In an experimental study, we have to decide on a set of biologically realistic manipulations that include appropriate controls. In an observational study, we have to decide which variables to measure that will best answer the question we have asked. These decisions are very important, but they are not the subject of this chapter. Instead, this chapter discusses specific designs for experimental and sampling studies in ecology and environmental science. The design of an experiment or sampling study refers to how the replicates are physically arranged in space, and how those replicates are sampled through time. The design of the experiment is intimately linked to the details of replication, randomization, and independence (see Chapter 6). Certain kinds of designs have proven very powerful for the interpretation and analysis of field data. In contrast, even a sophisticated statistical analysis cannot rescue a poor design.

We first present a simple framework for classifying designs according to the type of independent and dependent variables. Next, we describe a small number of useful designs in each category. We discuss each design and the kinds of questions it can be used to address, illustrate it with a simple data set, and describe the advantages and disadvantages of the design. The details of how to analyze data from these designs are postponed until Chapters 9-12.

The literature on experimental and sampling designs is vast (e.g., Underwood 1997, Quinn and Keough 2003, Cochran and Cox 1957, Winer 1971), and we present only a selective coverage in this chapter. We restrict ourselves to those designs that are practical and useful for ecologists and environmental scientists, and that have proven to be most successful in field studies.

Continuous vs. Categorical Variables

We first distinguish between CATEGORICAL VARIABLES and CONTINUOUS VARIABLES. Categorical variables are those in which a subject is classified into one of 2 or more unique categories. Ecological examples include sex (male, female), trophic status (producer, herbivore, carnivore), and habitat type (shade, sun). Continuous variables are those that are measured on a continuous numerical scale; they can take on a range of real number or integer values. Examples include measurements of species richness, habitat coverage, and population density.

Many statistics texts make a further distinction between purely categorical variables, in which the categories are not ordered, and rank (or ordinal) variables, in which the categories are ordered based on a numerical scale. An example of an ordinal variable would be a numeric score (0, 1, 2, 3, or 4) assigned to the amount of sunlight reaching the forest floor: 0 for 0-5% light; 1 for 5-25% light; 2 for 25-50% light; 3 for 50-75% light; and 4 for 75-100% light. In many cases, methods used for analyzing continuous data also can be applied to ordinal data. In a few cases, however, ordinal data are better analyzed with non-parametric methods, which were discussed briefly in Chapter 5. In this book, we use the term categorical variable to refer to both ordered and unordered categorical variables.

The distinction between categorical and continuous variables is not always clearcut; in many cases, the designation depends simply on how the investigator chooses to measure the variable. For example, a categorical habitat variable such as sun/shade could be measured on a continuous scale by using a light meter and recording light intensity in different places. Conversely, a continuous variable such as salinity could be classified as three levels (low, medium, and high) and treated as a categorical variable. Recognizing the kind of variable you are measuring is important because different designs are based on categorical and continuous variables.

In Chapter 2, we distinguished two kinds of random variables – discrete and continuous random variables. What's the difference between discrete and continuous random variables on the one hand and categorical and continuous variables on the other? Discrete and continuous random variables are mathematical functions for generating variables associated with probability distributions. In contrast, categorical and continuous variables describe the kinds of data that we actually measure in the field or laboratory. "Continuous" variables usually can be modeled as continuous random variables, whereas both categorical and ordinal variables usually can be modeled as discrete random variables. For example, the categorical variable "sex" can be modeled as normal random variable; the numerical variable "height" can be modeled as normal random variable; and the ordinal variable "light reaching the forest floor" can be modeled as a binomial, Poisson, or uniform random variable.

Dependent and Independent Variables

After identifying the types of variables with which you are working, the next step is to designate DEPENDENT and INDEPENDENT variables. The assignment of dependent and independent variables implies an hypothesis of cause and effect that you are trying to test. The dependent variable is the RESPONSE VARIABLE that you are measuring and for which you are trying to determine a cause or causes. In a scatter plot of two variables, the dependent or response variable is called the *y* variable, and it usually is plotted on the ORDINATE (vertical or *y* axis). The independent variable is the PREDICTOR VARIABLE that you hypothesize is responsible for the variation in the response variable. In the same scatter plot of two variables, the independent or predictor variable is called the *x* variable, and it usually is plotted on the ABSCISSA (horizontal or *x* axis).¹

In an experimental study, you normally manipulate or directly control the levels of the independent variable and measure the response in the dependent variable. In a sampling study, you depend on natural variation in the independent variable from one replicate to the next. In both natural and experimental field studies, you don't know ahead of time the strength of the predictor variable. In fact, you are often testing the statistical null hypothesis that variation in the response variable is unrelated to variation

¹ Of course, merely plotting a variable on the x axis is does not guarantee that the it is actually the predictor variable. Particularly in natural experiments, the direction of cause and effect is not always clear, even though a pair of variables may show a strong relationship with one another (see Chapter 6).

in the predictor variable, and is no greater than that expected by chance or sampling error. The alternative hypothesis is that chance cannot entirely account for this variation, and that at least some of the variation can be attributed to the predictor variable. You may also be interested in estimating the size of the effect of the predictor or causal variable on the response variable.

Four Classes of Experimental Design

By combining variable types – categorical *vs.* continuous, dependent *vs.* independent – we obtain four different design classes (Table 7.1). When independent variables are continuous, the classes are either regression (continuous dependent variables) or logistic regression (categorical dependent variables). When independent variables are categorical, the classes are either ANOVA (continuous dependent variable) or tabular (categorical dependent variable).

Regression Designs

When independent variables are measured on continuous numerical scales, (e.g., Figure 6.1), the sampling layout is a REGRESSION DESIGN. If the dependent variable is also measured in a continuous scale, we use linear or non-linear regression models to analyze the data. If the dependent variable is measured on an ordinal scale (an ordered response), we use logistic regression to analyze the data. These three types of regression models are discussed in detail in Chapter 9.

Single Factor Regression

A regression design is simple and intuitive. Collect data on a set of independent replicates. For each replicate, measure both the predictor and the response variables. In a sampling study, neither of the two variables is manipulated, and your sampling is dictated by the levels of natural variation in the independent variable. For example, suppose your hypothesis is that the density of desert rodents is controlled by the availability of seeds produced by annual plants (Brown and Leiberman 1973). You could sample 20 independent plots, each chosen to represent a different abundance level of seeds.² In each plot you measure the density of seeds and the density of desert rodents (Figure 7.1). The data are organized in a spreadsheet in which each row is a different plot, and each column is a different variable response or predictor variable. The entries in each row represent the measurements taken in a single plot.

² The sampling scheme needs to reflect the goals of the survey. If the survey is designed simply to document the relationship between seeds and rodent density, then a series of random plots can be selected, and CORRELATION is used to explore the relationship between the two variables. However, if the hypothesis is that seed density is responsible for rodent density, then a series of plots that sample a uniform range of seed densities should be sampled, and REGRESSION is used to explore the functional dependence of rodent abundance on seed density. Ideally, the sampled plots should differ from one another only in the density of seeds present. Another important distinction is that a true regression analysis assumes that the value of the independent variable is known exactly and is not subject to measurement error. Finally, standard linear regression minimizes residual deviations in the vertical (*y*) direction only, whereas correlation minimizes the perpendicular (*x* and *y*) distance of each point from the regression line (also referred to as Model II regression). The distinction between correlation and regression is subtle, and is often confusing because some statistical tests (such as the correlation coefficient) are identical for both kinds of analyses. See Chapter 9 for more details.

In an experimental study, the levels of the predictor variable are controlled and manipulated directly, and you measure the response of the response variable. Because your hypothesis is that seed density is responsible for desert rodent density (and not the other way around), you would manipulate seed density in an experimental study, either adding or removing seeds to alter the availability to rodents. In both the experimental study and the survey study, your assumption is that the predictor variable is a causal variable – changes in the value of the predictor (seed density) would <u>cause</u> a change in the value of the response (rodent density). This is very different from a study in which you would examine the correlation (statistical covariation) between the two variables.

In addition to the usual caveats about adequate replication and independence of the data (Chapter 6), two principles should be followed in designing a regression study:

- 1. Ensure that the range of values sampled for the predictor variable is large enough to capture the full range of responses to the response variable. If the predictor variable is sampled from too limited a range, there may appear to be a weak or non-existent statistical relationship between predictor and response even though the two variables are related (Figure 7.2). A limited sampling range makes the study susceptible to a Type II statistical error (failure to reject a false null hypothesis).
- 2. Ensure that the distribution of predictor values is uniform within the sampled range. Beware of data sets in which one or two of the values of the predictor variable are very different in size from the others. These influential points can dominate the slope of the regression and generate a significant relationship where one really does not exist (Figure 7.3; see Chapter 8 for further discussion of such "outliers"). Sometimes influential data points can be corrected with a transformation of the predictor variable (see Chapter 8), but we re-emphasize that analysis cannot rescue a poor sampling design.

Multiple Regression

The extension to multiple regression is straightforward: two (or more) continuous predictor variables are measured for each replicate, along with the single response variable. Returning to the desert rodent example, you suspect that, in addition to seed availability, rodent density is also controlled by vegetation structure – in plots with sparse vegetation, desert rodents are vulnerable to avian predators (Abramsky *et al.* 1997). In this case, you would take three measurements in each plot: rodent density, seed density, and vegetation cover. Rodent density is the dependent variable, and seed density and vegetation cover are the two predictor variables (Figure 7.1). Ideally, the different predictor variables should be independent of each other. As in simple regression designs, the different values of the predictor variables should be established evenly across the full range of possible values. This is straightforward in an experimental study, but rarely is achievable in an observational study. In an observational study, it is often the case that the predictor variables themselves will be

correlated with each other. For example, plots with high vegetation density are likely to have high seed density. There may be few or no plots in which vegetation density is high and seed density is low (or vice versa). These COLLINEAR VARIABLES make it difficult to estimate accurately regression parameters³ and to tease apart how much variation in the response variable is actually associated with each of the predictor variables.

As always, replication becomes important as we add more predictor variables to the analysis. Following the Rule of 10 (see Chapter 6), you should try to obtain at least 10 replicates for each predictor variable in your study. But in many studies, it is a lot easier to measure additional predictor variables than it is to obtain additional independent replicates. However, you should avoid the temptation to measure everything that you can just because it is possible. Try to select variables that are biologically important and relevant to the hypothesis or question you are asking. It is a mistake to think that a model selection algorithm, such as stepwise multiple regression, can identify reliably the "correct" set of predictor variables from a large data set that suffers from MULTICOLLINEARITY– many of the predictor variables are correlated with one another (Burnham and Anderson 2000, Graham 2003).

ANOVA Designs

If your predictor variables are categorical (ordered or unordered) and your response variables are continuous, your experimental design is called an ANOVA (for ANalysis Of VAriance). ANOVA also refers to a type of statistical analysis developed by Sir Ronald Fisher (see Footnote 8, Chapter 5) for analyzing data derived from agricultural field trials. ANOVA methods are explained in Chapter 10.

