

This study explored the acculturation experiences and processes of an individual female refugee young adult, myself, in the United States. The research spans from the time of arrival to the present, a period of seven years, however, put emphasis on the four years of being in an American high school as an adolescent. Through autoethnography, a personal narrative of the experience, the intention was to examine my journey of acculturating in the United States as a refugee adolescent and further to do a comparison with the literature findings on refugee adolescent and acculturation processes in the United States. This research is anticipated to illuminate common trends within the acculturation process and its developmental effects on youth to help broaden the understanding of refugee youth population in this country. Most importantly, this research seeks to comprehend the complicated lives of refugee young adults in their new country of resettlement.