

OUTING

# UVM OUTDOOR PROGRAMS

Trips & Trainings | Fall 2017

#LiveLikeMary



## THE OUTING CLUB

outside@uvm.edu  
(802) 656-3439  
[www.uvm.edu/outingclub](http://www.uvm.edu/outingclub)

Outing Club House,  
8 Colchester Ave.  
M-Th 10:00-3:00, F 10:00-4:00



# A NEW ADVENTURE IS CALLING.

UVM Outdoor Programs offer comprehensive, four-season wilderness recreation, learning, and leadership development opportunities. For more than 100 years the UVM Outing Club has upheld a proud tradition as one of the oldest collegiate Outing Clubs in the country. UVM's proximity to the wilderness areas of the North country's best crags, waterways and mountain ranges (Greens, Whites, and Adirondacks) guarantee an attractive classroom for UVM students interested in developing climbing, skiing, hiking, paddling, biking and wilderness living skills.

As part of an environmentally-focused university, UVM Outdoor Programs encourage students to develop a deeper relationship with their environment through fun, challenge, stewardship and community-building, making their student experience at UVM more meaningful.

UVM Outdoor Programs provide direct support to students in pursuit of learning and wilderness adventure regardless of where their wilderness adventure sports interest lies! All of our trips, facilities and leadership training opportunities are open to all and designed to be affordable. Most importantly, trips and training experiences are organized, staffed and lead by student like you, in the spirit of peer leadership!

Whether you're hoping to hike Mount Mansfield for the first time, rent equipment to do your own weekend expedition or are looking to develop wilderness leadership skills, UVM Outdoor Programs offers something for everyone. . .most importantly, get outdoors and get involved!



**Yours in Adventure,  
JOHN ABBOTT, ED. D.**

Assistant Director Outdoor Programs  
Dept. of Student Life  
jdabbott@uvm.edu



## HANG OUT.

The UVM Outing Club hosts events, shop talks, social justice forums, and film festivals! Keep up with all the festivities and learning opportunities on our website, [uvm.edu/outingclub](http://uvm.edu/outingclub).



## STOP BY.

**THE OC HOUSE**  
8 Colchester Ave.  
(802) 656-3439  
**Mon - Thurs: 10:00-3:00**  
**Friday: 10:00-4:00**  
**Closed Sat & Sun.**



## SOCIALIZE.

[fb.com/uvmoutingclub](https://fb.com/uvmoutingclub)  
 [uvmoutingclub](https://uvmoutingclub)  
 [uvm.edu/outingclub](http://uvm.edu/outingclub)  
 [outside@uvm.edu](mailto:outside@uvm.edu)

Follow us on and keep your eyes peeled for chances to win swag, gear, food, & more.



# TRIPS & TRAININGS.

## FREE TRIPS

### CAMEL'S HUMP EXCHANGE \*\*

Start your semester off with a hike up Camel's Hump. Meet your friends at the summit and enjoy the hike down the other side. Just be sure to take the right van home at the end of the day.

**Date:** Sept 9 | **Price:** FREE | **Limit:** 2 Groups of 9 Each

### CABIN CLEAN-UP WEEKEND \*

Spend your weekend at the Outing Club cabin in Bolton cleaning, building, eating lots of mountain pies, swimming, and lots of fun.

**Date:** Nov 4 - 5 | **Price:** FREE | **Limit:** UNLIMITED

### STOWE PINNACLE DAY HIKES \*

Get ready for the winter in a positive light on our last trips of the semester! Hike up in snow and get a beautiful view of Stowe Resort on Mt. Mansfield. These trips will be the best way to close out the semester, celebrating with some good company.

**Date:** Dec 2 & 3 | **Price:** FREE | **Limit:** 9

### SERVICE DAYS \*\*

Each semester, there are a few service trips where we work with local communities like the Old Goats and the Green Mountain Club to help with trail and shelter maintenance. These trips will be free and will be announced at later dates. Get your name on the UVMOC listserve and look out for email announcements.

## ROCK CLIMBING

### INTRO TO ROCK CLIMBING \*

Day trips designed to introduce new climbers to outdoor rock climbing. Ideal for first-time climbers, however anyone is welcome to sign up. Some of the topics covered on these trips will include basic climbing technique, climbing knots and belaying. These trips will explore climbing locations around North Western Vermont.

