The Sun My Heart: This Narrow Hand

Introduction

The Teachings

Part Two: Contemporary Interpretations of

177 77
169 69
161 59
153 49
145 39
137 29
129 19
121 9
113 1

CONTENTS
Buddhist Thought and Action

Part Six: Challenges in Environmental Activism

Introduction

The Agony of the Poor

Part Five: Home Practice, Wild Practice

The Buddha: Bodhisattva, Bodhi Tree, Wake

Making the Prayers to Pozhkur

Introduction

Conclusion
Index of Contributions

Credits

A Love Letter to Nana Saatchi
Smoky the Bear Stuffie
Carly Snyder

Verses for Environmental Practice
Robert J. Hikem

Prayers
Buddhist Temple of Chicago

Siddha Meditation
Wendy Johnson

Spontaneous Expressions for Social Activists
Joanna May

Grease
Carly Snyder

Meal Verses
This That Hand

Earth Verses
This That Hand

Ecological Recipes
Green Thumb Zen Center

Invocation for Earth Relief Ceremony
Buddhist Zen Center

The Four Bodhisattva Vows

Introduction

PART SEVEN: PRACTICES FOR CEREMONIES

Conclusion