the water tower.

UVM’s alternative newsmag

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UVM.edu/~watertwr

By Alex Pinto

I’ve been up late every night for the past week. It’s a day to day struggle. My brain has been clouded by work. It’s midterm time, and I represent a sad minority. I’m a part-time student, and I have no midterms.

As autumn cruises by and the ever-earlier sunsets weigh on the collective Burlington consciousness, seasonal depression starts to creep in. And if you take the average Brownes resident’s relative change in mood and triple that, you’ve got me. It’s agonizing. Since I wake up at 11, every morning, early darkness really puts me. Darkness is great for studying, but since I don’t have any of that to do, I am stuck with nothing to do.

Darkness is good for one kind of fun though: nightlife! Thanks to my part-time class load I could go out every night of the week if I wanted to. But that’s the problem. Darkness is great for studying, but since I don’t have any of that to do, I am stuck with nothing to do. Darkness is good for one kind of fun though: nightlife! Thanks to my part-time class load I could go out every night of the week if I wanted to. But that’s the problem. Darkness is great for studying, but since I don’t have any of that to do, I am stuck with

I could go to a bar by myself. That’s where people go when they have nothing to do at night, right? To mingle with the other lonely souls? The problem: I am ap

proximately fifty years too young for that type of behavior. If I start spending my nights on a stool with a glass glued to my palm, chatting up a bartender with a saggy

An intervention would probably proceed.

As you can clearly see, no options are completely attractive. My agony is unbearable. I need midterm season to be over soon. I need my friends back, or else I’ll have to resort to one or more of these tactics. For now, though, I guess I’ll just crack open a beer, throw on some tunes, and continuously refresh Facebook.

Advertise for your club or organization with the Water Tower. We’re cheaper than the other guys. Watertowerads@gmail.com

vanessa denino

I could go to a bar by myself. That’s where people go when they have nothing to do at night, right? To mingle with the other lonely souls?

hours of midterm season than cuddling up under a blanket with a lovely lady? There are definitely benefits of having a plus one in general, especially if you are already bored. Being bored seems to be the number one activity for college couples — i.e., you can do all the same things that are normally boring, but instead you get credit for them. Making dinner becomes a date, and a nap becomes cute; being in a couple makes downtime productive! The problem is, of course, that girlfriends are much harder to attain than, say, a TV. You have to work hard over time to cultivate a positive relationship, and even if you do put in the time, it’s not guaranteed that things will work out. So, if any girls out there are ready to go 0-60 in about a week, let me know. Otherwise we’re moving on to other options.

Speaking of not having girlfriends, I could get into video games. Some segment of the college population seems to still play these. The problem here: the only acceptable video games to play are Call of Duty and Madden, among a few other sports games. These titles are played so religiously by the “gamers” of the world that they are absolutely impossible to get into. When “redsoxfan1997” on the other end of the HDMI cable spends 35 hours a week playing the game at hand, it makes for a pretty steep learning curve, especially for someone whose video game expertise extends about as far as Mario Tennis n64. Video games are way too hard these days. Nix that.

I could also try to make new friends. Friends who do go out every night. I’m talking classic Burlington weirdos. Head downtown Monday through Wednesday and some bars are hopping — and not all of the patrons are college students. Who are these people who party like it’s 1999 during the week, and is that the year they graduated college? I want to find out. Then again, that behavior can be dangerous. What will my roommates say when I start heading into the depths of the O.N.E. on a nightly basis to hang out with “these cool guys who are between jobs right now but definitely optimistic, and just selling coke for a little while to stay afloat…”? An intervention would probably proceed.

Let’s avoid that whole mess.

And what about doing drugs? What better use of my free time could there be than tripping sack and expanding my perspectives on reality? Actually, there aren’t many negatives for this one. I might go get on that. Eh, too many phone calls involved. Nevermind.

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Royals – Tactics – For now, though, I guess I’ll just crack open a beer, throw on some tunes, and continuously refresh Facebook.

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by alexpinto

by caleb

before, and this midterm season has been devastating. Apparently, once you leave the comfortable confines of HBO and On Demand, there are commercials in your face every five freaking minutes. I’d sort of forgotten about that. And as bad as the ads are, between the commercials the content is only marginally more interesting.

