Executive Summary Saffron Workshop March 15, 2019

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The North American Center for Saffron Research and Development at the Univ. of VT Entomology Research Laboratory held its third grower workshop on saffron titled: Saffron: Production Progress & Market Promise, building on the last two workshops. Our goal was to address outreach needs that growers identified at the 2018 workshop and provide the program on-line (via Zoom) as well as on-site to accommodate participants who could not make the trip to Vermont. The workshop was held at the University of Vermont Davis Center, and the on-line transmission was facilitated by Marcus Tracy, from UVM Extension. Most of the 150 attendees were from Vermont (~33%), but people from 25 other states also came (See list below). In addition, people from 8 other countries took part (The Netherlands, Italy, Iran, Canada, Nigeria, Germany, Tunisia and Morocco). The program this year was very full and diverse. Gaetano De Felice, a saffron grower from Italy spoke about his production system and marketing strategies. Hans Rotteveld of Roco Saffron, The Netherlands spoke about corm production and import requirements. Mohamed Amine Ayari, from Laval University and Rhamatallah Gheshm, Univ. of Rhode Island spoke about their research results on saffron production. Mounira Lage from Morocco spoke about saffron quality in her country. Arash Ghalehgolabbehbahani, UVM post doc, and Chester Elliott of Peck Solar presented recent work on growing saffron in solar array fields. Hassan Ashktorab, from Howard University, spoke about his research on medicinal aspects of saffron. Several growers representing a broad geographical range, took part in a grower-to-grower session, which was particularly popular with the audience. Steve Leach, owner of Red Thread Farmstead, Swanton, VT (an emerging commercial saffron grower), Parker Shorey, who has started a saffron marketing business and Gaetano discussed marketing strategies. The comments and personal statements from attendees are proof that this workshop was useful, and will encourage saffron production by a wide array of growers in the future. The session that received the highest score in terms of educational value was the open forum when growers were able to share their experiences and ask specific questions about production. Several attendees mentioned that they would like more specific recommendations on technical aspects of saffron production, marketing, value added products, and medicinal aspects of saffron. The attendees appreciated the diverse topics covered in the program. We hope to address many of the questions for which growers seek answers. However, given the limited funding we have, sadly progress will be slow. Others asked for field visits and to have farmers present in the future. We hope to hold demonstration events in the August and October during planting and harvesting. In general, the attendees expressed great appreciation for our efforts and look forward to more educational opportunities in the future. There were issues with the audio both for the on-line and on-site audience. Some of the speakers were not skilled in presenting in front of a large audience, and English was not the first language for many of the presenters, making communication at this venue more challenging. While it was great to offer the on-line option, it clearly is not ideal for transferring information.

General Summary

- 150 people took part in the workshop. Over 48% of the attendees completed an exit evaluation; 22% were growers of field crops; 13% were growers with greenhouses or high tunnels, 23% were home gardeners, and 30% were others, including beginning farmers, marketing specialists and educators.
- On a scale of 1 (not useful) to 5 (very useful), attendees rated the workshop 3.7.
- 92% of the attendees indicated they made new contacts. Specifically: the guest speakers, other growers, researchers, and suppliers.
- Over 59% of the attendees grew saffron in the past few years; 82% plan to grow it in 2019.
- Many attendees commented on how thankful they were for the event.
- Growers listed many topics they want to learn about in future workshops; including: marketing and the economics of
 saffron; saffron production in different climates and settings, quality testing, organic certification, establishing co-ops
 for buying corms and selling saffron, research results on field production; and details on management of pests and
 diseases.

March 2019 Saffron Workshop Summary of Evaluations

Note: Information highlighted in green were from zoom session online survey

- 1. Number of on-site & On-line attendees: <u>VT</u>: 50, <u>NY</u>: 20, ME: 13, <u>NH</u>: 8, <u>MA</u>: 7, <u>CA</u>: 4, <u>RI</u>: 4, <u>PA</u>: 4, <u>NJ</u>: 3, <u>OR</u>: 3, <u>OH</u>: 3, <u>Quebec</u>: 3, <u>MD</u>: 2, <u>NC</u>: 2, <u>TX</u>: 2, <u>MD</u>: 2, <u>CT</u>: 2, <u>MI</u>: 1, <u>MN</u>: 1, <u>MO</u>: 1, <u>MT</u>: 1, <u>CO</u>: 1, <u>IL</u>: 1, <u>KY</u>: 1, <u>VA</u>: 1, <u>NM</u>: 1, <u>WI</u>: 1, <u>Ontario</u>: 1, <u>Italy</u>: 1, <u>Netherlands</u>: 1, , <u>Morocco</u>: 1, <u>Tunisia</u>: 1, <u>Italy</u>: 1, <u>Nigeria</u>: 1, <u>Canada</u>: 4.
- 2. Number of evaluations: 61 (on-site); 11 (on-line) 33%
- 3. Primary Profession of Participants who Completed Evaluations (%)