Terminology

ANOVA is rife with terminology. TREATMENTS refer to the different categories of the predictor variables that are used. In an experimental study, the treatments represent the different manipulations that have been performed. In a sampling study, the treatments represent the different groups that are being compared. The number of treatments in a study equals the number of categories being compared. Within each treatment, multiple observations will be made, and each of these observations is a REPLICATE. standard ANOVA designs, each replicate should be independent, both statistically and biologically, of the other replicates within and among treatments. Later in this chapter, we will discuss certain ANOVA designs that relax the assumption of independence among replicates.

Lastly, we distinguish between SINGLE-FACTOR DESIGNS and MULTI-FACTOR DESIGNS. In a single-factor design, each of the treatments represents variation along a single "axis" or FACTOR. Each value of the factor that represents a given treatment, is called a treatment LEVEL. For example, a single-factor ANOVA design could be used to compare growth responses of plants raised at 4 different levels of nitrogen, or the

³ In fact, if one of the predictor variables can be described as a perfect linear function of the other one, it is not even algebraically possible to solve for the regression coefficients. Even when the problem is not this severe, correlations among predictor variables make it difficult to test and compare models. See MacNally (2000) for a discussion of correlated variables and model-building in conservation biology.

growth responses of 5 different plant species to a single level of nitrogen. The treatment groups may be ordered (e.g., 4 nitrogen levels) or unordered (e.g., 5 plant species).

In a multi-factor design, the treatments cover two (or more) different axes, and each factor is applied in combination in different treatments. In a multi-factor design, there are different levels of the treatment for each factor. As in the single factor design, the treatments within each factor may be either ordered or unordered. For example, a two-factor ANOVA design would be necessary if you wanted to compare the responses of plants to 4 levels of nitrogen (factor 1) and 4 levels of phosphorus (factor 2). In this design, each of the 4 x 4 = 16 treatment levels represents a different combination of nitrogen level and phosphorus level. Each combination of nutrients is applied to all of the replicates within the treatment (Figure 7.4).

Although we will return to this topic later, it is worth asking at this point what the advantage is of using a two-factor design. Why not just run two separate experiments? For example, you could test the effects of phosphorus in a one-way ANOVA design with 4 treatment levels, and you could test the effects of nitrogen in a separate one-way ANOVA design, also with 4 treatment levels. What is the advantage of using a two-way design with 16 phosphorus-nitrogen treatment combinations in a single experiment?

One advantage of the two-way design is efficiency. It may be more cost-effective to run a single experiment, even with 16 treatments, than two separate experiments, each with 4 treatments. A more important advantage is that the two-way design allows you to test both for the MAIN EFFECTS of nitrogen and phosphorous on plant growth, as well as the INTERACTION between nitrogen and phosphorous (see Chapter 10 for analytical methods).

The main effects refer to the additive effects of each level of one treatment averaged over all of the levels of the other treatment. For example, the additive effect of nitrogen would represent the average response of plants at each nitrogen level, averaged over the responses of the phosphorous levels. Conversely, the additive effect of phosphorus would be measured as the average response of plants at each phosphorous level, averaged over the responses to the different nitrogen levels.

The interaction effects are key, and are frequently the most important reason for using a factorial design. Interaction effects represent unique responses to particular treatment combinations that cannot be predicted simply knowing the main effects. For example, the growth of plants in the high nitrogen-high phosphorous treatment might be synergistically greater than you would predict from knowing the simple additive effects of nitrogen and phosphorus at high levels. Strong interactions are the driving force behind much ecological and evolutionary change, and often are more important than simple main effects. Chapter 10 will discuss interaction terms in more detail.

Single-factor ANOVA

The single-factor ANOVA is one of the simplest, but most powerful experimental designs. After describing the basic one-way layout, we also explain the randomized

block and nested ANOVA designs. Strictly speaking, the randomized block and nested ANOVA are two-factor designs, but the second factor (blocks, or subsamples) is included only to control for sampling variation, and is not of primary interest.

One-way layout

The one-way layout is used to compare means among two or more treatments or groups. For example, suppose you want to determine whether the recruitment of barnacles in the intertidal is affected by different kinds of rock substrates (*e.g.*, Caffey 1982). You start by obtaining a set of slate, granite, and concrete tiles. The tiles should be identical in size and shape, and differ only in substrate type. Following the 'Rule of 10' (see Chapter 6), you set out 10 replicates of each substrate type (N = 30 total). Each replicate is placed in the mid-intertidal zone at a set of spatial coordinates that were chosen with a random number generator (Figure 7.5).

After setting up the experiment, you return 10 days later and count the number of new barnacle recruits inside a 10 x 10 cm square centered in the middle of each tile. The data are organized in a spreadsheet in which each row is a replicate. The first few columns contain identifying information associated with the replicate, and the last column of the spreadsheet gives the number of barnacles that recruited into the square. Although the details are different, this is the same layout used in the ant census study described in Chapter 5 – multiple, independent replicate observations are obtained for each treatment or sampling group. After the data are collected, ANOVA would be used to test the hypothesis that mean recruitment levels do not differ significantly among the substrate types.

The one-way layout is one of the simplest, but most powerful, experimental designs, and it can accommodate readily studies in which the number of replicates per treatment is not identical (unequal sample sizes). The one-way layout allows you to test the general hypothesis that the average response differs among treatments, as well as more specific hypotheses about which particular treatment group means are different and which are similar (see 'Comparing Means' in Chapter 10).

The major disadvantage of the one-way layout is that it does not explicitly accommodate environmental heterogeneity. Complete randomization of the replicates within each treatment implies that they will "sample" the entire array of background conditions, all of which may affect the response variable. On the one hand, this is a good thing because it means that the results of the experiment can be generalized across all of these environments. On the other hand, if the environmental "noise" is much stronger than the "signal" of the treatment, the experiment will have weak power; the analysis may not reveal treatment differences unless replication within treatments is very large. Other designs, including the randomized block and the two-way layout, can be used to accommodate environmental variability.

A second, more subtle, disadvantage of the one-way layout is that it organizes the treatment groups along a single "axis". If the treatments represent distinctly different kinds of factors, then a two-way layout should be used to tease apart main effects and interaction terms. Interaction terms are especially important because the effect of one factor often depends on the levels of another. For example, the pattern of recruitment onto different substrates may depend on the levels of a second factor – such as the density of predators.

Randomized Block Designs

One effective way to incorporate environmental heterogeneity is to modify the one-way ANOVA and use a RANDOMIZED BLOCK design. A BLOCK is a delineated area (or time period) within which the environmental conditions are relatively homogenous. Blocks may be placed randomly or systematically in the study area, but they should be arranged so that environmental conditions are more similar within than between blocks. The randomized block design applies restricted randomization and organizes the replicates within blocks.

Once the blocks are established, replicates will still be assigned randomly to treatments, but there is a restriction on the randomization: a single replicate from each of the treatments is assigned to each block. Thus, in a simple randomized block design, each block contains exactly one replicate of all the treatments in the experiment. Within each block, the placement of the treatment replicates should be randomized. Figure 7.6 illustrates the barnacle experiment laid out as a randomized block design. Because there are 10 replicates, there are 10 blocks (fewer, if you replicate within each block), and each block will contain one replicate of each of the three treatments. The spreadsheet layout for these data is the same as for the one-way layout, except the replicate column is now replaced by a column indicating the block (remember, there is only one replicate of each treatment within each block).

Each block should be small enough to encompass a relatively homogenous set of conditions. However, each block must also be large enough to accommodate a single replicate of all of the treatments. Moreover, there must be room within the block to allow enough spacing between replicates to ensure their independence (see Figure 6.5). The blocks themselves also have to be far enough apart from one another to ensure independence.

If there are geographic gradients in environmental conditions, then each block should encompass a small interval of the gradient. For example, there are strong environmental gradients along a mountainside, so we might set up an experiment with three blocks, one each at high, medium, and low elevation (Figure 7.7, left panel). But it would not be appropriate to create three transects blocks that run "across the grain" from high to low elevation (Figure 7.7, right panel); they each encompasses conditions that are too heterogeneous. In other cases, the environmental variation may be patchy, and the blocks should be arranged to reflect that patchiness. For example, if an experiment is being conducted in a wetland complex, each semi-isolated fen or wetland could be treated as a block. Finally, if the spatial organization of environmental heterogeneity is suspected, but unknown, the blocks can be arranged randomly within the study area.⁴

The randomized block design is an efficient and very flexible design that provides a simple control for environmental heterogeneity. It can be used to control for environmental gradients and patchy habitats. As we will see in Chapter 10, when environmental heterogeneity is present, the randomized block design is more efficient than a completely randomized one-way layout, which may require a great deal more replication to achieve the same statistical power.

The randomized block design is also useful when your replication is constrained by space or time. For example, suppose you are running a laboratory experiment on algal growth with 8 treatments and you want to complete 10 replicates per treatment. However, you have enough space in your laboratory to run only 12 replicates at a time. What can you do? You should run the experiment in "blocks", in which you set up 1 replicate of each of the 8 treatments. After the result is recorded, you set up the experiment again (including another set of randomizations for treatment establishment and placement) and continue until you have accumulated 10 blocks. This design controls for inevitable changes in environmental conditions that occur in your laboratory through time, but still allows for appropriate comparison of treatments. In other cases, the limitation may not be space, but organisms. For example, in a study of mating behavior of fish, you may have to wait until you have a certain number of sexually mature fish before you can set up and run a single block of the experiment. In both examples, the randomized block design is the best safeguard against variation in background conditions during the course of your experiment.

Finally, the randomized block design can be adapted for a "matched pairs" layout. Each block consists of a group of individual organisms or plots that have been deliberately chosen to be most similar in background characteristics. Each replicate in the group receives one of the assigned treatments. For example, in a simple experimental study of the effects of abrasion on coral growth, a pair of coral heads of similar size would be considered a single block. One of the coral heads would be randomly assigned to the control group, and the other would be assigned to the abrasion group. Other matched pairs would be chosen in the same way and the treatments applied. Even though the individuals in each pair are not part of a spatial or a temporal block, they are probably going to be more similar than individuals in other such blocks because they have been matched on the basis of body size or other

⁴ The randomized block design allows you to set up your blocks to encompass environmental gradients in a single spatial dimension. But what if the variation occurs in two dimensions? For example, suppose there is a north-to-south moisture gradient in a field, but also an east-to-west gradient in predator density? In such cases, more complex randomized block designs can be used. For example the LATIN SQUARE is a block design in which the *n* treatments are placed in the field in an *n* x *n* square; each treatment appears exactly once in every row and once in every column of the layout. Fisher pioneered these kinds of designs for agricultural studies in which a single field is partitioned and treatments applied to the contiguous subplots. These designs have not been used much by ecologists, because the restrictions on randomization and layout are difficult to achieve in field experiments

characteristics. For this reason, the analysis will use a randomized block design. The matched pairs approach is a very effective method when the responses of the replicates potentially are very heterogeneous. Matching the individuals controls for that heterogeneity, making it easier to detect treatment effects.

