.

Two different formats are used during the School:

GENERAL SESSIONS for the entire student body will focus on current issues and trends in the field of substance abuse education, prevention and treatment.

GROUP SECTIONS provide specialized information and techniques for working effectively with substance abuse problems in various disciplines. Specific groups are: American Indian; Dental; Drugs: Treatment and Rehabilitation; Education and Community Counseling; Nursing; Pharmacy; Physicians; Professional Treatment; Recovery Support; Relapse Prevention Counseling; Substance Abuse Overview and Current Issues; and Vocational Rehabilitation.

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OBJECTIVES:
Through lecture, workshops, case studies and demonstrations, expert faculty will provide the latest information and research on drug and alcohol abuse. Upon completion of this program, the participant should be able to:

1. Describe the history of addiction and the neurobiology of addiction.
2. Explain diagnostic criteria and assessment, drug testing, the identification and screening process and employ observation and interviewing skills that aid in the identification of substance abuse and acquisition of the addiction medical history.
3. Describe the principles of effective drug and alcohol abuse/addiction treatment, including motivational interviewing, and the prescribing of pharmacologic treatments.
4. Describe the historical and research support for 12-step programs as an effective long-term treatment of addiction and assess ways in which healthcare professionals can counter resistance and motivate addicted patients to work a 12-step program of recovery.
5. Explore the medical complications of addiction and the impact of addiction on families and relationships.
6. Assess the unique problems of target populations such as adolescents, women, families and patients with chronic pain and/or mental disorders.
7. Outline the steps involved in investigating, intervening, monitoring and advocating for impaired professionals.

ACCREDITATION:
The University of Utah School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA CREDIT:
The University of Utah School of Medicine designates this educational activity for a maximum of 28 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OEO/AA STATEMENT:
The University of Utah does not discriminate on the basis of race, color, national origin, sex, disability, age, veteran’s status, or sexual orientation and provides access to all its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Manager, OEO/AA, (801) 581-8365, 201 S President’s Circle, RM 135, Salt Lake City, UT 84112.

NONDISCRIMINATION AND DISABILITY ACCOMMODATION STATEMENT:
The University of Utah does not exclude, deny benefits to or otherwise discriminate against any person on the basis of race, color, national origin, sex, disability, age, veteran’s status, religion, gender identity/expression, genetic information, or sexual orientation in admission to or participation in its programs and activities. Reasonable accommodations will be provided to qualified individuals with disabilities upon request, with reasonable notice. Requests for accommodations or inquiries or complaints about University nondiscrimination and disability/access policies may be directed to the Director, OEO/AA, Title IX/Section 504/ADA Coordinator, 201 S President’s Circle, RM 135, Salt Lake City, UT 84112, 801-581-8365 (Voice/TTY), 801-585-5746 (Fax).
Monday, June 16
- Introductions — John Speed, M.D.
- Introduction to Diagnosis — Elizabeth Howell, M.D.; Stuart Gitlow, M.D.
- Medical Complications of Addiction — Misoo Abele, M.D.
- Detoxification and Other Pharmacologic Treatments — Elizabeth Howell, M.D.
- Alcoholics Anonymous and Other 12 Step Programs — Penelope Ziegler, M.D.

Tuesday, June 17
- Is Addiction Really a Disease? — Kevin McCauley, M.D.
- The Adolescent Addict — Susan Wiet, M.D.
- Putting a Face on Recovery: Questions and Answers with Recovering Addicts — Stephen Sheppard, Ph.D.
- Group Therapy Demonstration and Debriefing — Stephen Sheppard, Ph.D.; Tina Rich, Ph.D.; Haven Group

Wednesday, June 18
- Motivational Interviewing: Helping People Change — David Mee-Lee, M.D.
- Family Aspects of Addiction — Robert Ackerman, Ph.D.
- Overview of Chemical Dependence — Ted Parran, Jr., M.D., FACP
- Pain Management in the Recovering Addict — Ted Parran, Jr., M.D., FACP

Thursday, June 19
- Comorbid Psychiatric and Cognitive Disorders — Penelope Ziegler, M.D.
- Marijuana — Stuart Gitlow, M.D.
- Drug Testing — Penelope Ziegler, M.D.
- Mindfulness for Addiction Treatment — William Marchand, M.D.
- Recovering Professionals — Elizabeth Howell, M.D.; Penelope Ziegler, M.D.; Charles Walton, M.D.

Friday, June 20
- Women's Issues — Penelope Ziegler, M.D.
- Nicotine Addiction — Kevin Nelson, M.D., Ph.D.
SECTION LEADERS

John Speed, M.D. — Professor, Division of Physical Medicine and Rehabilitation, University of Utah School of Medicine, Salt Lake City, UT
Elizabeth Howell, M.D. — Associate Professor, University of Utah School of Medicine; Staff Psychiatrist, University of Utah Neuropsychiatric Institute, Salt Lake City, UT
Penelope Ziegler, M.D. — Associate Professor, Virginia Commonwealth University; Medical Director, Virginia Health Practitioners’ Monitoring Program, Richmond VA

FACULTY

Misoo Abele, M.D. — University of Utah Neuropsychiatric Institute, Salt Lake City, UT
Robert Ackerman, Ph.D. — Professor of Sociology, University of South Carolina, Columbia, SC
Stuart Gitlow, M.D., MPH, MBA, FAPA — Executive Director, Annenberg Physician Training Program in Addictive Disease, Mt. Sinai Medical School; President, American Society of Addiction Medicine, New York, NY
William Marchand, M.D. — Staff Psychiatrist. Veterans Administration Medical Center; Associate Professor of Psychiatry [Clinical], University of Utah, Salt Lake City, UT
Kevin McCauley, M.D. — Educator, Institute for Addiction Study, Salt Lake City, UT
David Mee-Lee, M.D. — Senior Vice President, The Change Companies, Carson City, NV
Kevin Nelson, M.D., Ph.D. — Founder and President, Pediatricians Against Secondhand Smoke, Salt Lake City, UT
Ted Parran, Jr., M.D., FACP — Director, Addiction Fellowships; Associate Clinical Professor of Medicine, Case Western Reserve University School of Medicine, Cleveland, OH
Tina Rich, Ph.D. — Psychologist, Alcohol and Drug Abuse Clinic, University of Utah School of Medicine, Salt Lake City, UT
Stephen Sheppard, Ph.D. — Clinic Director, Alcohol and Drug Abuse Clinic, University of Utah School of Medicine, Salt Lake City, UT
John Speed, M.D. — Professor, Division of Physical Medicine and Rehabilitation, University of Utah School of Medicine, Salt Lake City, UT
Charles Walton, M.D. — Manager, Utah Recovery Assistance Program, Salt Lake City, UT
Susan Wiet, M.D. — Private Practice; Psychiatric Medical Director, Odyssey House of Utah, Salt Lake City, UT

FEES

Registration/tuition $485 by June 1, medical student $410; CME credit fee $35; University credit fee $50.

ACCOMMODATIONS

Food is available for purchase on campus. Lodging is available in residential housing on campus, $34 per night per person; University Guest House, $94 plus tax per night; Marriott University Park Hotel, $119 plus tax per night. Room reservations must be made in advance.

For additional information and registration application, check our website:
medicine.utah.edu/uas

For a copy of the program brochure, write or email:
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