**PSYC 380** *(60080/60081)*: Brief therapy: Innovations in individual, couple, family, and group therapy.

**INSTRUCTORS:** DIANE T. GOTTlieB, M.S.W., Ph.D.
CHARles D. GOTTlieB, M.S.W.

**ROOM:** Dewey 100

**SEMESTER:** Summer, 2008
**DATES:** June 16 – June 27
**TIME:** 8:30 A.M. - 12:30 P.M.

**COURSE DESCRIPTION:**

Utilizing a narrative framework, this course provides an understanding of socially constructed theories and practices in time-sensitive psychotherapy. Through an exploration of current literature, various orientations and clinical applications are examined.

Other areas to be covered will include: 1) ethical and moral dilemmas; 2) client/clinician relationships; and 3) the interface between clinician and managed care systems and 4) school and other public systems.

**REQUIRED READINGS:** CAT CARD REQUIRED FOR INTERNET ACCESS FOR ARTICLES ON RESERVE (SEE BELOW)


**COURSE REQUIREMENTS:**

The requirements for this course include three typed researched papers (APA format).

*Paper # 1 is due Friday, June 20, 2008. This 3-5-page paper (APA format) will focus on theoretical considerations in*
brief therapy.

Some questions you might want to consider for Paper 1:

1. How does your choice of theoretical frameworks influence your understanding of the practice of brief therapy?

2. How does your theoretical framework address issues of history, environment, culture, and other contextually related components?

**Small group presentation topic** is due **Friday, June 20, 2008**. Class will be divided into small groups for a class presentation incorporating theoretical considerations with content areas, e.g., family therapy, couples and therapy, group therapy, substance abuse, sexual/physical abuse, etc. Be sure to apply these subject areas to the ideas and readings raised in the course. Additional literature is highly recommended. Please present an outline of your presentation and bibliography to instructors and students.

**Paper # 2** is due **Thursday, July 18, 2008** by 12 noon at Networks, Inc., 187 St. Paul Street, Suite 2, Burlington, VT 05401. This **10-12 page researched paper (including literature review)** will focus on **current issues or research** in brief therapy. Papers will only be returned when self-addressed stamped envelope is included.

**GRADING CRITERIA:** Assignments are to be completed **on time** to receive full credit. Each day late reduces each letter grade by 33%.

Class attendance and participation is worth 0 to 10 points.

Paper 1 is worth 0 to 20 points.

Class Presentation is worth 0 to 20 points.

Paper 3 is worth 0 to 50 points.
A = 90 + 
B = 80 - 89 
C = 70 - 79 
D = 65 - 69 
F = 0 - 64 

**DAY 1: Introduction: Social construction and basic ideas of brief therapy**

Freedman and Combs, Chapters 1 & 2 
Morgan, -pps. V-VI; pps.2-4 
White (2007), Introduction 

**Day 2: Basic concepts of narrative practice.**

Morgan, Chapters 1,2 
White (2007), Chapter 1

**Day 3: Socially Constructed therapies and Managed Care**

Morgan, Chapter 3 


Day 4: **Questioning and curiosities**


Day 5: **The problem’s influence on people’s lives**

Morgan, Chapters 4 & 5

White (2007), Chapter 2


Day 6: **Thickening the story**


Day 7: **Considerations: Alcohol and Substance Abuse**


Day 8: **Alternative Stories and Role of Therapist revisited**

Morgan, Chapters 6 & 7
White (2007), Chapter 3, 5

Day 9: **Reflecting Team Practices**

Morgan, Chapters 12 & 14
White (2007), Chapter 4

Day 10: **Endings/Termination**


Morgan, Chapters 10, 11