Research & Evidence-Based Practice Symposium

Evolution of Nursing Knowledge: Evidence into Practice

Register by Nov. 20 for best rate!

Hosted by Fletcher Allen Health Care, the Symposium will provide a forum for nurses in Vermont and the surrounding region regardless of experience in conducting nursing research to learn more about the evolving realm of nursing knowledge.

Saturday, December 5, 2009
Fletcher Allen Health Care  Davis Auditorium
Burlington, Vermont

FREE Poster Session & Reception
Friday Evening, December 4

- Empirical Research
- Evidence-Based Practice
- Quality Improvement Projects

?? Who ?? should attend

STAFF,
STUDENTS,
EDUCATORS,
ADMINISTRATORS,
& RESEARCHERS

At the Symposium, nurses will have opportunity to share empirical research, evidence-based practice, as well as quality improvement projects.

Chosen from a formal Call-for-Abstracts, twelve were selected for oral presentation on Saturday, December 5. The Symposium begins Friday evening, December 4 with a Poster Session and Reception that will launch opportunities for formal and informal dialogue during and after the Symposium.
The Research and Evidence-Based Practice Symposium is the collaboration of several people’s interest in providing a forum for nurses to learn more about the evolving realm of nursing knowledge. Historically, secular nursing knowledge began with Florence Nightingale’s collection and analysis of scientific data to identify the best treatment modalities for patients in addition to her emphasis on the unique role of the nurse.

Currently, nursing knowledge can be generated through a variety of scientific methods. **Empirical Research** utilizes quantitative and/or qualitative methods to test hypotheses, describe nursing phenomenon and identify new nursing modalities. **Evidence-Based Practice** projects investigate current nursing actions and customs to validate their effectiveness. **Quality Improvement** projects are typically institutional processes that examine the current state of practice (for example, are call lights being answered quickly enough) and identify barriers and facilitators to achieving stated quality goals. On behalf of the planning committee, I invite you to join us for the upcoming Research and Evidence-Based Practice Symposium - a venue that, we hope becomes, an annual event.

Over 50 abstracts were submitted during the Call-for-Abstracts process. Friday evening’s poster session, along with oral presentations on Saturday, provides great breadth and a glimpse into the generation of evidence going on in the realm of nursing. During the Symposium, there will also be opportunities to participate in learning activities at The University of Vermont Dana Medical Library.

Last, the Symposium will provide participants opportunity to reflect on the contributions of our nurse colleagues who have passed away. There will be a slide presentation to honor those nurses who are no longer with us. Please consider submitting a picture and a statement about a nurse you would like to honor when you register for the event. The registration form will provide details on how to submit.

Please join us Friday and Saturday, December 4th and 5th for this wonderful opportunity to celebrate, collaborate, and honor the profession of nursing and knowledge that is shared.

Ann Laramee, APRN, MS
Symposium Chair

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**Keynote Address, Sandra B. Lewenson, EdD, RN, FAAN**

Dr. Sandra Lewenson weaves her love of nursing history into her teaching. As a professor at Lienhard School of Nursing, Pace University, she teaches courses in nurse history, historical research methodology, educational leadership, and decision-making. She has been the recipient of the Outstanding Scholarship and Research Award from Teachers College, Columbia University, inducted into the Hall of Fame of the Alumni Association of Hunter College, and received the American Association for the History of Nursing Lavinia Dock Award for Historical Scholarship and Research in Nursing for her seminal work, *Taking Charge: Nursing, Suffrage, and Feminism in America, 1873-1920. Capturing Nursing History: A Guide to Historical Methods in Research and Decision-Making in Nursing: Thoughtful Approaches for Practice* received the *American Journal of Nursing* 2008 Book of the Year Award. Dr. Lewenson is a member of the American Academy of Nursing and Sigma Theta Tau International Honor Society.

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**Honor a Nurse Memorial**

The Symposium will provide participants opportunity to reflect on the contributions of our nurse colleagues who have passed away. There will be a slide presentation to honor those nurses who are no longer with us at Friday evening’s reception and again on Saturday. Please consider submitting a picture and a statement about a nurse you would like to honor. Pictures submitted in electronic (jpg) format are preferred, along with a short statement (75 words or less) sent to Julie Basol (JNB@gmavt.net). See registration form.

