New this Year: Poster Creation Workshop, Friday Morning November 11, 2011

The 3rd Annual Nursing Research & Evidence-Based Practice Symposium begins on 11-11-11. Hosted by Fletcher Allen Health Care, the Symposium will showcase and highlight new and innovative initiatives through both oral and poster presentations.

The Symposium provides a forum for nurses (clinicians, students, educators, administrators, and researchers) - regardless of experience in conducting nursing research - to learn more about the evolving realm of nursing knowledge.

The Symposium will showcase and highlight projects covering: Nursing Research, Evidence-Based Practice, and Quality Improvement. Join us!

Fletcher Allen Health Care is an approved provider of continuing nursing education by the Vermont State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Watch for further updates at www.uvm.edu/~kappatau
On behalf of the Planning Committee, it is my pleasure to invite you to our 3rd Annual Nursing Research and Evidence Based Practice Symposium.

**Power of TEAM Inquiry: Together Everyone Achieves More**

Nurses, working in teams, have many opportunities to generate new knowledge. The annual Symposium is a forum to showcase, in a larger regional venue, a sampling of the incredible work nurses are engaged in that contributes to enhancements in healthcare. One of our goals for the Symposium, since its inception, has been to nurture the writing and presentation skills of nurse colleagues. We have seen evidence of our success based on the number and caliber of abstracts submitted this year. Whether you practice at the bedside, in a patient’s home, in a clinic, as an educator, or nurse leader, the Symposium offers opportunities to network and learn about novel practice approaches that will inspire you.

Inspired by Florence Nightingale, the Symposium’s Planning Committee continues to appreciate and set the platform to build nursing knowledge generated by a variety of methods. The Symposium highlights: Quality Improvement, Evidence-based Practice projects, and Nursing Research as methodologies for nurses to advance clinical practice. Conceptually, we frame these methods as a) Quality improvement projects: data driven systematic approaches to improving care locally, b) Evidence-based practice projects: problem solving approaches that integrate the best available evidence within a health care organization, and c) Research: the systematic investigation designed to contribute to generalizable knowledge.

This year’s Honor the Nurse presentation takes on a special focus as we honor nurse colleagues, who have distinguished their careers by engaging in military service. (for details, see page 3) I would like to thank the Planning Committee, for their time and efforts in creating this extraordinary, annual event. I would also like to thank our dedicated professional conference planner, Julie Basol, who keeps us on task and brings her expertise and wisdom to our team. I invite you to join us on an adventure in learning at this year’s Symposium.

**Keynote: Karen Gabel Speroni, PhD, RN**

**QUERY: Quality Improvement, Evidence-Based Practice, Research & You**

As our keynote presenter, Karen Speroni, PhD, RN will frame her remarks in the context of QuERY: Quality Improvement, Evidence Based Practice, Research and You. She will discuss how to differentiate between quality improvement (QI), evidence-based practice (EBP) and research as well as discuss key concepts associated with each approach.

Dr. Speroni has 25 years experience in biomedical research, including work with academic medical centers, pharmacoeconomic consulting, contract research organizations, Institutional Review Boards, and evidence based practice research in U.S. hospitals. Currently she is responsible for developing and sustaining research programs for Magnet recognition by the American Nurses Credentialing Center. She has authored numerous biomedical research manuscripts and abstracts and serves as a scientist on three Ethics Committees.

Dr. Speroni will join us for both days of the Symposium, first with a keynote address at 4:00pm on Friday, a general assembly at 11:15am on Saturday, as well as a capstone address at day’s end.

**Poster Creation Workshop**

Friday Morning 10:00-11:15am  
FREE

Projects are easy; posters are hard. If this is your thought on getting your research or implementation project in presentable form, then this session is for you! Guiding you in an interactive forum, Dr. Annie Moore-Cox, Strategic Accounts Director with NEC Corporation of America will help you create a poster that’s ready to present!
Friday Poster Presentations & Reception

5:00-6:30 PM  McClure Lobby Conference Room, Fletcher Allen

Join us Friday evening for a reception that will feature a number of poster presentations that highlight a wide variety of nursing research, evidence-based practice, and quality improvement projects. The Friday evening reception is free and open to colleagues who are not able to attend the Symposium as well. At the reception, an on-going slide presentation will honor those nurses who have served in the military. (see below) Throughout the evening, as well as Saturday, attendees will have opportunity to reflect and honor military nurses’ contributions.

