



# UVM OUTDOOR PROGRAMS

Trips & Trainings | Spring 2018

#LiveLikeMary



## UVM OUTING CLUB

outside@uvm.edu  
(802) 656-3439  
[www.uvm.edu/outingclub](http://www.uvm.edu/outingclub)

Outing Club House,  
8 Colchester Ave.  
M-Th 10:00-3:00, F 10:00-4:00



# USE YOUR OUTDOOR VOICE.

UVM Outdoor Programs offer comprehensive, four-season wilderness recreation, learning, and leadership development opportunities. For more than 100 years the UVM Outing Club has upheld a proud tradition as one of the oldest collegiate Outing Clubs in the country. UVM's proximity to the wilderness areas of the North country's best crags, waterways and mountain ranges (Greens, Whites, and Adirondacks) guarantee an attractive classroom for UVM students interested in developing climbing, skiing, hiking, paddling, biking and wilderness living skills.

As part of an environmentally-focused university, UVM Outdoor Programs encourage students to develop a deeper relationship with their environment through fun, challenge, stewardship and community-building, making their student experience at UVM more meaningful.

UVM Outdoor Programs provide direct support to students in pursuit of learning and wilderness adventure regardless of where their wilderness adventure sports interest lies! All of our trips, facilities and leadership training opportunities are open to all and designed to be affordable. Most importantly, trips and training experiences are organized, staffed and lead by student like you, in the spirit of peer leadership!

Whether you're hoping to hike Mount Mansfield for the first time, rent equipment to do your own weekend expedition or are looking to develop wilderness leadership skills, UVM Outdoor Programs offers something for everyone. . .most importantly, get outdoors and get involved!



**Yours in Adventure,  
JOHN ABBOTT, ED. D.**

Assistant Director Outdoor Programs  
Dept. of Student Life  
jdabbott@uvm.edu



## HANG OUT.

The UVM Outing Club hosts events, shop talks, social justice forums, and film festivals! Keep up with all the festivities and learning opportunities on our website, [uvm.edu/outingclub](http://uvm.edu/outingclub).



## STOP BY.

**THE OC HOUSE**  
8 Colchester Ave.  
(802) 656-3439

**Mon - Thurs: 10:00-3:00**  
**Friday: 10:00-4:00**  
**Closed Sat & Sun.**



## SOCIALIZE.

[fb.com/uvmoutingclub](https://fb.com/uvmoutingclub)  
 [uvmoutingclub](https://uvmoutingclub)  
 [uvm.edu/outingclub](http://uvm.edu/outingclub)  
 [outside@uvm.edu](mailto:outside@uvm.edu)

Follow us on and keep your eyes peeled for chances to win swag, gear, food, & more





# TRIPS & TRAININGS.

## FREE TRIPS

### FREE DAY HIKE \*

Get the feel of an outing club trip on a beautiful day hike. Locations TBD with group input.

Dates: January 27, March 31, April 7 | Price: FREE | Limit: 9 per trip

### FREE NATURAL HISTORY DAY HIKE \*

Explore the outdoors for free on this hike through the Green Mountains. Learn about the local flora, fauna, and geology! Location TBD

Date: April 29 | Price: FREE | Limit: 9 per trip

### CABIN WORK WEEKEND \*

Join us at the Outing Club's beautiful Bolton Cabin for a weekend of spring cleaning projects, porch building, mountain pies and fun!

Date: April 28 - 29 | Price: FREE | Limit: UNLIMITED

### SERVICE DAY AT TAFT LODGE \*

Team up with the Green Mountain Clup to help maintain Taft Lodge, a history lodge halfway up Mount Mansfield!

Date: April 14 | Price: FREE | Limit: 9

## SNOW SHOEING

### SNOWSHOE STOWE PINNACLE \*\*

Enjoy breathtaking views of Mt. Mansfield, Camel's Hump, and the rest of the Worcester Range on this classic Vermont hike!

Date: February 4 | Price: \$15 | Limit: 9

### SNOWSHOE FOR HUNGER \*

Contribute to the fight against hunger, take in all winter has to offer, and the spectacular panorama from the peak of Mount Hunger isn't something to miss either.

Date: February 24 | Price: Canned good donation | Limit: 9

### NATURAL HISTORY SNOWSHOE UP MT. ABE \*

Learn about the Natural History of the Green Mountains while snowshoeing up breathtaking Mt. Abe!

