The Graduate Student’s Unofficial Guide to UVM & Burlington

2013-2014
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I. Welcome, from the Graduate Student Senate!

WELCOME, NEW GRADUATE STUDENT, TO THE UNIVERSITY OF VERMONT! You are about to embark on an exciting adventure: graduate school. We want to help make it a wonderful experience for you, full of hard work and personal growth. We are here to encourage your growth as a graduate student and make the transition to your new life in Burlington as smooth as possible.

Graduate students are an integral component of the University, and the Graduate Student Senate (GSS) is here to promote the well-being of graduate students and encourage a stronger, more unified voice for the graduate student body. Toward this endeavor we have compiled a “How to” guide to graduate studies and life at the University of Vermont.

Another way to share your opinions is by joining the GSS. We are looking for senators for this coming 2013-2014 school year. If you are interested in representing your program, step right up. No experience is necessary. Ideas and interest are what matter! Email gss@uvm.edu to nominate yourself or to nominate a fellow colleague.

Most importantly, you have moved to beautiful Vermont. People pay to vacation here, and you have the great fortune to make it your home for the duration of your graduate studies! So, make sure that you take some time to enjoy the area while you have the opportunity! Burlington and its surrounding areas should be explored!

If there is anything you need or question, just let us know! Be sure to check out the GSS website at www.uvm.edu/~gss about upcoming events and current news related to graduate students.

Good Luck and Enjoy!
The 2013-2014 GSS Executive Council
Lane, Jennifer, Owen, Peter and Jing

Dudley H. Davis Student Center 311T
590 Main Street
Burlington, VT 05405
802-656-3545
gss@uvm.edu
www.uvm.edu/~gss
II. Join the Graduate Student Senate!

Your graduate experience will not be complete without becoming a part of the Graduate Student Senate. We want your ideas, help, and camaraderie! If you are interested in being a part of our group, please email us at gss@uvm.edu. Check out our website at www.uvm.edu/~gss or stop by our office on the third floor of the Davis Center (311) to see what meetings and events are coming up!

What is the Graduate Student Senate?
GSS promotes the well-being of graduate students and encourage a stronger, more unified voice for the graduate student body. The purpose of GSS is to cultivate both the academic and non-academic activities of the graduate student body and enhance all aspects of graduate school life at the University of Vermont. The GSS consists of an executive council and senators representing the many graduate programs in the Graduate College.

How can I get involved?
§ Represent your graduate program by becoming a Senator for the GSS. Each fall, the GSS holds elections whereby graduate students can nominate and vote for graduate students to represent them on the GSS. Senators attend bi-weekly Senate meetings with the GSS Executive Council, serve on various UVM and GSS committees, help plan and host social events, and promote the graduate college and students.
§ Attend the GSS events. The GSS organizes a number of social and academic events throughout the year. These events are a great way to support the GSS and get to know your fellow graduate students. Attend the bi-weekly GSS meetings and make your voice heard! We are here to represent all graduate students and are at our best when we hear from YOU.

Where is GSS located?
The GSS has a lounge and office on the 3rd floor of the Davis Center (Rm. 311), right next to the Student Government Association. This space is available to any and all graduate students. This is YOUR space and is open whenever the Davis Center is open. Please feel free to stop by!

The 2013-14 GSS Executive Council:

Lane Manning, (Materials Science) President
lane.manning@uvm.edu

Jennifer Swain, (Business) Vice President
jennifer.swain@uvm.edu

Owen Myers, (Materials Science) Treasurer
owen.myers@uvm.edu

Peter Harnish, (Physics) Secretary
peter.harnish@uvm.edu

Jing Luo, (Higher Education and Student Affairs) Outreach and Programs Director
jing.luo@uvm.edu
III. Who’s Who in the Graduate College

The Graduate College Office, 330 Waterman Building, provides comprehensive services for graduate education at UVM, including admissions (656-2699) and student retention (656-3160) activities; graduate program development, change and administration; policy creation, revision, and implementation; graduate assistantship and fellowship management; intramural faculty research funding; and faculty and student recognition programs.

The following people really make it happen in the Graduate College. They are assisted in their efforts by a number of faculty and students who serve on the Graduate Student Senate and other Graduate College committees.

Cindy Forehand is acting Dean of the Graduate College. Dean Forehand has overall responsibility for graduate education.

Domenico Grasso is Vice President for Research.

Melody Burkins is Senior Director for Research and Strategic Initiatives as well as Acting Director for the Vermont Advanced Computing Center.

Dan Harvey is Assistant Dean of the Graduate College and Chief of Staff to the Vice President for Research.

Deborah Bouchard and Joanne Molina are responsible for admissions activity from a prospective applicant's first contact with the University through a new student's initial enrollment. Joanne processes applications in Arts and Sciences and Education and Social Services programs, and Deb works with the remaining programs and maintains the Graduate College web pages.

Kimberly Hess works with enrolled students, maintaining academic files and tracking student progress through graduation.

Kathie Merchant is the Graduate College's Business Manager.

Sean Milanomow is responsible for scholarship payments and health insurance support for graduate fellows and assistants.

Ralph Swenson is the Director of Admissions and provides support to the Dean and Associate Dean.
IV. Getting Connected

Activating your Network ID, e-mail address, web pages, and server space

All UVM students have a Network ID (Net-ID) and uvm.edu e-mail address. Your professors, the Graduate Student Senate, and University offices use your uvm.edu address for important correspondence.

Your Network ID is the key to the server that manages e-mail, serves web pages, stores your important work, and provides special, number-crunching resources for teaching and research. Activate your Network ID from any computer with web access.

Visit www.uvm.edu/account/ and follow the link to activate your Network ID. When you are finished, information about your Network ID, your account, and your email address will be displayed. The information will look something like the following if, for example, your name is Ethan Allen:

§ Your Network ID and uvm.edu login name will be eallen
§ Your e-mail address will be Ethan.Allen@uvm.edu (you can also use eallen@uvm.edu)
§ Your web home page will be www.uvm.edu/~eallen

If you forget your Network ID or password, or to manage your account, just go to www.uvm.edu/account/. A self-help guide to setting up your personal website is available at www.uvm.edu/webguide.

Your Network ID also grants access to the ZOO file server. This is a near unlimited, online storage space that is accessible from anywhere online. For more information on how to access your ZOO files, visit www.uvm.edu/artsandsciences/computingsvs/moving_data.

Also, take a minute to sign up for GRADNET by going to: http://www.uvm.edu/~gradcoll/?Page=current/gradnet.php

All graduate students at UVM can sign up for this graduate student listserv to receive email alerts and discussion about Graduate Student Senate meetings and events, workshops, social events, thesis/dissertation notices, housing, and items for sale.

Wireless Internet Connections

The 113 Waterman and Bailey/Howe Library computers have full Internet access, and the Cat's PAWS wireless network is available in most campus locations. Set-up information at www.uvm.edu/ets/wireless.
Connecting from off-campus
Visit library.uvm.edu/guides/connect/ for a tutorial on how to connect from an off-campus location. Be aware that the use of many library resources from off-campus is restricted to University of Vermont students, faculty, and staff.

There are three different ways to access materials from off-campus:

**Ezproxy**
Logon using your UVM NetID and password. After logging on you will be redirected to the Libraries homepage. Follow links to desired resource.

**Proxy Server Access**
This access can be used with Microsoft Internet Explorer, Netscape and AOL for dial-up and DSL users.

**Virtual Private Network (VPN)**
Establishes a secure network connection from off-campus. Also used for wireless access on-campus (most Graduate Students use this).

There are additional instructions for Dana Medical Library users on the library website at library.uvm.edu/dana/about/connect.php.

**Access to Your Server Account**
If you are not on a university computer, your server account may be accessed through software called Secure Shell (SSH). This software may be downloaded from the University's software archive at www.uvm.edu/it/software. This archive is also a great place to find other software that the University makes available for students.
V. Academic Advice

There are many University policies and procedures that you should familiarize yourself with as a graduate student. Start with visiting the Graduate College website at www.uvm.edu/~gradcoll. Also, the Graduate College staff is an indispensable resource, so feel free to stop in at 332 Waterman or contact them at 656-3160 with any questions.

General Requirements for the Masters and Ph.D. Degrees

There are different requirements depending on your program and degree. The best advice we can give you is to talk to your advisor or program coordinator and go to the Graduate College website and click on “Graduate Catalogue” on the right-hand side of the page. Forms that you may need are also located on the Graduate College Website under “Services, Forms, and Policies”. Also, check in with the Graduate College if you have questions or when you get close to finishing your degree to make sure all of your requirements are complete. They are super helpful!

Enrollment Policies and Procedures

As you can imagine, there are several policies and procedures that go along with being a graduate student. We have highlighted important ones below. Visit the Graduate College website and click on “Graduate Catalogue” for complete information on the Graduate College enrollment policies.

1. Health Record

The University requires that all students file a personal health and immunization record with the Center for Health and Well Being Student Health/Medical Clinic at the time of first enrollment. Appropriate forms are mailed to newly enrolled students. They are also available at the Student Health/Medical Clinic, 425 Pearl Street. These forms are available online at www.uvm.edu/~CHWB/health.

2. Registration

Consult the Academic Calendar at www.uvm.edu/~rgweb/calendar for updated registration dates. Students register for courses at the time and in the manner designated by the University Registrar. Course lists are published each semester by the Registrar's Office. Early registration is encouraged for presently enrolled graduate students.

Students should consult with their program advisor before registering for classes. All charges for the ensuing semester must be paid, or otherwise provided for, before registration is completed. To register on the web go to online at the web-address www.uvm.edu/students and click on “Access Your Records”.
3. Graduate Course Levels
Courses which may apply towards a graduate program are generally numbered 200 and above. Courses numbered 400 or above are limited to candidates for the degree of Doctor of Philosophy; courses numbered 300 to 399 are limited to graduate students unless special permission is given by the appropriate department or program. Please consult individual programs for possible exceptions.

4. Course Loads
Normally, full-time non-funded graduate students enroll for nine to 12 credit hours per semester; full-time funded students, six to ten hours. Maximum enrollment is 15 hours per semester, and nine hours summer. Enrollment in excess of the normal full-time course load requires written approval from the advisor and the Dean of the Graduate College.

5. Add/Drop
Courses may be added or dropped on the web at registrar.uvm.edu only during the first ten days of instruction of the University semester. This year, the end date for add/drop is September 15, 2008. Help can be found at the Registrar's office at 360 Waterman (656-2045) or by emailing the registrar at registrar@uvm.edu. After the first week of classes an instructor may refuse admission to a course if certain material (such as laboratories) cannot be made up and the loss of this work would seriously affect the quality of the educational experience of the student seeking to enter the course.

6. Withdrawal from Courses
From the end of the tenth day to the end of the ninth week of classes, students may withdraw from courses. This year, the end date for withdrawal is October 31, 2008. Students who wish to withdraw fill out the course withdrawal form, consult with their advisor, and submit the form to the instructor for signature. The student is then responsible for delivering the form to the Registrar's Office no later than 4 p.m. on Friday of the ninth week of classes. Students give a copy to their dean for information purposes. The instructor also records the withdrawal grade (W) on the final grade sheet, which is sent to the Registrar. Between the ninth week and the last day of classes, withdrawal requires students to petition the Dean of the Graduate College explaining that they are unable to continue in the course due to circumstances beyond their control.

7. Grading Policies
Letter grades are used to indicate levels of performance in courses as follows: A, excellent; B, good; C, fair; F, failure (Graduate students do not receive a grade of D.) Designations of S, satisfactory, and U, unsatisfactory, are used to indicate levels of performance for credits received in Thesis or Dissertation Research and may be used to indicate levels of performance in a Seminar. There are no quality points associated with the letter grades of S and U. A candidate for a graduate degree must complete the program with a minimum overall grade-point average of 3.00. A student may be dismissed from the Graduate College if two grades or more below a B (3.00), or the designation of U in Thesis or Dissertation Research or Seminar are received.
VI. International Students

UVM is the educational home to a modest number of international students. There are about 55 countries represented by roughly 400 students on campus. Because there are often a few added details that international students must consider, UVM has an Office of International Education (OIE). You can look the office up online at www.uvm.edu/oie/ Be sure to visit them soon after you arrive at UVM.

If you are an international student, in fact, you will likely visit this office on a regular basis. You probably already know who they are, since they sent your I-20 form out to you after your acceptance to UVM.

OIE Contacts:
Main Office Phone: (802) 656-4296
Main Office Fax: (802) 656-8553
Mailing Address:
Office of International Education
The University of Vermont
633 Main St.
Living/Learning Center, B-162
Burlington, VT 05405.

OIE Location on Campus: The map showing OIE on campus can be found online at www.uvm.edu/oie/?Page=MAP&Building=86.

Graduate Students

UVM attracts graduate students from throughout the world. As an international applicant, you are required to submit verbal and quantitative scores from the Graduate Record Examination (GRE) or Graduate Management Admissions Test (GMAT). In addition, if your native or first language is not English, you must submit scores from the Test of English as a Foreign Language (TOEFL).

Upon admission, you will be required to provide evidence of independent financial support in the form of a statement from a bank or a scholarship source. The appropriate form and instructions will be sent to you at the time you are admitted to the university. Documents not issued in English must be accompanied by a notarized English translation.

More on graduate admissions can be found at www.uvm.edu/admissions/?Page=graduate_admissions.html.

International Student Housing

It is crucial for all incoming international students to be in contact with the Department of Residential Life regarding housing on-campus. First-time first year undergraduate students will be placed in on-campus housing but they MUST be in touch with the Department of Residential Life in order to receive their housing assignment. You can reach the Department online at www.uvm.edu/~rlweb/. 
Graduate and non-traditional students may be eligible for on-campus housing but it is not guaranteed. Students must be in touch with the Department of Residential Life and submit an application for on-campus housing. Apartment and Family Housing is one of the options, which is located about 5 miles from campus in Colchester. You can reach them at www.uvm.edu/~rlweb/graduate_students.

If you are searching for off-campus housing, then it is recommended to visit the links mentioned in the section XIV. Livin’ Large – The Unofficial Graduate Housing Guide as a starting place. You may also wish to check out the UVM Message Board at messageboard.chatuniversity.com/uvm which contains a Transfer Housing board.

Health Insurance and Medical & Dental Issues
The University of Vermont is committed to ensuring the health and wellbeing of international students studying at UVM, both while they are on campus, and as they travel—both within the US and abroad. As international or “travel” policies vary widely regarding coverage and limitations/exclusions, UVM requires all international students (J-1 or F-1 visa) to be enrolled in the UVM Student Health Insurance Plan (SHIP) and to pay the Student Health Fee. The online health insurance waiver is not available to this group of students, since enrollment is mandatory. International students, like any student enrolled in the UVM SHIP, are required to obtain any routine/preventative care at UVM’s Center for Health and Wellbeing (CHWB), and are required to obtain a referral before seeking any health care service outside of UVM. If a student must be seen after hours at an Emergency Room or Urgent Care Facility, it is advised that they contact the UVM Student Health Insurance Office as soon as they are able to obtain a referral for services which will ensure preferred levels of coverage. For further information regarding the UVM Student Health Insurance Plan, visit the website: www.universityhealthplans.com and click on “University of Vermont” for details.