**Dates:** Oct 7, 8, 14, 15 | **Price:** \$10 | **Limit:** 8

### INTRO TO ROCK CLIMBING WEEKEND \*\*

These overnight weekend trips are for new climbers who want a more in-depth rock climbing experience at a more remote location. No prior climbing experience is necessary for this trip, and beginners are welcome! This trip will cover similar topics as our 101 trips and will dive a little more into advanced climbing technique.

**Date:** Sept 16 - 17, Oct 21 - 22, 28 - 29 | **Price:** \$20 | **Limit:** 8

### WOMEN'S ROCK TRIP \*

This trip is designed as a Rock 101 for female-identified participants. We will teach the basics of equipment, belaying, and climbing technique, while simultaneously providing a space for women to learn in a gender affinity space.

**Date:** Sept 24 | **Price:** \$10 | **Limit:** 8

## PADDLING

### CANOE DAY TRIPS \*

Get to the water while it's still warm! Fall semester is the PERFECT time to explore the tributaries and lakes of New England, so spend your day with us and maybe discover a love for the flow.

**Date:** Sept 10, 16, 17, 24 | **Price:** \$10 | **Limit:** 9

### KAYAK DAY TRIP \*\*

Spend a day paddling with some of the Vermont's finest waterways (Waterbury Reservoir, Lake Champlain, etc.)! Learn the tricks of the kayak trade, and enjoy some good company while you're at it!

**Dates:** Sept 9, 10, Oct 8, 28 | **Price:** \$10 | **Limit:** 9

### SEA KAYAKING WEEKEND \*\*

How do you bring a sleeping bag on a kayak trip? You pack it in your boat! Come learn a new way of travel with everything you need for the weekend staying dry in your own vessel. Enjoy cool waters and cool company for an extra cool weekend.

**Dates:** Sept 23 - 24 | **Price:** \$20 | **Limit:** 9

### CANOE WEEKEND \*\*

Spend the weekend outside of UVM, outside of closed walls, and outside of technology. Mid-terms are coming up around this time, so treat yourself to a little weekend escape and find the serenity in the water.

**Dates:** Oct 7 - 8 | **Price:** \$20 | **Limit:** 9

## SPECIALTY TRIPS

### STAND-UP PADDLEBOARDING \*

SUP friends, want to SUP? Spend your time Stand-Up Paddle boarding on Lake Champlain. Bring yourself, a good attitude, and a love of the water!

**Date:** Sept 16, 17 | **Price:** \$10 | **Limit:** 12

### TRAIL RUNNING DAY \*\*

Our poor cross country ski trails are neglected in the warmer months, so let's show them some loving! Join us for a jaunt through Shelburne Farms, or Blueberry Hill, or the Catamount Trail, or wherever your heart desires! Hydration packs and a passion for running in beautiful places are HIGHLY recommended!

**Dates:** Sept 23 | **Price:** \$10 | **Limit:** 9

### FULL MOON HIKE \*\*

Enjoy the woods by way of headlamp! As you climb higher, let the moon guide the way, until you find the full glowing light at the top. Join us to enjoy some dinner, hot cocoa, and a beautiful moonrise all while getting to know the people around you.

**Dates:** Oct 7 | **Price:** \$10 | **Limit:** 9

### HIKE FOR HUNGER \*\*

Hunger Mountain is calling for us, but our surrounding community could use our help too. We can hike a mountain, but we can also help feed families in BTV who struggle to put food on the table.

**Date:** Oct 29 | **Price:** Non-perishable food donations | **Limit:** 9

### BACKCOUNTRY COOKING \*\*

Ever wanted to know how to make a calzone in the backcountry? Well, now you can learn that and any number of other possible delicious foods!

**Date:** Sept 9 - 10 | **Price:** \$20 | **Limit:** 9

### CREATIVE ARTS AT THE CABIN \*

Bring your guitar, ukulele, flute, pens, pencils, paints and spend a weekend getting in touch with your artistic side. Make masterpieces, music, poems, and anything else you use as an outlet. All in the comfort of the retreat-like OC Cabin in Bolton.