Date: February 25 | Price: \$15 | Limit: 9

## ICE AND ROCK CLIMBING

### INTRO TO ICE ICE CLIMBING \*

A great trip if you've ever thought you'd like to try ice climbing! No experience is required; certified Ice Climbing OC leaders guide a day long experience on local ice features including technical skills and techniques.

Day trips: February 3, 4, 10,11, 18, 24; March 3, 4 | Overnight: February 24-25  
Price: \$20 (day trip); \$35 (overnight) | Limit: 6 per trip

### CHICKS WITH PICKS \*

Come hang out with the raddest ladies on ice and give ice climbing a try! No experience necessary! Some of the OC's certified Ice Climbing leaders will guide an all women's day long trip, promoting gender equality in the outdoors!

Date: February 17 | Price: \$20 | Limit: 6

### INTRO TO ROCK \*

Learn the basics of equipment, belaying, and technique from the OC's best!

Dates: April 14, 22 | Price: \$15 | Limit: 6

### INTRO TO WOMEN'S ROCK \*

An all women's trip will teach the basics of equipment, belaying, and climbing technique. Introductory Rock content will be covered.

Date: April 28 | Price: \$15 | Limit: 6

## PADDLING

### CANOE DAY TRIP \*

Experienced paddler or never paddled before, this trip can be right for every level of experience. Paddle Vermont's freshly melted lakes or ponds on this day trip and enjoy the sights.

Dates: April 22, 28 | Price: \$15 | Limit: 9

### SEA KAYAKING DAY TRIP \*

Ever wanted to paddle the icy waters of spring-time Lake Champlain? Look no further! Kayak with the OC's best yakers and enjoy scenic and tranquil views of the Green Mountains and Adirondacks.

Date: April 29 | Price: \$15 | Limit: 8

### ADIRONDACK CANOE WEEKEND \*

Be among the first to paddle New York's finest waters this spring. See the sights and watch some wildlife in the beautiful Adirondacks.

Dates: April 28 - 29 | Price: \$30 | Limit: 9

## SPECIALTY TRIPS

### SLEDDING TOUR OF VT \*

Feel like a kid again on this fun packed tour through the best sledding hills of Vermont!

Date: February 3 | Price: \$15 | Limit: 9

### CROSS COUNTRY SKI TOUR \*

Explore the beauty of Vermont touring on a pair of XC skis. No experience necessary!

Dates: February 10, March 3 | Price: \$30 | Limit: 9

### BACKCOUNTRY COOKING WEEKEND \*

Learn to cook awesome meals in the Backcountry! Fall asleep with a full stomach in the early spring evening!

Dates: March 24 - 25 | Price: \$30 | Limit: 9

### FULL MOON HIKE \*\*

Experience a night hike up one of our local peaks to see the full moon and enjoy the view with a cup of hot chocolate at the top. Location TBD with group input!

Date: March 31 | Price: \$15 | Limit: 9

### MOUNTAIN BIKING 101 \*

Grab your bike (or rent one!) and explore the beautiful network of mountain biking trails on the Catamount ski trail.

Date: April 14 | Price: \$30 (not incl. bike rental) | Limit: 9

### LNT WILDERNESS ETHICS \*

Do you love the mountains? Come learn the seven principles of Leave No Trace to preserve the natural environment around us on this awesome day hike. Location TBD with group input!

Date: March 31 | Price: \$15 | Limit: 9

## TELEMARK INSTRUCTION & BACKCOUNTRY SKIING / SNOWBOARDING

### "LEARN TO TELEMARK" AT MAD RIVER GLEN \*

Free the heel and free the mind...learn the telemark turn at Mad River Glen! Price includes transportation, rental, instruction, lift ticket, and lunch.

Dates: February 18, 25 | Price: \$40 | Limit: 9

### BACKCOUNTRY SKI DAYS \*\*

Explore some of the best backcountry ski spots in Vermont with the Outing Club! Intermediate to advanced skiing skills required. Location TBD.

Day trips: February 11, 17, 18, 24, 25 March 24, 25 | Overnight: March 3-4  
Price: \$30 (day trip); \$40 (overnight) | Limit: 6

### BACKCOUNTRY SNOWBOARD DAYS \*\*

Strap in and explore the wild backcountry of Vermont on a splitboard! Intermediate to advanced riding skills required.

Dates: February 17, March 24 | Price: \$30 | Limit: 6

### CHICKS ON STICKS \*

An all women's ski trip to find the cold smoke in the chutes & beautiful glades of the Vermont Backcountry! Must have intermediate to advanced skiing or riding skills.