| Grower in Greenhouse/ high tunnel | Grower of Field Crops | Researcher | Home Gardener | Extension System | Nursery Grower | Other ¹ |
|---|--------------------------|------------|------------------|---------------------|-------------------|--------------------|
| 13.5% | 22.0% | 3.5% | 23.0% | 9.0% | 3.5% | 30.5% |

¹Other: Economist, Marketing/Tech, Retired, Educator, Environmentalist, Engineer, Real Estate, Nurse; Beginning farmer; Student

4. How useful was this workshop to you for gaining information about saffron production, processing or marketing? 1 (not useful) -5 (very useful)

On-site: 3.34; On-line 4.09

Notable Comments: As I begin my saffron research this seminar was extremely helpful; Most interested in practical application - production, voles, pricing, processing, purchasing, etc. (3); All presenters were great. Enjoyed the new topics this year (2); I was particularly interested in research on new uses for saffron. I learned a lot but need so much more support as I am a complete novice to this - I sent in questions and am looking forward to the answers but in the meantime certainly have my homework to research my state guidelines and governmental websites (NOPs etc); Like how science and farmers are a part of speakers. So many heavy in one or the other. This is a good balance

5. In the past few years, have you grown saffron?

Yes 49% (18%)

No 51% (82%)

| Number of corms | | | | | | | | |
|-----------------------|--------------------|---------------|----------------|---------------------|-------------------|--|--|--|
| Less than 200 | 200-500 | 501-1000 | 1001 - 3000 | 3001-5,000 corms | Over 5001 corms | | | |
| corms | corms | corms | corms | | | | | |
| 6 | 5 | 6 | 6 | 1 | 4 | | | |
| Acreage in production | | | | | | | | |
| Less than 10 sq ft | 10-100 sq ft | 101-500 sq ft | 501-1000 sq ft | 1001 - 2,000 sq ft | Over 10,000 sq ft | | | |
| 4 | 9 | 7 | 3 | | 2 | | | |
| Production method | Production methods | | | | | | | |
| Pots | Grow bags | Crates | Low tunnel | Raised beds | Field | | | |
| 2 | 1 | 2 | 2 | 14 | 9 | | | |

6. Do you plan to grow saffron in 2019? If YES, Please describe how:

Yes 82%

No 10%

| Production methods | | | | | |
|-------------------------|--------------|------------|--------------------|---------------|---------|
| Mixed methods for tests | Containers | Low tunnel | High tunnel | Raised beds | Field |
| 5 | 3 | 1 | 1 | 4 | 10 |
| Amount of production | | | | | |
| Small pilot tests | Same as last | More than | less than 1/4 acre | up to an acre | In 2020 |
| | year | last year | | | |
| 12 | 6 | 3 | 2 | 1 | 4 |

7. Did attending this workshop provide you with new contacts? Yes: 92% No 8% Please specify:

| Corm | Saffron | Saffron | UVM, URI and other | Growers in my | Reconnected with |
|-----------|-----------|---------|---------------------|---------------|------------------|
| suppliers | marketers | growers | saffron researchers | state | contacts |
| 5 | 8 | 12 | 7 | 5 | 2 |

Other comments: Sadly, I was unable to attend in person but look forward to next year and in the meantime hope to make connections and get advice on Saffronnet; SaffronNet is an excellent and extremely useful resource- I was glad to hear from many people active on there at the workshop.

8. Please rate the following aspects of this workshop: 1 (poor) - 5 (excellent): fee 1 (too much) - 5 (good value)

| Aspect | In Person | On-line |
|---------|-----------|---------|
| Site | 4.82 | |
| Length | 4.64 | |
| Size | 4.79 | |
| Fee | 4.11 | 3.57 |
| Average | 4.59 | 3.57 |

Comment: Having the ability to attend via Zoom was excellent. I would not have been able to attend if an online option wasn't available.