**Date:** Oct 28-29 | **Price:** \$20 | **Limit:** 9

### CABIN YOGA \*

Need a break before finals? Join us for a saturday afternoon getaway to the cabin. Light the fire, and relax as we practice yoga and mindfulness, while eating a hearty dinner afterwards.

**Date:** Dec 2 -3 | **Price:** \$10 | **Limit:** 9

### GREEN MOUNTAIN MANNA \*

In honor of Rosh Hashana, paddle with Green Mountain MANNA via the Hillel center on campus. Hike and spend a weekend backpacking with them, too! Sign ups will be through GMM, not the OC, so make sure to contact them if interested!

**Date:** Paddle: Sept 22; Overnight Hikes Oct 7-8; Day Hikes: Nov 11, Dec 2

**Price:** \$10 | **Limit:** 8

### INTRO TO MOUNTAIN BIKING \*

Want to learn a new skill? Want to ride your bike in the woods? This trip is the one for you. Don't miss this unique, affordable opportunity to shred some dirt. Price includes trail fee and bike rental!

**Date:** Sept 23 | **Price:** \$10 | **Limit:** 9

## CATAMOUNT CLASSIC

SEPT 30 - OCT 1

Avi Kurganoff was an Outing Club kayak, ski and backpacking instructor from 2011 to 2012. His life ended prematurely in the Spring of 2012, after just getting back from an Alternative Spring Break trip. Avi had devoted his life to anyone and everyone in the outdoors. His passion, music, and infectious smile touched so many people across the university and within the Outing Club community. In Avi's memory, the Catamountain Classic was born.

Avi was involved in a youth mentoring program called DREAM. Each year, the money raised from the Catamountain Classic goes towards a scholarship to send a DREAM student on an Outward Bound trip. The Catamountain Classic is an event that happens every year where UVM attempts to hike the entire 273 miles of the Long Trail in a single weekend. After achieving this goal in 2015, the new mission became hiking as many vertical feet as possible as a community. UVM students via the Outing Club attempts to hike every high peak in Vermont!

### HOW TO SIGN UP

**GROUP SIGN-UP:** Make your own groups of club members, trek reunions, or just a bunch of friends. Register with the Outing Club at upcoming tabling events. Food is not included if you register as your own group. You can choose a day trip on either saturday or sunday, or an overnight.

**Price:** \$5 each for OC transportation (Discounted price for personal transportation)  
**Limit:** 9 per group

**INDIVIDUAL SIGN-UP:** Sign up individually on one of our eight OC sponsored trips. These trips will be available for sign-up after the General Meeting and at the Outing Club House. Food, transportation, and gear is included.

**Price:** \$10 for a day trip, \$20 for an overnight  
**Limit:** 9 per group  
**Dates:** Day trips Sept 30 & Oct 1



FALLS OF LANA HIKING & SWIMMING \*

The Falls of Lana is a short hike in and rewarded with one of the most beautiful swimming holes in Vermont. Come join us and see for yourself and explore to your heart's content!

Date: Sept 9 | Price: \$10 | Limit: 9

INTRO TO BACKPACKING \*

Learn how to pack a backpack correctly, hike with a weighted pack, navigate a trail, camp in the backcountry of Vermont and so much more. Many OC trips are geared towards beginners, but this one includes extra skills building.

Date: Sept 9 - 10 | Price: \$20 | Limit: 19

RATTLESNAKE CLIFFS DAY HIKE \*

Contrary to the name, we haven't sighted any rattlesnakes here in a while, but we HAVE seen some totally epic views of Lake Dunmore, Silver Lake, and the Adirondacks. But don't just take our word for it, see it in real life!

Date: Sept 10 | Price: \$10 | Limit: 9

SUNSET RIDGE @ SUNSET \*\*

What could be better than summiting the tallest mountain in Vermont and watching the sunset at the same time? Join the OC on a hike up the Sunset Ridge trail on Mt. Mansfield for some truly spectacular views during the best season of the year.

Dates: Sept 16 | Price: \$10 | Limit: 19

FALL FOLIAGE HIKE (DENDROLOGY 101) \*

Delight in the pure gold, orange, and red hues while getting to know some of your fellow students during a walk in the woods. Vermont's fall leaves are famous world-wide. You won't want to miss out

Dates: Sept 17 | Price: \$17 | Limit: 9

MT. MANSFIELD DAY HIKE \*\*

Vermont's tallest peak is calling for you, so answer! Take on the challenge of hiking Mansfield during one of the most beautiful times of the year.