Date: February 11 | Price: \$30 | Limit: 6

### SKI TUCKERMAN'S RAVINE \*\*\*

An age old OC tradition. Explore the classic routes around Tuckerman's Ravine on this overnight to Mount Washington in the White Mountains of New Hampshire. Must have intermediate or advanced skiing skills.

Dates: April 7 - 8 | Price: \$40 | Limit: 6



## THE CABIN

The UVM Outing Club Cabin has been providing UVM student groups with this unique & rustic retreat and recreation base since 1986." The OC Cabin" can accommodate groups of up to 20 and is close to some of the best hiking, climbing, biking & skiing in the area! Gather your SGA student group for a weekend get-away. Rentals are permitted only for UVM affiliates with a faculty sponsor. All inquires please contact





INTRO TO BACKPACKING \*

Geared towards anyone with little to no experience in the outdoors, this is a great intro to winter backcountry travel!

Dates: February 3-4 | Price: \$30 | Limit: 9

BACKPACKING MOUNT MANSFIELD WEEKEND \*\*\*

On this intensive weekend, nine participants with significant backpacking experience will tackle Vermont’s tallest peak, and added mileage can be determined by the group. Location TBD with group input.

Dates: February 17-18 | Price: \$30 | Limit: 9

BACKPACKING KINSMAN RIDGE WEEKEND \*\*\*

Watch spring roll in while hiking along The Kinsman Ridge Trail in the White Mountains of New Hampshire.

Dates: March 24-25 | Price: \$30 | Limit: 9

NATURAL HISTORY DAY HIKE UP CAMEL’S HUMP \*\*

A winter hike up Camel’s Hump Forest City Trail! Explore and chat about the natural history of Vermont’s flora, fauna, and geology in this winter landscape!

Date: March 25 | Price: \$15 | Limit: 9

BURNT ROCK DAY HIKE \*

Come enjoy an early spring day hike on this classic Vermont hike, culminating in a spectacular 360 view from the peak!

Date: April 1 | Price: \$15 | Limit: 9

BACKPACKING THE WHITES \*\*\*

Explore the breathtaking mountain range of New Hampshire! The White Mountains offer some of the Northeast’s most beautiful views. Come spend a night outside and don’t miss the mornin’ sunrise!

Dates: April 7-8 | | Price: \$30 | Limit: 9

MT. ELMORE DAY HIKE \*

Enjoy a hike in rural vermont that ends with a fire tower at the top for a spectacular elevated 360 view!

Date: April 8 | Price: \$15 | Limit: 9

SNAKE MOUNTAIN DAY HIKE \*

Snake’s summit boasts a wide view of Champlain Valley — come on this day hike and see it for yourself.

Date: April 8 | Price: \$15 | Limit: 9

MT. PHILO SUNRISE HIKE \*

Enjoy one of the best places to watch the sunrise on this fun hike, known for it’s minimal distance with maximum reward for beauty!

Date: April 15 | Price: \$15 | Limit: 9

MOUNT HUNGER DAY HIKE \*\*

Come enjoy an early spring day on this classic Vermont hike, culminating in a spectacular 360 view from the peak!

Date: April 14 | Price: \$15 | Limit: 9

FRANCONIA RIDGE HIKING WEEKEND \*\*\*

With almost a third of the ridge above tree line, this overnight promises to show participants the best of New Hampshire’s famed White Mountains!

Date: April 14-15 | Price: \$30 | Limit: 9

HIKING AND YOGA \*

Combine two great activities to create one special, relaxing day by traveling to the mountains to de-stress before finals. Date: April 15 | Price: \$15 | Limit: 9

SUNSET RIDGE DAY HIKE \*\*

Come out to this iconic ride on Mt. Mansfield and take in the views of the lake and the Green Mountains!

Date: April 1 | Price: \$15 | Limit: 9

SNAKE MOUNTAIN SUNSET HIKE \*

Eat a sunset dinner at the top of Snake Mountain!

Date: April 28 | Price: \$15 | Limit: 9

BACKPACKING THE ‘DACKS WEEKEND \*\*\*

Spend a weekend hiking in The Adirondack Mountains, an area renowned for its beautiful views and numerous peaks. Dates: April 28-29 | Price: \$30 | Limit: 6

THE OC HOUSE

The Outing Club House serves as a great community resource for all UVM students looking to get outside. The House provides gear rentals for all-season backcountry travel, a wide array of map resources, and a team of House Managers that can help give advice on trip planning and connect you with other people and resources in the community. The House is open Monday-Thursday from 10am-3pm and Friday from 10am-4pm.

