

MUSIC THEORY EXERCISES

1.1 Exercises: Beat

Exercise 1.1

1. Sing "Are You Sleeping" and draw the phrase marks as you sing.
2. Indicate the form of "Are You Sleeping" on the left side of each phrase.

Are	you	sleep-	ing,	Are	you	sleep-	ing
Bro-	ther	John		Bro-	ther	John	
Morn-ing	bells are	ring-	ing,	Morn-ing	bells are	ring-	ing
Ding,	dong,	ding—		Ding,	dong,	ding—	

Exercise 1.2

1. Listen to "Row, Row, Row Your Boat."
2. Sing and draw the phrase marks as you sing over the words provided for you below.
3. Indicate the form of "Row, Row, Row Your Boat" on the left side of each phrase.
4. Add appropriate dynamic marks to each phrase.

Row,	row,	row, your	boat
Gen-tly	down the	stream—	
Mer-ri-ly,	mer-ri-ly,	mer-ri-ly,	mer-ri-ly,
Life is	but a	dream—	

Exercise 1.3

1. Fill in the missing text above the appropriate beat blocks.

Are You Sleeping

Are you sleep - ing, Are you sleep - ing,

2. Fill in the missing text above the appropriate beat blocks.

Row, Row, Row Your Boat

Row, row, row, your boat

1.2 Exercises: Introduction to Meter

Exercise 1.4

“Rocky Mountain” is an example of a song in duple meter. Sing the song and mark the strong beats with an accent mark.

Rock - y moun - tain, Rock - y moun - tain, Rock - y moun - tain high _____

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When you're on that Rock - y moun - tain, hang your head and cry _____

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Do, do, do, do, do re - mem - ber, me _____

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Do, do, do, do, do re - mem - ber, me _____

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Exercise 1.5

“America” is an example of a song in triple meter. Sing the song and mark the strong beats with an accent mark.

My coun - try 'tis of thee,

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Sweet land of lib - ber - ty,

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of, the, I sing _____

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Land where my fa - thers died,

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Land of the pil - grims pride,

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From ever - y moun - tain side,

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Let free - dom ring _____

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Exercise 1.6

1. "Are You Sleeping" is an example of a song in quadruple meter.
2. Sing the song and mark the strong beats with an accent mark.

Are you sleep - ing, Are you sleep - ing,

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Bro - ther John, _____ Bro - ther John, _____

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Morn - ing bells are ring - ing, Morn - ing bells are ring - ing,

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Ding, dong, ding, _____ Ding, dong, ding, _____

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Exercise 1.7

1. Add in the bar lines and double bar lines to "Are You Sleeping."
2. How many bars or measures are in the song "Are You Sleeping"?

Are you sleep- ing, Are you sleep- ing
 Bro- ther John Bro- ther John
 Morn-ing bells are ring- ing, Morn-ing bells are ring- ing
 Ding, dong, ding----- Ding, dong, ding-----

Exercise 1.8

1. Draw the conducting pattern for duple meter.
2. Draw the conducting pattern for triple meter.
3. Draw the conducting pattern for quadruple meter.

Exercise 1.9

Explain what the upper number and the lower number mean in the following time signatures.

Write two measures of rhythms for each time signature. One measure should show the note values that represent the beat, and the other measure should show note values that represent the division of the beat.

1. Duple-meter time signatures

$$\frac{2}{4}$$

$$\frac{2}{2}$$

$$\frac{2}{8}$$

2. Triple-meter signatures

$$\frac{3}{4}$$

$$\frac{3}{2}$$

$$\frac{3}{8}$$

3. Quadruple-meter time signatures

$$\frac{4}{4} \text{ or } \mathbf{C}$$

$$\frac{4}{2}$$

$$\frac{4}{8}$$

1.3 Exercises: Basic Rhythm Patterns in Simple Meter

Exercise 1.10

Write four of each of the following notes below: whole notes, half notes, quarter notes, eighth notes.