

SC and CMHC Program Model Program of Study

Full-time School Counseling Program 60 Credit Hours	
FALL 1ST YEAR	SPRING 1ST YEAR
EDCO 375 Laboratory Experience in Counseling (3) EDCO 320 Developmental Perspectives in Counseling (3) EDCO 350 Professional Issues in Counseling (3) EDCO 374 Counseling Theory and Practice (3) 12	EDCO 363 Counseling Practicum (3) EDCO 340 Developmental Guidance in Schools (K-12) (3) EDCO 377 Diversity & Intersectionality (3) EDCO 392 Group Counseling Experience (1) EDCO 341 Diagnosis in School Counseling (1)* EDCO 342 Assessment in School Counseling (1)* *School Counselors register for 1 variable credit 12
SUMMER 1ST YEAR** SPECIAL TOPICS IN SCHOOL COUNSELING (6) 6	
FALL 2ND YEAR	SPRING 2ND YEAR
EDCO 389 (SC) Internship in Counseling (3) EDCO 393 Advanced Group Counseling: Theory & Practice (3) EDCO 344 Modalities: Counseling Children & Adolescents (3) EDCO 388 Family and Couples (3) 12	EDCO 389 (SC) Internship in Counseling (3) EDCO 381 Counseling for Career & Lifestyle Development (3) EDCO 376 Addictions Counseling (3) Special Topics in School Counseling (3) 12
SUMMER 2ND YEAR Special Topics in School Counseling (3) EDCO 394 Research Methods in Counseling (or EDFS 209 Research and Evaluation) (3) 60	

*The total credit requirement for SC students has been changed to 60 credits starting with the class admitted for the 2017/2018 academic year.

** Out of state students should be aware that VTR does not apply to summer session.

Full-time Clinical Mental Health Counseling Program 60 Credit Hours	
FALL 1ST YEAR	SPRING 1ST YEAR
EDCO 375 Laboratory Experience in Counseling (3) EDCO 320 Developmental Perspectives in Counseling (3) EDCO 350 Professional Issues in Counseling (3) EDCO 374 Counseling Theory and Practice (3) 12	EDCO 363 Counseling Practicum (3) EDCO 361 The Practice of Mental Health Counseling (3) EDCO 345 Diagnosis in Clinical Mental Health Counseling (3)* EDCO 377 Diversity & Intersectionality (3) EDCO 392 Group Counseling Experience (1) *CMHC students register for 3 credits 13
SUMMER 1ST YEAR** EDCO 394 Research Methods in Counseling (or EDFS 209 Research and Evaluation) (3)** EDCO 387 Therapeutic Psychopharmacology for Counselors (3)** 6	
FALL 2ND YEAR	SPRING 2ND YEAR
EDCO 389 (CMHC) Internship in Counseling (3) EDCO 393 Advanced Group Counseling: Theory & Practice (3) EDCO 344 Modalities: Counseling Children & Adolescents (3) EDCO 388 Family and Couples Counseling (3) 12	EDCO 389 (CMHC) Internship in Counseling (3) EDCO 376 Addictions Counseling (3) EDCO 381 Counseling for Career & Lifestyle Development (3) EDCO 352 Assessment in Clinical Mental Health Counseling (3)* *CMHC students register for 3 credits 12
SUMMER 2nd Year** EDCO XXX Counseling Elective (5 credits) <i>Optional 3rd semester of EDCO 389***</i> 60	

*CMHC students register for 3 credit hours

** Out of state students should be aware that VTR does not apply to summer session

***Unless otherwise specified by the internship agreement contract, a third semester of CMHC internship is not required. Under approved conditions, a third semester of CMHC may be taken and counted towards the CMHC Program electives.