Have any questions? Give the House a call at (802) 656-3439!

LEADERSHIP DEVELOPMENT PROGRAMS

BACKCOUNTRY SKIING AND AVALANCHE AWARENESS PROGRAM (BSAAP)

This semester-long program focuses on traveling safely and having fun in the winter backcountry on skis (telemark, alpine, or AT) or snowboard while exploring prime backcountry areas of Vermont and the Presidential Range in NH. Traveling in terrain where avalanche danger exists requires disciplined personal preparation, group expedition planning, diverse skiing and riding skills, and sound avalanche and terrain assembly ability. This program covers basic safety training to prepare students for travel in the winter backcountry. BSAAP consists of six class sessions and three weekend field practical trips.

When: Spring Only | Price: \$150.00 (Class Fee), \$380 (AIARE Course Fee)  
Dates: Thurs. 6-8pm, Feb 3-4, 15-18, Mar 24-25, Mar 31- Apr 1 (Rain Date)

G.E.A.R PROGRAM

This is an instructional program for ALANA (African, Latina, Asian, Native American) students interested in gaining outdoor experience in a group setting that is supportive and does not assume any prior knowledge or experience (but is not an affinity group). GEAR is a sister club to the Outing Club and strives to foster a love for the outdoors and build a strong relationship between the UVM OC & G.E.A.R. communities. The focus is on building wilderness and leadership skills, team building, positive group dynamics, and FUN!

Contacts: Kate Vesely (kvesely@uvm.edu), Bella Sierra (Isabella.Sierra@uvm.edu), Foram Patel (Foram.Patel@uvm.edu), and Emily Louise (Emily.M.Louis@uvm.edu)

WILDERNESS INSTRUCTION LEADERSHIP DEVELOPMENT (WILD)

WILD is dedicated to cultivating wilderness leadership skills, and specializes all participants in leading hiking and backpacking overnights. Each semester, 15 student trainees work alongside WILD coordinators focusing specifically on hard instruction, situational leadership development, understanding leadership and learning styles, risk management, wilderness medical instruction and Leave No Trace (LNT) ethics. Most importantly, ‘WILDees’ develop a skilled and motivated leader community! WILD meets weekly for 2 1/2 class hours supplemented by 3 weekend field practical trips.

When: Fall and Spring | Price: \$150.00  
Dates: Feb 9-11, Mar 2 -3, Apr 21 - 22



APPLY A PROGRAM! BECOME AN OUTING CLUB LEADER.

Info & deadlines available at the UVM Outing Club website or by emailing outside@uvm.edu Applications for these programs are due soon after the general meeting.



FINANCIAL AID

If you are receiving financial aid and want to do a program but don’t have the funds, you may qualify for program subsidies! We take into account federal aid and outside loans! Don’t let it stop you from applying to be a leader!

WILDERNESS EXPEDITIONS, CERTIFICATIONS & CLASSES

BACKCOUNTRY SKI/RIDE & LEVEL I AVALANCHE EDUCATION: SUN VALLEY, IDAHO

Spend your break laying fresh tracks in the powder stashes of the Sawtooth Range. Learn basics of big mountain backcountry ski expedition preparation, planning and hut living. Student participants receive Level I American Avalanche Association (AAA) instruction and certificate of completion.

Dates: Spring Break 2018 (Mar 4 - 18)  
Contact: Jdabbot@uvm.edu or (802) 656-2060  
Info session: Wednesday Jan 31st, 7pm, Gormley Conference Rm, SGA

INTRO TO MOUNTAINEERING (PRT 188): CORDILLERA BLANCA, PERU

Safely climbing in big mountains requires personal preparation, group expedition planning and diverse mountaineering, glacier travel & rescue skills. This expedition is open to all UVM students and will focus on: basic axe & crampon technique, roped team travel skills and summiting alpine objectives in the “Alps of South America”.

Dates: Summer Session I 2018 (May 23 - Jun 6)| Credits: 3 | Limit: 12  
Info Session: Wednesday, Jan 31st, 7pm, Davis Center (Handy Room)

SOLO WILDERNESS FIRST AID (WFA)

This 16-hour introduction to Wilderness First Aid is essential for any UVM students planning to lead trips for the OC, Wilderness TREK or working in the field as a trip leader this summer or beyond.