Friendly competition will keep the Poster Presentations lively throughout the Symposium. Beginning Friday evening, participants will have opportunity to vote for the best posters. At day’s end on Saturday, top posters will be announced. Posters will be on display through lunch on Saturday.

Honor a Nurse

What has become a popular tradition, This year’s Honor the Nurse presentation takes on a special focus as we honor nurse colleagues, who have distinguished their careers by engaging in military service. This year’s Honor the Nurse presentation will honor nurses who have shaped their careers while serving in the military. On Friday evening, the slide presentation will honor those military nurses who have inspired or lead. Please consider submitting a picture and short write up about a nurse you would like to honor.

Pictures submitted in electronic (jpg) format are preferred, along with a short statement (75 words or less) sent to Julie Basol (JNB@gmavt.net). See registration form for details.

Planning Committee

- ANN LARAMEE, APRN-BC  PROGRAM CHAIR
  Clinical Nurse Specialist, Palliative Care, Cardiology, Nursing
  Fletcher Allen Health Care
  President
  Kappa Tau Chapter of Sigma Theta Tau International

- MARCIA BOSEK, DNSC, RN
  Associate Professor, Department of Nursing
  College of Nursing & Health Sciences
  University of Vermont

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  Director, Magnet Program
  Southwestern Vermont Medical Center

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  SUNY Plattsburgh
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  Gamma Delta Chapter of Sigma Theta Tau International

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  Vice President for Clinical Services
  Visiting Nurse Association of Chittenden and Grand Isle Counties

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  Fletcher Allen Health Care

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  Division of Maternal & Child Health
  Vermont Department of Health

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  NEC Corporation of America

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  Fletcher Allen Health Care

- HOLLIE G. SHANER-MCRAE, DNP, RN, FAAN
  Coordinator of Professional Nursing Practice
  Fletcher Allen Health Care

Sponsors:
- Fletcher Allen Health Care
  - Nursing Education & Research
  - James M. Jeffords Institute for Quality & Operational Effectiveness
- Sigma Theta Tau International Nursing Honor Society
  - Kappa Tau Chapter
  - Gamma Delta Chapter
- Southwestern Vermont Medical Center
- University of Vermont Department of Nursing
- Vermont State Nurses’ Foundation
- Visiting Nurse Association Chittenden and Grand Isle Counties
### Symposium at a Glance

#### Friday, November 11
- 9:00-on-going: Registration; Poster Set-up
- 10:00-11:15am: Pre-Symposium Workshop
- 11:15-11:45am: Lunch (on your own)
- 11:45-Noon: Welcome
- 12:00-2:00pm: Oral Presentations: A, B, C, D
- 2:00-2:30pm: Afternoon Break, Poster Set-up
- 2:30-4:00pm: Oral Presentations: D, E, F
- 4:00-5:00pm: Keynote Address: Karen Gabel Speroni, PhD, RN
- 5:00-6:30pm: Reception, Poster Presentations, Exhibits

#### Saturday, November 12
- 7:30-8:45am: Registration, Continental Breakfast
- 8:45-9:00am: Welcome
- 9:00-11:00am: Oral Presentations: G, H, I, J
- 11:00-11:15am: Morning Break
- 11:15-12:15pm: General Assembly: Karen Gabel Speroni, PhD, RN
- 12:15-1:15pm: Posters / Lunch (provided)
- 1:15-3:15pm: Oral Presentations: K, L, M, N
- 3:15-3:30pm: Capstone Address: Karen Gabel Speroni, PhD, RN

### Logistics, Continuing Education, & Lodging

#### Symposium Site:
- The 3rd Annual Nursing Research & Evidence-Based Practice Symposium will be held **Friday – Saturday, November 11-12** at Fletcher Allen Health Care in Davis Auditorium.

