

## Abstract

**Objective:** Due to the increasing size of the immigrant and refugee population in our country and the lack of available knowledge of their health beliefs and needs, a study of adolescent female refugees was conducted. **Design and sample:** A phenomenological design was used for this study because little is known about the way female adolescent refugees view health. Study participants included a convenience sample of 4 adolescents in a Northeastern community. Participants took pictures to illustrate how they view health and describe their experience of the meaning of health. **Results:** Themes related to health and wellness emerged including: Care for the physical body, social health, the environment, faith and heritage. **Conclusion:** Study findings assist in health care provider's cultural knowledge and competence.