Dates: Sept 23 | Price: \$10 | Limit: 19

BURNT ROCK DAY HIKE \*\*

This is one of VT's most interesting day hikes, specifically because of the intricate rock formations located at the summit. At this time of year on Burnt Rock, you might see some snowy peaks looking to Camel's hump and Mt. Hunger.

Date: Sept 24 | Price: \$10 | Limit: 9

BACKPACKING THE WHITES \*\*\*

Hang out in the most rugged mountains of New England for an overnight. This beautiful range spans over almost one quarter of the state of NH. The White mountains offer challenging courses, but their majestic views are worth it.

Date: Oct 7 - 8 | Price: \$20 | Limit: 9

BACKPACKING THE KINSMAN RIDGE \*\*\*

Spend a weekend in the White Mountains of New Hampshire and be able to say you completed a section of the Appalachian Trail!

Date: Oct 14 - 15 | Price: \$20 | Limit: 9

CAMEL'S HUMP DAY HIKE \*\*

Come check out one of Vermont's highest mountains with us. With some of the sweetest views you can imagine, Camel's Hump is sure to give you a toothache.

Dates: Oct 15, 22, Nov 24 | Price: \$10 | Limit: 19

MT. ABE DAY HIKE \*\*

Mt. Abraham just cuts it as a 4,000' Vermont mountain coming in at 4,006'. The summit is .8 miles from the peak of Lincoln, which looks down at the slopes of Sugarbush. This area of the green mountains is a great getaway for a day of solitude in the woods.

Date: Oct 21, Nov 12 | Price: \$10 | Limit: 19

BELVIDERE FIRE TOWER DAY HIKE \*\*

Ever wanted climbed a tower you weren't supposed to because it had a no trespassing sign but it looked cool to climb? Want no more! Hike with us to the top of Belvidere mountain and then hike the fire tower legally! Experience sweeping views of VT.

Date: Oct 21, Nov 5 | Price: \$10 | Limit: 19

SNAKE MOUNTAIN DAY HIKE \*

Imagine yourself slithering your way up to the summit of Snake Mountain with some awesome company and enjoying a spectacular view of the entire Champlain Valley.

Date: Oct 22, Nov 12 | Price: \$10 | Limit: 19

PICO PEAK WEEKEND \*\*

Spend the weekend backpacking up Pico Peak where you can catch views of Killington and the surrounding Green Mountain National Forest. Explore Southern Vermont views and find out if the maple syrup really does taste different down there.

Date: Oct 28 - 29 | Price: \$20 | Limit: 9

JAY PEAK DAY HIKE \*

Join us on a hiking trip up Jay Peak and catch some views of (almost) Canada and summit the last major peak of the Long Trail in person!

Date: Oct 29 | Price: \$10 | Limit: 19

BACKPACKING MT. MANSFIELD WEEKEND \*\*

We can't get enough of Mansfield and neither should you, come hike up with the OC to the summit of Mt. Mansfield for a weekend of fantastic company and phenomenal views on Vermont's most notable peak.

Date: Nov 4 - 5 | Price: \$20 | Limit: 9

KILLINGTON DAY HIKE \*\*

Conquer Vermont's highest peak in to the south! Stand on top and feel cool! Literally, there will probably be a breeze. You can't miss this totally rad alpine zone- and get stoked for ski season.

Date: Nov 5 | Price: \$10 | Limit: 19

MONROE SKYLINE TRADEOFF \*\*

Two separate groups will spend the weekend on the Long Trail's majestic Monroe Skyline. One group will be Northbound and the other Southbound make sure to exchange high fives between Mt. Abe and Mt. Ellen!

Date: Nov 11 - 12 | Price: \$20  
Limit: 2 Groups of 9 Each

BACKPACKING THE 'DAKS \*\*\*

Spend a weekend in the High Peaks Region of the Adirondacks in New York State hiking some of the coolest peaks this side of the Mississippi!