For more information contact Julie Basol, Symposium Coordinator  Ph: 802.425.3936

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**Updates:** Possible updates to the program and logistics leading up to the Symposium will be posted at: www.UVM.edu/~kappatau
**Friday Evening Poster Session & Reception**

5:00-6:30 PM McClure Lobby, Fletcher Allen Health Care  
6:00-8:00 PM Robert Hull Fleming Museum

**POSTER SESSION**

Join us Friday evening for the Poster Session as we showcase a wide variety of empirical research, evidence-based practice, as well as quality improvement projects. Posters will be on display throughout the Symposium.

Friendly competition will keep the poster session lively throughout the Symposium. Attendees will have opportunity to vote for the Best Symposium Poster. Beginning Friday evening, participants will have opportunity to vote for the best poster. At day’s end on Saturday, top posters will be announced.

**RECEPTION**

Just a short walk from Fletcher Allen is the Robert Hull Fleming Museum – a cultural prize at The University of Vermont. At the reception, an on-going slide presentation will honor those nurses who have passed away. Throughout the evening, as well as on Saturday, attendees will have opportunity to reflect on their contributions to the nursing profession. Please consider submitting a picture and short statement about a nurse you would like to honor. See following page and registration form for details.


**Planning Committee**

- Ann Laramee, APRN, BC  
  Program Chair  
  Clinical Nurse Specialist, Cardiology  
  Fletcher Allen Health Care
- Marcia Bosek, DNSc, RN  
  Associate Professor, Department of Nursing  
  College of Nursing & Health Sciences  
  University of Vermont
- David G. Curry, PhD, APRN  
  Associate Professor of Nursing  
  SUNY Plattsburgh  
  President  
  Gamma Delta Chapter of Sigma Theta Tau International
- Pat Donehower, MSN, RN  
  Vice President for Clinical Services  
  Visiting Nurse Association of Chittenden and Grand Isle Counties
- Julie Jones, RN, MS  
  Subject Matter Expert  
  Patient Flow Clinical Design Team, PRISM Project  
  Fletcher Allen Health Care  
  President  
  Kappa Tau Chapter of Sigma Theta Tau International
- Annie Parker, MSN, RN-BC, CRRN  
  Nurse Educator  
  Fletcher Allen Health Care
- Dorothy Perron, RN  
  Endoscopy  
  Fletcher Allen Health Care
- Hollie Shaner-McRae, DNP, RN, FAAN  
  Coordinator, Professional Nursing Practice  
  Fletcher Allen Health Care

**Sponsors:**

- Fletcher Allen Health Care  
  *Nursing Education & Research*  
  *James M. Jeffords Institute for Quality and Operational Effectiveness*
- Sigma Theta Tau International Nursing Honor Society  
  *Kappa Tau and Gamma Delta Chapters*
- The University of Vermont Department of Nursing
- Vermont State Nurses Association Foundation
- Visiting Nurse Association of Chittenden and Grand Isle Counties
**SYMPOSIUM AT A GLANCE**

**FRIDAY, DECEMBER 4**

4:00-5:30pm  REGISTRATION, MCCLURE LOBBY, FLETCHER ALLEN
5:00-6:30pm  POSTER SESSION, MCCLURE LOBBY
6:00-8:00pm  RECEPTION, ROBERT HULL FLEMING MUSEUM

**SATURDAY, DECEMBER 5**

7:30-9:00am  REGISTRATION & CONTINENTAL BREAKFAST
              DAVIS AUDITORIUM LOBBY, FLETCHER ALLEN
8:00-on-going POSTER EXHIBITION, MCCLURE LOBBY
8:45-9:00am  WELCOME, SANDRA L DALTON, RN, MS
9:00-10:00am KEYNOTE ADDRESS:
              Sandra B. Lewenson, EdD, RN, FAAN
10:00-10:15am MORNING BREAK

**Symposium at a Glance**

**Fletcher Allen Health Care**

**SYMPOSIUM SITE, ACCOMMODATIONS:**

The Research & Evidence-Based Practice Symposium will be held at Fletcher Allen Health Care **Friday Evening, December 4** and all day **Saturday, December 5**. Attendees needing overnight accommodations the night of Friday, December 4 may contact the Sheraton Hotel Burlington at:

1-800-325-3535

Conveniently located near Fletcher Allen, the Sheraton offers a reduced overnight rate of $98. In order to receive the reduced rate, you must call to reserve your overnight room by **Thursday, November 19**. Indicate that you are requesting the FAHC rate.

