

Taekwondo belt requirements for UVM Taekwondo:

The Taekwondo belt is a very important part of the practice of Taekwondo. It helps to distinguish junior from senior, and less experienced from more experienced. It is a **general** indicator of a more or less advanced practitioner of Taekwondo. The times indicated represent training 2 times per week for white through green belt, and 2-3 times per week for green through black belt.

Belt Color	Rank level	Minimum Time in Months (Years)	Minimum Number of Classes	Required Pattern	Additional Requirements/ Exceptions / Comments
White	10 th	0-2	0	½ Chon-Ji	
White w/yellow stripe	9 th	1	10	Chon-Ji	
Yellow	8 th	3	20	Dan-Gun	
Yellow w/green stripe	7 th	6	40	Do-San	
Green	6 th	9	60	Won-Hyo	
Green w/blue stripe	5 th	12	80	Yul-Gok	
Blue	4 th	15	100	Joong-Gun	
Blue w/ red stripe	3 rd	18	120	Toi-Gye	
Red	2 nd	21	150	Hwa-Rang	
Red w/ black stripes	1 st	27	200	Choong-Moo	
Black	1 st Dan (Degree)	33 (2.75)	250	Koryo Kwang-Gae	Instructors and club officers can advance more quickly. This is

		Po-Eun	due to their increased participation and responsibility
		Ge-Baek	
2 nd Dan	57 (4.75)	Keumgang Eui-Am	Regular attendance is crucial to continued advancement at the black belt level
		Ko-Dang	
		Choong-Jang	
		Juche	
3 rd Dan	93 (7.75)	Taebaek	
		Sam-Il	
		Yoo-Sin	
		Choi-Yong	
4 th Dan	141 (11.75)	Pyongwon	Master Instructor Level
		Yon-Gae	
		Ul-Ji	
		Moon-Moo	
5 th Dan	201 (16.75)	Sipjin	
		So-San	
		Se-Jong	