Date: Nov 11 - 12 | Price: \$20 | Limit: 19



FILM FESTIVALS

NO MAN'S LAND

This traveling film festival highlight the importance of female representation in the outdoor industry. The Outing Club has paired with local organizations in Burlington whose missions align with the mission of the films. You can't miss this legendary event!

Date: Oct 24 | 7:30pm  
Location: Grand Maple Ballroom, Davis Ctr

TELLURIDE MOUNTAINFILM

This film festival out of Telluride, Colorado, showcases some of the best films of the year. Categories include mountain biking, skiing and surfing.

Date: Nov 4 | 7 - 10pm  
Location: Grand Maple Ballroom, Davis Ctr

BANFF MOUNTAIN FILM FESTIVAL

This behemoth of a film festival draws locals from every corner of Vermont. Critically acclaimed and always awesome, Banff shows us some of the most unique short films from the last year in the outdoor film industry. Watch carefully- you might just see an Outing Club leader featured!

Date & Location: TBD

LEADERSHIP DEVELOPMENT PROGRAMS

WILDERNESS INSTRUCTION LEADERSHIP DEVELOPMENT (WILD)

WILD is dedicated to cultivating wilderness leadership skills and is a mandatory requirement for all Outing Club hiking trip leaders. Each semester, 15 student trainees work alongside upper class WILD coordinators focusing specifically on hard skill instruction, situational leadership development, understanding leadership & learning styles, risk management, wilderness medical instruction and Leave No Trace ethics. Most importantly, 'WILDees' develop a skilled & motivated leader community! WILD meets weekly for 2 1/2 class hours supplemented by 3 weekend field practical trips.

When: Fall and Spring | Price: \$100.00  
Dates: Sept 15 - 17, Oct 14 - 15, Dec 2 - 3

SITE MANAGEMENT AND ANCHOR CONSTRUCTION (SMAC) - ROCK

SMAC is an instructional rock climbing skill development program for students interested in acquiring safe, comprehensive, top-roped climbing, anchor construction and teaching skills. Rock SMAC runs in the early fall semester. Emphasis is placed on fundamentals of equipment, climbing technique, belaying and rappelling technique and safe management of climbing instruction areas in an institutional setting. Completion of SMAC is mandatory for UVM student climbers interested in leading climbing trips for the UVM Outing Club.

When: Fall (Ice Climbing SMAC is offered in the Spring) | Price: \$100.00  
Dates: Sept 16 - 17, 23 - 24, Oct 7 - 8, 14 - 15

WILDERNESS EXPEDITIONS, CERTIFICATIONS & CLASSES

PRT 188 - INTRO TO MOUNTAINEERING: CORDILLERA BLANCA, PERU

Safely climbing in big mountains requires personal preparation, group expedition planning and diverse mountaineering, glacier travel & rescue skills. This expedition is open to all UVM students and will focus on: basic axe & crampon technique, roped team travel skills and summiting alpine objectives in the "Alps of South America".

Dates: Summer Session I 2018 (May 30 - Jun 8) | Credits: 3 | Limit: 12  
Contact: Jdabbot@uvm.edu or (802) 656-2060

PRT 149 - WILDERNESS EDUCATION & LEADERSHIP

This class will provide understanding of history, leadership standards, ethics and current backcountry, skill based, practice in wilderness education and leadership in winter environments. Travel happens in White Mountains of New Hampshire in Presidential & Pemigewassett Ranges.

Dates: Spring Semester 2018 | Credits: 3 | Limit: 16

SOLO (WFR) WILDERNESS FIRST RESPONDER

This 80-hour wilderness first aid course is essential for outdoor leadership and backcountry travel safety. Focus of course is on injury prevention, assessment, treatment & packaging for evacuation.

Dates: Winter Session 2017 (Jan 7 - 14) | Price: \$475 | Limit: 24  
Contact: UVM Outing Club: outside@uvm.edu or (802) 656-3439

WINTER LEADERSHIP & MOUNTAINEERING SKILLS: MT. WASHINGTON, NH

Wilderness leadership and backcountry group travel in winter environments requires disciplined preparation, execution & personal skill development. This teaching expedition will focus on critical safety issues, hard skill development and leadership training to prepare UVM students to successfully meet the cold weather challenge of New England mountain environments.