Updated May 15, 2020

Dual Option (CMHC Entry) Schedule of Classes

Full-time Dual Option 76 Credit Hours (CMHC Entry)	
FALL 1ST YEAR	SPRING 1ST YEAR
EDCO 375 Laboratory Experience in Counseling (3) EDCO 320 Developmental Perspectives in Counseling (3) EDCO 350 Professional Issues in Counseling (3) EDCO 374 Counseling Theory and Practice (3) <div style="text-align: right;">12</div>	EDCO 363 Counseling Practicum (3) EDCO 361 The Practice of Mental Health Counseling (3) EDCO 345 Diagnosis in Clinical Mental Health Counseling (3) EDCO 377 Diversity & Intersectionality (3) EDCO 392 Group Counseling Experience (1) <div style="text-align: right;">13</div>
SUMMER 1ST YEAR** EDCO 394 Research Methods in Counseling (or EDFS 209 Research and Evaluation) (3) EDCO 387 Therapeutic Psychopharmacology for Counselors (3) Special Topics in School Counseling (3) <div style="text-align: right;">6-9</div>	
FALL 2ND YEAR	SPRING 2ND YEAR
EDCO 389 (CMHC) Internship in Counseling (3) EDCO 393 Advanced Group Counseling: Theory & Practice (3) EDCO 344 Modalities: Counseling Children & Adolescents (3) EDCO 388 Family and Couples (3) <div style="text-align: right;">12</div>	EDCO 389 (CMHC) Internship in Counseling (3) EDCO 352 Assessment in Clinical Mental Health Counseling (3) EDCO 376 Addictions Counseling (3) EDCO 340 Developmental Guidance in Schools (K-12) (3) <div style="text-align: right;">12</div>
SUMMER 2ND YEAR** Special Topics in School Counseling (3) <i>Optional 3rd semester of EDCO 389***</i> <div style="text-align: right;">3-6</div>	
FALL 3RD YEAR	SPRING 3RD YEAR
EDCO 389 (SC) Internship in Counseling (3) Special Topics in School Counseling (3 – 6 credits) <div style="text-align: right;">6-9</div>	EDCO 389 (SC) Internship in Counseling (3) EDCO 381 Counseling for Career & Lifestyle Development (3) Remaining Special Topics in School Counseling (3) <div style="text-align: right;">9 76-79</div>

*The total credit requirement for Dual option students has been changed to 79 for students admitted for the 2017/2018 academic year.

** out of state students be aware that VTR does not apply in summer session

*** A third semester of CMHC internship is not required by the program. If students take a third semester of CMHC internship, credit hours will be increased from 76 to 79.

Updated on 5/15/2020

Dual Option (SC Entry) Schedule of Classes

Full-time Dual Option 76 Credit Hours (SC Entry)	
FALL 1ST YEAR	SPRING 1ST YEAR
EDCO 375 Laboratory Experience in Counseling (3) EDCO 320 Developmental Perspectives in Counseling (3) EDCO 350 Professional Issues in Counseling (3) EDCO 374 Counseling Theory and Practice (3) <div style="text-align: right;">12</div>	EDCO 363 Counseling Practicum (3) EDCO 340 Developmental Guidance in Schools (K-12) (3) EDCO 377 Diversity & Intersectionality (3) EDCO 392 Group Counseling Experience (1) EDCO 345 Diagnosis in Clinical Mental Health Counseling (3) <div style="text-align: right;">13</div>
SUMMER 1ST YEAR** SPECIAL TOPICS IN SCHOOL COUNSELING (6) <div style="text-align: right;">6</div>	
FALL 2ND YEAR	SPRING 2ND YEAR
EDCO 389 (SC) Internship in School Counseling (3) EDCO 393 Advanced Group Counseling: Theory & Practice (3) EDCO 344 Modalities: Counseling Children & Adolescents (3) Special Topics in School Counseling (3) <div style="text-align: right;">12</div>	EDCO 389 (SC) Internship in School Counseling (3) EDCO 361 The Practice of Mental Health Counseling (3) EDCO 376 Addictions Counseling (3) Special Topics in School Counseling (3) <div style="text-align: right;">12</div>
SUMMER 2ND YEAR** EDCO 394 Research Methods in Counseling (or EDFS 209 Research and Evaluation) (3) EDCO 387 Therapeutic Psychopharmacology for Counselors (3) <div style="text-align: right;">6</div>	
FALL 3RD YEAR	SPRING 3RD YEAR
EDCO 389 (CMHC) Internship in Counseling (3) EDCO 388 Family and Couples (3) <div style="text-align: right;">6-9</div>	EDCO 389 (CMHC) Internship in Counseling (3) EDCO 381 Counseling for Career & Lifestyle Development (3) EDCO 352 Assessment in Clinical Mental Health Counseling (3) <div style="text-align: right;">9 76</div>
SUMMER 3RD YEAR** <i>Optional 3rd semester of EDCO 389***</i> <div style="text-align: right;">3 79</div>	

*The total credit requirement for Dual option students has been changed to 79 credits with the class admitted for the 2017/2018 academic year.