9. Please rate the educational value of each workshop section: 1 (poor) - 5 (excellent)

| Session | On site | On-line |
|---|---------|---------|
| Saffron Production in Europe | 3.89 | 3.27 |
| Soil Mycorrhizae & Fertilizers for Better Saffron Yield | 3.84 | 3.09 |
| Effects of Climate & Soils on Saffron Production | 3.92 | 3.18 |
| Saffron Quality Assessment in Morocco | 3.49 | 2.82 |
| Saffron Solar: A Win/Win Partnership | 3.67 | 2.73 |
| Grower to Grower Forum | 4.25 | 3.82 |
| Saffron Corm Production | 3.98 | 3.36 |
| Saffron: A Promising Natural Gastrointestinal Drug | 3.95 | 3.55 |
| Average | 3.87 | 3.23 |

Comments: Would like to receive pdfs of speakers presentations.

Saffron Production in Europe

Comments: Thorough. Enjoyed his passion; Videos helpful (2). Translating from metric would have been helpful. Great Q&A. Slides hard to follow. Not sure relevance to NE; Language difficult; The subtitles in the videos were a bit too fast otherwise excellent; Good to hear from people that have been at it for a few years. Online: Accent became even tougher with zoom (2)

Soil Mycorrhizae & Fertilizers for Better Saffron Yield

Comments: Info good esp. for VT but difficult to understand; Very technical, fast - want to know bottom line recommendations for production. Language difficult; He spend too much time with the introduction, not enough on results. Thank god we found out where the tests were done to explain the poor flower harvest.

Effects of Climate & Soils on Saffron Production

Comments: Very informative; Appreciated the info and maps regarding climate change; Interesting, not sure relevance; Better language but still hard to hear

Saffron Quality Assessment in Morocco

Comments: The info seems useful but I could not hear most of it; this presentation should have been first on the agenda as it included 'what is saffron'; Great info, well presented; too much general background – need better coordination between presenters; want to know how to rate overall quality; Hard to hear her because she turned away from the mic. (4); Mostly a statistics talk about Morocco but not much info helpful to us in growing and ensuring quality.

Saffron Solar: A Win/Win Partnership

Comments: Intriguing; Love this!; Curious to see how plays out (2); too early to tell (3); Learned about solar; Great idea but not relevant to my situation

Grower to Grower Forum

Comments: Extremely helpful (2); Sound was a problem on-line.

Saffron Corm Production

Comments: Helpful background, too similar last year, less relevant to small growers; Great to hear from Roco on their practices

Saffron: A Promising Natural Gastrointestinal Drug

Comments: Thank you for this information, which was new to me!; This is particularly interesting for me & perhaps the most important piece - had no idea of the nutritional medicinal qualities of saffron. Awesome!; Very interesting findings want to know how to share info in accessible way.; Great to learn about - want more info; Excellent information, language understandable, didn't read the slides; Loved it. A bit too technical - words I had no idea what they meant (2); Rather technical, but get that is important topic; Interesting but not as relevant to growing; Always enjoy learning about potential new medicinal opportunities.

10. What other topics would you like included in a future saffron workshop?

| Topic | # resp. | Topic | # resp. | Topic | # resp. |
|-------------------------|------------|---------------------------------|---------|---------------------------------|---------|
| Marketing ideas | 19 | Harvesting | 3 | Overwintering guidelines | 1 |
| Economics of | 6 | Value added saffron | 6 | Use of other saffron parts | 1 |
| saffron production | | products | | (stamens, petals) | |
| Wholesale markets | 1 | Planting methods | 2 | Medicinal uses (old & new) | 4 |
| Disease control | 3 | Organic production | 3 | Regulations on selling | 1 |
| Quality & testing | 3 | Saffron cooking | 1 | Marketing medicinal saffron | 1 |
| Saffron coop | 5 | Processing/drying | 3 | Taste testing of products | 1 |
| Labor issues | 2 | Production guidelines | 7 | History of saffron | 1 |
| Corm physiology | 1 | Irrigation | 1 | Production calendar | 1 |
| How to get started | 3 | Improving yields - which | 3 | Presentations of local growers, | 1 |
| with saffron | | fertilizers enrichments are | | best practices, failures. | |
| production | | best for soil for saffron. | | | |
| Production to | 1 | Weed management, incl. | 2 | Hands-on sensory evaluation & | 1 |
| maximize quality | | Cover crops, mulch, | | grading | |
| Presentations of | 2 | How long do corms last; | 1 | Info on other systems for | 1 |
| local growers, best | | When do you get daughters? | | growing saffron, eg., | |
| practices, failures & | | How do you harvest and re- | | hydroponic, vertical greenhouse | |
| successes | | plant? | | systems, raised beds and crates | |
| | | ng saffron in cold climates (as | 1 | | |
| the results and general | l experien | ce increase) | | | |

