

FOR IMMEDIATE RELEASE:
March 15, 2007

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BICYCLE SAFETY COURSE COMING TO BURLINGTON

Do you want to be a more confident cyclist and learn how to ride safely on Vermont roads? Do you want to know how to change a tire but are afraid to ask?

For Earth Day 2007, the Burlington Bicycle Council and Local Motion are teaming up to host this popular course on how to be a confident and safe cyclist. Jim Arnold and David Jacobowitz, League of American Bicyclists certified instructors will lead the course. Their friendly and knowledgeable approach will make this a fun and rewarding course for everyone.

VERMONT CYCLING SAFETY COURSE

April 21, 8:30am to 5:30pm
Burlington Department of Public Works
645 Pine Street, Burlington

WHAT YOU WILL LEARN:

This is a fast-paced 9-hour League of American Bicyclists course will give cyclists the confidence they need to ride safely and legally in traffic or on the trail. The course covers bicycle safety checks, fixing a flat and many on-bike skills. Special attention will be given to riding on Vermont's often narrow, poorly-paved roads. Recommended for adults and children above age fourteen, this course prepares cyclists for a full understanding of vehicular cycling.

REGISTER TODAY:

The course is limited to 18 people and will be filled on a first come first serve basis. The fee is \$25 (\$20 for members of Local Motion, VT Bike & Pedestrian Coalition or League of American Bicyclists) and includes a course book, lunch and a graduation certificate. Download registration at www.localmotion.org/safety. For more information, call 652-2453.

Training partners include Burlington Department of Public Works, Vermont Bicycle & Pedestrian Coalition, Burlington Bicycle Council and Local Motion. We're working together to make Vermont's roads safer for bicycling and walking.



A Greater Burlington non-profit promoting cycling, walking, running, inline skating and the facilities that make such travel safe, easy and fun!