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I could get a girlfriend. What better activity for passing the long, quiet, twilight hours of midterm season than cuddling up under a blanket with a lovely lady? There are definitely benefits of having a plus one in general, especially if you are already bored. Being bored seems to be the number one activity for college couples — i.e., you can do all the same things that are normally boring, but instead you get credit for them. Making dinner becomes a date, and a nap becomes cute; being in a couple makes downtime productive! The problem is, of course, that girlfriends are much harder to attain than, say, a TV. You have to work hard over time to cultivate a positive relationship, and even if you do put in the time, it’s not guaranteed that things will work out. So, if any girls out there are ready to go 0-60 in about a week, let me know. Otherwise we’re moving on to other options.

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Several U.S. high schools have banned the... Rocky Tucker
Malcolm Valaitis
Victoria Reed
Oakland University
Tuesdays
Megan Kelley
Staff Artists
Emily Arnow
Gina Mastrogiacomo
Sarah Moylan
Robin Tucker
Tunes Editor
Erika Weisz
Lea McLellan

Contact the wt. via email: thewatertowernews@gmail.com

The most astounding part of this study was the fact that... Department of Health & Human Services, meaning it is... Guinea. The sponsor of the study was the U.S. Bureau, and the government of Guatemala. The sponsor of this study was the... disarming as their mission statement boasts that they... pens of the same color, and to this day even smartphone users... device for interviewing, theinky 4-year-old has been... in children under the age of 12. Seventy years have... and killing spree. The experiment took place in the... to be the leader that this nation needs. And, of course, he... half because mistakes only happen occasionally. This... 1015x1082}
social network conditioning

no one cares about your fb status

the origins of mad chill

by mcsullivan

Since its release over two weeks ago, The Social Network has been the number one film in America, already grossing over 65 million dollars in box office revenue according to the Internet Movie Database. What is the movie about? It’s a story about your college, your friends, your life, and the people around you. It’s a story about David Fincher, the director, and how he’s been able to bring about the movie that captured the mood of university life.

In the movie, we see the main character, Harvard student Mark Zuckerberg, as he creates Facebook. He creates the site for free, and we see how it becomes a success. We see how he makes money from it, and how he gets rich. But what about the other characters? The movie shows us the lives of the other students, and how they react to Zuckerberg’s creation. The movie also shows us how Facebook has changed the lives of people.

The movie was released on October 28, 2010, and it has been a huge success. It has already grossed over 65 million dollars in box office revenue. It has been nominated for several Academy Awards, including Best Picture, Best Actor, and Best Director. The movie has been well received by critics and audiences alike.

The Social Network shows us how Facebook has changed the world, and how it has affected our lives. It’s a story about how one man’s idea can change the world, and how one idea can make a difference. It’s a story about how one man’s dream can become a reality.

The Social Network is a movie that will be remembered for a long time. It’s a movie that will be studied and analyzed for years to come. It’s a movie that will inspire people to think about how they can change the world, and how they can make a difference.
Send in your sex and relationship advice questions to the Quim Queeries, no matter what flavor you feel like needin’. You might need to listen to this conversation carefully with your eyes closed so you can wrap your mental ears around it. How do you do if you’re too drunk to get up? Stay or slurr - Harry Styles

A: Whiskey dick sucks - some guys get it with only a few drinks, some with half the keg, but no matter what it’s an annoying. If it is a one-night stand or similar, I’d get out of there, make an excuse about the bed, or the medicine at home that you need, and split. What you need to take into account is that the guy is probably feeling a bit insecure. If you can ask how they like it, not how it is done. And especially if it seems like you don’t care if you have a mediocre student, your son might just think you are a slow learner. Better an enthusiastic and willing beginner than a mediocre student.

Q: What do you do if you can’t keep your eye off of your crush’s friend? I’m friendly with them, but I can’t help but wonder if they’re as attractive as they seem. And is it possible they might feel the same way?

A: It’s possible they might feel the same way! Think you can stump us with your awesome moves. You seem to keep showing up everywhere I go, and I still can’t keep my eyes off of your C&H tattoos. So maybe also you didn’t see my first confession, but I’ll give you a second chance because I WILL W34CK U.

Q: I only walk into my bedroom with the lights on. Why?