**out of state students should be aware that VTR does not apply to summer session

*** A third semester of CMHC internship is not required by the program. If students take a third semester of CMHC internship, credit hours will be increased from 76 to 79.

Updated on 5/15/2020

UVM Counseling Program
Part Time Model
Clinical Mental Health Counseling Program Sample Program of Study**

Year 1	
Fall Semester	Spring Semester
EDCO 320 Developmental Perspectives (3)	EDCO 361 Practice of Mental Health Counseling (3)
EDCO 350 Professional Issues in Counseling (3)	EDCO 377 Diversity & Intersectionality (3)
Year 2	
Fall Semester	Spring Semester
EDCO 374 Counseling Theory & Practice (3)	EDCO 392 Group Counseling Experience (1)
EDCO 388 Family & Couples Counseling (3)	EDCO 381 Counseling for Career & Lifestyle Development (3)
	EDCO 345 Diagnosis in Clinical Mental Health Counseling (3)
Year 3	
Fall Semester	Spring Semester
EDCO 344 Modalities: Counseling Children & Adolescents (3)	EDCO 363 Counseling Practicum (3)*
EDCO 375 Laboratory Experience in Counseling (3)	EDCO 376 Addictions Counseling (3)
Year 4	
Fall Semester	Spring Semester
EDCO 389 (CMHC) Counseling Internship*(3)	EDCO 389 (CMHC) Counseling Internship (3)*
EDCO 393 Advanced Group Counseling: Theory & Practice (3)	EDCO 352 Assessment in Clinical Mental Health Counseling (3)
Summers** (these courses will be offered every summer)	
Summer 1 EDCO 394 Research Methods in Counseling (3)	
Summer 2 Electives (5 credits)	
Summer 3 EDCO 387 Therapeutic Psychopharmacology for Counselors (3)	
Summer 4 <i>Optional 3rd semester of EDCO 389***</i>	

*These courses require 20 hours of fieldwork per week that may need to be completed during daytime hours

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***Unless otherwise specified by the internship agreement contract, a third semester of CMHC internship is not required. Under approved conditions, a third semester of CMHC may be taken and counted towards the CMHC Program electives.

Updated 5/15/2020

UVM Counseling Program
Part Time Model
School Counseling Program Sample Program of Study**

Year 1	
Fall Semester	Spring Semester
EDCO 320 Development Perspectives in Counseling (3)	EDCO 340 Developmental Guidance in Schools (3)
EDCO 350 Professional Issues in Counseling (3)	EDCO 377 Diversity & Intersectionality (3)
Year 2	
Fall Semester	Spring Semester
Special Topics in School Counseling (3)	EDCO 342 Assessment in School Counseling (1)*
EDCO 374 Counseling Theory & Practice (3)	Special Topics in School Counseling (3)
	EDCO 392 Group Counseling Experience (1)
	EDCO 341 Diagnosis in School Counseling (1)* *school counselors register for 1 variable credit
Year 3	
Fall Semester	Spring Semester
EDCO 344 Modalities: Counseling Children & Adolescents (3)	EDCO 381 Counseling for Career & Lifestyle Development (3)
EDCO 393 Advanced Group: Theory & Practice (3)	EDCO 376 Addictions Counseling (3)
Year 4	
Fall Semester	Spring Semester
EDCO 375 Laboratory Experience in Counseling(3)	EDCO 363 Counseling Practicum (3)***
EDCO 388 Family & Couples Counseling (3)	Special Topics in School Counseling (3)
Year 5	
EDCO 389 (SC) Counseling Internship (3)*** Special Topics in School Counseling (3)	EDCO 389 (SC) Counseling Internship (3)***
Summers**	
Summer 1 Special Topics in School Counseling (3)	
Summer 2 Special Topics in School Counseling (3)	
Summer 3 EDCO 394 Research Methods in Counseling (3)	

*school counselors register for 1 variable credit

**out of state students should be aware that VTR does not apply to summer session

***These courses require 20 hours of weekly fieldwork that will need to be completed during school and day time hours.

Updated 5/15/2020