ANNUAL
8th
Nursing Research & Evidence-Based Practice Symposium

Innovations in a Patient-Centered Environment

Nursing Research Quality Improvement Evidence-Based Practice

Keynote Speaker:
Gary L. Sculli, MSN, ATP
Director, Clinical Training Programs
Veterans Health Administration, National Center for Patient Safety
Ann Arbor, Michigan

Oral & Poster Presentations
~
Tutorial Workshops

November 10-11, 2016
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Hampton Inn
•
Colchester, Vermont
Message from the Symposium Chair...

On behalf of this year’s Symposium Planning Committee, it is my pleasure to invite you to the 8th Annual Nursing Research and Evidence Based Practice Symposium. Our theme this year is Innovations in a Patient-Centered Environment. Nurses during every interaction with a patient and family must decide on using the best evidence available to provide quality and safe care. With 2016 being the year of patient safety, our timing to have Gary L. Sculli, MSN, ATP as our keynote could not be more perfect. Sculli serves as the Director of Clinical Training Programs at the Veterans Health Administration, National Center for Patient Safety in Ann Arbor, Michigan. He is a renowned authority and leader in innovative strategies for patient safety.

In its 8th year, the Annual Symposium continues to showcase a sampling of the meaningful work that nurses in our region are investigating to improve healthcare outcomes. Whether you practice at the bedside, in a patient’s home, in a clinic, or as an educator or nurse leader, the Symposium offers opportunities to network and learn about novel practice approaches.

We hope that you will participate in the annual Honor the Nurse presentation by paying tribute to a nurse who, over the course of your career, epitomizes a nurse leader. This musical dedication occurs at the Thursday evening’s ever-popular free reception, where posters are presented, networking opportunities abound, and SUNY Plattsburgh and University of Vermont nursing students intermingle with novice and veteran nurses.

Special thanks to the Planning Committee, for their time and efforts in creating this extraordinary annual event. We would also like to thank our devoted professional and institutional organization sponsors, without their support this experience could not happen. Lastly, we so appreciate our dedicated professional conference planner, Julie Basol, who keeps us on task and brings her expertise and wisdom to our team. Please join us on an adventure in learning at this year’s Symposium.

Ann Laramee, MS, ANP-BC, ACNS-BC, CHFN, ACHPN
Program Chair;
Nurse Practitioner, Palliative Care and Cardiology
University of Vermont Medical Center
Ann.Laramee@uvmhealth.org

Thursday, Nov. 10
2:00-3:00pm Registration, Poster Set Up
3:00-4:00pm Tutorial A
4:00-4:15pm Poster Set Up, Afternoon Break
4:15-5:15pm Tutorial B & C, Concurrent
5:15-6:45pm Welcome, Opening Remarks, Reception, Poster Presentations

Friday, Nov. 11
7:30-8:15am Registration; Posters; Continental Breakfast
8:15-8:30am Welcome, Introductions
8:30-10:00am Keynote Gary L. Sculli, MSN, ATP
10:00-10:30am Morning Break; Posters
10:30-Noon Oral Presentations: 1, 2, 3
Noon-1:15pm Lunch; Posters
1:15-2:45pm Oral Presentations: 4, 5, 6
2:45-3:00pm Afternoon Break
3:00-4:00pm Oral Presentations: 7, 8

Thursday Evening’s Poster Reception is free and open to the public.
Each year, the Symposium features an HONOR the NURSE presentation. The “Honor the Nurse” theme for 2016 is Nurse Leaders.

Members of the Planning Committee invite you to share with us, the colleague or peer who (to you) epitomizes the essence of leadership within the nursing profession. Begin your submission as such: (Name) is a nurse leader to me because ___________________.

Along with completing the sentence, please submit a digital photo (send in JPEG file format) of the honoree, along with their name, place of employment, and department name.

Email your HONOR the NURSE submission by Thursday, October 27 to: 
- Tara Ebere - tebere@cvph.org or Carly Haag - chaag@cvph.org

The Honor the Nurse presentation will take place during Thursday evening’s Poster Reception and will also be posted on the Kappa Tau web site after the Symposium.

For more information, contact Julie Basol, Symposium Director: (802) 598-7424.