A: Because silly runty people appreciate silly costumes.

Q: With or without consent? I want to go on a date with a girl I just met at a club, but I don’t want to come across as too pushy. What’s the best way to ask?

A: The best way to ask is to simply say, “Hey, do you want to go on a date with me?” That way, you are giving her the choice to accept or decline the offer. Additionally, you can say something like, “I understand if you’re not interested, but I’d love the chance to get to know you better.”

Q: Why do people still write letters? It seems old-fashioned and time-consuming.

A: Letters can be a great way to express yourself and communicate with someone. They allow you to express yourself more fully than a text message or email, and they can be a thoughtful and personal way to reach out to someone. In addition, writing letters can be a therapeutic and creative activity. It’s also nice to have something tangible to hold and refer back to in the future.

Q: I need help choosing a career path. I’m torn between pursuing a career in technology or art. What advice do you have?

A: It’s important to consider your interests, skills, and values when choosing a career path. You should also research different industries to learn about job opportunities, salaries, and work-life balance. Additionally, you can seek advice from family members, friends, or a career counselor. Ultimately, the most important thing is to choose a path that you enjoy and that aligns with your values and goals.

Q: I’m not sure if I should tell my partner about my past relationships. How can I determine if it’s the right time to share this information?

A: It’s important to consider how your partner will react to this information and whether it is relevant to your current relationship. You should also consider if it is necessary to share all the details or if you can provide a summary instead. It’s also important to be honest and open about your relationship history, but you should also be considerate of your partner’s feelings and boundaries.

Q: I’m struggling with anxiety. What strategies can I use to manage my symptoms?

A: There are several strategies you can use to manage anxiety, including deep breathing exercises, mindfulness meditation, and regular exercise. You can also try cognitive-behavioral therapy or talk to a mental health professional for more personalized advice. Additionally, it’s important to identify and address any underlying triggers or stressors.

Q: I’m having trouble sleeping. What can I do to improve my sleep quality?

A: There are several things you can do to improve your sleep quality, including establishing a consistent sleep routine, creating a relaxing sleep environment, avoiding caffeine and electronic devices before bedtime, and practicing relaxation techniques such as deep breathing or meditation. Additionally, it’s important to ensure you are getting enough sleep and to address any underlying health issues or sleep disorders.

Q: I’m feeling overwhelmed with my workload. How can I manage my time more effectively?

A: There are several strategies you can use to manage your time more effectively, including prioritizing tasks, setting goals, and creating a to-do list. You can also try breaking tasks into smaller, manageable pieces and using time management tools such as calendars or planners. Additionally, it’s important to be realistic about your abilities and avoid overcommitting yourself.

Q: I’m considering getting a pet. What are some things to consider before making this decision?

A: Before deciding to get a pet, it’s important to consider your lifestyle, financial situation, and living situation. You should also research different breeds to determine which one is the best fit for you and your lifestyle. Additionally, it’s important to consider the time, money, and responsibility required to care for a pet.

Q: I’m feeling sad and lonely. What can I do to improve my mood?

A: It’s important to reach out to friends and family for support, engage in activities that you enjoy, and practice self-care. Additionally, you can try cognitive-behavioral therapy or talk to a mental health professional for more personalized advice.

Q: I’m feeling anxious about an upcoming exam. What can I do to prepare effectively?

A: It’s important to create a study plan and stick to it, practice self-care, and avoid negative self-talk. Additionally, you can try relaxation techniques such as deep breathing or meditation, and it’s important to be realistic about your abilities and avoid overcommitting yourself.
Step 6: Suggest tracks to download because, let’s byvaluable opinions. Enjoy!

Yours truly,

Step 4: When describing amounts of adjectives as where in your review. It just sounds cooler when you don’t repeat "second".

Step 5: Make a generalized statement about the future of the musician.

Step 3: Name-drop similar hip artists. When all else fails, compare your musician to the Beatles. Everybody is influenced by the Beatles. (Right?)