Dates: Winter Session 2017 (Jan 8 - 14)  
Contact: Jdabbot@uvm.edu or (802) 656-2060

PADDLING FOR DEVELOPMENT (PFD): SEA KAYAK OR CANOE/WHITEWATER

PFD is a semester long teaching program. There are three weekend trips in which PFDers will learn all the basic paddling skills they will need to be proficient Outing Club leaders, as well as the skills necessary to enhance their own personal paddling abilities. Each weekend we will be out on different bodies of water working on both hard and soft skills, while searching for the always elusive Champ. PFDers will learn all the essential wilderness skills to be an excellent and prepared OC leader. Most importantly we will all get to know each other through icebreakers, fireside chats and corny jokes.

When: Fall Only | Price: \$100.00  
Dates: Kayak PFD - Sept 16 - 17, Oct 21 - 22, Nov 4 - 5  
Canoe PFD - Sept 16 - 17, Oct 7 - 8, Oct 21 - 22  
Whitewater PFD - TBD



APPLY A PROGRAM! BECOME AN OUTING CLUB LEADER.

Info & deadlines available at the UVM Outing Club website or by emailing outside@uvm.edu  
Applications for these programs are due soon after the general meeting.

BACKCOUNTRY SKI/RIDE & LEVEL I AVALANCHE EDUCATION: SUN VALLEY, IDAHO

Spend your break laying fresh tracks in the powder stashes of the Sawtooth Range. Learn basics of big mountain backcountry ski expedition preparation, planning and hut living. Enrolled students receive Level I American Avalanche Association (AAA) instruction.

Dates: Spring Break 2018 (Mar 4 - 18)  
Contact: Jdabbot@uvm.edu or (802) 656-2060

SPRING BREAK SEA KAYAKING: CUMBERLAND ISLANDS, GA

Tired of the cold weather in VT? Enjoy the sun baked coast of the N. Georgia low country and surrounding islands. In addition to developing basic to intermediate paddling skills, students will camp on sandy beaches, swim & paddle alongside dolphins and recharge for the last leg of spring semester!

Dates: Spring Break 2018 (Mar 4 - 13)  
Contact: UVM Outing Club: outside@uvm.edu or (802) 656-3439

ASSOCIATION OF EXPERIENTIAL EDUCATION (AEE) INT'L CONFERENCE, MONTREAL, QUEBEC

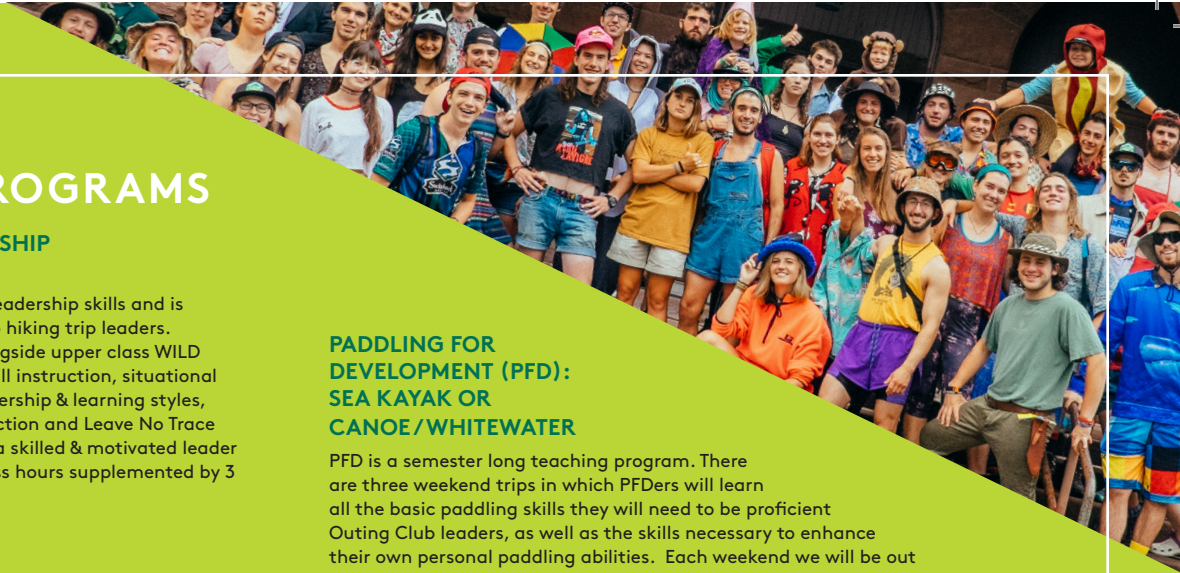
This conference aims to inspire collaboration among collegiate wilderness programs of different backgrounds and perspectives, connect experiential education professionals around the world and build professional knowledge and competency of participants. With more than 700 practitioners, teachers, facilitators, trainers & student leaders in attendance! (Info & Registration: aee.org)