Health Fee
Separate from health insurance, all full-time students are required to pay the Student Health Center fee each semester, which is currently $275.

For Common Ailments
The physicians and practitioners at Student Health Center, located at 425 Pearl Street, can provide consultation and medical treatment for common ailments. Students should always utilize the services of the Student Health Center (656-3550) first and from there be referred to a specialist if needed.

For Women
For women, there is also a separate Women’s Clinic that serves your gynecological health needs. This clinic is located at 425 Pearl Street on the second floor. The clinic provides confidential examinations and referrals, as well as a variety of low-cost birth control options. Services at the Women’s Clinic are covered under the student insurance and the health center fee. To make an appointment at
the women’s clinic, please call 656-0603.

**Dental Issues**

Frequently, international students find themselves in need of dental care. If the dental work needed is as a result of an injury, then the UVM student health insurance may cover the cost up to $500.00. If the dental work is related to the extraction of impacted wisdom teeth, then the student health plan covers up to $100.00 per tooth. Routine cleanings and x-rays are not covered by the UVM plan.

Some students use the Dental Center at Community Health Center of Burlington, 617 Riverside Ave, Burlington (652-1050) for their dental needs, as they offer a sliding scale to students. However, many dentists in the area will accept UVM students.

If you need more extensive dental services, please let the staff at the OIES know, and they can recommend dentists in the area.

**Health History and Immunization Record**

The Center for Health and Wellbeing sends health history and immunization forms to all new students upon registration. The University of Vermont does not require a physical exam for incoming students; however students are required to submit an immunization record including proof of two measles (or rubella) vaccines. This requirement is described in a letter which is mailed to all new students prior to the fall semester. Immunization information for new students is found at [www.uvm.edu/~CHWB/health/?Page=immunization.html](http://www.uvm.edu/~CHWB/health/?Page=immunization.html)

**International Student Employment**

Employment is defined as any type of work performed or services provided in exchange for money, tuition, fees, books, supplies, room, food or any other benefit.

F-1 students are eligible to work on-campus for 20 hours or less during the academic year. During major school breaks (in between semesters) students are eligible to work full-time on-campus only.

Work off-campus is a violation of F-1 immigration status unless authorized by the USCIS and the OIE. Prior to engaging in ANY employment students should visit the OIE as illegal work is viewed as one of the most serious violations of status.
**Off-campus employment options**
To apply for any of the options below, one is advised to make an appointment to see an OIE advisor.

- Curricular Practical Training (CPT)
- Optional Practical Training (OPT)
- Internship with an International Organization
- Employment Due to Severe Unforeseen Economic Hardship

To know full details about these options, you are recommended to visit [www.uvm.edu/oie/?Page=services/intl_students_employment.html](http://www.uvm.edu/oie/?Page=services/intl_students_employment.html)

**Taxes**
The OIE office also helps international students out with filing their federal and state taxes. Around tax time, the office will send you a link to software, via email, which will make filing your federal taxes very easy. The office also sponsors information sessions on filing taxes. If you any questions after all of that, you can simply ask them.

**International Students: F-1 Student Travel**
It is recommended that you do not make international travel plans without first checking with The Office of International Education (OIE). Please do not travel outside of the United States without having all of your immigration related documents in order!

**Required Documents**
In order to enter the United States you must have a valid U.S. visa stamp in your valid (unexpired) foreign passport. If the visa stamp in your passport has expired please first consult your OIE advisor prior to making travel arrangements.

All F-1 students must have in their possession a valid SEVIS Form I-20 that has been signed by their OIE Advisor within 12 months of reentry to the United States. Any F-2 dependents are required to carry their own SEVIS Form I-20.

If you have F-1 Practical Training you must also carry your Employment Authorization Document (EAD) and a letter that verifies your current employment.

**Moving: Travel Signatures**
As a student, you might move at least once while you are here. As an international student, the U.S. government must know about this. Thankfully, you do not have to tell them yourself. Once again, the OIE office will lend you a helping hand. As long as you alert the office of your move, they will forward that information on to the government, so you don't have to.

All international students and their family members are required to obtain a signature on your Form I-20 prior to departing the United States. Signatures are valid for up to one year (12 months) and for multiple entries to the United States.

**General Travel Information**
While traveling within the United States it is recommended that you carry your passport and Form I-20. Please be sure to keep photocopies of your immigration related documents! The Office of International Education
will also keep copies of your documents in your file.

You must carry a passport that will be valid for reentry to the United States.

Citizens of all countries except Canada are required to have valid U.S. visa stamps in their passports to reenter the United States. If a student wishes to travel to Canada they may reenter the United States with an expired U.S. visa as long as they have not remained in Canada for more than 30 days. This rule ONLY applies to travel to Canada! Please note that you still must carry with you your unexpired F-1 Form I-20 as well as your passport.

It is always in your best interest to inform the OIE of your intent to travel 2-3 days prior to traveling.

**Visa Delays and Denials**

Most often students are denied visas because they are presumed to be intending immigrants. This reason for denial is known as 214(b). It is often difficult to prove that you don't have the intent to immigrate because it's very subjective. For further guidance from the Department of State on this topic, please visit their website at the web address www.travel.state.gov/visa/frvi/denials/denials_1361.html. Special scrutiny is now imposed on visa applicants who are born in or are nationals or citizens of certain countries. It is recommended that you check with the Department of State at www.state.gov as well as your government’s local consulate for information on the current status of security clearance checks. For up-to-date information regarding travel and U.S. visa policy, please visit travel.state.gov/visa

**Maintaining F-1 Status**

Pursue a “full course of study” at the school listed on the currently valid Form I-20 during every academic session or semester except during official school breaks, or unless approved under a specific exception, in advance, by the International Student Coordinator.

Make “normal academic progress” towards completing the course of study, by completing studies by the expiration of the program completion date on Form I-20.

Keep Form I-20 valid by:

§ Getting it signed every semester (approximately every six months).

§ Notify international student coordinator with any changes to the Form (i.e., level of degree sought, change of program, extension of program, transfer of school, etc).

Remain in the US for no longer than 60 days after completing the full course of study, unless you have applied for an immigration benefit that will allow you to stay longer (such as applying for practical training, moving educational levels, or transferring to another school).

Report a change of address to the USCIS on form AR-11 within 10 days of the change.

Do not work more than 20 hours per week on-campus during the academic year.
Do not work off-campus for any reason unless authorized to do so by international student coordinator (& the USCIS). It is very important that you make an appointment with the International Student Coordinator prior to any activity that will take you off-campus in a working environment.

**International Student Orientation**
The Office of International Education (OIE) arranges orientation for the international students two times a year, in the month of January for the spring semester and in the month of August for the fall semester. The orientation is designed to ensure that you have plenty of time to rest after your long journey and to prepare yourselves for the start of the classes. Please visit the website of OIE at [www.uvm.edu/oie/](http://www.uvm.edu/oie/) to know the orientation schedule and for the latest updates to it.

**The World Club**
There is a group on campus for international students to meet and get to know each other. This is the World Club. Sponsored by the OIE, the World Club has regular meetings and social events throughout the school year. Join the club to meet people from your country of origin, and, more importantly, people from different cultures. It is a big step in gaining much needed confidence and orientation, while Burlington is still foreign to you.

So, it is evident that there are many services the office can provide to you (much more than we have included). We suggest you become comfortable stopping in the office and get acquainted with the people and their facilities.

*Buena Suerte...Buona Fortuna...*  
*Hardik Shubhakamanayen...*  
*Kali Epitihia...Good Luck!*
VII. Library Resources

The Bailey-Howe Library is the main library on campus. Most publications you will need are housed here. Below is information on services that we have found to be most helpful. If you want assistance, there are guided library tours available by contacting Patricia Mardeusz at 656-5718 or Patricia.Mardeusz@uvm.edu. Also, don't hesitate to ask questions of the library staff and reference desk.

Check out media services for FREE DVD rentals! You can only have them for one night but it beats $4 at the video store. The list of movies they carry is at library.uvm.edu/media/collections/index.php, under “Alphabetical list of DVDs” (same goes for videos). They have tons of great titles!

**BAILEY/HOWE LIBRARY HOURS**
Mon-Thu: 8 a.m.-12 a.m.
Fri: 8 a.m.-10 p.m.
Sat: 9 a.m.-10 p.m.
Sun: 10 a.m.-12 a.m.

**PHONE NUMBERS**
Main number – 656-2020
Reference Desk – 656-2022

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**All-night Study Hours in Bailey/Howe’s CyberLounge:**
Sun/Mon: 12 a.m.-8 a.m.
Mon/Tue: 12 a.m.-8 a.m.
Tue/Wed: 12 a.m.-8 a.m.
Wed/Thu: 12 a.m.-8 a.m.
More restricted hours apply during summer and when classes are not in session.

**Research**
The Reference Desk (tel: 656-2022) is a central assistance point in Bailey/Howe and is staffed seven days a week. Reference staff in Information & Instruction Services provides guidance and instruction in the use of the library and its resources. Telephone service at the Reference Desk provides quick information, as time allows.

**Ask a Librarian [Electronic Reference]**
Electronic reference provides concise, timely answers to reference questions from University of Vermont students, faculty, and staff. The types of questions that may be answered include:
- Requests for brief factual or statistical information
- Questions about which resources to use
- Questions about the UVM Libraries’ resources and services

A response to a question will be provided within 24 hours of submission, Monday- Friday, excluding holidays and other University closings.
**Individual Consultations**
This service is for UVM faculty, students and staff who want to meet individually with a librarian at Bailey/Howe Library for consultation on their research. A consultation usually lasts from 30 to 60 minutes. To schedule an appointment, fill out a form at the Reference Desk or submit an electronic request on the library website at [library.uvm.edu/guides/ask/consultation.php](http://library.uvm.edu/guides/ask/consultation.php).

**Reserve Readings**
The Reserve Desk is located on the ground floor. Supplementary course readings and selected research materials in print format are made available by course instructors, and circulate with a valid UVM ID for 2 hours, 24 hours, or 72 hours.

Reserve lists in both electronic and print format are integrated into the Library Catalog. To locate an item go to [voyager.uvm.edu](http://voyager.uvm.edu), click on the “Course Reserves” icon, and follow the instructions.

**Interlibrary Loan (ILL)**
The Interlibrary Loan Department, located on the 2nd floor, borrows books and materials and provides articles from academic journals not owned by the University, through a network of other libraries and commercial document delivery providers.

Submit requests at the Reference Desk or at [library.uvm.edu/services/ill](http://library.uvm.edu/services/ill)
All Interlibrary Loan materials are picked up at the Circulation Desk.

The Interlibrary Loan Department offers a RUSH service for periodical articles, providing articles within 24-72 hours as opposed to the standard 2 week turnaround time. The cost is $20.00 per document. Not all articles are available through the RUSH service.

For more information contact Nancy Rosedale, 656-2242 (tel.) [nancy.rosedale@uvm.edu](mailto:nancy.rosedale@uvm.edu) (e-mail).

**Universal Design Technology Lab**
This is a lab geared towards differently abled persons looking for technology learning aids such as text to speech programs and other innovative adaptive technologies. Look for the facilitated study room, on the third floor, behind the periodicals/copy center. Computers here have Kurzweil 3000 Read/Scan, JAWS, TextBridge. Several other programs are on these computers, as well.

**Cyber Café**
The cafe is located on the 1st floor of the library. There are a variety of workspaces with computers-from single person workstations, to specially designed collaborative configurations, to relaxing lounge seating for laptop use. The entire Cyber Café has many network connections around its perimeter, and supports wireless access throughout. There is a modest kiosk serving coffee, drinks, and light snacks and patrons may relax in the available seating lounge. This food service is open selected hours during the semester and the summer.
Photocopiers
Self-service photocopiers are available in several locations in the Library. Photocopier locations:
§ 1st floor near the Reserve Desk
§ 2nd floor near the Periodicals Desk
§ Ground floor in Government Documents

The cost is $.10/page [cash] or $.07/page with CatScratch. Most of the copiers are equipped to take coins, $1 and $5 bills, or operates from CatScratch cards or your UVM ID with a CatScratch account.

Purchase a CatScratch card ($1/card + additional amount to cover copying) or add money to your UVM ID (if it has a CatScratch account) using the wall-mounted machine in the library, located near the Circulation Desk.

A photocopy service is available at the Periodicals Desk on the 2nd floor.

Printers
All computers in the library are networked to the fee-based Uniprint system. Print jobs from computers in the Library may be retrieved from any of the three Uniprint machines. Uniprint locations:
§ 1st floor near the Reserve Desk
§ 2nd floor near the Periodicals Desk
§ Ground floor in Media Resources (color printer)
§ Ground floor in Government Documents

Cost: $.07 per page on B&W printer / $.25 per page on color printer (No cash accepted)

Use a CatScratch card or your UVM ID with a CatScratch account.

Research Study
Located on the 3rd floor, this room is a quiet place for study for graduate students and faculty only. A $5 refundable deposit is required for a key, which accesses the room. This room has a limited number of lockers available in which personal and charged library materials may be stored. To obtain a room key and/or reserve or renew a locker, go to the Circulation Desk on the 1st floor. Contact Circulation Desk, 656-2023 (tel) bhcirc@uvm.edu (e-mail) for more info.

Scheduling Media & Media Equipment
The Media Resources Department, located on the ground floor of Bailey/Howe Library, provides media library materials, AV equipment (digital cameras, camcorders, OHP) and a variety of presentation technology support to the UVM campus community. They also provide help in converting VHS tapes to DVD's. To schedule audiovisual equipment for a class, call 656-1944. To reserve media library materials, call 656-1947, or submit an online request at library.uvm.edu/media.
VIII. Where to Study On Campus

Hours are subject to change, especially during exam and break periods.

**BAILEY-HOWE LIBRARY**
M-Th .................... 8 a.m. - midnight
Fri .......................... 8 a.m. - 10 p.m.
Sat ........................... 10 a.m. - 10 p.m.
Sun ........................... 10 a.m. - midnight

Exam periods Extended to 2 a.m.
Restricted hours apply during summer and when the University is not in session.

**DUDLEY H. DAVIS CENTER**
The student center has study space and wireless access throughout its four floors. Come and check out the GSS lounge, which will be available during the day for you to study. Hours are:
M-Th .................... 7 a.m. - midnight
Fri .......................... 7 a.m. - 2 a.m.
Sat ........................... 9 a.m. - 2 a.m.
Sun ........................... 9 a.m. - midnight

**CATHOLIC CENTER**
M-Th .................... 7 a.m. - 10 p.m.
Fri .......................... 7 a.m. - 5 p.m.
Sat ........................... 10 a.m. - 5 p.m.
Sun ........................... noon - 10 p.m.