Dates: April 15 & 16, 2017 | Limit: 18 | Price: \$185  
Contact: Brendan.Whitney@uvm.edu or call UVMOC (802) 656-3439

SPRING BREAK SEA KAYAKING: CUMBERLAND ISLANDS, GA

Tired of the cold weather in VT? Enjoy the sun baked coast of the N. Georgia low country and surrounding islands. In addition to developing basic to intermediate paddling skills, students will camp on sandy beaches, swim & paddle alongside dolphins and recharge for the last leg of spring semester!

Dates: Spring Break 2018 (Mar 4 - 13)  
Contact: UVM Outing Club: outside@uvm.edu or (802) 656-3439  
Info Session: Wednesday February 7th, 7pm, Gormley Conference Rm, SGA Office

UVM ADVENTURE ROPES COURSE: NEW FACILITATOR TRAINING

Have you had incredible team building experiences on challenge courses or worked as an instructor? Interested in developing the skills to capably conduct programs for UVM peer groups and our community clients?

Training Dates: April 22nd & 23rd Contact: \$75.00  
Contact: Megan Megan Meinen, ropes@uvm.edu or (802)656-2060

WILDERNESS TREK 2017: NEW LEADER INFO SESSION

Find out how to apply to become a leader for one of the oldest wilderness orientation programs in the country... UVM TREK! A great way to represent UVM and welcome the newest and most adventurous members of the UVM community.

Dates: Thursday, March 22nd | Credits: Davis Center (Jost Foundation Room)  
Online Application Due: Monday, April 2 by 4:30pm | uvm.edu/trek

## HELLO FROM THE OUTING CLUB.

Get involved with the Outing Club (OC)! There are so many ways! Trips, Leadership Development Programs, Gear Rentals, Shop Talks, Film Festivals, Social Justice Forums, Waffle Wednesday! If at any time you have questions or want to rent gear, stop by our Outing Club House at 8 Colchester Ave. Free pancakes and waffles every Wednesday!

## HOW TO SIGN UP FOR TRIPS.

**SIGN-UP/PAY ONLINE:** Once trips go live you can sign up for OC adventures at [go.uvm.edu/octrips](http://go.uvm.edu/octrips)! Please Note: There is a \$2.00 Utickets processing fee in addition to our trip pricing.

### CANCELLATION/REFUND POLICY POLICY:

Unfortunately we cannot give refunds for trips. You can sell your ticket to another student and they can assume the responsibility of communicating with the trip leaders and filling out the proper medical and liability forms. Tickets can not be transferred after the Wednesday before the trip.

## HOW CHALLENGING ARE OUTING CLUB TRIPS?

★ - Indicates trips for all experience levels. Beginners and folks looking for low impact experience welcome.

★★ - Indicates a trip presenting intermediate challenge. Open to newcomers eager to build experiences and those with prior activity experience and/or skills.

★★★ - Indicates trips for students who are comfortable spending extended amounts of time in the backcountry and looking for advanced level of challenge.

## RENTALS & EQUIPMENT

Want to go on your own adventure with some friends? Awesome! Even though you're not on an OC trip, you can rent gear from the outing club! Gear rental is available during all normal house hours (Mon-Thur. 10-3, Fri. 10-4), so all you have to do is go to the house, tell the student working what you want, pay, and have a killer weekend! The OC understands that gear can be very expensive, so we try to offer students realistic prices to give everyone at the university an opportunity to get outside.

Questions? Call the OC at (802) 656-3439.

	Day	Weekend
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### HIKING & BACKPACKING

Backpack (4,000 cu/in) .....	\$8	\$14
Day pack (2,500 cu/in) .....	\$6	\$10
Hiking Boots .....	\$5	\$18
Sleeping bag (summer/winter) .....	\$5/\$7	\$8/\$12
Sleeping pad.....	\$2	\$3
Tent.....	\$10	\$15
Tarp.....	\$2	\$3
Rain Gear .....	\$2	\$3

### CANOEES

Canoe.....	\$15	\$25
Paddles .....	Free	Free
PFD (life jacket) .....	Free	Free
Canoe trailer* .....	\$40	\$50

\*Proper vehicle for transportation required

### COOKING

Cook Set (pots, pan & lid) .....	\$3	\$5
Stove (MSR International) .....	\$5	\$8

### EQUIPMENT

Plastic double boots.....	\$8	\$14
Gaiters.....	\$2	\$3
Microspikes.....	\$5	\$10

### BACK COUNTRY SKIS & SNOWSHOES

Snowshoes .....	\$8	\$14
XC ski package.....	\$10	\$16
Telemark skis .....	\$15	\$20
Telemark ski boots .....	\$5	\$8
Ski Poles.....	\$3	\$5

### OC CABIN & RETREAT CENTER

Minimum group fee of \$200 per day. E-mail [cabinmanager@uvm.edu](mailto:cabinmanager@uvm.edu) for reservations and info. More info available at [go.uvm.edu/occabin](http://go.uvm.edu/occabin).



