

Title: An ethnographic study: health concerns and innovative solutions of Ugandan women

*Objective:* Aid organizations have found the key to the development and health of an entire community is the health and empowerment of local women. The aim of this research was to gain insight into the health concerns and challenges faced by Ugandan women and the manner in which they address these challenges within the community.

*Methods:* I conducted an ethnographic study over a two-week period in Kamuli, Uganda, observing daily activities, conducting semi-formal interviews and an informal village meeting. To enrich certain interviews I used a participatory research method called Photovoice. I provided four local women with cameras and asked them to take photos of important things in their lives. *Results:* The women identified three main concerns: water collection methods and security, food security, and poor living conditions. Each of the women also spoke of family and neighbors, demonstrating a strong community network. Women were not only aware of the needs of their immediate family but also the needs of those around them. *Conclusion:* This research confirms the findings of previous studies conducted in developing countries; women have a great deal of insight into community challenges as well as innovative ways to solve these issues.