**CENTER FOR CULTURAL PLURALISM**
M-F ....................... 8 a.m. - 4:30 p.m.

**DANA MEDICAL LIBRARY**
*Given Building A112*
M-Th .................... 7:30 a.m. - midnight
Fri .......................... 7:30 a.m. - 9 p.m.
Sat ........................... 9 a.m. - 9 p.m.
Sun ........................... 9 a.m. - midnight

**HARRIS/MILLIS DINING HALL**
M-W 7:30 a.m. - 8 p.m. & 10 p.m.-1:30 a.m.
Th-F ............................. 7:30 a.m. - 8 p.m.
Sat-Sun ........................ 10:30a.m. – 8 p.m.

**KALKIN - Common Areas**
M-Sun: Open 24 hours to students registered for a business course

**LANGUAGE LABORATORY**
**SOUTHWICK ROOM 200** (for students registered for language classes)
M-Fri .......................... 9 a.m. - 5 p.m.

**LIVING/LEARNING CENTER**
George D. Aiken Reading Room,
Commons Bldg, Ground Floor
M-Fri .......................... 10 a.m. – 10 p.m.
Sat – Sun ........................ noon – 10 p.m.

**SIMPSON DINING HALL**
M-Fri .......................... 7:30 a.m. – 8 p.m.
Sat-Sun ............. 10:30 a.m. – 7:30 a.m.

**WATERMAN COMPUTER LAB**
*Windows, Macintosh and UNIX workstations available*
M-Th .................... 8 a.m. - midnight
Fri .......................... 8 a.m. - 6 p.m.
Sat ........................... noon - 6 p.m.
Sun ........................... noon - midnight
IX. Where to Study Off Campus

**BARNES AND NOBLE**
102 Dorset Street (South Burlington)
Wi-Fi Available

**BORDER’S BOOKS CAFÉ**
29 Church Street Wi-Fi Available (with T-Mobile service)

**BRUEGGER’S BAGELS**
93 Church Street Wi-Fi Available

**CITY HALL PARK**
Enclosed by College, St. Paul, Main and Church Streets Wi-Fi (fee)

**DOBRA TEA**
80 Church Street (enter on Bank Street) Wi-Fi Available

**FLETCHER FREE LIBRARY**
235 College Street Wi-Fi Available

**MAGLIANERO**
47 Maple St Wi-Fi Available

**MUDDY WATER’S**
184 Main Street (no Wi-Fi)

**RADIO BEAN**
8 N. Winooski Street Wi-Fi Available (with donation)

**SPEEDER AND EARL’S**
104 Church St. & 412 Pine St.
Wi-Fi Available in both

**STARBUCKS**
Wi-Fi Available
49 Church Street, Burlington (downtown)
1150 Williston Rd, South Burl. (near UVM)
580 Shelburne Rd, Burlington (looong walk)
30 Hawthorne St, Williston (you'll wanna drive)

**UNCOMMON GROUNDS**
42 Church Street Wi-Fi Available Many outlets available
X. Where to Find Computers On Campus

(www.uvm.edu/ets/computers)

Aiken Center Computer Lab
Room 102 656-4280
Macintosh Computer Facility, 16 computers.
Hours posted on door by 2nd week in semester.

Bailey-Howe Library
M-Th 8 a.m. - midnight
Fri 7:30 a.m. - 9 p.m.
Sat 9 a.m. - 9 p.m.
Sun 9 a.m. - midnight
Exam periods Extended to 2 a.m.
Restricted hours apply during summer
and when the University is not in session.

Dana Medical Library
Given Building A112
For use by affiliates of Medical College,
Allied Health & Nursing only.
M-Th 7:30 a.m. - midnight
Fri 7:30 a.m. - 9 p.m.
Sat 9 a.m. - 9 p.m.
Sun 9 a.m. - midnight

Dudley H. Davis Center
M-Th 7 a.m. - midnight
Fri 7 a.m. - 2 a.m.
Sat 9 a.m. - 2 a.m.
Sun 9 a.m. - midnight

Gateway Cyber Cafe Study Space
(Inside Bailey-Howe Library)
M-Th 8 a.m. - 8 a.m. (overnight)
Fri 8 a.m. - 10 p.m.
Sat 10 a.m. - 10 p.m.
Sun 10 a.m. - 8 a.m. (overnight)

Living/Learning Computer Lab
Commons Room 314
Sun – Fri 10:30 a.m. - 11 p.m.
Sat ~noon – 6:30 p.m.
Laser printing available, by CatScratch
payment only.

Kalkin Room 100 and 102
For use by students enrolled in
business courses only. Apply for
account through School of Business
Administration. Contact BSAD for
hours.

Votey 206, 246, 229, 227
For use by Engineering and Mathematics
majors only.
help@cems.uvm.edu
M-Sun 7 a.m.-midnight
(24 hours/day during exams and last 2
weeks of classes)

Waterman Computer Lab
M – Fri 8 a.m. – 7 p.m.
Windows, Macintosh and UNIX
workstations available for use.
CIT Lab consulting staff and printing
services. Computers are also available
at the CyberCafé, Bailey-Howe Library,
and the Waterman Cafe.

Waterman Room 124
“Technology for Teaching Lab”
www.uvm.edu/~cess/tft
For students enrolled in College of
Education & Social Services only.
M-F 9 a.m.-10 p.m.
(Hours vary; check web address or door
posting for details.)
4 desktop and 16 laptop Macintosh
computers; scanners, laser printer,
color printer, educational software.
XI. Helpful Campus Services

UVM students have a wide range of amazing services on-campus. There is so much out there that, the biggest challenge can be figuring out where to start. (Hint: if you can imagine a service, it probably already exists so take advantage of it!) Here are some helpful campus services to get you started. Best of all, most services are free to UVM students.

**Career Services**
E-140 Living & Learning
656-3450
www.uvm.edu/~career

Get free private information sessions on interviewing, resume writing, and career opportunities. Includes information and resources for students and alumni on careers, work-study and internships; also helps connect businesses and non-profit organizations with potential employees, interns or volunteers.

**Center for Cultural Pluralism**
461 Main St (Allan House)
656-8833
www.uvm.edu/~ccpuvm

Dedicated to helping UVM achieve its core mission to provide quality multicultural education in order to equip faculty, staff and students with the competencies necessary to function in a diverse world.

**Center for Teaching and Learning (CTL)**
L406 Lafayette
656-1155
www.uvm.edu/~ctl

CTL is a great resource for graduate students. CTL provides programs and resources designed to increase understanding of the teaching-learning process, promote teaching as a scholarly activity, and encourage interdisciplinary conversations about teaching and learning among all members of the University community.

**Enterprise Technology Services (ETS)**
112 Davis Center
Helpline: 656-2604
www.uvm.edu/ets

ETS is where all your computing questions can get answered. They have a helpline and a walk-in service. If you’re computer gives you the blue screen of death these are the people to go to. ETS also maintains a webpage with free and helpful software: www.uvm.edu/ets/software

**Disability Resources and Services (ACCESS)**
A-170 Living & Learning
656 – 7753 TTY: call 711 (relay)
www.uvm.edu/~access

The mission of ACCESS is to provide accommodation, consultation, collaboration and educational support services as a means to foster
opportunities for students with disabilities to participate in a barrier-free learning environment. They serve as a resource to UVM and the larger community to advocate for educational equity and innovation.

**Student Financial Services**  
221 Waterman Bldg  
656 – 5700  
[www.uvm.edu/~stdfinsv](http://www.uvm.edu/~stdfinsv)

SFS is the hub for information regarding scholarships, loans etc. This is the place to find help with financial details such as setting up a parole deduction or dealing with erroneous account charges. They are very helpful and if it turns out to be the wrong place to go to have your questioned answered they can usually point you in the right direction.

**Media Resources**  
Ground Floor of Bailey/Howe Library  
[library.uvm.edu](http://library.uvm.edu)

Media Resources offers loans on CDs, DVDs, tapes, videos, and all types of media equipment free to all students. Their collection is kept up-to-date and they have a great DVD collection. Your best bet is to rent movies on Friday that way you can keep them until 11:00 a.m. on Monday. Check out what they have at [library.uvm.edu/media](http://library.uvm.edu/media).

**The Computer Depot**  
112 Davis Center  
656 – 3067  
[www.uvm.edu/ets/mcsv](http://www.uvm.edu/ets/mcsv)

Staffed by Enterprise Technology Services (ETS) and located on the first floor, this is UVM's authorized reseller and service provider of Apple, Dell and Gateway computer products. This is a great place to buy a new computer as well as to find technical service.  
**Hours:**  
Mon-Fri: 7:30am – 5pm  
Sat: 11am-3pm  
Sun: Closed  
**Help Line:** 656-2604

**Police Services**  
248 East Ave  
Headquarters: 656 – 3473  
**Emergency:** 911 (on-campus)  
[www.uvm.edu/~police](http://www.uvm.edu/~police)

The University's on-campus law enforcement and education unit. Web site includes information on personal safety and crime prevention, in addition to crime statistics.

**Transportation and Parking**  
622 Main Street  
656-8686  
[www.uvm.edu/~tpswww](http://www.uvm.edu/~tpswww)  
**CATS shuttle service** map (pdf)
XII. Financial Information

Paying Your Bill

Student Financial Services
85 South Prospect St
221 Waterman Bldg
Burlington, VT 05405-0160
Phone: (802) 656-5700
Fax: (802) 656-4067
Email: sfs@uvm.edu

Student Financial Services is the office that will send you your bill for tuition, fees, library fines, and parking permits. UVM sends all student bills electronically through the QuikPAYR system. Students receive bill notification emails through their UVM email address @uvm.edu. If you have not set up a UVM email address yet, you can do so here at www.uvm.edu/account/account.php

Within the QuikPAYR system students can set up other payers to make payments on their student account, view bills and receive bill notification emails. You can simply add an authorized payer in the QuikPAYR system. Go to www.uvm.edu/register under the Student Accounting Menu and follow the prompts. If you find yourself needing help you can call them at 802-656-5700.

The easiest way to keep track of what you owe is to check out your account online using the Student Information System (SIS). Go to the Student Financial Services website (www.uvm.edu/sfs) and click on “view your student records” or you can go to the Registrars website (www.uvm.edu/~rgweb) and click on “Student SIS Access (Registration/Add/Drop)”.

When you are ready to pay your bill you can pay online or you can send your payment to:

UVM Cashiers Office
85 South Prospect St
220 Waterman Bldg.
Burlington, VT 05405-0160

Please be sure to pay on time otherwise you will be charged a $200 late fee. The methods of payment that are accepted are cash (but please don't mail this, just stop by the Cashiers Office to handle that), personal checks, money orders, cashier's checks, certified checks and traveler's checks. **You can also pay with a credit card (MasterCard, American Express or Discover), but watch out because you will be charged a web processing fee of $2.75 for every $100 charged, due to a transaction processing fee.** Wire transfer is also a possibility.
If you work for the University of Vermont (Teaching Assistant, Graduate Research Assistant, Graduate Assistant) you can arrange to have your fees deducted automatically from your paycheck, just talk to someone in Student Financial Services. Contact the Graduate College office at 656-3160 if your tuition payments are not reflected before the due date.

You can also find a wealth of information regarding financial aid on the Student Financial Services website including links to FAFSA, VSAC (Vermont Student Assistance Corp.), various forms, and UVM's Financial Aid Handbook.

If you are going to be a Teaching Assistant, Graduate Research Assistant, or Graduate Assistant at the University of Vermont, then you will be receiving checks from the Payroll office twice a month. Checks are sent to your campus mailbox (or with a local bank account you can arrange for direct deposit (see Payroll Forms on their website- www.uvm.edu/hrs) on the 15th and 30th of every month.

Finding Funding
If you are on a quest to find funding, first be sure to talk to your advisor or program director. They will most likely know of the most applicable places for you to look. The following websites may be of interest:

The Sponsored Project Administration (SPA) is dedicated to providing up-to-date, effective service and resources for identifying funding sources. SPA's website has four searchable funding databases: go to www.uvm.edu/spa, and click on 'Funding Opportunities'.

XIII. Health Care and Child Care

The Center for Health and Wellbeing is the place to go when you are not feeling quite yourself. Services are covered if you paid the health fee and charged accordingly if not.

**Services Provided:** The Center for Health and Wellbeing has numerous services to keep you feeling your best. Some include:

- **Counseling Center:** 656-3340  
  [www.uvm.edu/~CHWB/psych](http://www.uvm.edu/~CHWB/psych)

- **Nutrition Services:** 656-3663  
  [http://www.uvm.edu/~CHWB/health/?Page=nutrition.html](http://www.uvm.edu/~CHWB/health/?Page=nutrition.html)

- **Women’s Health Clinic:** 656-3350  
  [www.uvm.edu/~CHWB/health/?Page=women.html](http://www.uvm.edu/~CHWB/health/?Page=women.html)

It is important that University of Vermont students have access to comprehensive medical care while enrolled at UVM. Therefore, all registered students* will be required to either enroll in or waive the **Student Health Insurance Plan (SHIP)** ANNUALLY before the start of the Fall semester.

**Participation in SHIP is mandatory. However, students may waive enrollment in SHIP if they are covered by a comparable health insurance plan.** When evaluating your plan, you must verify the following:

- Lab tests and x-rays
- Prescription drugs
- Hospitalization (including room & board, physicians' fees and surgical expenses)
- Outpatient hospital services
- Mental Health care
- Emergency room care

My plan provides coverage to students over the age of 19
My plan will cover me through July 31, 2014
My plan does not have a high deductible that needs to be met before I am allowed to access coverage

Students must complete an online waiver form at [http://www.uvm.edu/health/insurance](http://www.uvm.edu/health/insurance) no later than September 15, 2010 (incoming first year and transfer students are requested to have their insurance decisions submitted by August 15).

**The online waiver/decision form must be submitted prior to the start of EACH academic year.**

*The Insurance Waiver/Decision is required for all Graduate Students enrolled in 12 or more credits. All Medical Students are required to complete the Waiver/Decision form annually.*
The Insurance Office is pleased to announce our partnership with University Health Plans, Inc. for administration of the 2010-2011 Student Health Insurance Plan.

Please note: After a co-payment, prescriptions will be covered at 100% (in network) up to a maximum of $2,500 per policy year.

When using the University of Vermont Student Health Insurance Plan, please be aware of the following:

There is a $200 deductible for services obtained OUTSIDE of UVM Health Services (The Center for Health and Wellbeing) if a referral is not first obtained.

ALL ROUTINE CARE MUST BE OBTAINED AT THE UVM CENTER FOR HEALTH AND WELLBEING CAMPUS HEALTH CLINICS. ROUTINE CARE IS NOT COVERED UNDER THE HEALTH INSURANCE POLICY.

Students enrolled in the SHIP have either been charged the full-time comprehensive fee, or the mandatory health fee, both of which cover routine/preventative health care office visits at the Center for Health and Wellbeing clinics.