UVM STUDENT LIFE  
**OUTDOOR PROGRAMS**

## PARTNERSHIPS & OTHER OUTDOOR RESOURCES

### ADVENTURE ROPES COURSE

At the UVM Adventure Ropes Course, our mission is to provide and promote adventure-based, experiential learning and cooperative team-building opportunities for UVM students, organizations and the surrounding community. UVM ARC is located in S. Burlington on the Wheeler Farm parcel. Visit on the web at [uvm.edu/ropescourse](http://uvm.edu/ropescourse), by calling (802) 656-9111 or via e-mail at [ropes@uvm.edu](mailto:ropes@uvm.edu).

### CHICKS ON STICKS

Chicks on Sticks Vermont is a coalition of female skiers and riders advocating for women's empowerment in snow sports regardless of age or expertise. We aim to inspire and educate the next generation of athletes by providing opportunities, both on and off snow, to foster creativity, learning and leadership. Through both communal learning and leadership opportunities, we strive to cultivate independent outdoor experiential knowledge as well as a supportive community among women of all ages.

### G.E.A.R. PROGRAM

G.E.A.R. is an instructional program for ALANA (African, Latina, Asian, Native American) students interested in gaining outdoor experience in a group setting that is supportive and does not assume any prior knowledge or experience (but is not an affinity group). GEAR is a sister club to the Outing Club and strives to foster a love for the outdoors and build a strong relationship between the UVM OC & G.E.A.R. communities. The focus is on building wilderness and leadership skills, team building, positive group dynamics, and FUN! Contacts: Kate Vesely ([kvesely@uvm.edu](mailto:kvesely@uvm.edu)), Bella Sierra ([Isabella.Sierra@uvm.edu](mailto:Isabella.Sierra@uvm.edu)), Forum Patel ([Forum.Patel@uvm.edu](mailto:Forum.Patel@uvm.edu)), and Emily Louise ([Emily.M.Louis@uvm.edu](mailto:Emily.M.Louis@uvm.edu)).

### GREEN MOUNTAIN MANNA

Green Mountain Manna's mission is to build community through engaging UVM students in the outdoors both physically and spiritually. GMM teams with the UVMOC and other clubs on campus to create a diverse range of student led outdoor opportunities for the entire UVM community. Contacts: Mackenzie Michaels ([mismichae@uvm.edu](mailto:mismichae@uvm.edu)), Jeremy Nicholson ([Jeremy.Nicholson@uvm.edu](mailto:Jeremy.Nicholson@uvm.edu)), and Lucy Yellen ([Lucy.Yellen@uvm.edu](mailto:Lucy.Yellen@uvm.edu)).

### UVM CLIMBING TEAM

The UVM climbing team is made up of a recreational team (open to all levels and abilities) and a competitive team (20 team members who compete in the USA climbing collegiate series). For more information about the team or how to join please contact Sophie Gibson ([sophie.gibson@uvm.edu](mailto:sophie.gibson@uvm.edu)) and Ian Sewell ([ian.sewell@uvm.edu](mailto:ian.sewell@uvm.edu)).

### UVM CLIMBING WALL

Managed and monitored by the UVM Climbing Club, these facilities and programs offer UVM students interested in rock climbing and bouldering the opportunity to develop climbing skills in a safe and supportive community of peers. Our indoor wall, located in the lobby of the Gucciardi Sports and Recreation Center is open Sunday through Thursday from 5-10pm and on Friday and Saturday from 4-8pm. It is free for all students and a one-time belay test is required for climbers wanting to belay for others. There is no fee for students needing to rent shoes and harnesses! The bouldering hallway is located in the basement of the Patrick Gymnasium and is open during all hours of operation.

### OTHER OUTDOOR-ORIENTED CLUBS & TEAMS:

- Climbing Club
- Cycling Team (M&W)
- Freestyle Ski Team
- Kayak Club
- Nordic Ski Team
- Ski & Snowboard Club
- Snowboard Team
- Ultimate Frisbee (M&W)