Dates: Nov 10 - 13 | Price: \$305 for UVM Students  
Contact: UVM Outing Club for transportation details.

WILDERNESS RISK MANAGEMENT CONFERENCE, PORTLAND, ME

The WRMC provides UVM students practical risk management skills, network with others in the outdoor industry, and share field-based and administrative oversight perspectives. (Info & Registration: nols.edu)

Dates: Nov 1 - 3 | Price: \$300 for UVM Students  
Contact: UVM Outing Club for transportation details.





## HELLO FROM THE OUTING CLUB.

Every student on campus is a member, which means you are too! There are plenty of ways to get involved in the UVM Outing Club (UVMOC), and there are plenty of ways to get outside at this university. If at any time you have questions or want to simply hang out, stop by the Outing Club House at 8 Colchester Ave.

**Free pancakes every Wednesday!**

## HOW DO I SIGN UP FOR TRIPS.

**GO TO THE OC HOUSE:** House managers will update you on space availability for trips of interest to you.

**PAY FOR TRIP:** Your spot is not secure unless you have paid! Trip prices include transportation, food, instruction, and any equipment you need to borrow. Cash and checks are accepted!

**CANCELLATION POLICY:** If you cancel two Wednesdays before the trip, you get a cash refund. If you cancel on or before the Wednesday before your trip you get trip credit (towards other OC rentals/trips). If you cancel after the Wednesday before your trip, you get no refund.

## HOW CHALLENGING ARE TRIPS?

✳ - Indicates trips for all experience levels! Beginners and folks looking for low impact experience welcome!

✳✳ - Indicates a trip presenting intermediate challenge. Open to newcomers eager to build experiences and those with prior activity experience and/or skills.

✳✳✳ - Indicates trips for students who are already comfortable spending extended amounts of time in the backcountry and looking for advanced level of challenge.

## RENTALS & EQUIPMENT

Want to go on your own adventure with some friends? Awesome! Even though you're not on an OC trip, you can rent gear from the outing club! Gear rental is available during all normal house hours (Mon-Thur. 10-3, Fri. 10-4), so all you have to do is go to the house, tell the student working what you want, pay, and have a killer weekend! The OC understands that gear can be very expensive, so we try to offer students realistic prices to give everyone at the university an opportunity to get outside.

**Questions?** Call the OC at (802) 656-3439.

	Day	Weekend
<b>HIKING &amp; BACKPACKING</b>		
Backpack (4000 cu/in) .....	\$8	\$14
Day pack (2,500 cu/in) .....	\$6	\$10
Hiking poles.....	\$3	\$5
Sleeping bag (summer/winter) .....	\$5/\$7	\$8/\$12
Stuff sack.....	\$1	\$2
Compression sack.....	\$1	\$2
Sleeping pad.....	\$2	\$3
Backpacking package .....	\$15	\$23
Tent.....	\$10	\$15
Tarp.....	\$2	\$3
Rain Gear .....	\$2	\$3

<b>CANOE</b>		
Canoe.....	\$15	\$25
Paddles .....	Free	Free
PFD (life jacket) .....	Free	Free
Canoe trailer* .....		
(Need UVM cert) .....	\$40	\$60
*Proper vehicle for transportation required		

<b>COOKING</b>		
Cook Set (pots, pan & lid) .....	\$3	\$5
Stove (MSR International) .....	\$5	\$8
Coleman Stove .....	\$8	\$12

<b>EQUIPMENT</b>		
Plastic double boots.....	\$15	\$25
Gaiters.....	\$1	\$2
Microspikes.....	\$5	\$10