#### Directions to the Symposium:
- From Interstate 89, take Exit 14W. Just past the Sheraton Hotel, take a right onto East Avenue. At the first traffic light, turn left, then take your first right. The parking garage is just up the street on the right hand side. Attendees will receive free parking vouchers at the Symposium.

#### Lodging:
- Attendees needing overnight accommodations the night of **Friday, November 11** may contact the Doubletree Hotel Burlington at: **1-802-658-0250**. Conveniently located on Williston Road near Fletcher Allen, the Hotel offers a reduced overnight rate of **$105** to Symposium attendees. In order to receive the reduced rate, you must call to reserve your overnight room by **Friday, October 28**. Indicate that you are requesting the Fletcher Allen rate.

### Registration:
- The Symposium registration fee includes admission to all sessions and materials. The fee also includes food venues as follows: Friday afternoon break, and evening reception, Saturday continental breakfast, mid-morning break, and lunch.
- Single day registrations are available; see registration form for specifics.
- Registrations received prior to November 1 will receive an e-mail registration confirmation.

### Payment:
- Please return the completed registration form with your check made payable to **Kappa Tau** by **Friday, October 28**. Mail your payment and form to:
  - **Nursing Research Symposium**
  - **741 Hand Road**
  - **North Ferrisburgh, VT 05473**

For questions or more information contact:
- Julie Basol, Symposium Coordinator
- Phone: 802.425.3936 x 2  **JNB@gmavt.net**
Friday, November 11

9:00am-on-going Registration; Poster Setup

10:00-11:15am Pre-Symposium Workshop:
PROJECTS ARE EASY; POSTERS ARE HARD
Annie Cox-Moore, PhD, RN
Strategic Accounts Director
NEC Corporation of America

11:15-11:45am Lunch (on your own)

11:45-Noon Welcome, Opening Remarks
Rosemary L. Dale, EdD, APRN
Clinical Professor
Chair, Department of Nursing
University of Vermont
Julie Morse, BSN, RN
Vice President of Nursing
Fletcher Allen Health Care

Noon-12:30pm Part A: THE VERMONT MULTIDRUG-RESISTANT ORGANISM (MDRO) PREVENTION COLLABORATIVE
Sally Hess, CIC, MPH
Infection Prevention Manager
Jeffords Institute for Quality, Fletcher Allen Health Care
Patsy Tassler Kelso, PhD
State Epidemiologist
Vermont Department of Health
Carol Wood-Koob, RN, CIC
HAI Coordinator
Vermont Department of Health

12:30-1:00pm Part B: TAKING AIM AT MORTALITY SCORES: CLINICAL DOCUMENTATION IMPROVEMENT NURSES EFFECTING A POSITIVE CHANGE
Suzanne M. Schultz, RN, BSN, CCM
Clinical Documentation Improvement
Fletcher Allen Health Care
Claudia Baker, RN, CPHQ, CCDS
Certified Clinical Documentation Specialist
Fletcher Allen Health Care

1:00-1:30pm Part C: THE MORAL CASCADE MODEL: THE INTERSECTION BETWEEN LEADERS’ MORAL DECISION MAKING AND ORGANIZATIONAL VIRTUOUSNESS
Judith A. Cohen, PhD, RN
Professor, Department of Nursing
University of Vermont
Betty A. Rambur, PhD, RN
Professor, Department of Nursing
University of Vermont

1:30-2:00pm Part D: USE OF A TIMED OBSERVATION TOOL TO STUDY INTERRUPTIONS DURING NURSES’ MEDICATION ADMINISTRATION
Amy McLaughlin, RN, BSN
Registered Nurse, Staff Nurse; Progressive Care Unit
Rutland Regional Medical Center
Heather Cable, RN
Registered Nurse, Progressive Care Unit
Rutland Regional Medical Center

2:00-2:30pm Afternoon Break, Poster Set-up

2:30-3:00pm Part E: USING SIMULATION TO FOCUS ON PATIENT SAFETY DURING ORIENTATION
Beverly Partington, MSN, RN-BC
Nurse Educator
Fletcher Allen Health Care
Shelley Barton, BSN, RN-BC
Geriatric Nurse Clinician
Fletcher Allen Health Care