11. How can we improve this type of workshop in the future?

| Improvements | # | Improvements | # | Improvements | # |
|------------------------------|-------|------------------------------|-------|-------------------------|-------|
| | resp. | | resp. | | resp. |
| More time for networking | 3 | Hands on groups | 1 | Improve the audio | 2 |
| Room was cold | 3 | More topics, multiple days | 2 | Answer online questions | 1 |
| Encourage presenters to make | 1 | A better camera angle for us | 1 | Online audio was a bit | 2 |
| slides simple. | | virtual participants | | garbled at times | |

| More time for questions for | 3 | workshop that includes field trip | 2 | remind presenters to face | 6 |
|-------------------------------|---|------------------------------------|---------|--------------------------------|---|
| presenters | | to farms. | | audience when talking | |
| Audio was difficult for much | 5 | It was hard to understand the | 2 | Midafternoon we needed to | 1 |
| of the workshop (esp. for on- | | accent of some speakers, esp. for | | stand up and run around | |
| line participants) | | the on-line session | | out tables 2x | |
| Coach presenters ahead of | 1 | field trips included in the | 2 | Jan or Feb would be better | 1 |
| time about using the | | workshop - extend to 2 days | | than March for maple | |
| microphone | | | | producers | |
| Separate room for posters and | 1 | make more oriented to practical co | nsidera | tions. Make sure that the | 3 |
| time for people to talk with | | connections between research and | applica | tion to real growing are clear | |
| authors | | | | | |

12. Additional Comments:

| Comments | # | Comments | # | Comments | # |
|-----------------------------|-------|----------------------------------|-------|------------------------------|-------|
| | resp. | | resp. | | resp. |
| Great job/work! | 10 | It was fascinating, well done! | 1 | Well organized | 3 |
| Keep it up! | 4 | Small group sessions | 1 | Keep increasing diversity | 3 |
| Best workshop yet! | 1 | Overall very informative | 2 | Saffronnet is very useful | 2 |
| Very good time | 1 | Learned a lot and am looking | 1 | The question card was a | 1 |
| management, Margaret. | | forward to spring | | good idea. | |
| Thank you very | 12 | Loved the farm tours and sugar | 2 | Marketing panel was very | 3 |
| much!/Thanks! | | house visit | | informative I give that a 5. | |
| You have identified areas | 1 | The pricing talk easy to | 1 | Appreciate the whole | 1 |
| of saffron I didn't know | | understand, information I can | | package from growing to | |
| existed. | | immediately use | | medicinal. | |
| More of the same | 3 | online option is a big plus | 3 | Excellent program overall. | 1 |
| Really liked the format. | 1 | Most helpful but a little tough | 1 | We needs hands on sensory | 1 |
| Lots of information. Pace | | done remotely. Wish I could | | evaluation & grading | |
| of the day was good. | | have attended in person | | workshop! | |
| Really hope you do the | 3 | Add another day. Loved the site | 1 | Thanks for the research and | 1 |
| workshop again next year. | | visits. | | sharing! | |
| More time for people to | 1 | All of UVM's resources have | 1 | thank you UVM for leading | 1 |
| network. Maybe an | | been extremely useful. | | the way with saffron | |
| extended lunch. | | | | research! | |
| Need to try to get growers | 1 | Hopefully fledgling U.S. saffron | 1 | I attended the web-version | 1 |
| of saffron to keep price up | | producers will be able to bypass | | and thought it was well | |
| even though they have a | | the many pitfalls of crops new | | planned, coordinated and | |
| big inventory. They are | | to the U.S. and contribute, in a | | executed- everything I could | |
| the ones that actively | | relevant way, to feeding a | | need from a satellite | |
| bring the price down | | population in need of | | attendance. | |
| | | affordable, wholesome foods. | | | |
| | | | | | |

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