Gary L. Sculli brings a unique and diverse perspective to patient safety. He is a registered nurse with a Master’s Degree in Nursing Administration and has worked in multiple clinical specialties. In addition to serving as an officer in the United States Air Force Nurse Corps, Sculli is also a former airline pilot for a major U.S. airline. He has developed and taught Crew Resource Management (CRM) programs both in aviation and healthcare and continues to work as a Patient Safety Consultant. Sculli currently works at the National Center for Patient Safety in Ann Arbor Michigan serving as the Director of Clinical Training Programs and Patient Safety Program Manager. Gary is the author of two books: Soaring to Success – Taking Crew Resource Management from the Cockpit to the Nursing Unit published by HCPro in 2011, and Building a High Reliability Organization: A Toolkit for Success published by HCPro in 2015.

As an industry, health care has traditionally been characterized by a quick-fix mentality when adverse events and patient harm occurs. Often leaders will want to know “who” made an error, or focus on the fact that policies and rules were not followed. As nurse leaders, zeroing in on unsafe acts, and exacting discipline on those involved, is an approach that alleviates immediate pressures to respond, but does little to remedy the dangerous cause and effect relationships lurking within the organization. When staff believe that they will be disciplined for errors and rule violations that occurred either inadvertently or with good intent, they will stop communicating with leaders and safety personnel altogether. Unsafe conditions, broken processes, minor errors, and close calls that signal the evolution of bigger problems are concealed, and sensitivity to the true state of risk in the operational environment is muted. The most valuable resource is an engaged front-line staff that openly communicates risks and reports errors, even their own, to improve the system. The methodology to achieve this desired state can be found in an organization-wide implementation of a Just Culture – a key element of a safety culture in high reliability industries.

The keynote address explores a departure from traditional thinking as the elements of a Just Culture program developed for a national healthcare system are presented. First non-negotiable paradigms that must be internalized prior to undertaking any Just Culture initiative are discussed. Of note is a discussion about “drift”; its prevalence, what it means for an organization and how to approach it. Criterion on which to base disciplinary decisions are debated as well as a classification of recognized behaviors as an organization evolves toward a Just Culture. The theoretical then moves to the practical as a Just Culture Decision Support tool is introduced and applied with case study analysis and debriefing. Also imbedded within the talk is a discussion highlighting a standardized communication algorithm for use by clinical staff in formulating assertive statements and resolving decision making conflicts in real time.
Thursday Afternoon Tutorials

A Clinical Documentation Integrity: The Transformative Power of Words
Hollie Shaner-McRae, DNP, RN
Supervisor, Clinical Documentation Integrity
University of Vermont Medical Center
3:00-4:00PM
Have you ever wondered what goes on behind the scenes that somehow transforms notes in a patient’s medical record to publicly reported data reflecting clinical outcomes? Have you ever wondered how it is that researchers are able to select a group of patients with a common diagnosis for study? If so, this session is for you. Still not sure if this session is for you? At the very least, you will learn some new things that are part of the backbone of health care delivery systems including: PDX, SDX, PPX, DRGs, CCs, MCCs, LOS, ROM, SOI, CMI, O/E mortality, CMS relative weight, ICD-10, Coding rules, 3M encoder, and more!

Concurrents 4:15 - 5:15pm

Going Gray: How to Find Gray Literature
Gary S. Atwood MA, MSLIS
Health Sciences Education Librarian
University of Vermont Dana Medical Library
Never heard of gray literature? All the more reason to attend Going Gray: How to Find Gray Literature! In this tutorial, you will learn how to critically evaluate Gray (or Grey) literature as well as how and why you may want to use this valuable tool for your own research.

Developing Successful Abstracts
Alice Stokes, MSLIS
Librarian Assistant Professor
University of Vermont Dana Medical Library
Writing an abstract can seem daunting. This key step in disseminating your findings sometimes trips up even experienced researchers. Learn how to increase the chances your abstract will be accepted for presentation at a professional conference and write future abstracts with confidence. We will discuss key components, the review process, and tips for success. Participants will have the opportunity to critique some sample abstracts and practice these skills in a low-pressure setting.

Thursday Evening’s Poster Reception begins immediately after the tutorial sessions. The reception is FREE and open to the public.
Symposium Agenda

THURSDAY, NOVEMBER 10

2:00-3:00pm  Registration, Poster Set Up
3:00-4:00pm  
  **Tutorial T-1**
  Clinical Documentation Integrity:
The Transformative Power of Words
  Hollie Shaner-McRae DNP, RN
  Supervisor, Clinical Documentation Integrity
  University of Vermont Medical Center
  Burlington, Vermont

4:00-4:15pm  Afternoon Break, Poster Set up
4:15-5:15pm  
  **CONCURRENT SESSION TUTORIALS**
  T-2 Going Gray: How to Find Gray Literature
  Gary S. Atwood MA, MSLIS
  Health Sciences Education Librarian
  University of Vermont Dana Medical Library
  Burlington, Vermont
  