**Directions to the Conference:**

Take Exit 14W just off Interstate 89. Just after the Sheraton Hotel, take a right onto East Avenue. At the first traffic light, turn left, then take your first right. The parking garage is just up the street on the right hand side. Attendees will receive free parking vouchers at the Symposium.

**Continuing Education:**

An application has been submitted to the Vermont State Nurses Association, Inc. Please contact Julie Basol, Symposium Coordinator for more information about contact hours:

JNB@gmavt.net | 802.425.3936

**Registration Fee**

**Registration:**

The early registration fee of $75 includes admission to the Friday evening Poster Session and Reception, Saturday’s Symposium, continental breakfast, lunch, and materials.

**Payment:**

Please return the completed registration form with a check made payable to Kappa Tau by **Friday, November 20**.

Mail your payment and form to:

Research Symposium
741 Hand Road  North Ferrisburgh, VT 05473

For more information contact: Julie Basol, Symposium Coordinator  802.425.3936  JNB@gmavt.net

**About the Tutorials**

Saturday afternoon’s Tutorials will take place in the Dana Medical Library presented by Angie Chapple-Sokol.

**E-2: Googling can be Good for You**

Find websites with high quality information that is pertinent to you professional or personal needs.

**F2: PubMed Searching**

An introduction to a wealth of nursing information that can be found on PubMed.

**G2: Finding the Evidence: Point of Care Databases**

Learn about resources that can help you answer clinical questions.

**H2: Endnote: Software to Build Bibliographies**

Researchers will save time using this software that helps organize references and builds bibliographies for you.

**Logistics & Continuing Education**
## Symposium Schedule

### Friday, December 4

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<td>4:00-5:30pm</td>
<td>Registration</td>
<td>McClure Lobby</td>
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<tr>
<td>5:00-6:30pm</td>
<td>Poster Session</td>
<td>McClure Lobby</td>
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<tr>
<td>6:00-8:00pm</td>
<td>Reception</td>
<td>Robert Hull Fleming Museum</td>
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### Saturday, December 5

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<tr>
<td>7:30-9:00am</td>
<td>Registration</td>
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<tr>
<td>8:00-on-going</td>
<td>Poster Exhibition</td>
<td>McClure Lobby</td>
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<tr>
<td>8:45-9:00am</td>
<td>Welcoming Remarks</td>
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<tr>
<td>9:00-10:00am</td>
<td>Keynote Address</td>
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<tr>
<td>11:45am-12:15pm</td>
<td>Concurrent Sessions - D</td>
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<td>Concurrent Sessions - F</td>
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<td>3:15-3:45pm</td>
<td>Concurrent Sessions - H</td>
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<td>3:45-4:15pm</td>
<td>Concurrent Sessions - I</td>
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<td>Concurrent Sessions - J</td>
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<td>5:15-5:45pm</td>
<td>Concurrent Sessions - K</td>
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### Concurrent Sessions - A

**A-1: Scenario-Based Orientation: Learning from the Past to Create Our Future (EBP)**
- Beverly Partington, MS, RN  
  Nurse Educator  
  Fletcher Allen Health Care
- Julie Tryhorne, RN, OCN  
  Inpatient Hematology/Oncology Nurse Educator  
  Fletcher Allen Health Care

### Concurrent Sessions - B

**B-1: Evidence-Based Preceptor Development (EBP)**
- Susan A. Boyer, MEd, RN, FAHCEP  
  Executive Director  
  Vermont Nurses in Partnership, Inc.
- Rick Watters, PhD  
  Clinical Associate Professor of Nursing  
  Vanderbilt University School of Nursing
- Patricia Winstead-Fry, RN, PhD  
  Consultant, self-employed

**B-2: Nurse Manager Perspectives on the Transition to an Electronic Health Record at an Academic Medical Center: A Phenomenological Examination (RESEARCH)**
- Nicole S. DuBois, MSN (c), RN  
  Staff Nurse II, Fletcher Allen Health Care
- Clinical Instructor, University of Vermont

### Concurrent Sessions - C

**C-1: Domestic Violence Screening by Nurses in the Primary Care Setting (EBP)**
- Karen Hetzel, PhD, PMHCNS-BC  
  Associate Professor, School of Nursing  
  Rhode Island College

