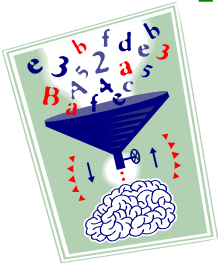
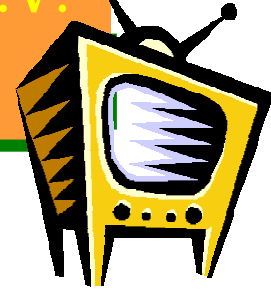


# 2008 Summer Lecture Series Now on T.V. RETN Channel 16



## *Put Your Brain to Work This Summer* *The Clinical Neuroscience Research Unit's (CNRU)* *2008 Summer Lecture Series*

### Caring for Our Loved Ones, Caring for Ourselves

Monday, September 8th at 8:00 pm

Tues. Sept. 9th at 11:00 am

Monday, Oct. 13th at 9:30 pm

Tues. Oct. 14th at 12:30 pm

What are the implications for those of us who are caregivers for our loved ones and how can we take better care of ourselves? The panelists will discuss these issues and offer strategies and new ways of thinking about care-giving, from both sides of the relationship.

Anita Royer, Licensed Clinical Social Worker (LCSW), Fletcher Allen Health Care and Myra Woodruff, LCSW, in private practice.

### Loving Someone With a Mental Illness

Monday, September 15th at 8:00 pm

Tues. Sept. 16th at 11:00 am

Monday, Oct. 20th at 9:30 pm

Tues. Oct. 21st at 12:30 pm

What should I say? How do I react? What do I do? Learn about constructive ways to support your loved one while providing healthy boundaries for yourself.

Joan Knight, M.S., MAT, Coordinator, Mental Health Education Initiative (MHEI) of Chittenden County, Mary Cliver, from MHEI, will speak of her experience with a loved one who has a mental illness, and Terry Rabinowitz, M.D., Medical Director of the Psychiatric Consultation Service at Fletcher Allen Health Care.

### Memory Matters: Brain & Memory Fitness

Monday, September 22nd at 8:00 pm

Tues. Sept. 23th at 11:00 am

Monday, Oct. 27th at 9:30 pm

Tues. Oct. 28th at 12:30 pm

Is it just a matter of time before we all have memory problems? Is there anything that can be done to preserve memory? Dr. Singer will address these questions and talk about what we are learning from the latest research.

Clifford Singer, M.D., is a geriatric psychiatrist and geriatrician at Fletcher Allen Health Care. He conducts studies on sleep and Alzheimer's disease at the Clinical Neuroscience Research Unit, University of Vermont.

To borrow a taping of the program, contact  
UVM Dana Medical Library at 656-2200  
or e-mail [Tina.Kussey@uvm.edu](mailto:Tina.Kussey@uvm.edu)