  T-3 Developing Successful Abstracts
  Alice Stokes, MLIS
  Library Assistant Professor
  University of Vermont Dana Medical Library

5:15-6:45pm  Reception, Poster Presentations,
  Honor the Nurse, Welcome Remarks:
  Ann Laramee, MS, ANP-BC, ACNS-BC, CHFN
  Chair, 8th Annual Symposium

FRIDAY, NOVEMBER 11

7:30-8:15am  REGISTRATION; CONTINENTAL BREAKFAST; POSTERS
8:15-8:30am  WELCOMING REMARKS
8:30-10:00am  
  **Keynote: Calling all Leaders: Accepting Just Culture Paradigms: A Key Step Towards High Reliability**
  Gary L. Sculli, MSN, ATP
  Director, Clinical Training Programs
  Veterans Health Administration,
  National Center for Patient Safety
  Ann Arbor, Michigan

10:00-10:30am  POSTERS, MORNING BREAK
10:30-11:00am  
  **1 Pilot HIV Prevention Study for Adolescent Young Women**
  Ellen Long-Middleton, PhD, APRN, FNP
  Assistant Professor, Department of Nursing
  University of Vermont
  Burlington, Vermont

11:00-11:30am  
  **2 Does a Structured Education Program Reduce 30-Day Heart Failure Readmissions?**
  Robert Hamble, BSN, RN
  Heart Failure Nurse Clinician
  University of Vermont Medical Center
  Burlington, Vermont

11:30-Noon  
  **3 Associations between Fructose Ingestion, Neural Reward, and Cognitive Control in Obese Youth**
  Jennifer Laurent, PhD, FNP
  Assistant Professor, Department of Nursing
  University of Vermont
  Burlington, VT

Noon-1:15pm  LUNCH; POSTERS
1:15-1:45pm  
  **4 The Lived Experience of Placing a Child into Long Term Care**
  Eileen Costello, DNP, RN, CNE
  Dean, School of Health Professions,
  Public Service Programs and Social Sciences
  Mount Wachusett Community College
  Worcester, MA

1:45-2:15pm  
  **5 Using Evidence to Develop a Local, Risk-Based Approach to Isolation of Patients with Methicillin-Resistant Staphylococcus Aureus**
  Monica Raymond, RN, MPH, MS
  Infection Preventionist
  University of Vermont Medical Center
  Burlington, Vermont

2:15-2:45pm  
  **6 Differences in Heart Failure Symptom Cluster Profiles by Age & Gender**
  Kristen Sethares, PhD, RN, CNE
  Professor of Nursing
  University of Massachusetts Dartmouth
  Marion, MA

2:45-3:00pm  AFTERNOON BREAK
3:00-3:30pm  
  **7 Minimizing Antibiotic Exposure in Infants at Risk for Early Onset Sepsis**
  Rachel Sooter, RN
  Ambulatory Triage Nurse
  University of Vermont Medical Center
  Burlington, VT

3:30-4:00pm  
  **8 “We Will Never Be Normal”: The Lived Experiences of Discovering a Partner has Autism Spectrum Disorder**
  Laura Lewis, PhD, RN
  Assistant Professor, Department of Nursing
  University of Vermont
  Burlington, Vermont

Thursday Evening’s Poster Reception is FREE and open to the public.

The presenters and planners have reported no conflicts of interests, including financial relationships, for the 8th Annual Nursing Research & Evidence-Based Practice Symposium.
Program Planning Committee

- Ann Laramee, MS, ANP-BC, ACNS-BC, CHFN
  Program Chair;
  Nurse Practitioner, Palliative Care and Cardiology
  University of Vermont Medical Center

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  College of Nursing & Health Sciences
  University of Vermont

- Tara Eber, BSN, RN
  Director, Magnet Program
  The University of Vermont Health Network-CVPH

- Carlyn Haag, BSN, RN, CCRN-K
  Clinical Education Manager, Critical Care
  The University of Vermont Health Network-CVPH

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  Nurse Educator, Central Programs
  University of Vermont Medical Center

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- Julia Petras, BSN, RN
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- Hope Reilly, RN
  Staff Nurse III, Mother/Baby Unit
  University of Vermont Medical Center

- Christine Rovinski-Wagner, MSN, ARNP
  Coordinator, Performance Improvement & Accreditation
  VA Medical Center, White River Junction

- Jessica Sherman, DNP, MSN, RN-BC
  Clinical Assistant Professor, Department of Nursing
  University of Vermont

Spontors ~ special thanks for your support!