For more information, please see the policy brochure at www.universityhealthplans.com/brochures/brochure.cgi?school_id=227

University Health Plans also provides a separate Vision Care Plan and Dental Plan for any interested UVM students. Students do NOT need to be enrolled in the UHP Student Health Insurance Plan to enroll. More information is at the UHP site, www.universityhealthplans.com/intro/UVM.html

IMPORTANT INFORMATION FOR GRADUATE/MEDICAL STUDENTS

Graduate, College of Medicine, Undergraduate and Continuing Education students at UVM who enroll in the Student Health Insurance Plan are all covered by the same policy. The Basic Health and Accident plan identifies the Center for Health and Wellbeing (CHWB) as your Primary Care Provider, and any student seeking care outside UVM CHWB is required to first obtain a referral from the CHWB or the UVM Student Health Insurance Office.

ALL ROUTINE CARE MUST BE OBTAINED AT UVM CHWB OFFICES—THE STUDENT HEALTH INSURANCE DOES NOT COVER ROUTINE CARE, AND ANY CHARGES FOR SUCH CARE OBTAINED OFF-CAMPUS IS THE RESPONSIBILITY OF THE STUDENT.

Any student enrolling in the UVM SHIP will be required to have EITHER the full-time student comprehensive fee, OR the mandatory health fee on their UVM Student Account.

Many doctoral students who are funded by the University will be granted a health insurance scholarship. These students are required to first enroll in the SHIP at www.uvm.edu/health/insurance, and to then obtain the insurance scholarship application from their departments, if eligible, and submit the signed application to the Graduate College for processing of any applicable refund.
The referral requirement for covered services will be waived for those Graduate Students or College of Medicine Students who are away on rotation or who seek care further than 50 miles from campus. All other students are required to first obtain a referral from UVM CHWB before seeking care in the area (including at Fletcher Allen Health Care).

**Dependents**
Students' dependents may be enrolled in SHIP at an additional cost, available directly through University Health Plans at their website. Eligible dependents include a legal spouse civil union partner, domestic partner, and unmarried children under the age of 19 or a full-time student up to the age of 23, or a newborn infant born while the student is covered by SHIP. A spouse or same-sex partner is generally expected to be living with the covered student in order to be eligible for coverage.

**NOTE THAT UVM CAMPUS HEALTH SERVICES AND THEREFORE ROUTINE/PREVENTATIVE CARE ARE NOT AVAILABLE TO THOSE SPOUSES/CIVIL UNION/DOMESTIC PARTNERS AND DEPENDENTS WHO ENROLL IN THE PLAN.** Services at CHWB are not provided to this group, and the campus ‘Student Health Fee’ is not an option for them.

**IMPORTANT INFORMATION FOR STUDENTS WHO WAIVE (DO NOT ENROLL IN) THE UVM STUDENT HEALTH INSURANCE PLAN**
If you waive enrollment in the SHIP, you are still eligible to be seen at the UVM Center for Health and Wellbeing IF you have either paid the Full Time Comprehensive Fee, OR the Mandatory Student Health Fee, which covers most office visits at the UVM CHWB, and IF you are enrolled in at least 6 credits at UVM.

**NOTE THAT SOME SERVICES AT CHWB ARE NOT COVERED BY THE HEALTH FEE, AND THOSE STUDENTS NOT ENROLLED IN THE STUDENT HEALTH INSURANCE WILL BE CHARGED FOR THE FOLLOWING ON-CAMPUS SERVICES:**
- Lab work done at UVM CHWB
- Psychiatry office visits
- Immunizations
- Orthopaedic supplies (crutches, braces, etc.)

These services/supplies, if obtained at UVM CHWB, would be billed to the student’s UVM account.

**WE DO NOT BILL ANY PRIVATE HEALTH INSURANCE DIRECTLY. UVM IS NOT A PARTICIPATING PROVIDER WITH ANY PRIVATE HEALTH INSURANCE PLAN.** Students will be issued a receipt/walkout statement if they receive chargeable services, and reimbursement is not guaranteed.

**UVM Health Insurance**
UVM offers a comprehensive health care package through The Chickering Group. Under this plan, when you need care you can visit the Center for Health and Wellbeing. It is important to visit the Center for Health and Wellbeing (CHB) first because visits outside the CHW are subject to a $200.00 deductible. If you need a specialist they can refer you to a doctor or health care provider that belongs to North American preferred providers or to
Aetna Preferred Care networks. The above-mentioned referral requirements are waived for graduate students who are 50 miles or more from campus and medical students away on rotation.

**How Much does it Cost?**
The Health Fee, which is included in the comprehensive fee on your tuition bill for each semester, is a mandatory fee for all undergraduate, continuing education and certificate students taking 9 or more credits, or graduate students taking 12 or more credits. This fee is included in the tuition bill as part of the comprehensive fee for 12 or more credits and billed separately to undergraduate students taking 9 or more credits. The Health Fee is also a prerequisite to purchasing the University Student Health Insurance.

**Health Fee Coverage for the Academic Year:**
- Primary health care/women’s health care visits/appointments with Center for Health & Wellbeing physicians, physician’s assistants, nurse practitioners and registered nurses
- Short-term focused psychotherapy and counseling at the Counseling Center
- Health education and health promotion services through Health Promotion Services
- Alcohol and drug education
- Athletic training for varsity athletes
- Public health/control of communicable diseases
- On-campus sexual assault prevention education
- Nutrition Services

**Health Fee Does NOT Cover:**
- Lab work performed at UVM CHWB
- UVM Psychiatry office visits
- Immunizations
- Orthopedic Supplies (i.e. crutches, braces, etc.)
- X-rays, specialist visits, hospitalizations, prescriptions

The UVM Student Health Insurance Plan provides coverage for member students for all or part of the above services, as outlined in the SHIP policy and brochure. For students with private health insurance, it is the responsibility of the student to know how to access their insurance coverage and the limits of their individual policy.

**NOTE THAT THE UVM CENTER FOR HEALTH AND WELLBEING IS NOT A PARTICIPATING PROVIDER WITH ANY PRIVATE INSURANCE PLAN, AND CANNOT BILL PRIVATE INSURERS DIRECTLY FOR ANY SERVICES NOT COVERED UNDER THE HEALTH FEE.**

Students who obtain chargeable services at the CHWB will receive a walkout statement (receipt) for such services, and the charges will be billed to the student’s UVM account. If health services are obtained outside of UVM (i.e. Emergency Room visit, pharmacy), your coverage would be billed to your private insurer as outlined in your policy.
NOTICE FOR STUDENTS WHO HAVE BC/BS OF VERMONT

If you have BC & BS of Vermont, note that the providers (MDs, NPs, PAs and Psychiatrists) at the Center of Health and Wellbeing do NOT participate in the BC BS network. In most cases, chargeable services at UVM will not be covered through your current health insurance policy. If you have any questions or concerns, please call the BCBSVT Customer Service Department, Monday through Friday, 7:00 am until 6:00 pm, except holidays. The toll free telephone number is listed on the back of the identification card. You may also contact them through their website, www.bcbsvt.com.

Eligibility For The Health Fee/Center for Health & Wellbeing Services

Students taking fewer than 6 credits are NOT eligible to be seen at UVM CHWB.

Students taking 6 - 8 credits may elect to pay the Health Fee, and can be seen at CHWB.

Undergraduates taking 9 or more credits AND Graduate students taking 12 or more credits will be charged either the full-time Comprehensive Fee OR the Student Health Fee, and are eligible for CHWB services.

Spouses/Dependents of students ARE NOT ELIGIBLE TO BE SEEN AT THE UVM CHWB. Students who have paid the spring semester health fee can be seen at the Center for Health and Wellbeing and are covered by that health fee through July 31st. Summer students who have NOT paid the spring semester health fee are not eligible to be seen at CHWB.

All students enrolled in the UVM Student Health Insurance Plan are required to pay the semester Health Fee and are required to obtain Primary Care (routine) health services at CHWB.

Insurance Information for Students Who Utilize Psychiatric Services at The Center for Health and Wellbeing: If you have the UVM Student Insurance you will be covered at 100% of the initial visit and 80% of the follow up visits. The 20% co-pay can be paid at the time of service or we will bill your student account. UVM cannot bill private insurance carriers for psychiatry visits.

Hospitals

Medical Center Campus
111 Colchester Avenue
Burlington, VT 05401

Hopefully you won’t need an emergency room while conducting your studies at UVM, but it is good to know where the closest one is. Fletcher Allen Health Care is an academic hospital (www.fahc.org) associated with the College of Medicine, right on the University of Vermont campus. Recently the hospital opened a new, updated Emergency Department.
Child Care

If you need to arrange for childcare, we have some basic information here. First, UVM does have its own Child Care Center; however, the waiting list is very long. There are many registered or licensed alternatives, such as family daycare homes, center-based care, and in-home care. Vermont law requires that people caring for children from more than two families be registered or licensed. Licensing requires that the caretaker have a college degree appropriate to providing childcare. You can obtain a complete list of all registered daycare online at [www.brightfuturesDCFstateVT](http://www.brightfuturesDCFstateVT) of Vermont Child Care Information Services. Once you pick a few places of interest you can check to see if any complaints have been filed against them in the past 12 months by contacting the Vermont’s Child Care Consumer Concern Line 1-800-540-7942. Another place that may be of interest is:

Child Care Resource
181 Commerce Street
Williston, VT 05495
1-800-339-3367
[www.childcareresource.org](http://www.childcareresource.org)

For a fee, they will find and send you information on the daycare centers that best suit your needs.
XIV. Livin’ Large...
The Unofficial Graduate Housing Guide

Coming to the University of Vermont as a graduate student, you must be very excited to begin this different stage of your life! The first big step you should take, now, is to find temporary housing (i.e. an apartment), which is a hot commodity in Burlington. Some people underestimate the value of housing in and around Burlington, as many apartments are swiped up rather quickly. There is hope, however. You have an edge over other potential renters simply by reading this housing guide. In the following pages you will learn a great deal regarding housing for graduate students in the Burlington area. It is our sincere hope that this information will help you secure comfortable housing and orient yourself with the Burlington area.

University Housing
Although there are university-run housing opportunities for graduate students at UVM, they are limited and highly sought after. In fact, it is quite likely that the waiting list for university lodging is longer than your tuition bill. Securing a spot on a waiting list is a smart move, though. Oftentimes, people with higher positions on the list will remove their names, effectively improving your chances of acquiring a university living space.

UVM offers an option for graduate student housing, Apartments and Family Housing at Fort Ethan Allen. Located in Colchester, Vermont, these apartments are about 5 miles from the UVM main campus and right on the CCTA bus line, and details for these are listed below.

Apartments at Fort Ethan Allen
Fort Ethan Allen housing offers a number of different options for living. There are two types of apartments, County Apartments and Ethan Allen Apartments. Of the County Apartments, there are 1-bedroom flats, 2-bedroom flats and 2-bedroom townhouses. Of these, only a handful of the townhouses are actually furnished. Ethan Allen Apartments come in four styles: 2-bedroom flats and townhouses and 3-bedroom flats and townhouses. None of these are furnished.

The word on the street is that you should act quickly to obtain one of the 120 apartments at AFH. These apartments are a hot item, despite their relative distance from main campus. Residents of AFH enjoy a slate of community activities like picnics, movie nights, kids-only events, cultural events, and a summer volleyball league. Plus, AFH has its own community garden, and residents are eligible for plots. Cable and internet are included in the rent, so there's no hassling with Comcast or Fairpoint. The Fort itself has some nice amenities like tennis courts and a jogging path around the Parade Green.
The sizes and rates for the 2013-2014 school year are as follows:

<table>
<thead>
<tr>
<th>Style</th>
<th>Size (ft²)</th>
<th>Price ($/mon)</th>
<th>Rent includes*</th>
</tr>
</thead>
<tbody>
<tr>
<td>County 1-Bedroom Flat-</td>
<td>498</td>
<td>755</td>
<td>L</td>
</tr>
<tr>
<td>County 2-Bedroom Flat</td>
<td>598</td>
<td>855</td>
<td>L</td>
</tr>
<tr>
<td>County 2-Bedroom townhouse</td>
<td>661</td>
<td>935, 575/each(furn.)**</td>
<td>H,E,L</td>
</tr>
<tr>
<td>EA 2-bedroom flat</td>
<td>725</td>
<td>1025</td>
<td>H, W/D</td>
</tr>
<tr>
<td>EA 2-bedroom townhouse</td>
<td>895</td>
<td>990</td>
<td>W/D</td>
</tr>
<tr>
<td>EA 3-bedroom flat</td>
<td>1024</td>
<td>1125</td>
<td>W/D</td>
</tr>
<tr>
<td>EA 3-bedroom townhouse</td>
<td>1160-1230</td>
<td>1085-1300</td>
<td>W/D</td>
</tr>
</tbody>
</table>

*All apartments include: Living room, full bath, kitchen, plus: water, sewer, trash, cable and Internet. All are wired for phone. One pet allowed (with a pet deposit of $75).

**The only furnished 2-bedroom townhouses are those to which individual renters are assigned, and the rent is $575/month. Otherwise, the rent is $910/month, and occupants are not assigned.

H – heat, E – electric, W/D – washer/dryer hookups, L - coin-op laundry

And don’t worry, there are no uniformed people marching around the apartments, waking up to bugles at 5 o’clock in the morning...this is the historic Fort Ethan Allen and you are only near the Vermont Air National Guard base. You are also near numerous convenient bus stops for the Chittenden County Transportation Authority (CCTA) bus service. website: [www.cctaride.org](http://www.cctaride.org). The bus route that winds through the Fort Ethan Allen campus (good old bus #2, to Essex Junction) leads directly to the university (there is a stop at the Fletcher Allen Health Center, which is on university grounds). The ride from Fort Ethan Allen to campus takes about 15-20 minutes, and UVM students ride for free with a valid UVM ID.

Priority at these units is given to married couples or same-sex partners with or without children. After these students are accommodated, single graduate students and non-traditional aged undergraduates are offered housing here. Contact the Apartment and Family Housing dept. of Res. Life for housing applications ([familyhs@uvm.edu](mailto:familyhs@uvm.edu), 802-654-1735), or visit [www.uvm.edu/~rlweb/graduate_students](http://www.uvm.edu/~rlweb/graduate_students).

**Off-Campus, Non-University Housing**

If you're considering off-campus housing, the Greater Burlington area provides many opportunities for renters and homebuyers alike. Chittenden County, also known as the Champlain Valley, accounts for approximately 25% of the State's population. The economic center of Vermont is home to over 146,000 residents representing 56,000 households. The county, or the Greater Burlington area, is made up of 18 cities and towns. Many apartments and homes are relatively close to the main campus or are on one of the Burlington area’s many bus routes, circumventing the need for a car to get to work.

Like many college towns, the rental market in Burlington is fairly competitive as demonstrated by the low vacancy rates of less than 1.5%.
Follows is a rough estimate of what to expect for rental rates in Chittenden County.

<table>
<thead>
<tr>
<th></th>
<th>Apartment or Condominium</th>
<th>Apartment or Condominium</th>
<th>Single Family Home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent:</td>
<td>$700 – 850</td>
<td>$900 – 1,500</td>
<td>$1,500 – 2,600</td>
</tr>
<tr>
<td>Bedrooms</td>
<td>Studio - 1 bedroom</td>
<td>2-3 bedroom</td>
<td>3-4 bedroom</td>
</tr>
<tr>
<td>Baths:</td>
<td>1</td>
<td>1.5</td>
<td>2</td>
</tr>
</tbody>
</table>

**Residential Life Off-Campus Housing Resource:**

On this website are listed property managers in the area, as well as the apartment complexes that are located near to campus. Here you will also find the following links to local newspapers and renting resources.

- www.burlingtonapartments.net
- www.burlingtonrent.com
- www.freepressclassified.com
  (local newspaper)
- www.homesharevermont.org
- www.sevendaysvt.com
  (local free weekly)
- www.relocationcentral.com
  (national resource)
- www.apartmentsgalore.com

Also don't forget Craigslist (burlington.craigslist.org). They will have some of the best and funkiest listings. Make sure you act quickly; the housing market in Burlington is a landlord's dream.

If you have exhausted the above resources and are still not satisfied with your options, sign up for Gradnet. [http://www.uvm.edu/~gradcoll/?Page=current/gradnet.php](http://www.uvm.edu/~gradcoll/?Page=current/gradnet.php)

Gradnet is a free electronic forum where graduate students, faculty and staff can discuss various matters, publicize garages sales, post used cars for sale, and, more importantly for you right now, announce apartments for rent. All that is required to sign up is a UVM email address and a couple minutes of your time. On an average day in the summer, there may be 2 or more emails regarding apartments for rent.

If you desire an overview of renting in Vermont, visit the Vermont Tenants, Inc. website (see *Rescue Me*).

**Area Overviews**

**Central Burlington:** Between main campus and downtown Burlington is situated the central Burlington area, located on the slope of a hill, at the top of which rests University Green and at the bottom of which is situated the downtown area. This section of Burlington is home to both permanent residents and renters. The houses, for the most part, are old and generally elegant, while these kind words describe only a few of the rental units here. There are three main avenues that run along the grain of the hill: Main Street, College Street and Pearl Street. Connecting these main drags, running against the grain of the slope are a number of side streets that vary in the magnitude of vehicular traffic. Most of the rental units are situated along the more traveled streets.
Converted houses outnumber apartment buildings. Further, few graduate students reside in apartment buildings here. As such, if you end up living in this section, you will probably be sharing a house with a number of people...so, make friends. Also be aware of areas heavy with undergraduate residents. Streets that make up this non-contiguous demarcation are Buell St., Isham St., Greene St., parts of Union and Willard, (those close to College and Pearl St.), and sections of Maple St., between Union and Church. This is an area populated mostly by undergrads and can be quite loud (but fun if you like beer pong) in some sections so be sure to inquire about the noise level during the semester.

**Old North End (ONE):** The Old North End is traditionally considered to be a more run-down part of town, although, due to efforts by its residents and the City of Burlington, this area is experiencing a renaissance. While there are a number of seedy apartments, there are also an increasing number of gems, earning this neighborhood a second look from prospective renters.

**New North End (NNE):** While the New North End is very livable, it lacks the social atmosphere found in places closer to campus (NNE is located further from downtown and campus than is ONE). Apartments in this area are not as prevalent as in others, as family homes comprise most structures.

**The Hill:** Main Street acts as the unofficial southern boundary of both UVM’s main campus and Burlington’s downtown. Champlain College is located in this area, as are a number of apartments. What makes this area nice for renting are the neighbors; homes in this area are generally affluent, especially closer to UVM’s Redstone campus, about 3/4 of a mile south of the center of main campus. This area is an ideal place to live for those who crave a nice neighborhood, relatively quiet neighbors and proximity to both downtown and UVM.

**Elsewhere:** South Burlington and Winooski are the neighboring cities and tout many rental properties. Convenient public buses traverse these areas to neutralize their relative distance from campus.

A few apartments are also located along Colchester Avenue and East Avenue in Burlington. These are all converted houses, so have a group of people ready to move in with you.

**Buying a Home**
If you’re thinking about staying in the area for a number of years and are interested in building some equity, buying a home may be an option for you. Burlington offers single-family, condominium, multi-family, and duplex options all within walking distance to campus or a short commute away. If you are considering purchasing a home in the Burlington area, check out these useful resources to help get you started.
The following gives you an idea of the median price on a single-family home in 2007, by town:

- Burlington: $230,000
- Milton: $237,000
- Charlotte: $519,000
- Shelburne: $394,950
- Colchester: $230,000
- South Burlington: $238,000
- Essex Junction: $223,500
- Underhill: $252,500
- Essex Town: $252,000
- Williston: $280,000
- Hinesburg: $269,120
- Winooski: $209,956
- Jericho: $268,000

**Local Contact: (and widely recommended!)**

If you are not sure where to start, how much you can afford, or what options are best for you, contact Ernie Rossi, Realtor, UVM Class of 2003

Coldwell Banker Hickok & Boardman Realty
(802)846-9582
Ernie@HickokandBoardman.com

**Website Resources:**

There are many realtors in the area available to help students locate real estate options. For a comprehensive list check out the Living and Relocation page on the Lake Champlain Chamber of Commerce website ([www.vermont.org/move-here](http://www.vermont.org/move-here)). Alternatively, listings can be found online or in classified sections of local newspapers (see websites below).

- [www.burlingtonfreepress.com](http://www.burlingtonfreepress.com) – local newspaper
- [www.7dspot.com](http://www.7dspot.com) – local weekly newspaper
- [www.craigslist.org](http://www.craigslist.org) – a free resource... but please be aware we've seen an increase in fraudulent postings on this site

When moving into non-university housing, there are housing necessities that must be handled immediately upon moving in.

**Utilities, Telephone, Internet, Cable**

**Gas:** Moving in at the beginning of fall, you will soon appreciate the comfort that indoor heat provides. Depending upon the apartment, gas may provide that heat, in addition to cooking capabilities. In Burlington and all of Chittenden County, *Vermont Gas Company* is the sole provider of gas heat. Call them up as soon as you move in to put the gas bill in your name, assuming gas is not included.

**Vermont Gas Company**
802-863-4511
[www.vermontgas.com](http://www.vermontgas.com)

**Electricity:** While electricity is rarely the source of heat in Vermont, you will need it for everything else you use everyday. If living in the Burlington area, your source for electricity is *Burlington Electric*. Typical bills, when heat is not included, run from $35 to $70 every month.

**Burlington Electric Department**
802-865-7300
[www.burlingtonelectric.com](http://www.burlingtonelectric.com)
Or, if you have found a place to live outside of the immediate Burlington area, your electricity provider will most likely be one of two providers:

Green Mountain Power
(888) 835-4672
www.greenmountainpower.biz

Central Vermont Public Service
(800) 469-2877
www.cvps.com

**Telephone:** So far, it’s been pretty easy setting yourself up in your new apartment, no choices to make. However, with telephone service, you have a few choices:

AT&T
www.att.com

Verizon
www.verizon.com

There are other options for telephone service, although they do require certain hardware, while providing less costly service. An example of this is Vonage (www.vonage.com). However, the beauty of this particular service is dirt-cheap long distance, which becomes an insignificant bonus if you have a standard cell phone plan.

**Internet:** Internet in this area is dial-up, DSL or cable. Dial-up is rather slow compared to the other two, and ties up the phone lines when being used. Also, incoming calls may interrupt service when you are online. DSL is the middle of the road amongst the three choices. It is faster than dial-up, does not tie up the phone lines, but is slower than cable Internet. Cable Internet, unlike dial-up and DSL, uses your television cable to provide rather fast web surfing. The order in which the internet options are listed above is from low quality to high quality. However, the price increases with quality.

Dial-up and DSL are available from Verizon. If you also get telephone service from Verizon, you may be able to reduce your Internet costs. Cable high-speed Internet is provided by Comcast cable. Again, depending on your selection of cable packages, your cable Internet bill may decrease.

Comcast Cable
1-800-COMCAST
www.comcast.com

**Cable:** As mentioned above, you may obtain cable from Comcast. There are a few packages to choose from. But, remember that you are a graduate student and you will probably not have enough time to watch 500 channels without neglecting a few of them. Basic cable, about 15 channels, runs roughly $25/month. These are essentially the channels you would get for free elsewhere in the nation (plus a few Canadian channels).

**Rescue Me!**
There may come a time when you find that you are entirely unhappy with your housing situation due to bad management or unsafe living conditions. As soon as you feel this way, you must act quickly. There are a couple people worth calling.

First is Vermont Tenants, Inc.
(www.cvoeo.org/htm/housing/tenants/tenantshome.html)
They provide assistance to those people who feel wronged by their landlords or who have questions regarding housing in
general. Call them (800-287-7971, or local 802-864-0099), they are friendly. They also have a handbook regarding renting in Vermont: [www.cvoeo.org/htm/Housing/tenants/Renting_in_VT.html]

As a UVM student you may also receive free legal assistance from Student Legal Services [uvmbored.com/club/student-legal-services]. You may reach them at 656-4379, and they are physically located in room B-160 in Billings Student Center. Since the office is run by undergraduate students (the legal aspect is provided by a law firm in town), it is not open throughout the summer.

Moving In and Out
Moving in and out may be a daunting task if you either do not have a car or have only a small one. In these cases, you may need to rent a truck. The phone book is a wonderful resource for this type of information. Just in case you don't have a phone book (or if it is presently propping up the left side of your couch) here are some moving-truck rental businesses in the area.

- **Booska Movers**
  1-800-649-3185
- **Budget Truck Rental**
  1-800-283-4382
- **Ryder Truck Rental and Leasing**
  1-800-297-9337
- **U-Haul Company**
  1-800-468-4285

Although Penske Truck Rental Company does not have a location in Burlington, they have a location in Rutland, Vermont about 65 miles south of Burlington. They have been known to offer better deals than the above companies, and might offer a low price that would warrant the hassle in driving down to Rutland to drop off the truck. [www.pensketruckleasing.com]

**Furnishings**
While you can look up the various furniture stores in the area, there is a hidden treasure on Pine Street. Recycle North, the waste removal company, sells used furniture and appliances, in pretty good to great condition. Here you will find large and small appliances, furniture, records, brick-a-brack, etc. These are items that have been gently used and donated for resale at cheap prices. Their store is open weekdays and Saturday, 9am to 6pm. They also have an outlet for salvaged building supplies, like paint.

Another great source for used and new furniture in Burlington is Myer's. They are located on Intervale Avenue. Myers New and Used Furniture, Inc. 864-0540

**Necessities**
Although one man’s need is another man’s want, we are sure that you would agree every student needs a snack in the middle of the night, every once and awhile. So, here we will guide you to the nearest grocery stores, convenient stores, pharmacies, Laundromats, banks, and post offices.
**Groceries**

There are three main grocery stores in the greater Burlington area: Shaw's, Hannaford and Price Chopper. Price Chopper, or “the Chopper”, is a student favorite, most likely because its name exudes savings and its South Burlington store is open 24 hours. However, it is generally accepted that Shaw's is good for produce and Hannaford is good for meats. Shaw's and Hannaford have the most stores in the area with 3 and 4 stores, respectively, while Price Chopper has only one.

None of these stores, however, are within walking distance of the university. All (except Shaw's in Colchester) are on or near a public bus route. There is an alternative in Onion River Co-op’s City Market, located in downtown Burlington. Here, you will find lots of local and natural products. They have conventional foods too, but they are typically more expensive than in the larger grocery stores. Since this is a co-op, its member customers purchase equity in the store and receive certain discounts on their purchases. You do not, however, have to be a member to shop here. Check out what else City Market has at [www.citymarket.coop](http://www.citymarket.coop).

**Pharmacies / Drug Stores**

Rite-Aid and Kinney Drug are the major drug stores in the area. They have pharmacies located in the back behind all of the food and assorted beauty and health products. Each has a location in Burlington. Rite-Aid is near Church Street and Kinney is on Pine St, and on the corner of Williston Rd and 116 in South Burlington. Grocery stores also have pharmacies located within them. However, with grocery stores, the pharmacy tends to close much earlier than those within the drug stores.

**Laundromats**

In the event that your apartment does not have a Laundromat, you will need to find a place to get your clothes washed. Either you can do it with coin-operated machines, or you can drop your laundry off and have it washed by the people at the Laundromat. The latter is obviously going to be more expensive, and they charge per pound of dirty laundry.

In Burlington, there is Pearl Street Laundromat in the downtown, North Winooski Avenue Laundromat in Old North End, Gaslight Home-Style Laundry on College Street, and King Street Laundry on King Street, between Main and Maple. Before you do laundry, find out how much the machines cost at each location. $1.25 to $1.50 per machine per load is normal for coin-laundries, but go for the least expensive, as quarters will add up to savings.

**Banks and ATMs**

Bank North, Citizens, Key, etc. Generally, banks around here are pretty student-friendly. It would be silly for them not to be...a big chunk of their customers are students. When you get here, find a bank that will offer you free checking, a sign-on bonus, a great interest rate, or all of the above (if you can). Banks are located in the downtown Burlington area, centrally, on and near Bank Street. Other locations are scattered throughout the greater Burlington area. ATMs can be
found in several places around the University. There are Banknorth ATMs located on the ground floor of Waterman and on the ground floor of the Davis Center. Chittenden Bank has a full service location on the 1st level of the Davis Center, as well as an ATM across from the entrance of the book store. If you choose not to use these options, you’ll have to get your walking shoes on and head down the hill to Bank Street, “because,” as Willie Sutton said, “that’s where the money is.”

**Post Offices**

Mailboxes are also hard to come by on campus. However, Waterman Building houses a mail depository (for both on- and off-campus mailings). In fact, if you live on campus and are having trouble receiving mail, this is the place to go. Underground Copy: Print and Mail, located on the ground floor of the Davis Center (101C) does have most mail services, including UPS shipping, personal mailboxes, and even photo printing. You can pay cash or use your Catcard.

For all other postal inquiries, the largest post office in the area is located just north of the top of Church Street on Elmwood Avenue. Remember to fill out change of address forms whenever you move to a new location, and inform all of your friends, relatives, magazine subscriptions, banks and credit card companies of your move.

**Getting Around Burlington and Vermont**

Getting around Burlington is really easy if you have a car. Some people prefer to “hoof it” around the city. Nevertheless, sometimes travel within Burlington seems easier if you have a bike. In this section, we will briefly cover the various modes of travel in and around Burlington.

**Automobile Travel and Parking**

Driving a car throughout Burlington is not a difficult or complicated task. However, parking may get tricky. There are three central parking garages in the downtown area (around Church Street). These are meant to accommodate those people who are shopping, eating, working, strolling, etc. in Burlington.

The first two hours are free, and every half hour after that is $1.00. After 4 hours, it’s $1 per hour with a daily max of $8. Otherwise, parking meters litter the streets all around the city. Also see the Snow! section for information on snow parking bans. Watch out for resident-only parking on Burlington streets. Over the past years, the number of streets with resident-only parking has increased, effectively reducing street parking for all other folks in town. On campus, life gets even more difficult with respect to parking. The university is, and will be for some years, hampered by construction.

A new parking garage will alleviate some parking woes that plagued students and faculty, but parking will still be a thorn in our sides. If you know that you will have a car and will need to park it on campus, call Transportation and Parking Services (802-656-8686) to find out if and where you can park.
If you just need a car for a few days, there are several rental options in Burlington:
- Avis (802-864-0411)
- Budget (802-651-6991)
- Enterprise (802-863-2111), (802-862-7325)
- Hertz (802-859-3601)
- National (802-864-7441)
- Thrifty (802-862-6179)

Public Transportation
There is one mode of public transportation, the Chittenden County Transportation Authority (CCTA). Their bus routes trace throughout Burlington, South Burlington, Essex Junction, Williston and Winooski, plus trips to Middlebury, Montpelier, and St. Albans. UVM students, faculty and staff may ride the buses for free, simply by flashing their UVM ID. For information regarding routes and schedules, visit the CCTA website at www.cctaride.org.

Bicycles
Burlington is very bicycle-friendly. In addition to a recreational bike path that winds through Burlington and neighboring towns, cyclists are common fixtures on the streets. See the When You’re Not Studying section for biking ideas. Parking a bicycle is an easy venture, once you invest in proper security measures. Along with the plethora of bicycles comes the increased risk of bike theft. So, when you get a bike, splurge on the best bike locks you can find. The following are just a few of the bike shops around town:

- Local Motion
  (802) 652-2453
  www.locamotion.org

- North Star Sports
  (802) 863-3832
  www.northstarsports.net

- Old Spokes Home (Used Bicycles)
  (802) 863-4475
  www.oldspokeshome.com

- Earl’s Cyclery and Fitness
  (866) 327-5725
  www.earlsbikes.com

- Skirack
  (802) 658-3313
  www.skirack.com

Taxicab Confessions
If you have to go to the airport, need a designated driver, or just enjoy people driving you around you will be interested in the taxi services in Burlington. The companies with the most cars on the street are:
- Yellow Cab (802-862-3300)
- Benway’s Taxi (802-862-1010, Airport Taxi 802-658-1313)
- A Taxi Service (802-658-2299)
- AAA Taxi (802-238-9329)
- Everywhere Taxi (802-238-4121)
- K & B Taxi Service (802-238-8103)
- Morf’s Taxi Service (802-864-5588) – an economical van service for groups
**Regional Transportation**

For checking out great neighboring cities like Montreal or Boston, or for going a little further, there are regional bus options and Burlington’s International Airport. Mega Bus goes in and out of Burlington to just about wherever you can imagine. If you are an early riser you may even find tickets as cheap as 1$. It is pretty common for people to find Mega Bus tickets that get them as far as Boston for 5$. Other regional bus options include:

Greyhound (802) 864-6811
345 Pine Street, Burlington, VT 05401

Amtrak also has a location in nearby Essex Junction, VT. Visit [www.Amtrak.com](http://www.Amtrak.com) to view train schedules.

Airport information and airline options are:

**Burlington International Airport (BTV)**
(802-863-2874) 1200 Airport Drive, South Burlington, VT 05403.
[www.burlingtonintlairport.com](http://www.burlingtonintlairport.com)

Airtran [www.airtran.com](http://www.airtran.com)
Continental [www.continental.com](http://www.continental.com)
Delta Airlines [www.delta.com](http://www.delta.com)
Jet Blue - [www.jetblue.com](http://www.jetblue.com)
Northwest Airlines [www.nwa.com](http://www.nwa.com)
United Airlines [www.united.com](http://www.united.com)
US Air [www.usairways.com](http://www.usairways.com)

And check these sites for travel deals:
[cheaptavel.com](http://www.cheaptavel.com)
[hotwire.com](http://www.hotwire.com)
[www.travelocity.com](http://www.travelocity.com)
[www.expedia.com](http://www.expedia.com)
[www.ferries.com](http://www.ferries.com)
XV. SNOW!!

If you like it (and the cold weather that comes with it), snow is a fantastic reason to move to Vermont. If you don’t, perhaps a shift in perspective is all you need, cause it’s here for a long part of the year! Just think of all the fun things you can do...

Ways to enjoy the snow in Vermont:
   - Downhill skiing/snowboarding
   - X-country skiing
   - Sledding
   - Dogsledding
   - Snowshoeing
   - Skating
   - Looking out the window while you sip hot chocolate at a local coffee house (read on for more details on these options...)

Things to NOT enjoy about winter in Vermont, but you definitely need to know:

Parking Bans
In the event of large quantities of snowfalls, the City of Burlington initiates parking bans on all city streets. This means that all cars must be off the city streets by 10:00 pm so that the snowplows can effectively clear the streets. If your vehicle is parked on the street during a ban, it will be towed, (which you will have to pay for) and you will be issued a $75 parking ticket. Some downtown parking lots will allow overnight parking when bans are in effect. There are yellow flashing lights set up around the city that will indicate that a parking ban is in effect. For more information, you can also call the Winter Street Parking Ban Info Line at 658-7669. UVM will also occasionally notify us through all-campus e-mails when parking bans take effect (but not always).

There are also parking bans in effect in the spring time, for street cleaning – something to keep an eye out for. The same rules usually apply.

Commuting
If you’re driving to campus on a snowy day, allow extra time for the commute or better yet, come by skis or snowshoes or your good old boots. Traffic can get pretty bad sometimes and your trip can take twice as long.

Attire
Coming from a more tropical climate? Remember, the cold weather in Vermont can be more to worry about than the actual snow – cover your face, fingers, etc. when the weather dips below the freezing point. Take campus transportation to get yourself around UVM, and wear layers and a heavy jacket – what you thought was warm clothing before just won’t cover it.

Now, on to the good stuff...
**Local Ski areas**

**Downhill**
Below are some of the ski areas you can enjoy within about an hour's driving time (with one exception). Most of the lift ticket prices are at 2008-2009 season rates. Check out their websites for conditions and up-to-date lift ticket prices and deals. Many mountains offer student discounts or other discount packages.

**Bolton Valley**
Bolton, VT 05477  
Phone: 877-926-5866  
E-mail: info@boltonvalley.com  
URL: www.boltonvalley.com  
61 trails  
A great mid-size mountain; 15-20 minutes from UVM; night skiing; good student discounts; weekday lift ticket: $42 for regular pass, and they get even cheaper for students.

**Cochran’s**
Richmond, VT 05477  
Phone: 802-434-2479  
URL: www.cochnrskiarea.com  
8 trails  
A great little hill for the skier who loves the rope tow and Poma lift! Learn to ski from Vermont’s finest – there are a few Olympic gold and silver medal winners in the Cochran family lineage. Only about 15 minutes from UVM, lift ticket prices are ~$20. Not much snowmaking here, so call ahead first.

**Jay Peak**
Jay, VT 05859  
Phone: 802-988-2611 or 800-451-4449  
E-mail: JayPeak@together.net  
URL: www.jaypeakresort.com  
75 trails  
A bit of a drive, for VT skiing (~1 hr 30 mins from UVM), but definitely worth the trip at least once. Jay boasts the most snowfall in the East – go find out for yourself! Good prices too, especially for students – tickets are about $45 with student ID.

**Mad River Glen**
Waitsfield, VT  
Phone: 802-496-3551  
E-mail: ski@madriver.com  
URL: www.madriverglen.com  
45 trails  
If you want nostalgia, this is the place to go. Mad River is home to one of the only single-chairs still operating in North America. They have very little snowmaking, and do very little grooming. One of the classic Vermont mountains, and owner of the well-known slogan (in VT, anyway), “Mad River Glen, Ski it if you Can”. Anti-Mad River folks, mostly snowboarders, have generated their own bumper stickers – “Mad River Glen, I’d Ride it if I could” because snowboarders are sent down the road to Sugarbush. Not quite an hours’ drive from UVM, Mad River offers some of the most challenging terrain in Vermont, and you can enjoy it for a whole day for the bargain price of $55 (call ahead for conditions, and ask about student rates).
As you'll hear in their advertisements, you get “3 mountains of fun” for the price of 1 here. A great family-oriented mountain, “Smuggs” offers lots of challenging terrain for all levels, and only about 40 minutes from UVM. A good deal to check out is their Bash Badge –before Labor Day (rates go up after), and you’ll get lift ticket for a price of just $25 for a whole day (normally ~$68 for a whole day). They also offer “morning only” passes – great for those winter days when you only have afternoon classes or labs.

**Stowe**
Stowe, VT 05672
Phone: 802-253-3000 or 802-253-3600 (snow)
E-mail: info@stowe.com
URL: www.stowe.com
48 trails
Alongside Killington, probably the most well-known ski area in New England, and for good reason. They’ve been around since the beginning of it all, and know how to do things right. Lots of great terrain, with speedy lifts to get you up to it, and a nice little village for the après skier in you. About 50-60 minutes from UVM, full day lift tickets are ~$92 on weekdays.

**Sugarbush**
Warren, VT 05674
Phone: 800-537-8427 (res); 802-583-6300 (info); 802-583-7669 (snow)
URL: www.sugarbush.com
111 trails
Down the road from Mad River Glen, Sugarbush offers up a little of everything, at $84 for a day of it. Definitely a resort mountain, complete with high-speed quads and lots of well groomed trails.

Other mountains beyond the immediate Burlington area:
**Killington,**
www.killington.com
**Middlebury Snow Bowl,**
www.middlebury.edu/~snowbowl
**Mount Snow/Haystack,**
www.mountsnow.com
**Okemo**
www.okemo.com
**Stratton**
www.stratton.com
**Whiteface (New York)**
www.whiteface.com
And for general information about these and other mountains in Vermont/New England, go to: www.newenglandski.com/vt

Interested in a little bit of skiing history in Vermont and New England? Check these sites out!

- New England Lost Ski Areas Project
  www.nelsap.org
- Vermont Ski Museum
  www.vermontskimuseum.org
Nordic/Cross-country/Backcountry skiing

There are many, many places to go cross-country skiing in Vermont; we’re not even going to try to list them all in any amount of detail. A great resource for Nordic enthusiasts is www.xcountryski-vermont.com/index.cfm; here you will find conditions and contact information for many cross-country ski locations, divided up by regions in Vermont. And don’t forget, there is the Intervale and the many golf courses that you can ski at, for the bargain price of $0.00!! Several of these venues also have good backcountry skiing.

Some Nordic/Backcountry ski/ride places close to UVM are:

Bolton Valley, Bolton, VT  
www.boltonvalley.com
Catamount Ski Center, Williston, VT  
www.catamountoutdoor.com
Jay Peak  
www.jaypeakresort.com
Sleepy Hollow, Huntington, VT  
www.skisleepyhollow.com
Stowe Mountain  
www.stowe.com

What else is there to do in Vermont in the winter?

Dogsledding!  
www.dogsledrides.com/vermont

Ice Skating!
Leddy Arena on North Ave in Burlington (802) 865-7558, or there are lots of ponds and of course Lake Champlain, but as always, be careful!

Snowshoeing!
Try the trails at the Intervale, Indian Brook Reservoir in Essex, or any of the many trail-heavy parks around the Burlington area.

One thing about Vermont – there are lots of hills, trails, and tons of snow, so get out there and enjoy it all!

Where can I get equipment?
First, try contacting the UVM Outing Club – they loan out a variety of outdoor equipment so it’s a great way to try something out!

Then, try a few of the local outdoor shops:
Alpine Shop  
1184 Williston Rd., South Burlington 862-2714
Climb High  
191 Bank St. Burlington 865-0900
Outdoor Gear Exchange  
152 Cherry St., Burlington 860-0190
Ski Rack  
85 Main St., Burlington 383-0699
Eastern Mountain Sports  
100 Dorset St., S Burlington 864-0473
XVI. Graduate Grub

On-Campus Dining

So, you forgot to pack your lunch (or dinner or breakfast for that matter). What to do? Luckily there are quite a few appetizing options for the hungry student.

Along the street adjacent to the UVM Green, local food vendors park their trucks along the sidewalk. Options cater to all tastes from sandwiches to Chinese and falafels to salads you are bound to find something to satisfy the taste buds. And it's cheap too - generally under $6. Vendor hours vary but they are usually around until about 5pm during the school year.

UVM Dining Services also has a number of on-campus dining facilities. In addition to cafeteria-style dining options, all of these facilities offer grab-n-go pre-made sandwiches, salads, yogurt parfaits, and sushi.

Here are some central campus dining facilities locations:

Fletcher Allen Health Care features the Harvest Café, with sustainable and mostly organic food at really good prices. Adding the convenient location and hours (5am–3am daily), it becomes the popular choice for grad students. Weekly menu here: www.fletcherallen.org/services/administrative/nutrition_services/dining_services

Henderson’s Café
This café is named after George Washington Henderson, the first African American man (class of 1877, UVM) to be admitted into the Phi Beta Kappa honors society. Located on the third floor of the Davis Center, attached to the UVM Bookstore, this full-service coffee shop (read: lattes, cappuccinos, hot cocoa, & more) offers comfortable chairs selected by student opinion - a great place to relax or chat with friends.

Brennan’s Pub and Bistro
Brennan's is recognized for its locally-sourced and sustainable foods and student-driven events. Vermont products are featured in salads, burgers, sandwiches and a traditional Vermont Breakfast. For those of age, Brennan's offers a local microbrew on tap as well as wine. Popular evening programs like pub quiz, comedy night and live music keep things busy late night.

The Commons Marketplace
The marketplace has ample seating as well as access to the outdoor terrace and green roof. Here there is something for everyone! This space hosts a Sushi Station from locally-owned Sakura restaurant, authentic Indian food, fresh breads baked on-site, and an organic corner portion of the marketplace offers Mediterranean cuisine.
New World Tortilla
Selected from the local brand fair which included a taste test and vote held by the UVM community, this is a Burlington favorite. When possible, New World uses Vermont products in their burritos, tacos and wraps. A favorite is the Thai Chicken wrap with spicy ginger slaw.

Ben and Jerry's
The favorite signature flavors of Vermont are offered as well as healthy smoothies. This company is also unique in that it harbors both progressive ice cream as well as progressive values. Stop by for a scoop between classes!

UVM FeelGood
A branch of the country's first ever student-run, non-profit deli, FeelGood offers gourmet grilled cheese sandwiches made with local Vermont products with proceeds benefiting the Hunger Project, a grassroots poverty relief organization operating in 23 countries worldwide. The ingredients are donated by local businesses such as Klinger's Bread Company, Shelburne Farms, and Vermont Base Waters. UVM FeelGood is an SGA-recognized club – wanna join? Go to uvm.edu/sga for more info.

If you would like to see hours of operation and weekly menus for these cafés and the location of other on campus dining facilities go to the dining services web site at uds.uvm.edu.

Off-campus dining
Based on our experience, graduate students tend to eat out often. This is due in no small part to the abundance and variety of delicious foods served in Burlington's many restaurants. From Thai to Italian, you will never be disappointed with all of your choices in eateries. So, here we will do our best to give you our impression of the local eclectic food scene, as best we can. Even though we have done considerable hands-on research around town, we have failed to dine at every restaurant in town, because there are just too many of them. However, some people have succeeded where we failed. Seven Days, the local entertainment and culture-rich newspaper, publishes its annual dining guide for Vermont, Seven Nights, and emphasizes its hub, Burlington. Check out Seven Nights online at www.sevendaysvt.com/7nights

This guide is near comprehensive. But, continue on below to get a taste (no pun intended) of the graduate student point of view on Burlington's diverse and delicious cuisine.

In following listings, we attempt to give an accurate portrayal of the cost for a meal for a couple. The pricing symbols are listed to the right of each restaurant's name. A key for the symbols is provided below. A meal, here, means a beverage and a main dish. Furthermore, unless otherwise noted, these eateries accept credit cards and serve vegetarian dishes.

Key to Pricing:

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Meaning</th>
<th>Dollar Equivalent</th>
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<tbody>
<tr>
<td>I</td>
<td>Inexpensive</td>
<td>$20 or less</td>
</tr>
<tr>
<td>M</td>
<td>Moderate</td>
<td>$21 to $50</td>
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<tr>
<td>E</td>
<td>Expensive</td>
<td>$51 to $70</td>
</tr>
<tr>
<td>VE</td>
<td>Very Expensive</td>
<td>More than $70</td>
</tr>
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</table>
Breakfast, Brunch, Lunch
There are a number of restaurants that are open only to serve breakfast and lunch. Consequently, most of these restaurants are notoriously good at what they do. The following are a few of our early-day haunts.

Kountry Kart
155 Main St.
Open all week: 19 1/2 hours everyday
Your place for that breakfast sandwich (actually any kind of sandwich and a pack of overpriced smokes) at 2 am after a rough night of karaoke at JP’s (next door).
Bottom Line: What’s not right about a Philly cheese steak at 6 am?

Magnolia’s
1 Lawson Lane (behind Flatbread)
Started as a place to use all local foods; the place has a nice idea behind it. Unique dishes like the lime Belgian waffle offer you something different.
Bottom Line: The oatmeal comes in a solid square. No bowl. A solid square!

Mirabelles
198 Main Street
Open Mon. – Sat.: Breakfast and Lunch
Good breakfast dishes and even better lunch plates abound here. Caters to professionals as well as graduate students, alike.
Bottom Line: We dare you to eat there and not order a dessert.

New Moon
150 Cherry Street
Open all week: Breakfast and Lunch
While you were asleep someone airlifted a chunk of the upper east-side to Cherry St. Luckily they didn’t bring the prices. Fare is soups, salads and sandwiches, all a bit off the norm. Go somewhere else if you want your run of the mill BLT, but if you want something different, this is your place.
Bottom Line: They had a Klezmer band one Saturday morning, what else do you need?

Penny Cluse Café
169 Cherry Street
Open all week: Breakfast and Lunch
Hands down the best breakfast place in Burlington, but expect to wait anywhere between 45 to 75 minutes for a table on the weekends, so show up early, and bring the Sunday times with you, you'll have read it all just about the time your name is called.
Bottom Line: Don't kid yourself, it's worth the wait.

Red Onion
1401/2 Church St.
Open: Lunch time and early evening
Best place in Burlington for a gourmet sandwich on homemade bread, and the only place I’ve seen Montreal Style bagels.
Bottom Line: Get the Red Onion Sandwich; it will change your life. Seriously.
Other: On weekends, often non-breakfast establishments you'll see later serve brunch. So when that hour wait at the Cluse gets too much for you, try heading to Leunig’s or Smokejacks for a slightly pricey but very quality brunch.

If none of these places suit your taste, we suggest walking along Church Street at lunchtime and picking a restaurant at random. Chances are good that you will enjoy your midday meal.

Dining Around the World
As mentioned above, Burlington his home to a whole world of dining options. The downtown area is filled with a plethora of options regarding cuisine type. Great for dinner, the following options should satisfy your cultured.

Asian

A Single Pebble
133 Bank Street
Open All Week: Dinner Full Service Bar
Perhaps the best Chinese food in Burlington... This is not a fast food place, it's more gourmet.
Bottom Line: Try the mock eel; it's better than the real thing!

Asiana House
191 Pearl Street
Open All Week: Lunch and Dinner Full Service Bar
This reviewer has only tried the sushi (there are plenty of veggie rolls too!) & it is fantastic. I have heard the other Japanese menu items are great as well!
Bottom Line: Order the house-special maki, you won't be disappointed.

Bangkok Bistro
144 Church Street
Open All Week: Lunch and Dinner Full Service Bar
This Thai food restaurant is known for its culinary authenticity. On top of that, the food is absolutely delicious.
Bottom Line: Authentic + Delicious = Good Choice

China Express
Corner of North St. and North Ave.
Open All Week: Lunch and Dinner
Cheap Chinese at its finest, right next to the Old Northender, so you can get dinner and a pint without having to take more than 10 steps.
Bottom Line: See all the Old North end has to offer as long as you can avoid the casual street brawl.

Fu Da
179 Pearl Street
Open All Week: Lunch and Dinner
Cheap Chinese downtown, most spacious but empty dining room you'll see (the foods great, but the ambiance is lacking).
Bottom Line: Good food, great price, nice owners.

Pho Hong
169 Church Street
Open All Week: Lunch and Dinner (no lunch on weekend) Full Service Bar.
I think it's the best Thai food in Burlington. Really, I don't know what else to say.
Bottom Line: You'll leave Pho Hong more satisfied than Sting's wife leaving his bedroom.
Pacific Rim
111 St. Paul Street
Open Mon. – Sat.: Lunch and Dinner
Full Bar
Serving up a broad spectrum of Asian
cuisine, this small restaurant will
satisfy most cravings for Asian food.
**Bottom Line:** You don’t have to burn
your tongue off to have a good time
here.

Parima Restaurant
185 Pearl Street
Open All Week: Lunch and Dinner Full
Service
Bar Recognized by the Thai Ministry of
Commerce, your meals may have to
compete with the beautiful dining room
for your attention.
**Bottom Line:** Touts a tasty lunch
buffet and live Jazz at night.

Parima Restaurant
M to E
Parima Restaurant
185 Pearl Street
Open All Week: Lunch and Dinner Full
Service
Bar Recognized by the Thai Ministry of
Commerce, your meals may have to
compete with the beautiful dining room
for your attention.
**Bottom Line:** Touts a tasty lunch
buffet and live Jazz at night.

Indian

India House Restaurant
207 Colchester Avenue
Open All Week: Lunch and Dinner Beer
& Wine
Closest restaurant to campus. Great
North -Indian food. If you really like
spicy, make sure you emphasize that.
**Bottom Line:** Great little escape for a
quicker (than heading downtown) lunch!

Shalimar of India
16 North Winooski Avenue
Open All Week: Brunch, Lunch and
Dinner Beer & Wine
Also a great place for Northern Indian
cuisine, just closer to downtown. They
do a great deal on a Sunday brunch.
**Bottom Line:** You decide which Indian
restaurant is your favorite!

Italian and Pizza

L’Amante
126 College St.
Open: Everyday but Sunday for dinner
Full bar
This expensive Italian restaurant is
truly amazing. Best place I’ve eaten in
Burlington. Try the squash fritters, it’s
a religious experience.
**Bottom Line:** If you see the Virgin
Mary in the flank steak, you owe me
half your profit from E-bay.

Junior’s Pizza
176 Main St
Open All Week: Lunch and Dinner
Pizza parlor serves up some of the best
**Bottom Line:** The pizza tastes like NY-
style and open late Thursday - Saturday.
American Flatbread  I to M
115 St. Paul Street
Open All Week: Lunch and Dinner Kids friendly Full Service Bar
This relative newcomer offers an inviting twist on the traditional wood-fired oven. Taste something from the onsite brewery, too.
**Bottom Line:** Sit by the oven in winter – its warm and it smells great.

Leonardo’s Pizza  I
83 Pearl Street
Open All Week: Lunch and Dinner
This award-winning pizza delivery mainstay has developed numerous unique and appealing pizza styles.
**Bottom Line:** Their whole-wheat crust is a testament to their niche in Burlington and Vermont.

Mr. Mike’s [Pizza]  I
206 Main Street
Open All Week: Lunch and Dinner Full Service Bar
The pizza at this university-town staple pizzeria is often most appreciated late at night, after your first dinner and/or drinks.
**Bottom Line:** Look for late-night deals on slices.

Latin/Mexican

Souza’s Churrascaria  M to E
131 Main Street
Closed Monday: Dinner and Brunch on Sunday Full Service Bar
The style here is all-you-can-eat Brazilian barbeque.
**Bottom Line:** Come really hungry.

Americana-ish
The following predominantly American cuisine, although they don’t limit themselves to that. You will find comfortably eclectic menus at these next few restaurants.

Big Fatty’s  I
55 Main Street
Open Mon – Sat 11 am – 11 pm
Be very careful, you may die of pork overdose. I suggest Fatty’s Monster Dog. A foot long hot dog topped off with pulled pork, coleslaw and BBQ sauce.
**Bottom Line:** Their tag-line is “Put some south in your mouth.” I’m not sure there is anything funnier than that.

Daily Planet  I
15 Center St.
Open All Week for Dinner Full Service Bar
This is a quaint place in between College and Bank St. Offers high end fare as well good beer and burgers, and sidewalk seating.
**Bottom Line:** Bring that “special someone” there, and you know *wink* wink* *nudge nudge* *know what I mean*.

The Skinny Pancake  I
Corner of Lake and College Streets
Open Tues-Thurs 7am-10pm; Fri 7am-12am; Sat 8am-12am; Sun 8am-6pm; closed Mondays.
This is an establishment that just made the jump from Church St. vendor to real restaurant. Pretty much you get anything you want on a crepe, it’s just that simple.
**Bottom Line:** Please go there, these Middlebury alums need to pay back their trust fund somehow.
**Smokejacks**  
156 Church Street  
Open All Week: Brunch, Lunch and Dinner Full Service Bar  
This is another upscale restaurant, with a quaint, yet trendy atmosphere. They offer nice food, but are known nationally for their delicious hamburgers.  
**Bottom Line:** Perfect place if you like burgers and your date likes leg of lamb.

**Southern Soul**  
156 N. Winooski Ave.  
Closed Monday: Dinner only  
This take out place in the North End serves wonderful home-cookin’. Try the ribs or chicken, yumm!  
**Bottom Line:** A perfect meal for a night when you don’t want to cook.

**Stone Soup**  
211 College Street  
Closed Sunday: Breakfast, Lunch and Dinner Kids Friendly Beer and Wine  
This is a vegan-friendly establishment with great soup and bread. They also have a fun buffet (cafeteria style) with daily specials, pizza and sandwiches.  
**Bottom Line:** Try their brunch on Saturday or grab some dinner after a hard day of studying (open until 9 p.m. on weekdays).

**Sugarsnap**  
505 Riverside Avenue  
Burlington, VT 05401  
Phone: 802.652.5922  
Fax: 802.652.5923  
Email: contact@sugarsnap.biz  
Web: www.sugarsnap.biz

**Sweetwaters**  
118 Church Street  
Open All Week: Lunch and Dinner Kids friendly Full Service Bar  
Known for its lively menu and atmosphere to match, this Church Street gem is sure to please most customers. Live music Friday and Saturday nights.  
**Bottom Line:** Try the sweet potato fries...for your sake.

**Tilly’s Cafe**  
161 Church St.  
Open All Week: Lunch and Dinner Full Service Bar  
Remember that salt-water aquarium you always wanted as child, but your mom would never let you have? Now you can get two of them at Tilly’s, along with an eclectic American fare.  
**Bottom Line:** The fish is great, and they don't keep it in the aquarium!

**Vermont Pub and Brewery**  
144 College Street  
Open All Week: Lunch and Dinner Kids friendly Full Service Bar  
Down-home cooking (meatloaf burgers) and a few non-traditional choices comprise the menu at this brewpub. There are 10 home-brewed ales and lagers available.  
**Bottom Line:** Nice and simple, it hits the spot flawlessly.
Cafés
For a pretty complete list of coffee and tea spots, check out the Pawbook section Where to Study Off-Campus. There you will find out which locales are hooked for wireless, too!

Outside of Burlington
Good food is hardly limited to Burlington’s city limits. In fact, there are quite a number of great places to eat in the surrounding area. Some of these places are known for their culinary treasures, some are known for their atmosphere, and the rest are just plain known. So if you have a car, here are our top places to fill your belly outside of Burlington, before driving anywhere else. In no particular order:

Sneakers Bistro and Café
36 Main Street, Winooski
Open All Week: Breakfast, Brunch and Lunch Beer and Wine Available
Bree says it’s great. ‘Nuff said.

Butler’s at the Inn at Essex
The Tavern at the Inn at Essex
70 Essex Way, Essex Junction
Open All Week: Breakfast, Lunch and Dinner Kid friendly Full Bar
Service You cannot lose with either of these NECI (see above) choices. One is for fine dining, the other for relaxed atmosphere.
Bottom Line: Don’t miss when the adjacent locations combine forces for an overwhelming Sunday brunch.

Al’s French Frys
1251 Williston Road, South Burlington
Open All Week: Lunch and Dinner Kid Friendly
Deep pockets have no place at Al’s, a restaurant straight from the 1950’s. Everything on the menu is a gastronomic gauntlet, but even the overly health conscious are regular customers.
Bottom Line: They may be spelled funny, but their French fries are hard to beat.

Junior’s Italian
85 South Park Drive, Colchester
Open All Week: Lunch and Dinner Kid’s menu Full Bar
This dynamic duo, like NECI at Essex, caters to all pocketbooks. The upstairs restaurant is elegant, preparing sizeable and delicious entrées, while the downstairs pizza parlor serves up some of the best New York style pizza in New England (they have a Long Island parlor, too).
Bottom Line: The pizza tastes like NY-style because of Junior’s second location; the upstairs entrées suggest another location in Italy.

Pizza Putt
1205 Airport Parkway, South Burlington
Open All Week: Lunch and Dinner Kid friendly Beer and Wine Available
Homemade pizza and lasagna dare to overshadow the around-the-world mini golf. Nice place to go for a cheap date.
Bottom Line: Feel guilty about eating an entire pizza? Break a sweat trying to get a hole-in-one at Hole 17, The Golden Gate Bridge.
Windjammer Restaurant  M to E
1076 Williston Road, South Burlington
Open All Week: Lunch and Dinner Kid
friendly Full Service Bar
Don’t be fooled because this place is
attached to a hotel, its top quality.
Serving predominantly beef, chicken,
pork and seafood entrées, they hit a
homerun with all of them.
**Bottom Line:** Free salad bar comes
with all entrées. Not just any salad bar
mind you, it's a salad boat. That's
right, a freakin' boat. Save room for
your main dish.