There are four disadvantages to the randomized block design. The first is that there is a statistical "cost" to running the experiment with blocks. As we will explain in Chapter 10, some of the degrees of freedom associated with the error term are lost because they have to be allocated to the block effect. If the sample size is small and the block effect is weak, the randomized block design is less powerful than a simple oneway layout. The second disadvantage is that if the blocks are too small you may introduce non-independence by physically crowding the treatments together. As we discussed in Chapter 6, randomizing the placement of the treatments within the block will help with this problem, but won't eliminate it entirely. The third disadvantage of the randomized block design is that if any of the replicates are lost, the data from that block cannot be used (or the missing values have to be estimated indirectly).

The fourth, and most serious, disadvantage of the randomized block design is that it assumes there is no interaction between the blocks and the treatments. The blocking design accounts for additive differences in the response variable, and assumes that the ranking order of the treatments does not change from one block to the next. Returning to the barnacle example, the randomized block model assumes that if recruitment in one of the blocks is high, all of the observations in that block will have elevated recruitment. However, the treatment effects are assumed to be consistent from one block to the next, so that the rank order of the treatments (granite > slate > cement) is the same, regardless of any differences in the overall recruitment levels among blocks. But suppose that in some blocks recruitment is highest on the cement substrate and in other blocks it is highest on the granite substrate. In this case, the randomized block design may fail to properly measure the main treatment effects. For this reason, some authors (Mead 1988, Underwood 1997) have argued that the simple randomized block design should not be used unless there is replication within blocks. With replication, the design becomes a two-factor analysis of variance, which we discuss below.

Replication within blocks will indeed tease apart main effects, block effects, and the interaction between blocks and treatments. Replication will also address the problem of missing or lost data from within a block. However, ecologists often do not have the luxury of replication within blocks, particularly when the blocking factor is not of primary interest. The simple randomized block design (without replication) will at least capture the additive component (often the most important) of environmental variation, which would otherwise be lumped with pure "error" in a simple one-way layout.

Nested Designs

A NESTED DESIGN refers to any design in which there is sub-sampling within each of the replicates. We will illustrate it with the barnacle example. Suppose that, instead of measuring recruitment for a replicate in a single 10 x 10 cm square, you decided to take

3 such measurements for each of the 12 tiles in the study (Figure 7.8). Although the number of replicates has not increased, the number of observations has increased from 12 to 36. In the spreadsheet for these data, each row now represents a different subsample, and the columns indicate which replicate and which treatment the subsample was taken from.

This is the first design in which we have included sub-samples that are clearly not independent of one another. What is the rationale for such a sampling scheme? The main reason is to increase the precision with which we estimate the response for each replicate. Because of the Law of Large Numbers (Chapter 3), the more sub-samples we use, the more precisely we will estimate the mean for each replicate. The increase in precision should reduce the error variance, and increase the power of the test.

There are three advantages to using a nested design. The first advantage, as we noted, is that sub-sampling increases the precision of the estimate for each replicate in the design. Second, the nested design allows you to test two hypotheses: first, is there variation among treatments? And, second, is there variation among the replicates *within* a treatment? The first hypothesis is equivalent to a one-way design that uses the *sub-sample averages* as the observation for each replicate. The second hypothesis is equivalent to a one-way design that uses the sub-samples to test for differences among replicates *within* treatments.⁵

Finally, the nested design can be extended to a hierarchical sampling design. For example, you could, in a single barnacle survey study, census sub-samples nested within replicates, replicates nested within intertidal zones, intertidal zones nested within shores, shores nested within regions, and even regions nested within continents (Caffey 1985). The reason for carrying out this kind of sampling is that the variation in the data can be partitioned into components that represent each of the hierarchical levels of the study (see Chapter 10). For example, you might be able to show that 80% of the variation in the data occurs at the level of intertidal zones within shores, but only 2% can be attributed to variation among shores within a region. This would mean that barnacle density varies strongly from the high to the low intertidal, but doesn't vary much from one shoreline to the next. Such statements are useful for assessing the relative importance of different mechanisms in producing pattern (Petraitis 1998; see Figure 4.6).

Nested designs potentially are dangerous in that they are often analyzed incorrectly. One of the most serious and common mistakes in ANOVA is for investigators to treat each sub-sample as an independent replicate and analyze the nested design as a one-way design. The non-independence of the sub-samples artificially boosts the sample size (by 3-fold in our example where we took 3 sub-samples from each tile) and badly inflates the chances for a Type I statistical error

⁵ You can think of this second hypothesis as a one-way design at a lower hierarchical level. For example, suppose you used the data only from the four replicates of the granite treatment. Treat each replicate as a different "treatment" and each sub-sample as a different "replicate" for that treatment. The design is now a one-way design that compares the replicates of the granite treatment.

(falsely rejecting a true null hypothesis). A second, less serious problem, is that the nested design can be difficult or even impossible to analyze properly if the sample sizes are not equal in each group. Even with equal numbers of samples and sub-samples, nested sampling in more complex layouts, such as the two-way layout or the split-plot design, can be tricky to analyze; the simple default settings for statistical software packages usually are not appropriate.

But the most serious disadvantage of the nested design is that it often represents a case of misplaced sampling effort. As we will see in Chapter 10, the power of ANOVA designs depends much more on the number of independent replicates, than on the precision with which each replicate is estimated. It is a much better strategy to invest your sampling effort in obtaining more independent replicates than sub-sampling within each replicate. By carefully specifying your sampling protocol (*e.g.* "only undamaged fruits from uncrowded plants growing in full shade"), you may be able to increase the precision of your estimates more effectively than simply by repeated sub-sampling.

That being said, you should certainly go ahead and sub-sample if it is quick and cheap to do so. However, our advice is that you then average (or pool) those subsamples so that you have a single observation for each replicate and then treat the experiment as a one-way design. As long as the numbers aren't too unbalanced, averaging can also alleviate problems of unequal sample size among sub-samples and improve the fit of the errors to a normal distribution. It is possible, however, that after averaging among sub-samples within replicates you no longer have sufficient replicates for a full analysis. In that case, you need a design with more replicates that are truly independent; sub-sampling is no solution to inadequate replication!

Multiple-factor Designs: Two-way layout

Multi-factor designs extend the principles of the one-way layout to two or more treatment factors. Issues of randomization, layout, and sampling are identical to those discussed for the one-way, randomized block, and nested designs. Indeed, the only real difference in the design is in the organization of the treatments along two or more axes instead of one axis. As before, the axes can represent either ordered or unordered treatments.

Returning again to the barnacle example, suppose that, in addition to substrate effects, you wanted to test the effects of predatory snails on barnacle abundance. You could set up a second one-way experiment in which you established four treatments:

unmanipulated, cage control,⁶ predator exclusion, and predator inclusion. Instead of running two separate experiments, you decide to examine both factors in a single experiment. Not only is this a more efficient use of your field time, but also you suspect that the foraging success of the predators might differ depending on the substrate type. Therefore, you establish treatments in which you simultaneously apply a different substrate and a different predation treatment.

This is an example of a FACTORIAL DESIGN in which two or more factors are tested simultaneously in one experiment. The key element of a proper factorial design is that the treatments are FULLY CROSSED or ORTHOGONAL: every treatment level of the first factor (substrate) must be represented with every treatment level of the second factor (predation; Figure 7.9). Thus, the two-factor experiment has $3 \times 4 = 12$ distinct treatment combinations, as opposed to only 3 treatments for the single-factor substrate experiment or 4 treatments for the single-factor predation experiment. Notice that each of these single-factor experiments would be restricted to only one of the treatment combinations of the other factor. In other words, the substrate experiment that we described above was conducted with the "unmanipulated" predation treatment, and the predation treatment would be conducted on only a single substrate type. Once we have determined the treatment combinations, the physical set up of the experiment would be the same as for a one-way layout with 12 treatment combinations (Figure 7.10).

In the two-factor experiment, it is critical that all of the crossed treatment combinations be represented in the design. If some of the treatment combinations are missing, we end up with a confounded design. As an extreme example, suppose we set up only the granite substrate-predator exclusion treatment and the slate substrate predator-inclusion treatment. Now the predator effect is confounded with the substrate effect. Whether the results are statistically significant or not, we cannot tease apart whether the pattern is due to the effect of the predator, the effect of the substrate, or the interaction between them.

This example highlights an important difference between manipulative and natural experiments. In the natural experiment we would gather data on natural variation



⁶ In a cage control, investigators attempt to mimic the physical conditions generated by the cage, but still allow organisms to move freely in and out of the plot. For example, a cage control might consist of a mesh roof that allows predatory snails to enter from the sides placed over a plot. In an exclusion treatment, all predators are removed from a mesh cage, and in the inclusion treatment, predators are placed inside each mesh cage. This figure illustrates a cage (upper panel) and cage control (lower panel) in a fish exclusion experiment in a Venezuelan stream (Flecker 1996).

in predator and prey abundance from a range of samples. But predators are often restricted to only certain microhabitats or substrate types, so that the presence or absence of the predator is indeed naturally confounded with differences in substrate type. This makes it difficult to tease apart cause and effect (see Chapter 4). The strength of multifactor field experiments is that they break apart this natural covariation and reveal the effects of substrate and predators separately *and* in concert. The fact that some of these treatment combinations may be "artificial" and rarely, if ever, found in nature actually is a strength of the experiment: it reveals the independent contribution of each factor to the observed patterns.

The key advantage of two-way designs is the ability to tease apart main effects and interactions between two factors. As we will discuss in Chapter 10, the interaction term represents the non-additive component of the response. The interaction measures the extent to which different treatment combinations are synergistic or suppressive when they act in concert.

Perhaps the main disadvantage of the two-way design is that the number of treatment combinations quickly can become too large for adequate replication. In the barnacle predation example, 120 total replicates required to replicate each treatment combination 10 times.

As with the one-way layout, a simple two-way layout does not account for spatial heterogeneity. This can be handled by a simple randomized block design, in which each block contains exactly one of the treatment combinations. Alternatively, if you replicate all of the treatments within each block, this becomes a three-way design, with the blocks forming the third factor in the analysis.

A final limitation of two-way designs is that it may not be possible to establish all orthogonal treatment combinations. It is somewhat surprising that for many common ecological experiments, the full set of treatment combinations is logically not feasible. For example, suppose you are studying the effects of competition between two species of salamanders on salamander survival rate. You decide to use a simple two-way design in which each species represents one of the factors. Within each factor, the two treatments are the presence or absence of the species. This fully crossed design yields 4 treatments (Table 7.2). But what are you going to measure in the treatment combination that has neither Species A nor Species B? By definition, there is nothing to measure in this treatment combination. Instead, you will have to establish the other three treatments ([Species A present, Species B absent], [Species A absent, Species B present], [Species A present, Species B present]) and analyze the design as a one-way ANOVA. The two-way design is possible only if we change the response variable. If the response variable is the abundance of prey that are eaten by salamanders, rather than salamander survivorship, we can then establish the treatment with no salamanders of either species and measure prey levels in the fully-crossed two-way layout; of course this experiment now asks an entirely different question.

⁷ Two-species competition experiments like our salamander example have a long history in ecological and environmental research (reviewed by Goldberg and Scheiner 1993). A number of subtle problems

Split-plot Designs

The split-plot design is an extension of the randomized block design to two experimental treatments. The terminology comes from agricultural studies in which a single plot is "split" into subplots, each of which receives a different treatment. For our purposes, such a split plot is equivalent to a block that contains within it different treatment replicates.

What distinguishes a split-plot design from a randomized-block design is that a second treatment factor is also applied, this time at the level of the entire plot. Let's return one last time to the barnacle example. Once again, you are going to set up a two-way design, testing for predation and substrate effects. However, suppose that the cages are expensive and time-consuming to construct, and that you suspect there is a lot of microhabitat variation in the environment that is affecting your results. In a split plot design, you would group the three substrates together, just as you did in the randomized block design. However, you would then place a *single cage* over all three of the substrate replicates within a single block. In this design, the predation treatment is

arise in the design and analysis of two-species competition experiments. These experiments attempt to distinguish between a focal species, for which the response variable is measured, an associative species, whose density is manipulated, and background species, which may be present, but are not experimentally manipulated.

The first issue is what kind of design to use: ADDITIVE, SUBSTITUTIVE, or RESPONSE SURFACE (Figure 7.11; Silvertown 1987). In an additive design, the density of the focal species is kept constant while the density of the experimental species is varied experimentally. However, this design confounds both density and frequency effects. For example, if we compare a control plot (5 individuals of Species X, 0 individuals of Species Y) to an addition plot (5 individuals of Species X, 5 individuals of Species Y), we have confounded total density (10 individuals) with the presence of the competitor (Underwood 1986, Bernardo *et al.* 1995). However, some authors have argued that such changes in density are indeed observed when a new species enters a community and establishes a population, so that adjusting for total density is not necessarily appropriate (Schluter 1995).

In a substitutive design, total density of organisms is kept constant, but the relative proportions of the two competitors are varied. These designs measure the relative intensity of inter- and intra-specific competition, but they do not measure the absolute strength of competition, and they assume responses are comparable at different density levels.

The response-surface design varies both relative proportion and density (as in a complete two-way design). This design can be used to measure both relative intensity and absolute strength of intra- and interspecific competitive interactions. However, as with all two-factor experiments with many treatment levels, adequate replication may be a problem. Inouye (2001) thoroughly reviews response-surface designs and other alternatives for competition studies.

Other issues that need to be addressed in competition experiments include: how many density levels to incorporate in order to estimate accurately competitive effects; how to deal with the non-independence of individuals within a treatment replicate; whether to manipulate or control for background species; and how to deal with residual carry-over effects and spatial heterogeneity that are generated by removal experiments, in which plots are established based on the presence of a species (Goldberg and Scheiner 1993).

referred to as the WHOLE-PLOT FACTOR because a single predation treatment is applied to an entire block. The substrate treatment is referred to as the SUB-PLOT FACTOR because all substrate treatments are applied within a single block or plot. This design is illustrated in Figure 7.12.

You should compare carefully the 2-way layout (Figure 7.10), and the split-plot layout (Figure 7.12) and appreciate the subtle difference between them. The distinction is that, in the two-way layout, each replicate receives the treatment applications independently and separately. In the split-plot layout, the one of the treatments is organized into blocks or plots, and the other treatment is applied to the entire block as a unit.

The chief advantage of the split plot design is the efficient use of blocks for the application of two treatments. As in the randomized-block design, this is a simple layout that controls for environmental heterogeneity. It may also be less labor intensive than applying treatments to individual replicates in a simple two-way design. The split-plot design allows you remove the additive effects of the blocks and to test for the main effects and interactions of the two manipulated factors.⁸

As in the randomized block design, the split-plot design does not allow you to test for the interaction between blocks and the sub-plot factor. However, the split-plot design does let you test for the main effect of the whole-plot factor, the main effect of the subplot factor, and the interaction between the two. As with nested designs, a very common mistake is for investigators to analyze a split-plot design as a two-factor ANOVA, which increases the risk of a Type I error (incorrectly rejecting a true null hypothesis).

Designs for three or more factors

The two-way design can be extended to three or even more factors. For example, if you were studying trophic cascades in a freshwater food web (Brett and Goldman 1997) you might add or remove top carnivores, predators, and herbivores, and then measure the effects on the producer level. This simple 3-way design generates 2^3 = 8 treatment combinations, including one combination that has neither top carnivores, predators, nor herbivores (Table 7.3). As we noted above, if you set up a randomized block design with a two-way layout and then replicate within blocks, the blocks then

⁸ Although the example we presented used two experimentally manipulated factors, the split-plot design is also effective when one of the two factors represents a source of natural variation. For example, in our research, we have studied the organization of aquatic food webs that develop in the rain-filled leaves of the pitcher plant *Sarracenia purpurea*. A new pitcher-plant leaf opens about once every twenty days, fills with rainwater, and quickly develops an associated food web of invertebrates and micro-organisms.

In one of our experiments, we manipulated the disturbance regime by adding or removing water from the leaves of each plant (Gotelli *et al.*, in prep). These water manipulations were applied to all of the leaves of a plant. Next, we recorded food web structure in the first, second, and third leaves that opened on the plant during the field season. These data are analyzed as a split-plot design. The whole plot factor was water treatment (5 levels) and the subplot factor was leaf age (3 levels). The plant served as a natural "block", and it was efficient and realistic to apply the water treatments to the entire plant.

become a third factor in the analysis. However, three-factor (and higher) designs are used rarely in ecological studies. There are simply too many treatment combinations to make these designs logistically feasible. If you find your design becoming too large and complex, you should consider breaking it down into a number of smaller experiments that address the key hypotheses you want to test.

Incorporating Temporal Variability: Repeated Measures Designs

In all of the designs we have described so far, the response variable is measured for each replicate at a single point in time at the end of the experiment. A REPEATED MEASURES design is used whenever multiple observations on the same replicate are collected at different times. The repeated measures design can be thought of as a splitplot design in which a single replicate serves as a "block", and the sub-plot factor is time. Repeated measures designs were first used in medical and psychological studies in which repeated observations were taken on an individual subject. Thus, in repeatedmeasures terminology, the BETWEEN-SUBJECTS FACTOR corresponds to the whole-plot factor, and the WITHIN-SUBJECTS FACTOR corresponds to the different times. In a repeated measures design, however, the multiple observations on a single individual are not independent of each other, and the analysis must proceed cautiously.

For example, suppose we used the simple one-way design for the barnacle study shown in Figure 7.5. But rather than censusing each replicate once, we measured the number of new barnacle recruits on each replicate for 4 consecutive weeks. Now, instead of 3 treatments x 10 replicates = 30 observations, we have 3 treatments x 10 replicates x 4 weeks = 120 observations (Table 7.4). If we only used data from one of the four censuses, the analysis would be identical to the one-way layout.

There are three advantages to a repeated measures design. The first advantage is efficiency. Data are recorded at different times, but it is not necessary to have unique replicates for each time x treatment combination. Second, the repeated measures design allows each replicate to serve as its own block or control. When the replicates represent individuals (plants, animals, or humans), this effectively controls for variation in size, age, and individual history, which often have strong influences on the response variable. Finally, the repeated measures design allows us to test for interactions of time with treatment. For many reasons, we expect that differences among treatments may change with time. In a press experiment (Chapter 6), there may be cumulative effects of the treatment that are not expressed until some time after the start of the experiment. In contrast, in a pulse experiment (Chapter 6), we expect to see differences among treatment application. Such complex effects are best seen in the interaction between time and treatment, and they may not be detected if the response variable is measured at only a single point in time.

Both the randomized block and the repeated measures designs make a special assumption of CIRCULARITY for the within-subjects factor. Circularity (in the context of ANOVA) means that the variance of the difference between any two treatment levels in the subplot is the same. For the randomized block design, this means that the variance

of the difference between any pair of treatments in the block is the same. If the treatment plots are large enough and have enough spacing between them, this is often a reasonable assumption. For the repeated measures design, the assumption of circularity means that the variance of the difference of observations between any pair of times is the same. This assumption of circularity is unlikely to be met for repeated measures: in most cases, the variance of the difference between two consecutive observations is likely to be much smaller than the variance of the difference between two consecutive neasured on the same subject are likely to have a temporal "memory", such that current values are a function of values observed in the recent past. This premise of correlated observations is the basis for time-series analysis (see Chapter 6).

The chief disadvantage with repeated measures analysis is failure to meet the criterion of circularity. If the repeated measures are serially correlated, Type I error rates for F-tests will be inflated, and the null hypothesis may be incorrectly rejected when it is true. The best way to meet the circularity assumption is to use evenly spaced sampling times, and knowledge of the natural history of your organisms to select an appropriate sampling interval.

What are some alternatives to repeated measures analysis that do not rely on the assumption of circularity? One approach is to set out enough replicates so that a different set of individuals (or plots) is censused at each time period. With this design, time can be treated as a simple factor in a two-way analysis of variance. If the sampling methods are destructive (e.g., collecting fish stomach contents, killing and preserving an invertebrate sample, or harvesting plants), this is the only method for incorporating time into the design.

A second strategy is to use the repeated measures layout, but to be more creative in the design of the response variable. Collapse the correlated repeated measures into a single metric for each individual, and then use a simple one-way analysis of variance. For example, if you want to test whether temporal trends differ among the treatments (the between-subjects factor), you could fit a regression line (with either a linear or time-series model) to the repeated measures data, and use the slope of the line as the response variable. A separate slope value would be calculated for each of the individuals in the study. The slopes would then be compared using a simple one-way analysis, treating each individual as an independent observation (which it is). Significant treatment effects would indicate different temporal trajectories for individuals in the different treatments; this test is very similar to the test for an interaction of time and treatment in a standard repeated measures analysis.

Although such aggregate metrics are created from correlated observations collected from one individual, they are independent among individuals. Moreover, the Central Limit Theorem (Chapter 2) tells us that averages of these values will follow an approximately normal distribution, even if the underlying variables themselves do not. Because most repeated measures data do not meet the assumption of circularity, our advice is to be careful with these analyses. We prefer to collapse the temporal data to a

single metric that is truly independent among observations and then use a simpler oneway design for the analysis.

Environmental Impacts over Time: BACI Designs

A special type of repeated-measures design is one in which measurements are taken both before and after the application of a treatment. For example, suppose you are interested in measuring the effect of atrazine (a hormone-mimicking compound) on the body size of frogs (Allran and Karasov 2001). In a simple one-way layout, you could assign frogs randomly to a control and treatment group, apply the atrazine, and measure body size at the end of the experiment. A more sensitive design might be to establish the control and treatment groups, and take measurements of body size for one or more time periods before application of the treatment. After the treatment is applied, you again measure body size at several times in both the control and treatment group.

These designs also are used for observational studies assessing environmental impacts. In impact assessment, the measurements are taken before and after the impact occurs. A typical might be the potential responses of a marine invertebrate community to the operation of a nuclear powerplant, which discharges considerable hot water effluent (Schroeter *et al.* 1993). Before the powerplant begins operation, you take one or more samples in the area that will be affected by the plant and estimate the abundance of species of interest (*e.g.,* snails, sea stars, sea urchins). Replication in this study could be spatial, temporal, or both. Spatial replication would be require sampling several different plots in the stream, both within and beyond the projected plume of hot water discharge.⁹ Temporal replication would require sampling a single site in the discharge area at several times before the plant came on line. Ideally, multiple sites would be sampled several times in the pre-discharge period.

Once the discharge begins, the sampling protocol is repeated. In this assessment design, it is imperative that there be at least one control, or reference site that is sampled at the same time, both before and after the discharge. Then, if you observe a decline in abundance at the impacted site but not at the control site, you can test whether the decline is significant. Alternatively, invertebrate abundance might be declining for reasons that have nothing to do with hot water discharge. In this case, you would find lower abundance at both the control and the impacted sites.

This kind of repeated measures design is referred to as a BACI DESIGN (beforeafter, control-impact). Not only is there replication of control and treatment plots, there is temporal replication with measurements before and after treatment application (Figure 7.13).

In its ideal form, the BACI design is a powerful layout for assessing environmental perturbations and monitoring trajectories before and after the impact. Replication in space ensures that the results will be applicable to other sites that may be

⁹ A key assumption in this layout is that the investigator knows ahead of time the spatial extent of the impact! Without this information, some of the "control" plots may end up within the "treatment" region, and the effect of the hot water plume would be under-estimated.

perturbed in the same way. Replication through time ensures that the temporal trajectory of response and recovery can be monitored. The design is appropriate for both pulse and press experiments or disturbances.

Unfortunately, this idealized BACI design is achieved only rarely, particularly when it is used in environmental impact studies. Often times, there is only a single site that will be impacted, and that site usually is not "randomly" chosen (Stewart-Oaten and Bence 2001). Spatial replicates within the impacted area are not independent replicates because there is only a single impact studied at a single site (Underwood 1994). If the impact represents an environmental accident, such as an oil spill, no "before" data may be available, either from reference or impact sites.

The potential control of randomization and treatment assignments is much better in large-scale experimental manipulations, but even in these cases there may be little, if any spatial replication. These studies rely on more intensive temporal replication, both before and after the manipulation. For example, since 1983, Brezonik *et al.* (1986) have conducted a long-term acidification experiment on Little Rock Lake, a small oligotrophic seepage lake in northern Wisconsin. The lake was divided into a treatment and reference basin with an impermeable vinyl curtain. Baseline (pre-manipulation) data were collected in both basins from August 1983 through April 1985. The treatment basin was then acidified with sulfuric acid in a stepwise fashion to three target pH levels (5.6, 5.1, 4.7). These pH levels were maintained in a press experiment at two-year intervals.

Because there is only 1 treatment basin and 1 control basin, conventional parametric analytical methods cannot be used to analyze these data.¹⁰ There are two general strategies for analysis. RANDOMIZED INTERVENTION ANALYSIS (RIA) is a Monte Carlo procedure (see Chapter 5) in which an observed metric taken from the time series is compared to a distribution of values created by randomizing or reshuffling the timeseries data among the treatment intervals (Carpenter et al. 1989). RIA relaxes the assumption of normality, but it still can be susceptible to temporal correlations in the data (Stewart Oaten et al. 1992). A second strategy is to use time series analysis to fit simple models to the data. The AUTOREGRESSIVE INTEGRATED MOVING AVERAGE (ARIMA) model, describes the correlation structure in temporal data with a few parameters (see Chapter 6). Additional model parameters estimate the stepwise changes that occur with the experimental interventions, and these parameters can then be tested against the null hypothesis that they are not different from 0.0. ARIMA models can be fit individually to the control and manipulation time series data, or to a derived data series created by taking the ratio of the treatment/control data at each time step (Rasmussen et al. 1993). Bayesian methods can also be used to analyze data from BACI designs. (Carpenter et al. 1996, Rao and Tirtotiondro 1996, Reckhow 1996, Varis and Kuikka 1997, Fox 2001).

¹⁰ Of course, if one assumes the samples are independent replicates, conventional ANOVA could be used. But there is no wisdom in forcing data into a model structure they do not fit. One of the key themes of this chapter is to choose simple designs for your experiments and surveys whose assumptions best meet the constraints of your data.

RIA, ARIMA, and Bayesian methods are powerful tools for detecting treatment effects in time-series data. However, without replication, it is still problematic to generalize the results of the analysis. What might happen in other lakes? Other years? Additional information, including the results of small-scale experiments (Frost *et al.* 1988), or snapshot comparisons with a large number of unmanipulated control sites (Schindler *et al.* 1985, Underwood 1994) can help to expand the domain of relevance in a BACI study.

Alternatives to ANOVA: Experimental Regression

The literature on experimental design is dominated by ANOVA layouts, and modern ecological science has been referred to sarcastically as little more than the care and curation of ANOVA tables. Although ANOVA designs are convenient and powerful for many purposes, they are not always the best choice. ANOVA has become so popular that it may act as an intellectual straightjacket (Werner 1998), and cause scientists to neglect other useful experimental designs.

We suggest that ANOVA designs often are employed when a regression design would be more appropriate. In many ANOVA designs, a continuous predictor variable is tested at only a few values so that it can be treated as a categorical predictor variable, and shoehorned into an ANOVA design. In these experiments, the investigator chooses only a few levels of the continuous independent variable as treatments, replicates them, and then uses ANOVA to compare averages of the dependent variable among the treatments (see Chapter 10). Examples include treatment levels that represent different nutrient concentrations, temperatures, or resource levels.

In contrast, an experimental regression design (Figure 7.14) uses many different levels of the continuous independent variable, and then uses regression to fit a line, curve, or surface to the data. One tricky issue in such a design (the same problem is present in an ANOVA) is to choose appropriate levels for the predictor variable. A uniform selection of predictor values within the desired range should ensure high statistical power and a reasonable fit to the regression line. However, if the response is expected to be multiplicative rather than linear (e.g., a 10% decrease in growth with every doubling of concentration), it might be better to set the predictor values on an evenly-spaced logarithmic scale. In this design, you will have more data collected at low concentrations, where changes in the response variable might be expected to be steepest.

One of the chief advantages of regression designs is efficiency. Suppose you are studying responses of terrestrial plant and insect communities to nitrogen, and your total sample size is limited by available space or labor to 50 plots. If you try to follow the Rule of 10, an ANOVA design would force you to select only 5 different fertilization levels and replicate each one ten times. While this design is adequate for some purposes, it may not help to pinpoint critical threshold levels at which community structure changes dramatically in response to N. In contrast, a regression design would allow you to set up 50 different N levels, one in each of the plots. With this design, you could very accurately characterize changes that occur in community structure with increasing N

levels; graphical displays may help to reveal threshold points and non-linear effects (see Chapter 9). Of course, even minimal replication of each treatment combination is very desirable, but if the total sample size is limited, this may not be possible.

For a two-factor ANOVA, the experimental regression is even more efficient and powerful. If you want to manipulate N and P as independent factors, and still maintain ten replicates per treatment, you could have no more than 2 levels of N and 2 levels of P. Because one of those levels must be a control (or no fertilization) plot, the experiment isn't going to give you very much information about the role of changing levels of N and P on the system. If the result is statistically significant, you only can say that the community responds to those particular levels of N and P, which is something that you may have already known from the literature before you started. If the result is not statistically significant, the obvious criticism will be that the concentrations of N and P were too low to generate a response (or the experiment was run for too short a time period).

In contrast, an experimental regression design would be a fully crossed design with 7 levels of nitrogen and 7 levels of phosphorous, with one level corresponding to the control (no N or P). The 7 x 7 = 49 replicates each receive a unique concentration of N and P, with one of the 49 plots receiving neither N or P, but being treated identically in all other ways to the other 48 plots (Figure 7.14). This is a response surface design (Inouye 2001), in which the response variable will be modeled by multiple regression. With seven levels of each nutrient, this design provides a much more powerful test for additive and interactive effects of nutrients, and could also reveal any non-linear responses. If the effects of N and P are weak or subtle, the regression model will be more likely to reveal significant effects than the two-way ANOVA.¹¹

Efficiency is not the only advantage of an experimental regression design. By representing the predictor variable naturally on a continuous scale, it is much easier to detect non-linear, threshold, or asymptotic responses. These cannot be inferred reliably from an ANOVA design, which usually will not have enough treatment levels to be informative. If the relationship is something other than a straight line, there are a number of statistical methods other than linear regression for curve fitting (see Chapter 9).

¹¹ There is a further hidden penalty in using the two-way ANOVA design for this experiment that often is not appreciated. If the treatment levels represent a small subset of many possible other levels that could have been used, then the design is referred to as a RANDOM EFFECTS ANOVA model. Unless there is something special about the particular treatment levels that were used, a random effects model is always the most appropriate choice when a continuous variable has been "converted" to a categorical variable for ANOVA. In the random effects model, the denominator of the F-ratio test for treatment effects is the interaction sum of squares, not the error sum of squares that is used in a "standard" FIXED EFFECTS ANOVA model. If there are not many treatment levels, there will not be very many degrees of freedom associated with the interaction term, regardless of the amount of replication within treatments. As a consequence, the test will be much less powerful than a typical fixed effects ANOVA. See Chapter 10 for more details on fixed and random effects ANOVA models and the construction of F-ratios.

A final advantage to using an experimental regression design is the potential benefits for integrating your results with theoretical predictions and ecological models. ANOVA provides estimates of means and variances for groups or particular levels of a continuous variable. These estimates are rarely of interest or use in ecological models. In contrast, a regression analysis provides estimates of slope and intercept parameters that measure the change in the response *y* relative to a change in predictor *x* (d*y*/d*x*). These derivatives are precisely what are needed for testing the many ecological models that are written as simple differential equations.

An experimental regression approach might not be feasible if it is very expensive or time-consuming to establish unique levels of the predictor variable. In that case, an ANOVA design may be preferred because only a few levels of the predictor variable need to be established. An apparent disadvantage of the experimental regression is that is appears to have no replication! Each unique treatment level is applied to only a single replicate, and that seems to fly in the face of the principle of replication (see Chapter 6). Although it is true that each unique treatment is unreplicated, the least-squares solution to the regression line does provide an estimate of the regression parameters and their variances (see Chapter 9). The regression line provides an unbiased estimate of the expected value of the response y for a given value of the predictor x, and the variance estimates can be used to construct a confidence interval about that expectation. This is actually more informative than the results of an ANOVA model, which allows you to estimate means and confidence intervals only for the handful of treatment levels that were used.

A potentially more serious issue is that the regression design may not include any replication of "controls". In our two-factor example, there is only 1 plot that contains no nitrogen and no phosphorous addition. Whether this is a serious problem or not depends on the details of the experimental design. As long as all of the replicates are treated the same and differ only in the treatment application, the experiment is still a valid one, and it the results will estimate accurately the relative effects of different levels of the predictor on the response variable. If it is desirable to estimate the absolute treatment effect, then additional replicated control plots may be needed to account for any handling effects or other responses to the general experimental conditions. These issues are no different than those that are encountered in ANOVA designs.