- University of Vermont Medical Center
  - Nursing Education & Research
  - James M. Jeffords Institute for Quality & Operational Effectiveness

- Sigma Theta Tau International Nursing Honor Society
  - Kappa Tau Chapter
  - Gamma Delta Chapter

- Castleton University Nursing Department

- Champlain Valley Physicians Hospital

- Norwich University

- Rutland Regional Medical Center

- Southwestern Vermont Medical Center

- SUNY Plattsburgh Department of Nursing

- University of Vermont Department of Nursing

- Vermont Department of Health, Maternal & Child Health

- Vermont Organization of Nurse Leaders (VONL)

- Vermont State Nurses’ Foundation

- American Nurses Association - Vermont

- White River Junction VA Medical Center, Veterans Education & Research Association of Northern New England
HAMPTON INN
42 Lower Mountain View Drive
Colchester, Vermont, 05446

CONFERENCE SITE:
The 8th Annual Nursing Research & Evidence-Based Practice Symposium will be held at the Hampton Inn in Colchester, Vermont.

DIRECTIONS TO THE SYMPOSIUM:
From I-89N: Exit 16 turn right on Rt 7; turn right at the stop light on Lower Mountain View Drive. From I-89S Exit 16 turn left on Rt 7; turn right on to Mountain View Drive. The hotel is on the right. For further directions, you may visit www.randmcnally.com or the Hampton Inn site.

LODGING:
Participants requiring overnight accommodations the night of Thursday, November 10 may contact the Hampton Inn at: 802 655-6177. The Hampton offers a reduced overnight rate of $99, based on a very limited availability to Symposium attendees. When calling the Inn, you must mention that you are with the Research Symposium in order to get the reduced rate.

For additional lodging options, please contact Julie Basol, Symposium Director (see below).

REGISTRATION & PAYMENT:
Two day registration fee for the Symposium includes Thursday afternoon tutorials, evening reception and poster presentations as well as Friday keynote, oral presentations, continental breakfast, lunch, and breaks. Symposium materials will be made available to attendees on line at the Kappa Tau Web site.

Best rates by Thursday, October 27, two options for registration and payment are available this year:

1) ONLINE: Complete the online registration and indicate your method of payment: check or credit card (you will then be invoiced through PayPal)

2) BY MAIL: Complete the registration form found on page 7 of the e-brochure. Indicate your chosen method of payment. If paying by credit card, you will then be invoiced through PayPal.

If paying by check, make payable to Kappa Tau. Mail your payment to:
Research Symposium
741 Hand Road    North Ferrisburgh, VT 05473

For questions or more information contact:
Julie Basol, Symposium Coordinator
Ph: 802.598.7424   JNB@gmavt.net   Fax: 802.425.5507

CONTINUING EDUCATION:
This activity has been submitted to Northeast Multistate Division (NE-MSD) for approval to award contact hours. Northeast Multistate Division (NE-MSD) is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

For more information regarding contact hours, please contact Julie Basol, Symposium Coordinator: JNB@gmavt.net or 802 598-7424

To register online, CLICK HERE
8th Annual Symposium Registration Form

REGISTRATION, PAYMENT: Return your completed registration form with a check made payable to:

Kappa Tau

Mail your registration and payment to:

Research Symposium  
741 Hand Road  
No. Ferrisburgh, VT 05473

For more information: Julie Basol, Symposium Coordinator  
JNB Marketing, LLC  
Ph: 802.598.7424  
Fax: 802.425.5507  
JNB@gmavt.net

www.uvm.edu/~kappatau

Date of Registration: __________________________

Last Name: _______________________________  First Name: ______________________  Credentials: ____________________

Position Title: _______________________________________________________________________________________________

Organization: _______________________________________________________________________________________________

Address: __________________________________________________________________________________________________

City: _____________________________________ State: _________ Zip: ______________

Telephone: ____________________________________________________________________

Email: _________________________________________________________________________

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* Full time undergraduate student or graduate student currently enrolled with 6+ credits

Registration Amount:  
☐ Check #: __________________________

$ : __________________________

☐ Please send me a PayPal invoice to pay by credit card

☐ If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

This activity has been submitted to Northeast Multistate Division (NE-MSD) for approval to award contact hours. Northeast Multistate Division (NE-MSD) is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

For more information regarding contact hours, please contact Julie Basol, Symposium Director: 802 598 7424

Online Registration, REGISTER TODAY: