

University of Vermont
Graduate Counseling Program

Practicum Behavior Contract

In order for UVM student to remain eligible for the practicum course experience, they must demonstrate a high level of professionalism. Professionalism includes abiding by all of the standards and ethical expectation of the profession (see American Counseling Association (ACA) Guidelines) and following all of the policies and accepted practices at the Counseling Program and UVM. In line with these ethical/professional standards and UVM policies and practices (<http://www.uvm.edu/policies/student/studentcode.pdf>), below is a list of examples of professional and unprofessional conduct that exemplify the standards that we expect students to uphold. While these may be intuitive to most students, we believe that it is important to highlight these specific examples in an effort be clear. Please understand that the conduct identified below should not be considered to be an exhaustive list.

Students will:

- Dress professionally and appropriately for the setting.
- Remember that their role is of a counselor in training, and not a friend.
- Always engage in professional relationships with their helpee's –practicum students will refrain from establishing an on-going personal relationship or a relationship that is not related to the specific counseling work they are doing with helpee's during practicum.
- Never be on site under the influence of alcohol or drugs.
- Refrain from engaging in activities with helpee's or their family members that are against UVM/ Counseling Program rules or state/federal laws.
- Refrain from “friending,” “following,” contacting or posting pictures of helpee's or their family members on Facebook, Twitter, Tumblr, Instagram, Pinterest, Spotify or any other social networking sites.
- Refrain from texting or taking personal calls when they are in the lab space, except in cases of emergencies.
- Refrain from distributing their personal cell phone numbers to helpee's.
- Refrain from texting with helpee's.
- Not invite helpee's or their family members to their home.
- Avoid giving helpee's rides in their own vehicle unless it is part of their professional responsibilities and when the site supervisor sanctions it.

I _____ have read and agree to follow the Practicum Behavior Contract.
(Print name)

Semester

Practicum Student Signature

Date