Historically, regression has been used predominantly in the analysis of nonexperimental data, even though its assumptions are unlikely to be met in most sampling studies. An experimental study based on a regression design not only meets the assumptions of the analysis, but is often more powerful and appropriate than an ANOVA design. We encourage you to "think outside the ANOVA box" and consider a regression design when you are manipulating a continuous predictor variable.

Tabular Designs

The last class of experimental designs is used when both independent predictor and dependent response variables are categorical. The response variables in these designs are counts. The simplest such analysis is a dichotomous (or binomial, see

Chapter 2) response in a series of independent trials. For example, in a test of cockroach behavior, you could place an individual cockroach in a behavioral arena with a black and a white side, and then record on which side the animal spent the majority of its time. To ensure independence, each replicate cockroach would be tested individually.

More typically, a dichotomous (binomial) response will be recorded for two or more categories of the predictor variable. In the cockroach study, half of the cockroaches might be infected experimentally with an acanthocephalan parasite that is known to alter host behavior (Moore 1984). Now we want to ask whether the response of the cockroach differs between parasitized and unparasitized individuals. The approach could be extended to a three-way design by adding an additional treatment and asking whether the difference between parasitized and unparasitized individuals changes in the presence or absence of a vertebrate predator, the definitive host for acanthocephalan parasites.

Some parasites alter the behavior of their intermediate hosts in ways that make them more vulnerable to predation by the definitive host, thereby enhancing parasite transmission (Moore 2001; but see Poulin 2000). Thus, we might predict that uninfected individuals are more likely to use the black substrate, which will make them less conspicuous to a visual predator. In the presence of a predator, uninfected individuals might shift even more towards the dark surfaces, whereas infected individuals might shift more towards white surfaces. Alternatively, the parasite might alter host behavior, but those alterations might be independent of the presence or absence of the predator. Still another possibility is that host behavior might be very sensitive to the presence of the predator, but not necessarily affected by parasite infection. A CONTINGENCY TABLE ANALYSIS (Chapter 12) is used to test all these hypotheses with the same data set.

In tabular designs, the investigator determines the total number of individuals in each category of predictor variable, and these individuals will be classified according to their responses. The total for each category is referred to as the MARGINAL TOTAL because it represents the column or row sum in the margin of the data table. In a sampling study, the investigator might determine one or both of the marginal totals, or perhaps only the grand total of independent observations. In a tabular design, the grand total equals the sum of either the column or row marginal totals.

For example, suppose you are trying to determine the associations of 4 species of *Anolis* lizard with three microhabitat types (ground, tree trunks, tree branches; see Butler and Losos 2002). Table 7.5 shows the two-way layout of the data from such a study. Each row in the table represents a different lizard species, and each column represents a different habitat category. The entries in each cell represent the counts of a particular lizard species recorded in a particular habitat. The marginal row totals represent the total number of observations for each lizard species, summed across the three habitat types. The marginal column totals represent the total number of observations in each habitat type, summed across the three lizard species. The grand total in the table (N = 81) represents the total count of all lizards species observed in all habitats.

There are several ways that these data could have been collected, depending on whether the sampling was based on the marginal totals for the microhabitats, the marginal totals for the lizards, or the grand total for the entire sample.

In a sampling scheme built around the microhabitats, the investigator might have spent 10 hours sampling each microhabitat, and recording the number of different lizard species encountered in each habitat. Thus, in the census of tree trunks, the investigator found a total of 15 lizards, 5 of species C and 10 of species D (species A and B were never encountered). In the ground census, the investigator found a total of 36 lizards, with all 4 species equally represented.

Alternatively, the sampling could have been based on the lizards themselves. In such a design, the investigator would put in an equal sampling effort for each species by searching all habitats randomly for individuals of a particular species of lizard and then record in which microhabitat they occurred. Thus, in a search for Species B, 21 individuals were found, 9 on the ground, and 12 on tree branches. Another sampling variant is one in which the row and column totals are simultaneously fixed. Although this design isn't very common in ecological studies, it can be used for an exact statistical test of the distribution of sampled values (Fisher's Exact Test; see Chapter 11).

Finally, the sampling might have been based simply on the grand total of observations. Thus, the investigator might have taken a random sample of 81 lizards total, and for each lizard encountered, recorded the species identity and the microhabitat.

Ideally, the marginal totals on which the sampling is based should be the same for each category, just as we try to achieve equal sample sizes in setting up an ANOVA design. However, identical sample sizes are not necessary because analysis of tabular designs is based on relative frequencies (or proportions) of observations in each category.

However, the tests do require (as always) that the observations be randomly sampled and that the replicates be truly independent of one another. This may be very difficult to achieve in some cases. For example, if lizards tend to aggregate or move in groups, we cannot simply count individuals as they are encountered, because an entire group is likely to be found in a single microhabitat. In this example, we also assume that all of the lizards are equally conspicuous to the observer in all of the habitats. If some species are more obvious in certain habitats than others, then the relative frequencies will reflect sampling biases rather than species true microhabitat associations.

Sampling designs for contingency analysis

In contrast to the large literature for regression and ANOVA designs, relatively little has been written, in an ecological context, about sampling designs for categorical data. If

the observations are expensive or time-consuming, every effort should be made to ensure that each observation is independent, so that a simple two or multi-way layout can be used. Unfortunately, many published contingency analyses are based on compiled data, some of it collected in different times or different places. Many behavioral studies use contingency table analyses based on multiple observations of the same individual. Such data clearly should not be treated as independent (Kramer and Schmidhammer 1992). If the tabular data are not independent random samples from the same sampling space, you should explicitly incorporate the temporal or spatial categories as factors in your analysis

Proportional Designs: An Alternatives to Tabular Designs

If the individual observations are inexpensive and can be gathered in large numbers, there is an alternative to contingency table analysis. One of the categorical variables can be collapsed to a measure of proportion (number of desired outcomes/ number of observations), which is a continuous variable. The continuous variable can then be analyzed using any of the methods described above for regression or ANOVA.

There are two advantages of using proportional designs in lieu of tabular ones. The first is that the standard set of ANOVA and regression designs can be used, including blocking. The second advantage is that the analysis of proportions can be used to accommodate frequency data that are not strictly independent. For example, suppose that, to save time, the cockroach experiment were set up with 10 individuals placed in the behavioral arena at one time. It would not be legitimate to treat the 10 individuals as independent replicates, for the same reason that sub-samples from a single cage are not independent replicates for an ANOVA (see the discussion on nested designs). However, the data from this run can be treated as a single replicate, for which we could calculate the proportion of individuals present on the black side of the arena. With multiple runs of the experiment, we can now test hypotheses about differences in the proportion among groups (e.g., parasitized versus unparasitized). The design is still not perfect, because it is possible that substrate selection by solitary cockroaches may be different than substrate selection by groups of individuals. Nevertheless, the design at least avoids treating individuals within an arena as independent replicates, which they are not.

Although proportions (like probabilities) are continuous variables, they are bounded between 0.0 and 1.0. An arcsin square root transformation of proportional data may be necessary to meet the assumption of normality (see Chapter 8). A second consideration in the analysis of proportions is that it is very important to use at least 10 trials per replicate, and to make sure that sample sizes are as closely balanced as possible. With 10 trials per replicate, the possible measures for the response variable are in the set {0.0, 0.1, 0.2, 0.3, 0.4, 0.5, 0.6, 0.7, 0.8, 0.9, 1.0}. But suppose the same treatment is applied to a replicate in which only three trials were used. In this case, the only possible values are in the set {0.0, 0.33, 0.66, 1.0}. These small sample sizes will greatly inflate the measured variance, and this problem is not alleviated by any data transformation. A final problem with the analysis of proportions arises if there are three or more categorical variables. With a dichotomous response, the proportion completely characterizes the data. However, if there are more than two categories, the proportion will have to be carefully defined in terms of only one of the categories. For example, if the behavioral arena test considers vertical and horizontal black and white surfaces, there are now 4 categories from which the proportion can be measured. Thus, the analysis might be based on the proportion of individuals using the horizontal black surface. Alternatively, the proportion could be defined in terms of two or more summed categories, such as the proportion of individuals using any vertical surface (white or black). You cannot use all 4 proportions in a MANOVA because the proportions within a replicate are entirely non-independent: they all must sum to 1.0. The simplest solution is to set up the experiment so that each observation is a true, independent replicate. Then there is no problem analyzing sets of orthogonal categories in a two or three-way layout.

Summary

Independent and dependent variables are either categorical or continuous, and most designs fit roughly into one of 4 possible categories based on this classification. Analysis of variance (ANOVA) designs are used for experiments in which the independent variable is categorical and the dependent variable is continuous. Useful ANOVA designs include one-way and two-way ANOVAs randomized block and split-plot designs. We do not favor the use of nested ANOVAs, in which non-independent subsamples are taken from within a replicate. Repeated measures designs can be used when repeated observations are collected on a single replicate through time. However, these data are often autocorrelated, so that the assumptions of the model may not be met. In such cases, the temporal data should be collapsed to a single independent measurement, or time-series analysis employed.

If the independent variable is continuous, a regression design is used. Regression designs are appropriate for both experimental and sampling studies, although they are used predominantly in the latter. We advocate increased use of experimental regression, rather than the alternative of using ANOVA with only a few levels of the independent variable represented. Adequate sampling of the range of predictor values is important in designing a sound regression experiment. Multiple regression designs include two or more predictor variables, although the analysis becomes problematic if there are strong correlations (colinearity) among the predictor variables.

If both the independent and the dependent variable are categorical, a tabular design is employed. Tabular designs require true independence of the replicate counts. If the counts are not independent, they should be collapsed so that the response variable is a single proportion. The experimental design is then similar to a regression or ANOVA, although a few caveats apply.

We favor simple experimental and sampling designs and emphasize the importance of collecting data from replicates that are independent of one another. Good

replication and balanced sample sizes will improve the power and reliability of the analyses. Even the most robust analysis cannot salvage results from a poorly designed study.

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		Independent Variable	
		Continuous Categorica	
Dependent	Continuous	Regression	ANOVA
Variable	Categorical	Logistic Regression	Tabular

Table 7.1. Four classes of experimental and sampling design. Different kinds of data analyses are used depending on whether the independent and dependent variables are continuous or categorical. When both the dependent and the independent variable are continuous a regression model is used to fit a functional relationship y = f(x). The most common example is a linear relationship (y = a + bx), but nonlinear relationships are also possible. If the dependent variable is categorical and the independent variable is continuous, a logistic regression model is fitted. Regression models and other analyses using a continuous predictor variable are covered in Chapter 9. If the independent variable is categorical and the dependent variable is continuous, the data conform to an analysis of variance, in which the variation in the continuous variable is partitioned (associated) with different categorical components. ANOVA models are described in Chapter 10. Finally, if both the dependent and independent variable are categorical, they can be organized as a table of counts or frequencies. Analysis of tabular data is described in Chapter 11. Not all analyses fit nicely into these four categories. The analysis of covariance (ANCOVA) is used when there are two independent variables, one of which is categorical and one of which is continuous (the covariate). ANCOVA is discussed in Chapter 10. Finally, this table categorizes univariate data, in which there is a single dependent variable. If, instead, we have a vector of correlated dependent variables, we rely on a multiple analysis of variance (MANOVA) or other multivariate methods that are described in Chapter 12.