Vietnam Restaurant  I
137 Route 15, Essex Junction
Closed Sunday: Lunch and Dinner
The food is sooooo good, and such a
great deal. Great place to take-out, but
feel free to grab a table. Just get there
early in the morning, because it gets
busy.
**Bottom Line:** You just gotta try it.

“Relative” Restaurants
Chances are that with a few of the
aforementioned locales, you will end up
washing dishes out back to pay off the
third course of your meal. So, either
leave your pride at home or wait until
your parents (or some other wealthier
members of your family) come to visit.
In addition to Butler's above, here are
some of our other suggestions for fine
cuisine on someone else’s tab.

The Inn at Shelburne Farms  VE
1611 Harbor Road, Shelburne
Open All Week: Breakfast, Brunch,
Lunch and Dinner Full Bar
A strikingly beautiful setting on the
Shelburne Farms property, this
restaurant uses locally grown food—
locally grown on their property. Take a
stroll outside after dinner.
**Bottom Line:** Only open from May to
October, so plan familial visits around
this time frame.

Pauline’s Restaurant  E to VE
1834 Shelburne Road, South
Burlington
Open All Week: Brunch, Lunch and
Dinner Full Bar
Looks like a house, and the food tastes
home-cooked (if you are from the royal
family). Exquisite presentation and
taste accompany the meat and seafood
dishes.
**Bottom Line:** Yet another place to find
heaven in a Sunday brunch...

Trattoria Delia  VE
152 St. Paul Street
Open All Week: Dinner Kid Menu Beer
and Wine
A romantic atmosphere coupled with
great classic Italian fare makes it easy
to eat the night away, Italian style.
**Bottom Line:** Just need to decide on a
bottle of red or a bottle of white, or one
of each...

With that, we hope you thoroughly
explore and enjoy the food, spirits and
surroundings of the greater Burlington
eateries. If you want to go out, but
don’t have a date, we love free meals
(gss@uvm.edu)! Happy eating and bon
appétit!
XVII. When You Aren’t Studying

**Breweries**

Vermont is famous for its quality micro- brews. Stop by for free samples of great beer.

*Magic Hat* ([www.magichat.net](http://www.magichat.net)), not really a small brewery anymore, is only 7 miles from downtown Burlington. You can take a tour of their “artifactory” or fill up a growler.

Middlebury, VT hosts *Otter Creek* ([www.wolavers.com](http://www.wolavers.com)), an easy afternoon and a beautiful drive.

In Bridgewater Corners, VT check out *Long Trail Brewery* ([www.longtrail.com](http://www.longtrail.com)). Although it is a good ways from Burlington, this is a great place for lunch and it is a beautiful ride.

**Bars and Concert Venues**

There are plenty of watering holes in Burlington, many of them lining Church Street. For a fun night out grab a few friends and walk downtown. Because it is a college town bars are pretty strict, so bring your ID. There is no real “happy hour” in Burlington but there are good drink specials, so pay attention. Also, Burlington is a “no-smoking town” so don’t expect to be able to light up inside.

This list is in no way exhaustive but reflects some of our favorite places.

**American Flatbread - Burlington Hearth**

115 St. Paul St.  
[www.americanflatbread.com](http://www.americanflatbread.com)

This pizza establishment also has a beautiful bar area which is a nice place to try their on-site brews and hear live music.

**Ake’s Place**

134 Church St.  

Typical Church St. place. Filled with undergrads, but they have video match-a- boob, always a grad student favorite.

**Breakwater’s**

1 King St.  

I am unsure what part of Florida this bar drifted in on. An all high-school girl waitstaff mixed with a bad blues cover band and middle-aged twice, divorced singles drinking overpriced Bud from plastic cups make this place a must experience. It’s got a great location, right on the water, and you can pull your boat up and have a few.

**Blue Cat**

1 Lawson Lane  

A sort of faux jazz club atmosphere exudes from this place. It’s a bit on the expensive side, but nice outdoor seating that’s usually available since it’s off Church St.
Church Street Tavern
103 Church Street
This “sports” tavern is popular with under-grads as well as us older people. Try one of their burgers with your beer.

Daily Planet
15 Center St
A slightly quieter place for drinks. Nice atmosphere and late kitchen make it the perfect place for that 2nd cheeseburger of the night.

Half-Lounge
1401/2 Church St.
Right next to Red Square, your reviewer loves to hit up the half when he's feeling swanky. Cocktails are the common fair here, with outdoor seating in summer, and a chill basement with rock exposed walls curtained booths. My favorite place for a dirty vodka martini.

Higher Ground
1214 Williston Rd., So. Burlington
www.highergroundmusic.com
Higher Ground is one of the best places to see live music in Burlington. They have a great mix of national headliners and local acts. Get on their email list to hear about concerts before they sell out.

Nectars/Metronome
188 Main Street
www.liveatnectars.com
Phish fans always make Nectars a stop to see “Where it all began”. This bar is a Burlington establishment and has great music! Nectars attracts both local favorites as well as national acts. Stop by on Thursday night for trivia. Metronome, a club and live music venue, resides upstairs from Nectars. It is famously known as “Retronome” on Saturday night because it turns back the clock to the ‘80s. Teaching Assistants warning: you may run into your students!

Radio Bean
8 N. Winooski
www.radiobeanc.com
A small, funky place to get coffee, beer, or study (they have wi-fi). Great live music!

Red Square
136 Church Street
www.redsquarevt.com
Currently this is one of the hottest bars in town for the dislocated urbaneer. Filled with hip-hop, it’s like MTV Raps set-up an outlet venue in Vermont. Sometimes it is too crowded to be fun but their 3 outdoor areas are nice in the warmer months. Red Square also gets some great bands!

Ri Ra
123 Church St.
www.rira.com/locations/burlington/index.php
This Irish pub is a chain but has its own vibe. Although it tends to attract a slightly younger crowd, this venue has good Irish food and live music. Go on Sundays for $3 Long Trails, or Tuesday night for their famous “Pub Quiz”.

Roques
3 Main Street
Although Roques is a restaurant, they also have a mean margarita list. In the summer months their outdoor patio is perfect for watching the sunset over the lake. Free chips, salsa, and bean dip make this a great place for cocktail hour.
Ruben James
159 Main Street
Two words ... Sunday Ticket! For all you non-Vermonters who need your home-team fix, all games are televised at RJ’s. Cheap, good-tasting wings and great weekly drink specials make this bar fun and inexpensive.

Vermont Pub and Brewery
144 College St.
www.vermontbrewery.com
Located just off of Church St, this restaurant/bar is a great find. They make all of their own beers on site and have a yummy pub grub style menu. Great fish and chips!

Drink
133 St. Paul St.
Formerly Wine Works, but basically the same place. They have lots of infused vodka’s and a good selection of wine. Plus every table has Connect Four on it. I don’t know why, but it’s addictive.

Three Needs
207 College St
This reviewer believes it is one of the best bars in Burlington! Stop by around 4 pm for a “Duff Hour” for $1 pints ‘til the keg is kicked.

The O. P.
4 N. Winooski St.
Your reviewer's favorite bar. Located in the more “hipster” district of Burlington, there is a good solid mix of scenesters, students, townies, and local homeless alcoholics. Two-Fifty PBR pitchers on Wednesdays is a solid bet to see some of your fellow grad students truly utilizing the flexible schedule of the grad student.

Events
All sorts of events going on ...
§ First Night
§ Winter Festival and Polar Plunge
§ Magic Hat Mardi Gras
§ Chew Chew Festival
§ Vermont City Marathon
§ Gay Pride Celebration
§ Vermont Brewer’s Festival
§ Latino Festival
§ Mozart Festival
§ Champlain Valley Folk Festival
§ Champlain Valley Fair
§ Apple Festival
§ Foliage Festivals
To check out more on upcoming events in the area go to the following websites.
www.vtattractations.org
www.vermontvacation.com

UVM Intramurals
www.uvm.edu/~recspts/?Page=ims/im s.html Intramural sports are a great way to hang out with fellow students and get some exercise. They run all year round. If you don’t know many people, try sending an email out on GRADNET to see who is interested. Popular sports include, summer softball, fall Pizza Putt mini-golf tournament, winter inner-tube water polo, and spring dodgeball.
Cool things to check out

On the weekend ...  
Farmer’s Markets, City Park  
www.vermontagriculture.com/farmmkt.htm

To learn about the lake ...  
ECHO Lake Aquarium and Science Center  www.echovermont.org

If you want to have a picnic or go swimming ...  
North Beach, Oakledge Park, Battery Park  www.enjoyburlington.com

To check out farming ...  
Intervale www.intervale.org or Shelburne Farm  www.shelburnefarms.org

Hiking and Biking  
The Burlington area is a great place to go hiking! There are so many places to go hiking; here are some good sites and books to check out. The “big trail” in Vermont is the Long Trail. There are many smaller trails off of it.  
http://www.a1trails.com/hiking/hike_vt.html  
www.greenmountainclub.org  
www.trails.com/toptrails.asp?state=VT&activity=Hiking

Books:  
50 Hikes in Vermont: Walks, Hikes, and Overnights in the Green Mountain State, Sixth Edition by the Green Mountain Club

Hiking Vermont by Larry B. Pletcher  
Burlington is a biking town! Best is the Burlington bike path, which follows along the water, and continues out over the Lake. Drivers are generally tolerant, so roads are good too.  
http://www.enjoyburlington.com/bikepath.cfm  
www.localmotionvt.org

GSS-Sponsored Events  
Grad students can be an insular bunch, and lots of times we see each other on the street and never know it. That’s why throughout the semester the GSS social committee will sponsor social events. These events draw anywhere from 30 to 200 people, so they can be a great time to get out and meet some other students not in your department and make some new friends. Here is a short list of a few of the things we’ve done in the past.  
- Study Breaks  
- Waffle Night  
- Pub crawls  
- Spring Fling BBQ and MusicFest  
- Chili Cook-offs  
- Community Service events  
- Family Picnics

Those are some previous events, but we’re game for doing even more. Plus if there’s something you want to organize, don’t forget you can let the GSS know, or join us and get on the social committee and plan any event you want.
# XVIII. UVM Academic Calendar for 2010-2011

<table>
<thead>
<tr>
<th>Events</th>
<th>Dates</th>
<th>Days of Week</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fall 2013</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Day of Classes</td>
<td>Aug 26</td>
<td>M</td>
</tr>
<tr>
<td>Last Day to Add Classes without Instructor Permission</td>
<td>Aug 30</td>
<td>F</td>
</tr>
<tr>
<td>Labor Day Holiday</td>
<td>Sep 2</td>
<td>M</td>
</tr>
<tr>
<td>Add/Drop, Pass/No Pass, Audit Deadline</td>
<td>Sep 9</td>
<td>M</td>
</tr>
<tr>
<td>Last Day to Withdraw</td>
<td>Oct 28</td>
<td>M</td>
</tr>
<tr>
<td>Thanksgiving Recess</td>
<td>Nov 25-29</td>
<td>M-F</td>
</tr>
<tr>
<td>Last Day of Classes</td>
<td>Dec 4</td>
<td>W</td>
</tr>
<tr>
<td>Reading and Exam Period</td>
<td>Dec 5-13</td>
<td>R,F-F</td>
</tr>
<tr>
<td>Reading Days</td>
<td>Dec 5,11</td>
<td>R,W</td>
</tr>
<tr>
<td>Exam Days</td>
<td>Dec 6,9,10,12,13</td>
<td>F,M,T,R,F</td>
</tr>
<tr>
<td>December Commencement</td>
<td>Dec 14</td>
<td>Sa</td>
</tr>
<tr>
<td><strong>Winter Session 2014</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Day of Classes</td>
<td>Dec 26</td>
<td>R</td>
</tr>
<tr>
<td>Last Day of Classes</td>
<td>Jan 10</td>
<td>F</td>
</tr>
<tr>
<td><strong>Spring 2014</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Day of Classes</td>
<td>Jan 13</td>
<td>M</td>
</tr>
<tr>
<td>Last Day to Add Classes without Instructor Permission</td>
<td>Jan 17</td>
<td>F</td>
</tr>
<tr>
<td>Martin Luther King Holiday</td>
<td>Jan 20</td>
<td>M</td>
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<tr>
<td>Add/Drop, Pass/No Pass, Audit Deadline</td>
<td>Jan 27</td>
<td>M</td>
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<tr>
<td>Presidents' Day Holiday</td>
<td>Feb 17</td>
<td>M</td>
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<tr>
<td>Town Meeting Day Recess</td>
<td>Mar 4</td>
<td>T</td>
</tr>
<tr>
<td>Spring Recess</td>
<td>Mar 3-7</td>
<td>M-F</td>
</tr>
<tr>
<td>Last Day to Withdraw</td>
<td>Mar 28</td>
<td>F</td>
</tr>
<tr>
<td>Honors Day</td>
<td>Apr 18</td>
<td>F</td>
</tr>
<tr>
<td>Last Day of Classes</td>
<td>Apr 30</td>
<td>W</td>
</tr>
<tr>
<td>Reading and Exam Period</td>
<td>May 1-9</td>
<td>R-R, F</td>
</tr>
<tr>
<td>Reading Days</td>
<td>May 1,7</td>
<td>R,W</td>
</tr>
<tr>
<td>Exam Days</td>
<td>May 2,5,6,8,9</td>
<td>F,M,T,R,F</td>
</tr>
<tr>
<td>Commencement - Graduate</td>
<td>May 17</td>
<td>Sa</td>
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<tr>
<td>Commencement - Undergraduate</td>
<td>May 18</td>
<td>Su</td>
</tr>
<tr>
<td>Commencement - Medical</td>
<td>May 18</td>
<td>Su</td>
</tr>
</tbody>
</table>
XIX. Quick reference for off-campus resources

UVM GRADUATE COLLEGE – Your place for help ....................... 656-3160

Burlington Fire Marshal/Fire Prevention Division .................... 864-5577
(Responds to calls about fire safety and fire codes)

Burlington Minimum Housing Inspection Program ............... 863-9094
(Responds to calls about safety issues in rental housing)

Community Justice Center ....................................................... 865-7155

Community Support Program .................................................... 658-2704 x 216
(Neighbor-to-neighbor conflicts)

Public Safety Project ............................................................... 658-2704 x 392
(Creates and sustains neighborhood organizations and assists in resolving problems in neighborhoods)

UVM Office of Conflict Resolution ........................................... 656-1402

UVM Consumer Assistance Program ........................................ 656-3183

UVM Division of Student Affairs ............................................. 656-3380

UVM Good Neighbor Program ................................................. 656-7000
(Please call if you need assistance with off-campus living conflicts or issues.)

UVM Student Legal Services ..................................................... 656-4379

Vermont Legal Aid ................................................................. 863-2871

Vermont State Housing Authority ............................................ 828-3295

Vermont Tenants, Inc. ............................................................... 864-0099

Be sure to check out www.uvm.edu/~gss for upcoming events and current happenings from the Graduate Student Senate.

Questions? Email us at gss@uvm.edu