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From Family Farm to Corporate Mainstay: A Social History of Organic Dairy Production in the United States

Abstract:

For the last five decades, small-scale dairy farmers have been transitioning to organic practices across milk producing regions in the United States. Long before a market for organic dairy products even existed, farmers made individual decisions to abandon pesticides and herbicides on their feed and antibiotics on their herds, even at a time when there were no financial rewards for doing so.

Today, organic milk, yogurt and cheese are produced by large multinational corporations and can be found in any supermarket. However, the movement originally started on family farms as a farmer-led reaction against the chemical inputs encouraged by conventional production.

This article explores the emergence of organic dairy production in the United States, with an emphasis on the state of Vermont. Using first-hand accounts and unstructured interviews with pioneering farmers who transitioned as early as the 1960s, I outline the different periods in the evolution of organic milk and dairy from a small-scale experiment to a corporate mainstay. By documenting the shifting motivations of producers and the challenges they faced, I establish the main factors that drove this new industry and contextualize the transition to organic production from a historical point of view. I will show how a producer-led effort to produce organically was eventually overtaken by market forces, and what this says about the process in which organic food becomes mainstream.