**C-2: Evidence-Based Practice Committee Modeling Evidence Based Practice: Sequential Compression Devices (EBP)**
- Ann Laramee, APRN, BC  
  Clinical Nurse Specialist, Fletcher Allen Health Care
- Linda Gruppi, RN, MSN  
  Quality Improvement Consultant  
  Fletcher Allen Health Care
- Martha Jo Hebert, BSN  
  Care Coordinator, Fletcher Allen Health Care
- Hollie Shaner-McRae, DNP, RN, FAAN  
  Coordinator, Professional Nursing Practice  
  Fletcher Allen Health Care

### Concurrent Sessions - D

**D-1: Elder Rural Vermont Women: The Meaning of Home (RESEARCH)**
- Brenda Hamel-Bissell, EdD, APRN  
  Professor of Nursing  
  University of Vermont

**D-2: Evaluating the Effectiveness of a Living Kidney Donor Advocate Program: A Quality Improvement Project (QI)**
- Marcia Bosek, DNSc, RN  
  Associate Professor, Dept. of Nursing  
  University of Vermont
- Maureen Ducharme, MSN, RN  
  Manager, Office of Patient and Family Advocacy  
  Fletcher Allen Health Care
- Isabelle Sargeant, RN  
  Director, Renal and Transplant and Respiratory Care  
  Fletcher Allen Health Care

### Concurrent Sessions - E

**E-1: Corporeality and its affects on Health Care Providers (QI)**
- Ron Ceppetelli, MSW, LICSW, PsyD (c)  
  Doctoral Candidate, self-employed

**E-2: Googling Can Be Good for You (TUTORIAL)**

### Concurrent Sessions - F

**F-1: Limited Health Literacy and Hospitalized Patients (RESEARCH)**
- Nancy Morris, PhD  
  Associate Professor, University of Vermont  
  Adult Nurse Practitioner, Fletcher Allen Health Care

**F-2: PubMed Searching (TUTORIAL)**

### Concurrent Sessions - G

**G-1: Vermont Nurses in Excellent Health (RESEARCH)**
- Mary Val Palumbo, DNP, APRN  
  Director, Office of Nursing Workforce  
  University of Vermont
- Betty Rambur, PhD, RN  
  Professor, College of Nursing and Health Sciences  
  University of Vermont

**G-2: Finding the Evidence: Point of Care Databases (TUTORIAL)**

### Concurrent Sessions - H

**H-1: Routine Vital Signs: The Ultimate Tradition (EBP)**
- Christine Malmgreen, RN, BC, MA, MS  
  Associate Director for Professional Practice  
  Lienhard School of Nursing, Pace University
- Lillie M. Shortridge-Baggett, EdD, RN-FNP, FAAN  
  Associate Director for Professional Practice  
  Lienhard School of Nursing, Pace University

**H-2: Endnote: Software to Build Bibliographies (TUTORIAL)**
Registration Form

Registration, Payment: Complete the registration form below or download another at:
www.uvm.edu/~kappatau

Return your completed registration form with a check made payable to: Kappa Tau Honor Society
Mail your registration and payment to:
Research Symposium
741 Hand Road  No. Ferrisburgh, VT 05473

For more information: Julie Basol, Symposium Coordinator JNB Marketing, LLC
Ph: 802.425.3936 | Fax: 802.425.5507 JNB@gmavt.net

Date of Registration: ____________________

Name/Credentials:
___________________________________________________________________________

Position Title:
___________________________________________________________________________

Organization:
___________________________________________________________________________

Address:
___________________________________________________________________________

City / State / Zip:
___________________________________________________________________________

Telephone:
___________________________________________________________________________

Email:
___________________________________________________________________________

Registration Fee  Early Bird prior to 11/20  Registration Fee after 11/20  Registration On Site Fee
Symposium Registration (Friday Evening & Saturday)  $75  $95  $100

Friday Poster Session & Reception (Evening Only)  Free

Please circle the sessions you plan to attend. Your selections are not binding but will help us in planning.
Concurrent Sessions:
A 1 2  B 1 2  C 1 2
D 1 2  E 1 2
F 1 2  G 1 2

If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

Check # ____________________

Name of honoree, credentials: _______________________________________________________________________

☐ Nurse to be honored, photo and (75 word) statement sent electronically on ______________ (date).

For assistance with submitting a photo/statement, contact Julie Basol 802.425.3936 JNB@gmavt.net