		Species A		
		Absent Present		
Spaciae P	Absent	10	10	
Species D	Present	10	10	

Table 7.2. Treatment combinations in a two-way layout for simple species addition and removal experiments. The entry in each cell is the number of replicates of each treatment combination. If the response variable is some property of the species themselves (e.g. survivorship, growth rate), then the treatment combination Species A absent & Species B absent (shaded gray) is not logically possible, and the analysis will have to use a one-way layout with three treatment groups (Species A present & Species B absent, Species A present & Species B absent, and Species A absent & Species B present). If the response variable is some property of the environment that is potentially affected by the species (e.g. prey abundance, pH), then all four treatment combinations can be used and analyzed as a two-way ANOVA with two orthogonal factors (Species A and Species B), each with two treatment levels (absent, present). See Table 7.4 for a more complex example.

	Carnivore Absent		Carnivore Present	
	Herbivore Absent Herbivore Present		Herbivore Absent	Herbivore Present
Producer Absent	10	10	10	10
Producer Present	10	10	10	10

Table 7.3. Treatment combinations in a three-way layout for a food web addition and removal experiment. In this experiment, the three trophic groups represent the three experimental factors (carnivore, herbivore, producer), each of which has two levels (absent, present). The entry in each cell is the number of replicates of each treatment combination. If the response variable is some property of the food web itself, then the treatment combination in which all three trophic levels are absent (shaded gray) is not logically possible, When this happens, the experiment can still be conducted, but the analysis can no longer use a factorial ANOVA, because not all of the treatment combinations are fully crossed with one another. Instead, a one-way ANOVA would need to be used with 7 treatment levels. See Table 7.3 for another example.

			Barnacle Recruitment Censuses			ensuses
ID Number	Treatment	Replicate	Week 1	Week 2	Week 3	Week 4
1	granite	1	12	15	17	17
2	slate	1	10	6	19	32
3	cement	1	3	2	0	2
4	granite	2	14	14	5	11
5	slate	2	10	11	13	15
6	cement	2	8	9	4	4
7	granite	3	11	13	22	29
8	slate	3	11	17	28	15
9	cement	3	7	7	7	6
		-				
30	cement	10	8	0	0	3

Table 7.4. Spreadsheet for a simple repeated measures analysis. This experiment is designed to test for the effect of substrate type on barnacle recruitment in the rocky intertidal (e.g., Caffey 1982). Each circle represents an independent rock substrate. There are 10 randomly placed replicates of each of 3 treatments. The number of barnacle recruits is sampled from a 10 cm square in the center of each rock surface. The data are organized in a spreadsheet in which each row is an independent replicate. The columns indicate the ID number (1-30), the treatment group (cement, slate, or granite), and the replicate number (1-10 within each treatment). The next 4 columns give the number of barnacle recruits recorded on a particular substrate in each of 4 consecutive weeks. The measurements at different times are not independent of one another because they are taken from the same replicates each week. For this reason, a repeated measures ANOVA must be used, the number of barnacle recruits recorded (the response variable). The design is identical to the one-way layout in Figure 7.5, but each replicate is censused in four consecutive weeks, instead of single census of each replicate at the end of the experiment. A common error in ANOVA is to use a two-way ANOVA with time and substrate as the two factors. The two-way ANOVA treats the time measurements as though they were independent (they are not), and the analysis inflates the chances of a Type I statistical error (incorrectly rejecting a true null hypothesis; see Chapter 4). The repeated measures ANOVA (described fully in Chapter 10) preserves the structure of temporal dependence for measurements taken on the same replicate or individual.

		Habitat			
		Ground	Tree	Tree	Species
			Trunk	Branch	Totals
	Species A	9	0	15	24
Lizard	Species B	9	0	12	21
Species	Species C	9	5	0	14
	Species D	9	10	3	22
	Habitat	36	15	30	<u>81</u>
	Totals				

Table 7.5 Tabulated counts of the occurrence of 4 lizard species censused in 3 different microhabitats. Italicized values are the marginal totals for the 2-way table. The total sample size is 81 observations. In these data, both the response variable (species identity) and the predictor variable (microhabitat category) are categorical. Methods outlined in Chapter 11 for tabular data can be used to test the null hypothesis that the occurrence frequency of different lizard species is independent of microhabitat.



Plot Number	Seed Density (no/m2)	Vegetation Cover (%)	Rodent Density (no/m2)
1	12000	11	5.0
2	1500	2	1.1
20	11,500	52	3.7

Figure 7.1 Spatial arrangement of replicates for a regression study. Each square represents a different 25 m² plot. Plots were sampled to ensure a uniform coverage of different densities of seeds (see Figures 7.2 and 7.3). Within each plot, the investigator measures rodent density (the response variable), and seed density and vegetation cover (the two predictor variables). The data are organized in a spreadsheet in which each row is a plot, and the columns are the measured variables within the plot (seed density, vegetation cover, and rodent density).



X variable

Figure 7.2 Inadequate sampling over a narrow range of the *X* variable can create a spuriously nonsignificant regression slope even though the *X* and *Y* variables are strongly correlated with one another. Each point represents a single replicate, for which a value has been measured for both the *x* and the *y* axis. Unshaded circles represent possible data that were not collected for the analysis. Shaded circles represent the sample of replicates that were measured and analyzed. The upper panel shows the full range of data represented by both the shaded and unshaded circles. The solid line in the upper panel indicates the true linear relationship between the variables. In this case the slope is positive, indicating an underlying positive correlation of the *X* and the *Y* variable.

In the lower panel, the regression line is fitted to the sample data. Because the *X* variable was sampled over only a narrow range of values, there is limited variation in the resulting *Y* variable, and the slope of the fitted regression appears to be close to 0.0. Uniform sampling over the entire range of the *X* variable will prevent this sort of error.



Figure 7.3 Inclusion of extreme outliers in the *X* variable can create a spuriously significant regression line even though the *X* and *Y* variables are uncorrelated with one another. Each point represents a single replicate, for which a value has been measured for both the *X* and the *Y* axis. Unshaded circles represent possible data that were not collected for the analysis. Shaded circles represent the sample of replicates

that were measured and analyzed. The upper panel shows the full range of data represented by both the shaded and unshaded circles. The solid line in the upper panel indicates the true linear relationship between the variables. In this case the slope is flat, indicating no underlying correlation of the *X* and the *Y* variable.

In the lower panel, the regression line is fitted to the sample data. Because only a single datum with a large value of the *X* variable was measured, this point has an inordinate influence on the fitted regression line, and inaccurately suggests a positive relationship between the two variables. Uniform sampling of the range of the *X* variable will prevent this sort of error.

Nitrogen Treatment (one-way layout)				
0.0 mg 0.1 mg 0.5 mg 1.0 mg				
10	10	10	10	

Phosphorous Treatment (one-way layout)					
0.000 mg	0.000 mg 0.050 mg 0.100 mg 0.250 mg				
10	10	10	10		

(Simultaneous N and P treatments in a two-way layout)		Nitrogen Treatment				
		0.0 mg	0.1 mg	0.5 mg	1.0 mg	
	0.000 mg	10	10	10	10	
Phosphorous	0.050 mg	10	10	10	10	
Treatment	0.100 mg	10	10	10	10	
	0.250 mg	10	10	10	10	

Figure 7.4 Treatment combinations in single-factor designs (upper two panels) and in a two-factor design (lower panels). In both designs, the number in each cell indicates the number of independent replicate plots to be established. In the two single-factor designs (one-way layouts), the four treatment levels represent four different nitrogen or phosphorous concentrations (mg/L). The total sample size is 40 plots in each single-factor experiment. In the two-factor design, the $4 \times 4 = 16$ treatments represent different combinations of nitrogen AND phosphorous concentrations that are applied simultaneously to a replicate plot. This fully crossed two-factor ANOVA design with 10 replicates per treatment combination would require a total sample size of 160 plots. The key feature of the two-way layout is that it is fully-crossed or orthogonal: replicates are created for each of the possible combinations of the nitrogen and phosphorous treatments ($4 \times 4 = 16$ possible combinations). See Figures 7.9 and 7.10 for another example of a crossed two-factor design.



ID Number	Treatment	Replicate	Number of barnacle recruits
1	granite	1	12
2	slate	1	10
3	cement	1	3
4	granite	2	14
5	slate	2	10
6	cement	2	8
7	granite	3	11
8	slate	3	11
9	cement	3	7
-		-	-
30	cement	10	8

Figure 7.5 Spatial arrangement of replicates for a one-way layout. This experiment is designed to test for the effect of substrate type on barnacle recruitment in the rocky intertidal (e.g., Caffey 1982). Each circle represents an independent rock substrate. There are 10 randomly placed replicates of each of 3 treatments. The number of barnacle recruits is sampled from a 10 cm square in the center of each rock surface. The data are organized in a spreadsheet in which each row is an independent replicate. The columns indicate the ID number (1-30), the treatment group (cement, slate, or granite), the replicate number (1-10 within each treatment), and the number of barnacle recruits recorded (the response variable). See Table 7.4 for a modification of this design as a repeated-measures analysis.



ID Number	Treatment	Block	Number of barnacle recruits
1	granite	1	12
2	slate	1	10
3	cement	1	3
4	granite	2	14
5	slate	2	10
6	cement	2	8
7	granite	3	11
8	slate	3	11
9	cement	3	7
			-
30	cement	10	8

Figure 7.6 Spatial arrangement of replicates for a randomized block design. This experiment is designed to test for the effect of substrate type on barnacle recruitment in the rocky intertidal (e.g., Caffey 1982). Each circle represents an independent rock substrate. There are 10 replicates of each of 3 treatments, represented by the circles with 3 different shading patterns. The number of barnacle recruits is sampled from a 10 cm square in the center of each rock surface. The dashed squares indicate the blocks, which are physical groupings of one replicate each of the three treatments. Placement of blocks and placement

of treatments within blocks is randomized. Data organization in the spreadsheet is identical to the oneway layout (Figure 7.4), but the replicate column is replaced by a column indicating with which block each observation is associated. The treatments that are grouped together in a block experience a common environment, and are therefore not independent of one another. The randomized block design removes the additive effects of spatial variation among blocks. However, it assumes there are no interactions between blocks and treatments.



High Elevation

Low Elevation

Figure 7.7. Valid and invalid blocking designs. In the left panel, 3 blocks are properly oriented at a single elevation on a mountainside or other environment. Environmental conditions are more similar within than among blocks. In the right panel, the blocks are improperly oriented "against the grain" of the elevational gradient. Conditions are as heterogeneous within as between blocks, and no advantage is gained by blocking. If the sample site does not contain any obvious (or known) environmental gradients, then the blocks should be placed randomly, to account for patchy small-scale variation in conditions. Regardless of whether the blocks are oriented within a known gradient or located randomly, the analysis still follows a randomized block design.