3:00-3:30pm Part F: QUALITY IMPROVEMENT PROJECT: IMPROVING THE PATIENT EXPERIENCE
Karen McKenny, RN
Nurse Educator, Invasive/Non-Invasive Cardiology
Fletcher Allen Health Care
Kristin Pelkey, LNA
Cardiology Technician
Fletcher Allen Health Care
Julie Eastman, RN
Arrhythmia Service Specialist
Fletcher Allen Health Care

3:30-4:00pm Part G: IMPROVING NURSING HANDOFF DURING CHANGE OF SHIFT
Donna L. B. Zarro, RN
Staff Nurse II
Fletcher Allen Health Care
Arvis Connolly, RN
Nurse Manager
Fletcher Allen Health Care
Melanie Cardinal, RN
Staff Nurse III
Fletcher Allen Health Care
Linda A. Gruppi, RN, MSN
Quality Consultant
Fletcher Allen Health Care

4:00-5:00pm Keynote Address:
QUERY: QUALITY IMPROVEMENT, EVIDENCE-BASED PRACTICE & YOU, part I
Karen Gabel Speroni, PhD, RN

5:00-6:30pm Reception & Poster Presentations
(free to all)

Saturday, November 12

7:30-8:45am Registration, Continental Breakfast
Poster Presentations, Exhibits

8:45-9:00am Welcome, Opening Remarks
Julie Morse, BSN, RN
Rosemary L. Dale, EdD, APRN

9:00-9:30am Part H: NURSING “BEST PRACTICES” FOR HOSPITALIZED PATIENTS AT RISK FOR SUICIDE: ADOLESCENT PERCEPTIONS OF HELPFUL CARE
Catherine Pugnaire Gros, N. MSc(A)
Assistant Professor & Clinical Nurse Specialist
McGill University School of Nursing
& Douglas University Mental Health Institute
Saturday, November 12, cont.

9:30-10:00am

I: ADDRESSING SURVIVORSHIP
ISSUES FOR WOMEN WITH BREAST CANCER:
AN EMPHASIS ON SEXUALITY
Elli Collins, RN, MS, OCN, CBCN
Oncology Clinical Nurse Specialist
CVPH Medical Center
Kathryn P. Bracero, RN, OCN
Supervisor, Oncology Services
CVPH Medical Center
Stacey LaFave, MS
Oncology Social Worker
CVPH Medical Center

10:00-10:30am

I: STEPPING STONES TO WELLNESS:
UNIT BASED HEALTH PROMOTION
FOR NURSES
Mary Val Palumbo, DNP, APRN, GNP-BC
Associate Professor
University of Vermont
Barbara Conner Liberty, RN
Coordinator, RN Lead
Fletcher Allen Health Care
Evelyn Sikorski, CSW, CEAP
Manager, Employee and Family Assistance
and Wellness Program
Fletcher Allen Health Care

10:30-11:00am

K: NIC/Q QUALITY IMPROVEMENT PROJECT:
ORAL CARE PROTOCOL FOR INTUBATED
INFANTS IN THE NEONATAL INTENSIVE
CARE UNIT (NICU)
Dianne Smith, RN, BSN, CPN
NICU Nurse Educator
Fletcher Allen Health Care
Patricia Cordner, RN, AD, CLC
Staff Nurse III, NICU
Fletcher Allen Health Care

11:00-11:15am
Morning Break

11:15-12:15pm
General Assembly:
QuERY: QUALITY IMPROVEMENT,
EVIDENCE-BASED PRACTICE & YOU, part II
Karen Gabel Speroni, PhD, RN

12:15-1:15pm
Posters, Lunch (provided)

1:15-1:45pm

L: AN ASSESSMENT OF THE PSYCHOSOCIAL
NEEDS OF RURAL CANCER PATIENTS LIVING
IN THE ADIRONDACK REGION OF NORTHERN
NEW YORK
Alison Riley-Clark, MSN, RN
New Vision Instructor, FEH BOCES
Community Health Adjunct; SUNY Plattsburgh
FEH BOCES; SUNY Plattsburgh
Barbara B. Pieper, PhD, RN
Associate Professor of Nursing
The Sage Colleges