<b>BACK COUNTRY SKIS &amp; SNOWSHOES</b>		
Snowshoes .....	\$8	\$14
XC skis.....	\$7	\$12
XC ski boots.....	\$5	\$6
XC ski poles .....	\$1	\$2
XC ski package.....	\$10	\$16
Telemark skis .....	\$15	\$20
Telemark ski boots .....	\$5	\$8
Telemark ski poles .....	\$2	\$3
Telemark ski package.....	\$20	\$25
Skins .....	\$2	\$3

**OC CABIN & RETREAT CENTER**  
Call (802) 656-7729 for reservations and info.  
Minimum group fee of \$200 per day.



UVM STUDENT LIFE  
**OUTDOOR PROGRAMS**

## PARTNERSHIPS & OTHER OUTDOOR RESOURCES

### ADVENTURE ROPES COURSE

At the UVM Adventure Ropes Course, our mission is to provide and promote adventure-based, experiential learning and cooperative team-building opportunities for UVM students, organizations and the surrounding community. UVM ARC is located in S. Burlington on the Wheeler Farm parcel. Visit on the web at [uvm.edu/ropescourse](http://uvm.edu/ropescourse), by calling 656.9111 or via e-mail at [ropes@uvm.edu](mailto:ropes@uvm.edu).

### ALANA G.E.A.R. PROGRAM

ALANA GEAR is an instructional program for ALANA (African, Latino,, Asian, Native American) students interested in gaining outdoor experience in a group setting that is supportive and does not assume any prior knowledge or experience (but is not an affinity group). GEAR is a sister club to the Outing Club and strives to foster a love for the outdoors and build a strong relationship between the UVM OC & Mosaic communities. The focus is on building wilderness and leadership skills, team building, positive group dynamics, and FUN! Contact: [foram.patel@uvm.edu](mailto:foram.patel@uvm.edu).

### UVM CLIMBING TEAM

The UVM Climbing team is for students interested in intercollegiate indoor climbing and bouldering competition. The Climbing Team trains together year round and competes in six to eight "comps" during the academic year. To get information, e-mail team coordinators Anna Malvin, [Anna.Malvin@uvm.edu](mailto:Anna.Malvin@uvm.edu) or Jessica Driscoll [Jessica.Driscoll@uvm.edu](mailto:Jessica.Driscoll@uvm.edu)

### UVM CLIMBING WALL

Managed and monitored by the UVM Climbing Club, these facilities and programs offer UVM students interested in rock climbing and bouldering the opportunity to develop climbing skills in a safe and supportive community of peers. Our indoor wall, located in the lobby of the Gucciardi Sports and Recreation Center is open Sunday through Thursday from 5-10pm and on Friday and Saturday from 4-8pm. It is free for all students and a one-time belay test is required for climbers wanting to belay for others. There is no fee for students needing to rent shoes and harnesses! The bouldering hallway is located in the basement of the Patrick Gymnasium and is open during all hours of operation.

### GREEN MOUNTAIN MANNA

GMM's mission is to build community through engaging UVM students in the outdoors both physically and spiritually. Via the Hillel center on campus, GMM teams with the UVMOC and other clubs on campus to create a diverse range of student led outdoor opportunities for Hillel members and beyond. Contact: [Leah.kern@uvm.edu](mailto:Leah.kern@uvm.edu)

### UVM OUTING CLUB CABIN

The UVM Outing Club Cabin has been providing UVM student groups with this unique & rustic retreat and recreation base since 1986. "The OC Cabin" can accommodate groups of up to 20 and is close to some of the best hiking, climbing, biking & skiing in the area! Gather your SGA student group for a weekend get-away. Rentals are permitted only for UVM affiliates with a faculty sponsor. All inquiries please contact Danny Wiggins (202) 553-7632 or [dwiggins@uvm.edu](mailto:dwiggins@uvm.edu).

### OTHER OUTDOOR-ORIENTED CLUBS & TEAMS:

- Freestyle Ski Team
- Nordic Ski Team
- Cycling Team (M&W)
- Ultimate Frisbee (M&W)
- Climbing Club & Team
- Kayak Club
- Ski & Snowboard Club
- Snowboard Team