Figure 7.8 Spatial arrangement of replicates for a nested design. This experiment is designed to test for the effect of substrate type on barnacle recruitment in the rocky intertidal (e.g., Caffey 1982). Each circle represents an independent rock substrate. There are 10 replicates of each of 3 treatments, represented by the circles with 3 different shading patterns. The number of barnacle recruits is sampled from a 10 cm square in the center of each rock surface. The layout is identical to that of the one-way layout (Figure

7.5), but now three subsamples are taken for each independent replicate. In the spreadsheet, an additional column is added to indicate the subsample number, and the total number of observations is increased from 30 to 90. A common, and serious error in ANOVA is to treat the subsamples as independent replicates. This artificially boosts the sample size from 30 (the number of true, independent replicates) to 90 (the number of non-independent subsamples) and inflates the chances of a Type I statistical error (incorrectly rejecting a true null hypothesis; see Chapter 4). A proper nested ANOVA accounts for the hierarchical sampling by using the appropriate sum of squares to test for differences among substrates and for differences among replicates within a substrate (see Chapter 10 for details).

Substrate Treatment (one-way layout)				
Granite Slate Cement				
10	10	10		
	\bigotimes	\bigcirc		

Predator Treatment (one-way layout)							
Unmanipulated Control Predator Predator Exclusion Inclusion							
10	10	10	10				

(Simultaneous predator and substrate treatments in a two-way layout)		Substrate Treatment					
		Granite	Slate	Cement			
Predator	Unmanipulated	10	10	10			
Treatment			\bigotimes	\bigcirc			
	Control	10	10	10			
	Predator Exclusion	10					
	Predator Inclusion	10	10	10			

Figure 7.9 Treatment combinations in two single-factor designs (upper two panels) and in a fully crossed two-factor design (lower panel). This experiment is designed to test for the effect of substrate type (granite, slate, or cement) or predation (unmanipulated, control, predator exclusion, predator inclusion) on barnacle recruitment in the rocky intertidal. Each circle represents an independent replicate, and the number of barnacle recruits is sampled from a 10 cm square in the center of each rock surface. The number 10 indicates the total number of replicates in each treatment. The three shading patterns represent the three substrate treatments and the 4 square symbols represent the 4 predation treatments. The two upper panels illustrate the two one-way designs, in which only one of the two factors is systematically varied. There are 3 treatments in the substrate experiment (total n = $3 \times 10 = 30$), and 4 treatments in the predation experiment (total n = $4 \times 10 = 40$). In the two-factor design, the $4 \times 3 = 12$ treatments represent different combinations of substrate treatment that is applied (see Figure 7.10). The key feature of the two-way layout is that it is fully-crossed or orthogonal: replicates are created for each of the possible combinations of the substrate and predation treatments ($3 \times 4 = 12$ possible combinations). See Figure 7.4 for another example of a two-way layout.



Predation Treatment: control Number of barnacle recruits: 10

ID Number	Substrate Treatment	Predation Treatment	Number of barnacle recruits
1	granite	unmanipulated	12
2	slate	unmanipulated	10
3	cement	unmanipulated	8
4	granite	control	14
5	slate	control	10
6	cement	control	8
7	granite	predator exclusion	50
8	slate	predator exclusion	68
9	cement	predator exclusion	39
-	-		
•	-		
120	cement	predator inclusion	2

Figure 7.10. Spatial arrangement of replicates for the two-way design in Figure 7.9. This experiment is designed to test for the effects of substrate type (granite, slate, or cement) and predation (unmanipulated, control, predator exclusion, predator inclusion) on barnacle recruitment in the rocky intertidal. Each circle represents an independent replicate. There are three substrate types (granite, slate, cement) and four predator manipulations (unmanipulated, control, predator exclusion, predator inclusion) for a total of 4×3 = 12 treatment combinations. Treatment symbols are given in Figure 7.9. The spreadsheet contains

columns to indicate which substrate treatment and which predation treatment were applied to each replicate. The entire design includes $4 \times 3 \times 10 = 120$ replicates total, but only 36 replicates (3 per treatment combination) are illustrated. As described in Chapter 10, this design teases apart the additive effects of predation and substrate type, as well as the interaction between them. Interactions can only be tested in multi-factor designs and cannot be measured in simple one-way ANOVAs (*e.g.*, Figure 7.5). Ecologists and environmental scientists are often more interested in the interactions than in the main effects, making two-way designs an especially important experimental design.



Number of individuals of species A

Figure 7.11. Experimental designs for competition experiments. The abundance of species A and B are each set at 0, 1,2, or 4 individuals. Each x indicates a different possible treatment combination. In an additive design, the abundance of one species is held fixed (2 individuals of species A) and the abundance of the competitor is varied in different treatments (0, 1, 2, or 4 individuals of species B). In a substitutive design, the total abundance of both competitors is held constant (at 4 individuals), but the species composition in the different treatments is altered (0/4, 1/3, 2/2, 3/1, and 4/0). In a response surface design, all abundance combinations of the two competitors are established in different treatments (4 x 4 = 16 treatments in this example). The response surface design is preferred, because it follows the principle of a good two-way ANOVA in which the treatment levels are fully orthogonal (all abundance levels of Species A). See Inouye (2001) for more details. Figure modified from Goldberg and Scheiner (1993).



ID Number	Substrate	Predation	Block	Number of
	Treatment	Treatment	Number	barnacle
				recruits
1	granite	unmanipulated	1	12
2	slate	unmanipulated	1	10
3	cement	unmanipulated	1	8
4	granite	control	2	14
5	slate	control	2	10
6	cement	control	2	8
7	granite	predator exclusion	3	50
8	slate	predator exclusion	3	68
9	cement	predator exclusion	3	39
	-			
-	-			-
120	cement	predator inclusion	40	2

Figure 7.12. Spatial arrangement of replicates for a split plot design. This experiment is designed to test for the effects of substrate type (granite, slate, or cement) and predation (unmanipulated, control, predator exclusion, predator inclusion) on barnacle recruitment in the rocky intertidal. Each circle represents a replicate. There are three substrate types (granite, slate, cement) and four predator manipulations (unmanipulated, control, predator exclusion, predator inclusion) for a total of $4 \times 3 = 12$ treatment combinations. Treatment symbols are given in Figure 7.9. The three substrate treatment (subplot factor) are grouped in blocks, and the predation treatment (whole plot factor) is applied to an entire block. The spreadsheet contains columns to indicate the substrate treatment, predation treatment,

and block identity for each replicate. Only three blocks in each predation treatment are illustrated. The split-plot design is similar to a randomized block design (Figure 7.6), but in this case a second treatment factor is applied to the entire block (= plot). The ANOVA for this design should not follow a simple two-way layout because the replicates within a block are not independent of one another. Instead, the split-plot ANOVA uses different error terms to test for the "whole plot" factor (predation) and for the "split plot" factor (substrate type). See Chapter 10 for formulas and details.



		Pre-impact Sampling				Post-impact Sampling			
ID Number	Treatment	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
1	Control	106	108	108	120	122	123	130	190
2	Control	104	88	84	104	106	119	135	120
3	Control	99	97	102	192	150	140	145	150
4	Control	120	122	98	120	137	135	155	165
5	Impact	88	90	92	94	0	7	75	77
6	Impact	100	120	129	82	2	3	66	130
7	Impact	66	70	70	99	45	55	55	109
8	Impact	130	209	220	250	100	90	88	140
20	Impact	100	100	110	112	0	0	10	0

Figure 7.13. Spatial arrangement of replicates for a BACI (Before-After-Control-Impact) design. Each square represents a sample plot on a shoreline that will potentially be affected by hot water discharge from a nuclear power plant. Permanent plots are established within the hot water effluent zone (shaded area), and in adjacent control zones (unshaded areas). All plots are sampled weekly for four weeks before the plant begins discharging hot water and for four weeks afterwards. Each row of the spreadsheet represents a different replicate. Two columns indicate the replicate ID number and the treatment (control or impact). The remaining eight columns give the invertebrate abundance data collected at each of the 8 sampling dates (four sample dates pre-discharge, and four sample dates post-discharge). BACI designs are very important in environmental assessment, but they present some serious challenges for analysis. To begin with, there may be no "replication" in the traditional sense: there is only a single power plant whose impact is being assessed. Second, the design illustrated here requires that the investigator know ahead of time the spatial extent of the impact so that control and treatment replicates can be properly placed. Finally, BACI designs usually include samples taken through time that are autocorrelated (see discussion in Chapter 6). For all of these reasons, the analysis and interpretation of BACI designs is an

area of active research and debate (e.g., Underwood 1994, Stewart-Oaten and Bence 2001, Murtaugh 2002).

		Nitrogen Treatment		
		0.0 mg	0.5 mg	
Phosphorous Treatment	0.0 mg	12	12	
	0.050 mg	12	12	

		Nitrogen Treatment						
		0.0 mg	0.05 mg	0.1 mg	0.2 mg	0.4 mg	0.8 mg	1.0 mg
	0.0 mg	1	1	1	1	1	1	1
Phosphorous Treatment	0.01 mg	1	1	1	1	1	1	1
	0.05 mg	1	1	1	1	1	1	1
	0.1 mg	1	1	1	1	1	1	1
	0.2 mg	1	1	1	1	1	1	1
	0.4 mg	1	1	1	1	1	1	1
	0.5 mg	1	1	1	1	1	1	1

Figure 7.14. Contrasting treatment combinations for a two-way ANOVA (upper panel) and an experimental regression design (lower panel) designed to test the additive and interactive effects of nitrogen (N) and phosphorous (P) on plant growth or some other response variable. Each cell in the table indicates the number of replicate plots used. If the maximum number of replicates is 50, and a minimum of 10 replicates per treatment in required, only 2 treatment levels each for N and P are possible in the two-way ANOVA. (If only 5 replicates per treatment are used, a third treatment level could be added). In contrast, the experimental regression allows for 7 treatment levels each of N and P. Each of the $7 \times 7 =$ 49 plots in the design would receive a unique combination of N and P concentrations. In the two-way ANOVA design, phosphorous and nitrogen are treated as categorical variables, and the analysis tests for effects of different N and P levels on the average response. In the regression design, N and P are treated as continuous variables, and the analysis tests for the significance of regression slope terms. Both designs allow for a test of additive and interactive effects of N and P. Although the ANOVA design is the most popular and traditional approach, it shoehorns a naturally continuous variable (N or P concentration) into a categorical variable with an arbitrary number of levels and measured concentrations and is inevitably constrained by limited replication. In contrast, the regression design allows for more efficient replication across a greater number of levels of N and P, and the regression model coefficients may be more useful in modeling exercises than average treatment response levels that are generated by an ANOVA design. We encourage you to consider using an experimental regression design whenever the predictor variable is naturally measured on a continuous scale. See Figure 7.11 for another potential application of a regression design (Inouye 2001).