1:45-2:15pm

M: STRATEGIES TO REDUCE
& ELIMINATE HORIZONTAL & LATERAL
VIOLENCE AT THE UNIT LEVEL
Lauren Tronsgard-Scott, BSN, RN
Nurse Manager, Inpatient Psychiatry
Fletcher Allen Health Care
Linda Knight, APRN
Clinical Nurse Specialist
Fletcher Allen Health Care
Elaine Koenig, BSN, RN
Nurse Educator
Fletcher Allen Health Care

2:15-2:45pm

M: PLAN YOUR ROADTRIP:
AN ALGORITHM FOR SAFETY
Rebecca Shuts, RN, BSN, WCC, PCCN
Clinical Practice Coordinator, Progressive Care Unit
Champlain Valley Physician’s Hospital
Kathleen M. Carey, RN, CNS-BC, CCRN
CNS-BC Critical Care
Champlain Valley Physician’s Hospital
Kevin Hamel, RN
Clinical Coordinator, Progressive Care Unit
Champlain Valley Physician’s Hospital

2:45-3:15pm

O: FACILITATING PRIMARY CARE
PRACTICE TRANSFORMATION
Sandra M. Robinson, MS, RN
Blueprint Practice Facilitator
Blueprint for Health; Northwestern Medical Center
Nancy H. Abernathy, MSW, LICSW
Blueprint Practice Facilitator
Blueprint for Health
Laura D. Carleu, RN, MS, MPH
Blueprint Practice Facilitator
Blueprint for Health
Theresa Fortner, RN
Blueprint Practice Facilitator
Blueprint for Health
Elise McKenna, RN, MPH, MEd
Blueprint Practice Facilitator
HPDP Consulting
Miriam Sheehey, RN
Blueprint Practice Facilitator
Vermont Child Health Improvement Program; University of Vermont

3:15-3:30pm
Capstone Address:
Karen Gabel Speroni, PhD, RN

3:30-4:00pm
Evaluations

4:00pm
Adjourn
**Registration Form**

**REGISTRATION, PAYMENT:** Return your completed registration form with a check made payable to: **Kappa Tau**

**Mail your registration and payment to:**

**Research Symposium**  
741 Hand Road  
No. Ferrisburgh, VT 05473

For more information: Julie Basol, Symposium Coordinator  
JNB Marketing, LLC  
Ph: 802.425.3936 x 4 | Fax: 802.425.5507  
**JNB@gmavt.net**  
**www.uvm.edu/~kappatau**

Date of Registration: __________________________

Last Name: ____________________________  
First Name: ______________________  
Credentials: ______________________

Position Title: _______________________________________________________________________________________________

Organization: _______________________________________________________________________________________________

Address: __________________________________________________________________________________________________

City: ____________________________  
State: _________  
Zip: ______________

Telephone: ____________________________________________________________________

Email: _______________________________________________________________________

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**Nurse to be honored (see page 4)**

Name of honoree, credentials: ____________________________________

- Picture/statement (up to 75 words) enclosed with registration.
- Picture/statement (up to 75 words) sent electronically to **JNB@gmavt.net** on ____________ (date).

For assistance with submitting a photo/statement, contact Julie Basol 802.425.3936 x 2

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**REGISTRATION, PAYMENT:**

**If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.**

Registration Payment:

$: _______________________

Check #: __________________________

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<table>
<thead>
<tr>
<th>Registration Fee</th>
<th>Early Bird prior to 10/28</th>
<th>Registration Fee after 10/28</th>
<th>Full Time Student Rate*</th>
</tr>
</thead>
</table>
| Poster Creation Workshop  
Friday morning, free | $100 | $125 | $55 |
| Symposium Registration  
2-day | $60 | $65 | $35 |
| Symposium Registration  
Friday only | $60 | $65 | $35 |
| Symposium Registration  
Saturday only | $60 | $65 | $35 |

* Full time undergraduate student or graduate student currently enrolled with 6+ credits

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