FerryB L. Toneheart
The Jack of Hearts/Triumph Tigers Records

It seems that Los Angeles-based singer-songwriter FerryB L. Toneheart has nailed it once again with his sophomore LP, "The Jack of Hearts." Following in the footsteps of his fellow whimsically named counterparts like Devendra Banhan and Andrew Bird, Toneheart has crafted an indie-folk masterpiece. Perhaps the album’s highlight is the bouncy, cheery, insect-laden, ridiculously fun "Harry and Bess," the track with the best chance of netting a radio hit for Toneheart. But the album is chock full of other saccharine tunes, like upbeat opener "Holding Me Back" or the excellent "My Name." All in all, this is a wonderfully listenable album, and the future looks bright for FerryB L. Toneheart.

Download: "Harry and Bess," "My Name," "Holding Me Back," "Akonne"

Step 2: If it’s an artist’s second album, use the word "sophomore" somehow in your review. It just sounds cooler than "second":

Step 1: Pick a musician/band that nobody has heard of. This will solidify your status as an indie band-indie hipster, and you will feel cooler than everyone else. (Have you heard of FerryB L. Toneheart? Of course you haven’t!)

You too can write music reviews!

Since music criticism has been so democratized by the rise of blogging, the WT thought a go-to guide would benefit those trying to convey their highly valuable opinions. Enjoy!

bysarahmoylan

Step 6: Suggest tracks to download because, let’s face it, nobody buys whole albums anymore.

dope mc’s matching game ( fresher than your other tests, better than your ever-best)

this week: preferred blunts

a. devin the dude
b. wu-tang (majority)
c. nas
d. white teenagers

answers: (cheaters get marked)

buke and gas-- riposte (brassland) by emilylozeau

Buke and Gas (pronounced like a bass guitar) is a tough cookie to crack. Part folk, part goth-garde, but then some unique and sinister flavor. Their recording of "Drunk Fishin'" provides a window into the strange world of these strange, seedy little devils. The song is a perfect garage punk song about the most overlooked word in the English language and an awesome punk rock song. The production still includes wicked noises and feedback as their other albums do, but this time it’s all in hi-fi. Standout tracks include "Tuned to Puke," a poppy punk song with garage-cavean guitar chords, "Sail or Sink," a faster post punk song with an awesome guitar riff. "Like Like Like Like Like," a perfect garage punk song about the most overlooked word in the English language and an awesome modlick guitar song. At the end, and "Male diamon" the title name is cooler, and a rock and roll album with hilarious lyrics and pretty vocals. Recommended. Regret the civilized intelligence, there is indeed intelligence under the lo-fi and it’s all over this record.

THE INTELLIGENCE-- Males (In The Red Records) by joessman

Lars Finberg and The Intelligence unleash their seventh record, the makeup is still dusty garage punk pop, however this one is cleaner, more polished, and their best to date because of these factors. With songs like "Bong Life," "Tuned To Puke," and "Chateau Bandit," the band hasn’t lost its innocent weirdness, however this goodness is contrasted with the album’s exceptionally interesting punk rock songs. The production still includes wicked noises and feedback as their other albums do, but this time it’s all in hi-fi. Standout tracks include "Tuned to Puke," a poppy punk song with garage-cavean guitar chords, "Sail or Sink," a faster post punk song with an awesome guitar riff. "Like Like Like Like Like," a perfect garage punk song about the most overlooked word in the English language and an awesome modlick guitar song. At the end, and "Male diamon" the title name is cooler, and a rock and roll album with hilarious lyrics and pretty vocals. Recommended. Regret the civilized intelligence, there is indeed intelligence under the lo-fi and it’s all over this record.

Wiccan Albino-Africans: Silenced-- No More! by joesus

7:30 pm at the Living and Learning Center. This open discussion focuses on the experiences of non-Africans who are working Wicca and discusses stereotypes typically associated with VodAAs. Wiccan Albino-Africans are welcome, but are advised to bring their own pentagrams.

Drunk Fishin’-- 2:30 pm at the Water Tower Parking Garage

Some kids are trying fishing line around some trees across the sidewalk and watching drunk people trip on it. Gonna be sweet.

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SEEKING: UVM’s BEST BAND (ARTIST/WHATEVER)

A reminder that our contest is open to pretty much anyone affiliated with UVM, and submissions will be taken through Fall semester. Submit online by sending your stuff to thewatertowernewss@gmail.com, or dropping a hard copy at our desk in the SGA. Fame and fortune are guaranteed for the winner!!