The present study investigates developmental and environmental factors among Asian Americans during adolescence ad young adulthood and forms of participatory risk-taking behaviors. A systematic literature review was conducted to explore the possible risk and protective factors of Asian American adolescents and young adults, and their participation in risky behaviors. Examination of Urie Bronfenbrenner's Ecological Theory becomes a model for evaluation of these risk and protective factors. More focus should be placed on Asian American adolescents and young adults to understand the complexities of this minority group and to further evaluate the necessary needs in which research is limited.